alzheimer's association

Southeastern Wisconsin Chapter
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Esther and Sol Blankstein Resource Center

BOOK TITLE LIST

See page 61 for Subject Guide to titles.

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June 2018

Esther and Sol Blankstein Resource Center

BOOK TITLE LIST

Books are in alphabetical order by title.
See page 61 for **Subject Guide** to titles.

Activities for the Family Caregiver: Frontal Temporal Dementia/Frontal Lobe Dementia/Pick's Disease: How to Engage/How to Live vol. 3. Silknitter, Scott and Emm, Vanessa. R.O.S. Therapy Systems, 2015.

This title is starting point reading for caregivers of those with Frontal Lobe Dementia. The authors have combined the knowledge of quality of life and nursing experts to help caregivers learn the basics of caregiving, communication and how to engage their loved one.

Activities of Daily Living: An ADL Guide for Alzheimer's Care. Laurenhue, Kathy. Wiser Now, 2006.

The author, who was a caregiver for her mother, presents helpful suggestions for caring for the person with dementia. Subjects covered are dressing, grooming, oral hygiene, continence care, bathing, nutrition and hydration.

Activities to Do with Your Parent Who Has Alzheimer's Disease. Levy, Judith A. Self-published, 2013.

The author, a practicing occupational therapist, presents over fifty simple activities to use with the person with dementia which will help maintain mobility and allow the person to achieve feelings of success and self-worth.

Activity Techniques That Heal the Wounds of Alzheimer's: Once an Adult, Twice a Child. Tame, Amira Choukair. Self-Published, 2010.

The author, a Nationally Certified Activities Consultant, presents a realistic picture of the effects of Alzheimer's disease on both the patient and the caregiver. She shares ideas for activities that can be used as well as ways caregivers can handle behaviors which might interfere with those activities.

Age Smart: Discovering the Fountain of Youth at Midlife and Beyond. Rosensweig, Jeffrey and Liu, Betty. Prentice Hall, 2006.

The authors share strategies for living a longer, happier and healthier life. Included are intimate interviews with well-known individuals who are models for aging well. A very readable title.

Age-Proof Your Mind: Detect, Delay and Prevent memory Loss – Before It's Too Late. Tan, Zaldy, MD, MPH. Warner Books, 2005.

This title, written by the director of the Memory Clinic at Beth Israel Deaconess Medical Center and Harvard Medical School Division on Aging, includes cutting edge research as well as practical tips for keeping your brain healthy.

Aging Together: Dementia, Friendship and Flourishing Communities. Mc. Fadden, Susan h. and John T. Johns Hopkins University Press, 2011.

The authors envision a society in which social institutions, especially faith communities, build supportive, on-going friendships that offer hospitality to all regardless of cognitive status.

Aging Well: Surprising Guideposts to a Happier Life from the Landmark Harvard Study of Adult Development. Vaillant, George E., M.D. Little Brown, 2002.

The author, a Harvard Medical School researcher, psychiatrist and professor, presents personal narratives about people in their 70's and 80's interviewed for three separate longevity studies. He describes their history, relationships, hardships, philosophies and sources of joy. The subjects were male Harvard graduates, inner-city disadvantaged males and intellectually gifted women.

Aging with Grace: What the Nun Study Teaches Us About Leading Longer, Healthier and More Meaningful Lives. Snowden, David, Ph.D. Bantam, 2001.

A fascinating description of a study of aging which involved a unique population of 678 Catholic sisters between the ages of 75 and 106. Dr. Snowden, the director of the study, tells what was learned from this research which might help in the prevention of diseases of the elderly, including Alzheimer's.

Allie Learns About Alzheimer's Disease: A Family Story About Love, Patience and Acceptance. Gosselin, Kim. Jay Jo Books, 2001.

Allie is happy grandma has come to live at her house, but she also learns that day-to-day living with someone who has Alzheimer's can be very difficult. An honest but positive treatment of the subject for parents and teachers to share with children in grades one through four.

Alone…But Not Forgotten: Serving People with Dementia Who Live Alone. D.C. Office on Aging, 2000.

This if a care provider's manual for those who serve older people with dementia who live alone.

Always My Grandpa: A Story for Children About Alzheimer's Disease. Scaco, Linda Ph.D. Magination Press, 2006.

Daniel's grandpa has recently been diagnosed with Alzheimer's disease. When the boy and his mom make their annual summer visit to his cottage, Daniel begins to learn what that diagnosis means for his family and for grandpa. Recommended for children in grades 3 to 4.

