

SPECIAL EVENT

Frontotemporal Dementia Series

Wednesdays, Nov 1st - Dec 6th • 12-1pm

A five-part virtual education series for caregivers.

(No Session on November 22 due to Thanksgiving.)

- Overview of Frontotemporal Degenerative Disorders
- Cognitive and Behavioral Concerns in Frontotemporal Dementia
- Managing Caregiver Stress
- Behavioral Management and Medication Options
- Connecting with Local Resources

Presented in partnership with The Memory Center at Unity.

This publication is supported, in part, by a grant from the New York State Department of Health as well as the Monroe County Office of the Aging. All programs and services offered by the Alzheimer's Association are free to the public.

EARLY STAGE ENGAGEMENT

Pre-registration is required. Sessions may be cancelled 48 hours prior if pre-registrations are not received. Programs are intended for caregivers and loved ones in early stage dementia.

RPO OPEN REHEARSALS

Fri, Nov 10th - 9:30am-12pm • Thurs, Dec 14th - 3-5pm

Thurs, Feb 8th - 9:30am-12pm

Eastman Theater - 26 Gibbs St, Rochester

ART WITH HEART

Fridays: Nov 17th; Dec 8th; Jan 5th; Feb 2nd • 2-3pm

Pieters Family Life Center - 1025 Commons Way, Rochester

MEET ME AT THE MAG

Tuesdays: Nov 14th; Dec 12th; Jan 9th; Feb 13th • 2pm-4pm

Memorial Art Gallery - 500 University Ave, Rochester

MAKE A DIFFERENCE

Volunteer with
the Alzheimer's
Association

[ALZ.ORG/VOLUNTEER](https://alz.org/volunteer)



ALZHEIMER'S ASSOCIATION®

200 Meridian Centre Blvd., Suite 110
Rochester, NY 14618

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COMMUNITY EDUCATION

Pre-registration is required. Sessions may be cancelled 48 hours prior if pre-registrations are not received.

BREATHE DEEP INC FACILITY

1515 South Ave - Rochester

HEALTHY LIVING FOR YOUR BRAIN & BODY

Mon, Nov 6th • 6-7pm

UNDERSTANDING ALZHEIMER'S & DEMENTIA

Mon, Nov 13th • 6-7pm

EFFECTIVE COMMUNICATION

Mon, Nov 20th • 6-7pm

HENRIETTA SENIOR CENTER

515 Calkins Rd - Rochester

DEMENTIA CONVERSATIONS:

Driving, Doctor Visits,
Legal & Financial Planning
Mon, Oct 16th • 12:30-1:30pm

EFFECTIVE COMMUNICATION

Mon, Nov 13th • 12:30-1:30pm

UNDERSTANDING & RESPONDING TO DEMENTIA-RELATED BEHAVIOR

Mon, Dec 18th • 12:30-1:30pm

PERINTON COMMUNITY CENTER

1350 Turk Hill Rd - Fairport

10 WARNING SIGNS OF ALZHEIMER'S

Wed, Oct 18th • 1-2pm

EFFECTIVE COMMUNICATION

Wed, Nov 15th • 1-2pm

UNDERSTANDING & RESPONDING TO DEMENTIA- RELATED BEHAVIOR

Wed, Dec 20th • 1-2pm

PITTSFORD COMMUNITY LIBRARY

24 State St - Pittsford

UNDERSTANDING ALZHEIMER'S & DEMENTIA

Wed, Oct 10th • 1-2pm
Wed, Oct 25th • 6:30-7:30pm

EFFECTIVE COMMUNICATION

Wed, Nov 15th • 6:30-7:30pm
Tue, Nov 28th • 1-2pm

UNDERSTANDING & RESPONDING TO DEMENTIA-RELATED BEHAVIOR

Thurs, Dec 7th • 1-2pm
Wed, Dec 20th • 6:30-7:30pm

GREECE COMMUNITY CENTER

3 Vince Tofany Rd - Rochester

UNDERSTANDING ALZHEIMER'S & DEMENTIA

Fri, Oct 20th • 12-1pm

HEALTHY LIVING FOR YOUR BRAIN & BODY

Fri, Jan 5th • 12-1pm

SEYMOUR LIBRARY

161 East Ave - Brockport

10 WARNING SIGNS OF ALZHEIMER'S

Wed, Jan 10th • 11am-12pm

VIRTUAL EDUCATION SESSIONS

Virtual Sessions - call to register: **1.800.272.3900**

Zoom link will be provided upon registration.

