

ALZHEIMER'S ASSOCIATION EDUCATION PROGRAMS

Presentations are open to the community and available in both English and Spanish



Join us on the **3rd Tuesday** of every month for a series of workshops to help understand Alzheimer's and other dementia. We will highlight local resources and supportive services in your community.

Tuesday, January 16, 2024 @ 4:30pm - 5:30pm, Living with Alzheimer's: Early Stages PT 1
This workshop will provide care partners with the knowledge, tools and strategies needed to cope with a diagnosis.

Tuesday, February 20, 2024 @ 4:30pm - 5:30pm, Living with Alzheimer's: Early Stages PT 2
A continued conversation of previous workshop on tools and strategies of how to manage through a diagnosis.

Tuesday, March 19, 2024 @ 4:30pm- 5:30pm, Living with Alzheimer's: Middle Stages PT 1
This workshop will address gaps in memory, thinking becomes more noticeable and individuals begin to need more help with day-to-day activities, including dressing, bathing & eating.

Tuesday, April 16, 2024 @ 4:30pm- 5:30pm, Living with Alzheimer's: Middle Stages PT 2
This workshop will provide the tools to take next steps in care.

Tuesday, May 21, 2024 @ 4:30pm- 5:30pm, Living with Alzheimer's: Late Stages
This workshop will provide the tools to take next steps in care.

Tuesday, June 18, 2024 @ 4:30pm- 5:30pm, Living with Alzheimer's: Panel Discussions
Join field experts to address hospice, diagnosis, and resources

Visit alz.org/CRF to explore additional education programs in your area or contact the Helpline 1.800.272.3900, available 24/7 to register. You may also register in-person.

THE UNIVERSITY OF TEXAS
**Education &
Research Center**
at Laredo

**Workshops held monthly on the 3rd Tuesday
starting @ 4:30pm - 5:30pm**

1937 E. Bustamante Street, Laredo TX 78041

To schedule a program or learn about volunteer opportunities, contact Maxine P. Vieyra at mpvieyra@alz.org or 956.304.0388.