# SPECIAL EVENTS

# VIRTUAL EDUCATION SESSIONS

**HEALTHY LIVING FOR YOUR BRAIN AND BODY** Wed, Oct 11<sup>th</sup> • 2-3pm Thurs, Nov 30<sup>th</sup> • 2-3pm

10 WARNING SIGNS OF ALZHEIMER'S Mon, Nov 6th • 1-2pm Mon, Dec 18th • 3-4pm

**UNDERSTANDING ALZHEIMER'S AND DEMENTIA** Mon, Nov 13<sup>th</sup> • 1-2pm Thurs, Dec 14th • 11-12pm

#### **EFFECTIVE COMMUNICATION STRATEGIES**

Tues, Oct 17th • 10-11am Thurs, Dec 7<sup>th</sup> • 6-7pm

### **DEMENTIA CONVERSATION**

Thurs, Nov 2<sup>nd</sup> • 6-7pm Thurs, Dec 28th • 6-7pm

## **UNDERSTANDING DEMENTIA RELATED BEHAVIORS**

Tues, Oct 26<sup>th</sup> • 6-7pm Thurs, Dec 14<sup>th</sup> • 6-7pm

Pre-registration is required.

Virtual Sessions - call to register: 1.800.272.3900

Zoom link will be provided upon registration.



Volunteer with the Alzheimer's **Association** 

**ALZ.ORG/VOLUNTEER** 



## ALZHEIMER'S \\ \ \ \ \ ASSOCIATION 200 Meridian Centre Blvd., Suite 110 Rochester, NY 14618

PAID BUFFALO, NY PERMIT NO. 2469

NONPROFIT ORG

US POSTAGE

## **COMMUNITY EDUCATION**

Pre-registration is required. Sessions may be cancelled 48 hours prior if pre-registrations are not received.

### **DANSVILLE PUBLIC LIBRARY**

1200 Main St - Dansville

10 WARNING SIGNS OF ALZHEIMER'S Thurs, Oct 26<sup>th</sup> • 3-4pm

**UNDERSTANDING ALZHEIMER'S AND DEMENTIA Tues, Nov 7**<sup>th</sup> • 1-2pm

**EFFECTIVE COMMUNICATION STRATEGIES Tues, Dec 5**<sup>th</sup> • 2-3pm

### **DANSVILLE YMCA**

8 Ossian St - Dansville

**DEMENTIA CONVERSATIONS** Tues, Nov 7<sup>th</sup> • 11am-12pm

**HEALTHY LIVING FOR YOUR BRAIN AND BODY** Tues, Dec 5<sup>th</sup> • 11am-12pm

## LIVONIA PUBLIC LIBRARY

2 Washington St - Livonia

**DEMENTIA CONVERSATION** Wed, Oct 18th • 1-2pm

**EFFECTIVE COMMUNICATION STRATEGIES** Wed, Nov 15<sup>th</sup> • 1-2pm

UNDERSTANDING DEMENTIA-RELATED BEHAVIORS Wed, Dec 13<sup>th</sup> • 1-2pm

**HEALTHY LIVING FOR YOUR BRAIN AND BODY** Tues, Jan 16<sup>th</sup> • 11am-12pm

> 10 WARNING SIGNS OF **ALZHEIMER'S AND DEMENTIA** Wed, Feb 14<sup>th</sup> • 11am-12pm

**UNDERSTANDING ALZHEIMER'S AND DEMENTIA** Wed, Mar 13<sup>th</sup> • 11am-12pm

#### LIMA PUBLIC LIBRARY

1872 Genesee St. - Lima

10 WARNING SIGNS OF ALZHEIMER'S **Tues, Jan 16**<sup>th</sup> • 2-3pm

UNDERSTANDING ALZHEIMER'S AND DEMENTIA Wed, Feb 14<sup>th</sup> • 1-2pm

**EFFECTIVE COMMUNICATION STRATEGIES Thur, Mar 14**<sup>th</sup> • 11am-12pm

#### MOUNT MORRIS SENIOR NUTRITION SITE

3 Flm St - Mount Morris

UNDERSTANDING DEMENTIA-RELATED BEHAVIORS Thurs, Oct 19th • 11am-12pm

#### LIVONIA SENIOR NUTRITION SITE

17 Wildbriar Dr - Livonia

**UNDERSTANDING DEMENTIA-RELATED BEHAVIORS** Thurs, Oct 12<sup>th</sup> • 11am-12pm

## **CAREGIVER SUPPORT GROUPS**

Come to connect with caregivers, family, and friends of persons living with Alzheimer's or another dementia.

#### DANSVILLE PUBLIC LIBRARY

1st Monday of the Month - 6-7pm Oct 2nd Nov 6th Dec 5th Jan 2nd\* Feb 5th 200 Main St - Dansville NY

#### **GENESEO INTERFAITH CENTER**

4th Thursday of the Month - 1-2pm Oct 26th • Nov 30th\* • Dec 28th • Jan 25th • Feb 22nd 11 Franklin St - Geneseo

We offer support groups for caregivers and individuals living with Alzheimer's or other dementia. All support groups are facilitated by trained individuals. Both in-person and virtual.

## 24/7 HELPLINE: 800.272.3900

Our Helpline provides 24/7 support and information. Call us with any questions!

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