

IN-PERSON EDUCATION PROGRAMS

Presented by the Alzheimer's Association®



January, 2024



**TO REGISTER OR TO LEARN MORE,
VISIT: [ALZ.ORG/CRF](https://alz.org/crf)
CALL: 24/7 HELPLINE: 800.272.3900**

Available throughout San Luis Obispo, Santa Barbara and Ventura Counties. Pre-registration is encouraged.

Dementia Caregiver Education Classes:

Alzheimer's Basics:

Wed., Jan. 17, 3:30pm-12:00pm
Glen Park at Ojai
225 N. Lomita Ave.
Ojai, CA

Downsizing with Dementia Timing and Transition

Wed., Jan. 17, 10:00am-11:30am
Pismo Beach Hilton Garden Inn
601 James Way
Pismo Beach, CA
(In collaboration with Sea Coast Seniors)

Effective Communication Strategies in Dementia

Wed., Jan. 17 1:00-2:30pm
St. Barnabas Episcopal Church
301 Trinity Ave.
Arroyo Grande, CA
(In collaboration with Alexandra Morris,
Geriatric Care Manager)

Other Events:

Healthy Aging Social Club: (for those in Early Stages of Dementia)

Thursdays, January 11 and 18
10:00-11:30am
San Luis Obispo
RSVP: Ladeloye@alz.org 805-342-0956

Conejo Valley Senior Program (CVSP) Wellness Fest

Wed., January 17
9:00am-1:00pm
Goebel Adult Community Center
1385 E. Janss Rd.
Thousand Oaks, CA

Morro Bay Health & Wellness Faire

Saturday, January 20
9:00am-12:00pm
Morro Bay Community Center
1001 Kennedy Way
Morro Bay, CA



California Central
Coast Chapter

Alzheimer's Association
24/7 Helpline:
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**SEEKING COMMUNITY
EDUCATION VOLUNTEERS!**

Learn more and apply:
bit.ly/CommunityEducationVolunteer