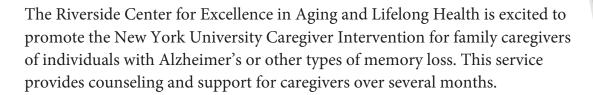
FAMILIES: Family Access to Memory Impairment and Loss Information, Engagement and Supports

(A Program of Riverside ClearPath)



Benefits of the counseling:

- ▶ Reduced caregiver stress and depression
- Increased knowledge and insight for managing memory disorders and caregiving
- Opportunities for family member participation
- Similar programs have been shown to delay the need for nursing home care

Compassionate counselors will help with:

- Assessing your individual situation and concerns
- Understanding memory loss and how it may progress
- Developing a care plan that works for you and your family
- Assistance with finding local services and resources
- Discussing coping strategies for stress and changes in personality/behavior

This supportive service serves residents of:

- Greater Williamsburg area
- Middle Peninsula
- Northern Neck
- Peninsula
- Southside

Fees may apply

Convenient locations and videoconferencing options available

To learn more, call

Riverside Senior Care Navigation

toll-free at 888-597-0828.

HOURS: Monday-Friday, 8:30 a.m. - 4:30 p.m.



Center for Excellence in Aging and Lifelong Health