IN-PERSON SUPPORT GROUPS
Presented by the Alzheimer’s Association

In-person support groups are available throughout Orange County. Pre-registration is encouraged, but walk-ins are welcome. To register or to learn more, please visit alz.org/crf or call our 24/7 Helpline: 800-272-3900.

LOS ALAMITOS
1st Tuesday | 3:00-4:30PM
Westmont of Cypress, Activity Room
4889 Katella Ave., Cypress, CA 90720

HUNTINGTON BEACH
3rd Monday | 6:00-7:30PM
Calvary Chapel Beachside, Unit 4 (South Side)
19400 Beach Blvd., #26, Huntington Beach, CA 92648

MISSION VIEJO
3rd Wednesday | 9:30-11:00AM
Mt. of Olives Adult Day Program, Room F
24772 Chrisanta Dr., Mission Viejo, CA 92691

FOUNTAIN VALLEY | VIETNAMESE CAREGIVER SUPPORT GROUP
4th Wednesday | 10:30AM-12:00PM
Vietnamese American Cancer Foundation (VACF)
17150 Newhope St., Fountain Valley, CA 92708

These groups are for individuals, family and friends facing dementia. For resources for professionals, call 800.272.3900. Student observation is not permitted!

SEEKING VOLUNTEERS!
Join our volunteer orientation to learn more about available positions in your area.

Last Wednesday of the Month
12:00-1:00 PM via ZOOM
bit.ly/volunteer4alz

Alzheimer’s Association
24/7 Helpline:
800-272-3900

Call for free, around-the-clock help and the latest information.

Llame para obtener ayuda y informacion en español gratuita las 24 horas.
Online meetings via Zoom. Registration required to receive login information. To register or to learn more, please visit bit.ly/alzSG or call our 24/7 Helpline: 800-272-3900.

**MONTHLY GROUPS FOR FAMILY & FRIEND CAREGIVERS**

1st Wednesday | 10-11:30AM
Mission Viejo/South Orange County

2nd Tuesday | 7-8:30PM
Brea/North Orange County

2nd Thursday | 6-7:30PM
Huntington Beach

3rd Tuesday | 12-1:30PM
Irvine/Central Orange County

**MONTHLY GROUP FOR YOUNGER ONSET**

3rd Thursday | 7-8:30PM

**MONTHLY GROUP FOR LGBTQ+ CAREGIVERS**

2nd & 4th Thursday | 10:30AM-12PM
Contact Vanessa at 408-372-9976 or vsouza@alz.org

**MONTHLY GROUP FOR YOUNG DEMENTIA CAREGIVERS**

2nd Wednesday | 7:30-9PM
Contact Yael at 310-912-9120 or ywyte@alz.org

**GRUPO DE APOYO EN ESPAÑOL, TELEPHONE**

2do & 4to martes del mes | 1-2:30PM
Contact Linda at 213-220-0713

Additional groups in other languages and for persons with early dementia are available through our network of chapters. Please call 800.272.3900 or search our online Community Resource Finder.

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