

CARE CONSULTATIONS

Both in person and phone consultations available. Speak confidentially with a care consultant for decision-making support, crisis assistance and education on issues families face every day.

Learn about the signs of Alzheimer's and other

Find out about local programs and services.

Call 1.800.272.3900 and request to schedule an

24/7 HELPLINE: 800.272.3900

Our Helpline provides 24/7 support and information.

Call us with any questions!

MAKE A DIFFERENCE

Volunteer with the Alzheimer's **Association**

ALZ.ORG/VOLUNTEER

ALZHEIMER'S \\ ASSOCIATION

200 Meridian Centre Blvd., Suite 110 Rochester, NY 14618

PAID BUFFALO, NY PERMIT NO. 2469

NONPROFIT ORG

U.S. POSTAGE

VIRTUAL EDUCATION SESSIONS

<u>Pre-registration is required.</u> Zoom link will be provided upon registration.

HEALTHY LIVING FOR YOUR BRAIN AND BODY Wed, Oct 11th • 2-3pm

Thurs, Nov 30th • 2-3pm

10 WARNING SIGNS OF ALZHEIMER'S

Mon, Nov 6th • 1-2pm Mon, Dec 18th • 3-4pm

UNDERSTANDING ALZHEIMER'S AND DEMENTIA

Mon, Nov 13th • 1-2pm Thurs, Dec 14th • 11-12pm

EFFECTIVE COMMUNICATION STRATEGIES

Tues, Oct 17th • 10-11am Thurs, Dec 7th • 6-7pm

DEMENTIA CONVERSATIONS

Thurs, Nov 2nd • 6-7pm Thurs, Dec 28th • 6-7pm

UNDERSTANDING DEMENTIA RELATED BEHAVIORS

Tues, Oct 26th • 6-7pm Thurs, Dec 14th • 6-7pm

This publication is supported, in part, by a grant from the New York State Department of Health. All programs and services offered by the Alzheimer's Association are free to the public.

COMMUNITY EDUCATION

Pre-registration is required. Sessions may be cancelled 48 hours prior if pre-registrations are not received.

WAYNE COUNTY NURSING HOME

1529 Nye Road - Lyons

UNDERSTANDING ALZHEIMER'S & DEMENTIA Tues, Jan 18th • 2-3pm

EFFECTIVE COMMUNICATION Thurs, Feb 8th ● 2-3pm

UNDERSTANDING & RESPONDING TO DEMENTIA RELATED BEHAVIOR

Thurs, Feb 29th ● 2-3pm *Caregiver Resources to be Provided

WALWORTH SEELY LIBRARY

3600 Lorraine Dr - Walworth

UNDERSTANDING ALZHEIMER'S & DEMENTIA Thurs, Nov 9th • 2-3pm

WILLIAMSON PUBLIC LIBRARY 6380 Rt 21 - Williamson

HEALTHY LIVING FOR YOUR BRAIN & BODY

Thurs, Dec 14th • 2-3pm

WOLCOTT PUBLIC LIBRARY

5890 New Hartford St - Wolcott

10 WARNING SIGNS OF ALZHEIMER'S Thurs, Nov 16th • 11am-12pm

UNDERSTANDING
ALZHEIMER'S & DEMENTIA
Thurs, Jan 11th • 11am-12pm

EFFECTIVE COMMUNICATION Thurs, Feb 15th ● 11am-12pm

SODUS COMMUNITY LIBRARY 17 Maple Ave - Sodus

10 MARNING SIGNS

10 WARNING SIGNS OF ALZHEIMER'S Thurs, Dec 7th • 2-3pm

UNDERSTANDING ALZHEIMER'S & DEMENTIA Thurs, Jan 11th • 2-3pm

EFFECTIVE COMMUNICATIONThurs, Feb 15th • 2-3pm

CAREGIVER SUPPORT GROUPS

Come to connect with caregivers, family, and friends of persons living with Alzheimer's or another dementia.

MACEDON

2nd Tuesday of the Month • 6:30-7:30pm Oct 10th • Nov 14th • Dec 12th • Jan 9th • Feb 13th Macedon Public Library 30 W Main St. Macedon

NEWARK

3rd Tuesday of the Month ● 5:45-6:45pm Oct 17th ● Nov 28th ● Dec 19th ● Jan 16th ● Feb 20th Newark Public Library 121 High St, Newark

We offer support groups for caregivers and individuals living with Alzheimer's or other dementia.

All support groups are facilitated by trained individuals. Both in-person and virtual.









