# SPECIAL EVENTS

# VIRTUAL EDUCATION SESSIONS

**HEALTHY LIVING FOR YOUR BRAIN AND BODY** Wed, Oct 11<sup>th</sup> • 2-3pm Thurs, Nov 30<sup>th</sup> • 2-3pm

10 WARNING SIGNS OF ALZHEIMER'S Mon, Nov 6th • 1-2pm Mon, Dec 18th • 3-4pm

**UNDERSTANDING ALZHEIMER'S AND DEMENTIA** Mon, Nov 13<sup>th</sup> • 1-2pm Thurs, Dec 14th • 11-12pm

#### **EFFECTIVE COMMUNICATION STRATEGIES**

Tues, Oct 17th • 10-11am Thurs, Dec 7<sup>th</sup> • 6-7pm

## **DEMENTIA CONVERSATIONS**

Thurs, Nov 2<sup>nd</sup> • 6-7pm Thurs, Dec 28th • 6-7pm

# **UNDERSTANDING DEMENTIA RELATED BEHAVIORS**

Tues, Oct 26<sup>th</sup> • 6-7pm Thurs, Dec 14<sup>th</sup> • 6-7pm

Pre-registration is required.

Virtual Sessions - call to register: 1.800.272.3900

Zoom link will be provided upon registration.



Volunteer with the Alzheimer's **Association** 

**ALZ.ORG/VOLUNTEER** 



### ALZHEIMER'S \\ \ \ \ \ ASSOCIATION 200 Meridian Centre Blvd., Suite 110 Rochester, NY 14618

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# **COMMUNITY EDUCATION**

**Pre-registration is required.** Sessions may be cancelled 48 hours prior if pre-registrations are not received.

### **VICTOR FARMINGTON LIBRARY**

15 W Main St - Victor

**EFFECTIVE COMMUNICATION STRATEGIES**Wed, Nov 8<sup>th</sup> • 12:30-1:30pm

UNDERSTANDING AND RESPONDING TO DEMENTIA-RELATED BEHAVIORS
Wed, Dec 13th • 12:30-1:30pm

**HEALTHY LIVING FOR YOUR BRAIN AND BODY Wed, Jan 10**<sup>th</sup> • 12:30-1:30pm

UNDERSTANDING ALZHEIMER'S AND DEMENTIA Wed, Feb 14<sup>th</sup> • 12:30-1:30pm

## **BLOOMFIELD PUBLIC LIBRARY**

9 Church St - Bloomfield

UNDERSTANDING ALZHEIMER'S AND DEMENTIA
Tues, Oct 17<sup>th</sup> • 5:30-6:30pm

### **DEMENTIA CONVERSATIONS:**

Driving, Doctor Visits, Legal and Financial Planning

Tues, Nov 14<sup>th</sup> • 3-4pm

**EFFECTIVE COMMUNICATION STRATEGIES**Tues, Dec 12<sup>th</sup> • 3-4pm

UNDERSTANDING AND RESPONDING TO DEMENTIA-RELATED BEHAVIORS
Thurs, Jan 11th • 5:30-6:30pm

### **WOOD PUBLIC LIBRARY**

134 N Main St - Canandaiqua

UNDERSTANDING AND RESPONDING TO DEMENTIA-RELATED BEHAVIORS

Wed, Oct 25th • 11am-12pm

#### **DEMENTIA CONVERSATIONS:**

Driving, Doctor Visits, Legal and Financial Planning
Wed, Nov 8<sup>th</sup> • 11am-12pm

MANAGING MONEY:
A CAREGIVER'S GUIDE TO FINANCES
Wed, Dec 20th • 11am-12pm

Wed, Jan 24<sup>th</sup> • 11am-12pm

UNDERSTANDING ALZHEIMER'S AND DEMENTIA
Wed, Feb 28th • 11am-12pm

## **RED JACKET COMMUNITY LIBRARY**

89 S Main St - Manchester

10 WARNING SIGNS OF ALZHEIMER'S Tues, Nov 28<sup>th</sup> • 5:30-6:30pm

# **CAREGIVER SUPPORT GROUPS**

Come to connect with caregivers, family, and friends of persons living with Alzheimer's or another dementia.

#### VICTOR

1st Tuesday of the Month - 11am-12pm Nov 7th • Dec 5th • Jan 2nd • Feb 6th 15 W Main St, Victor

#### **CANANDAIGUA**

1st Tuesday of the Month - 2-3pm Nov 7th • Dec 5th • Jan 2nd • Feb 6th Wood Public Library - 134 N Main St, Canandaigua

#### **GENEVA**

2<sup>nd</sup> Tuesday of the Month - 1-2pm Nov 14<sup>th</sup> • Dec 12<sup>th</sup> • Jan 9<sup>th</sup> • Feb 13<sup>th</sup> Geneva Presbyterian Church 24 Park Pl, Geneva

We offer support groups for caregivers and individuals living with Alzheimer's or other dementia. All support groups are facilitated by trained individuals. Both in-person and virtual.

#### 24/7 HELPLINE: 800.272.3900

Our Helpline provides 24/7 support and information.

Call us with any questions!

This publication is supported, in part, by a grant from the New York State Department of Health. All programs and services offered by the Alzheimer's Association are free to the public.