HEALTHY LIVING FOR YOUR BRAIN & BODY

Wed, Oct 11th • 2-3pm
Thurs, Nov 30th • 2-3pm

10 WARNING SIGNS OF ALZHEIMER'S

Mon, Nov 6th • 1-2pm
Mon, Dec 18th • 3-4pm

UNDERSTANDING ALZHEIMER'S & DEMENTIA

Mon, Nov 13th • 1-2pm
Thurs, Dec 14th • 11-12pm

CHILI COMMUNITY CENTER

3237 Chili Ave - Rochester

EFFECTIVE COMMUNICATION

Wed, Nov 1st • 1-2pm

UNDERSTANDING & RESPONDING TO DEMENTIA- RELATED BEHAVIOR

Wed, Dec 6th • 1-2pm

HEALTHY LIVING FOR YOUR BRAIN & BODY

Wed, Jan 3rd • 1-2pm

10 WARNING SIGNS OF ALZHEIMER'S

Wed, Feb 7th • 1-2pm

EFFECTIVE COMMUNICATION

Tues, Oct 17th • 10-11am
Thurs, Dec 7th • 6-7pm

DEMENTIA CONVERSATIONS

Thurs, Nov 2nd • 6-7pm
Thurs, Dec 28th • 6-7pm

UNDERSTANDING DEMENTIA RELATED BEHAVIORS

Tues, Oct 26th • 6-7pm
Thurs, Dec 14th • 6-7pm

SUPPORT GROUPS

Come to connect with caregivers, family, and friends of persons living with Alzheimer's or another dementia.

IN-PERSON:

PERINTON

1st Tues of Month • **10-11:30am**
Perinton Community Center
1350 Turk Hill Rd, Fairport

FAIRPORT

1st Tues of Month • **12:30-2pm**
Fairport Public Library
1 Fairport Village Landing,
Fairport

IRONDEQUOIT

2nd Wed of the Month • **6-7pm**
Irondequoit Public Library
1290 Titus Ave, Rochester

PITTSFORD

3rd Wed of the Month • **12-1pm**
Brookdale Pittsford
159 Sully's Trail, Pittsford

GREECE

3rd Wed of the Month • **3-4pm**
Greece Baptist Church
1230 Long Pond Rd, Rochester

WEBSTER

3rd Wed of Month • **3:30-4:30pm**
Webster Senior Center
1350 Chiyoda Dr, Webster, NY

BRIGHTON

4th Thurs of Month • **1-2pm**
Alzheimer's Association RFL
Chapter - 200 Meridian Centre
Blvd, Ste 110, Rochester

BROCKPORT

4th Tues of Month • **6:30-8pm**
Seymour Library - 161 East
Ave, Brockport

VIRTUAL:

Please see our website for all
Virtual Caregiver Support Groups

Lewy Body Dementia

1st Wed of Month • **1-2pm**

Caregiver Support Group

2nd Tues of Month • **4-5pm**

For Men

2nd Tues of Month • **5:30-6:30pm**
LAST Tues of Month • **10-11am**

Frontotemporal Dementia

2nd Fri of Month • **1-2pm**

Black/African American

3rd Thurs of Month • **5:30-7pm**

Loved Ones in Assisted Living/Long Term Care

4th Thurs of Month • **4-5:30pm**

For Women: Wives/Partners

LAST Tues of Month • **4-5:30pm**

CALL TO REGISTER
1.800.272.3900

24/7 HELPLINE:
800.272.3900

Our Helpline provides 24/7
support and information.
Call us with any questions!

For more information and to pre-register, call



1.800.272.3900 or visit alz.org/CRF

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