



CARE CONSULTATIONS

Both in person and phone consultations available. Speak confidentially with a care consultant for decision-making support, crisis assistance and education on issues families face every day.

Learn about the signs of Alzheimer's and other dementias.

Find out about local programs and services.

Call **1.800.272.3900** and request to schedule an in person visit.

24/7 HELPLINE: 800.272.3900

Our Helpline provides 24/7 support and information.

Call us with any questions!

MAKE A DIFFERENCE

Volunteer with the Alzheimer's Association

[ALZ.ORG/VOLUNTEER](https://alz.org/volunteer)

ALZHEIMER'S ASSOCIATION®
200 Meridian Centre Blvd., Suite 110
Rochester, NY 14618

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VIRTUAL EDUCATION SESSIONS

Pre-registration is required. Zoom link will be provided upon registration.

HEALTHY LIVING FOR YOUR BRAIN AND BODY

Wed, Oct 11th • 2-3pm
Thurs, Nov 30th • 2-3pm

10 WARNING SIGNS OF ALZHEIMER'S

Mon, Nov 6th • 1-2pm
Mon, Dec 18th • 3-4pm

UNDERSTANDING ALZHEIMER'S AND DEMENTIA

Mon, Nov 13th • 1-2pm
Thurs, Dec 14th • 11-12pm

EFFECTIVE COMMUNICATION STRATEGIES

Tues, Oct 17th • 10-11am
Thurs, Dec 7th • 6-7pm

DEMENTIA CONVERSATIONS

Thurs, Nov 2nd • 6-7pm
Thurs, Dec 28th • 6-7pm

UNDERSTANDING DEMENTIA RELATED BEHAVIORS

Tues, Oct 26th • 6-7pm
Thurs, Dec 14th • 6-7pm

This publication is supported, in part, by a grant from the New York State Department of Health. All programs and services offered by the Alzheimer's Association are free to the public.

COMMUNITY EDUCATION

Pre-registration is required. Sessions may be cancelled 48 hours prior if pre-registrations are not received.

SENECA FALLS LIBRARY

47 Cayuga St - Seneca Falls

HEALTHY LIVING FOR YOUR BRAIN AND BODY

Tues, Nov 28th • 2-3pm

10 WARNING SIGNS OF ALZHEIMER'S

Tues, Dec 12th • 2-3pm

EDITH B. FORD MEMORIAL LIBRARY

7169 Main St - Ovid

HEALTHY LIVING FOR YOUR BRAIN AND BODY

Tues, Nov 14th • 2-3pm

UNDERSTANDING ALZHEIMER'S & DEMENTIA

Tues, Dec 5th • 2-3pm

EFFECTIVE COMMUNICATION STRATEGIES

Tues, Jan 16th • 2-3pm

UNDERSTANDING AND RESPONDING TO DEMENTIA RELATED BEHAVIOR

Tues, Feb 20th • 2-3pm

CAREGIVER SUPPORT GROUPS

Come to connect with caregivers, family, and friends of persons living with Alzheimer's or another dementia.

WATERLOO

2nd Friday of the Month • 2-3pm

Nov 17th • Dec 8th • Jan 12th • Feb 9th

Seneca County Office for the Aging Senior Center

2465 Bonadent Dr, Suite #4, Waterloo

OVID

4th Wednesday of the Month • 5:45-6:45pm

Nov 29th • Dec 27th • Jan 24th • Feb 28th

Edith B. Ford Memorial Library

7169 Main St, Ovid

We offer support groups for caregivers and individuals living with Alzheimer's or other dementia.

All support groups are facilitated by trained individuals. Both in-person and virtual.



For more information and to pre-register, call



1.800.272.3900 or visit alz.org/CRF

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