

**Rochester & Finger Lakes  
Region Chapter**

**Phone and Online Caregiver Support Groups**

To address the needs of dementia caregivers during the COVID-19 pandemic, the Alzheimer's Association, Rochester and Finger Lakes Region Chapter, is offering by-phone and online support groups accessible from any location.

Our support groups are confidential meetings where caregivers can share their experiences and connect with others.

To join these phone and online support groups, call 1-800-272-3900:

**Fairport Public Library Caregiver Support Group**

1st Tuesday of every month

12:30-1:30 PM

**Monroe Community Hospital Caregiver Support Group**

1st Tuesday of every month

4-5 PM

**Schuyler County Caregiver Support Group**

1st Wednesday of every month

12-1 PM

**Unity Neurology (LBD) Caregiver Support Group**

1st Wednesday of every month

1-2 PM

**Seneca County Caregiver Support Group**

1st Monday of every month

1:30-2:30 PM

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Pieters Center Younger Onset Caregiver Support Group

2nd Tuesday of every month

3-4 PM

Irondequoit Public Library/Crimson Ridge Caregiver Support Group

2nd Tuesday of every month

4-5 PM

Steuben County Caregiver Support Group

2nd Wednesday of every month

3-4 PM

Ontario County Caregiver Support Group

2nd Monday of every month

1-2 PM

St. John's Meadows Caregiver Support Group

3rd Tuesday of every month

1-2 PM

Webster Presbyterian/Valley Manor Caregiver Support Group

3rd Wednesday of every month

3:30-4:30 PM

Seabury Woods Caregiver Support Group

3rd Wednesday of every month

6-7:30 PM

Orleans County Caregiver Support Group

3rd Friday of every month

1-2 PM

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Legacy at Park Crescent, Legacy at Parklands, Legacy at Willow Pond  
Caregiver Support Group  
3rd Monday of every month  
11-12 PM

Hornell Senior Center/Geneseo United Methodist Church Caregiver  
Support Group  
3rd Monday of every month  
1-2 PM

Highlands at Pittsford A Caregiver Support Group  
4th Tuesday of every month  
1-2 PM

Highlands at Pittsford B Caregiver Support Group  
4th Tuesday of every month  
4-5 PM

Geneva Presbyterian Church Caregiver Support Group  
4th Wednesday of every month  
11-12 PM

Caregiver Support Group Wayne County Nursing Home, Quail Summit  
4th Wednesday of every month  
2-3 PM

Chemung County Caregiver Support Group  
4th Thursday of every month  
1-2 PM

Monroe Community Hospital Caregiver Support Group  
4th Thursday of every month

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1-2 PM

Loved Ones in Assisted Living, Long-Term Care (New) Caregiver Support  
Group

Last Thursday of the month

4-5 PM

All-County Evening Support Group Caregiver Support Group

4th Thursday of every month

6-7 PM

Yates & Wayne Office for the Aging Caregiver Support Group

4th Thursday of every month

12-1 PM

Dansville Public Library/Lima Library Caregiver Support Group

Last Monday of the month

11-12 PM

Southern Tier Men's Group Caregiver Support Group

Last Tuesday of the month

10-11 AM

Brockport Free Methodist Church Caregiver Support Group

Last Wednesday of the month

3-4 PM