Alzheimer's: A Caregiver's Guide and Sourcebook. Gruetzner, Howard. John Wiley and Sons, 3rd ed. 2001.

This guide for caregivers presents the realities of caring for a loved one with Alzheimer's. Suggestions for caring for the patient as well as the caregiver are included.

Alzheimer's: A Love Story: One Year in My Husband's Journey. Davidson, Ann Birch Lane, 1997.

Davidson's husband, Julian was diagnosed with Alzheimer's disease at the age of fifty-nine. This is a memoir of a critical year in their married life as they both learned to live with his increasing dementia.

Alzheimer's: Finding the Words: A Communication Guide for Those Who Care. Hodgson, Harriet. John Wiley and Sons, 1995.

This guide shows how Alzheimer's affects speech and offers help on how to communicate when communication is a daily struggle.

Alzheimer's: The Answers You Need. Davies, Helen D. and Jensen, Michael P. Elder Books, 1998.

This title is an excellent source of information for the person in the early stages of Alzheimer's and their caregiver/s. Included are questions they may have about the disease and their future along with easy to understand answers to those questions. Both authors have experience working with people affected by the disease.

Alzheimer's: Where Do We Go from Here? Smith, Lisa W. Morgan James Pub., 2007.

The author of this title has been a primary caregiver for a family member with Alzheimer's disease. She writes of the impact of the disease on family members as well as the individual with Alzheimer's and has included helpful information for caregivers.

Alzheimer's A to Z: A Quick Reference Guide. Lokvig, Jytte and Becker, John D. MD. Harbinger, 2007.

Topics on the subject of Alzheimer's disease are arranged alphabetically. Short articles describe each topic. This is not an in-depth discussion, but useful as a quick reference source for the caregiver.

The Alzheimer's Action Plan: The Experts' Guide to the Best Diagnosis and Treatment for Memory Problems. Doraiswamy, P. Murali, M.D., Gwyther, Lisa P., M.S.W. with Adler, Tina.
St. Martin's Press, 2008.

Written by a physician and a social worker who directs an award-winning family support program at the Duke University Center for Aging, this title deals with the diagnosis and treatment of Alzheimer's disease. Included is information on the most recent drugs and clinical trials. Also included is information on treatment of symptoms beyond memory loss. Prevention is also covered by the authors.

Alzheimer's Activities: Hundreds of Activities for Men and Women with Alzheimer's Disease and Related Disorders vol. 1. Fitz Ray, B.J. Rayve Productions, 2001.

Divided according to subject, this title gives hundreds of ideas for activities the caregiver can use with the Alzheimer's patient. This is not an extensive how-to manual, but rather a helpful list of suggested activities. This title was compiled by a woman who served as caregiver to her father. This book is based on her personal experience as a caregiver. An index and list of product sources is appended.

Alzheimer's Activities That Stimulate the Mind. Bazan-Salazar, Emilia C. McGraw-Hill, 2005.

This title is a collection of activities that have been selected because they will help maintain and advance the memory and cognitive abilities of persons living with Alzheimer's and other dementias.

Alzheimer's and the Workplace: A Communication Guide for Anyone Who Encounters Alzheimer's. Thompson, Patricia M. St. Colman Press, 2005.

This title is for anyone having contact with those affected by Alzheimer's disease. There are specific chapters on dealing with Alzheimer's disease in the workplace, however this should not exclude use of this material by Alzheimer's caregivers interested in improving communication skills. The author served as a caregiver to three family members with Alzheimer's disease.

The Alzheimer's Answer: Reduce Your Risk and Keep Your Brain Healthy. Sabbagh, Marway, M.D. Wiley, 2008.

The author, a geriatric neurologist and expert in Alzheimer's research, presents up-to-date information on ways to reduce the risk of getting Alzheimer's disease. He discusses ways to assess personal risk for getting the disease as well as current therapies. He also takes a look at promising new developments and forthcoming treatments. The author's explanations are accessible to the general reader.

Alzheimer's Basic Caregiving: An ABC Guide. Laurenhue, Kathy. Wiser Now, 2006.

This title, written by a woman who was a caregiver for her mother for a number of years, was written to help other dementia caregivers. After describing various types of dementia, the author gives suggestions for dealing with communication and behavior problems in the Alzheimer's patient. Material included in this title was formerly included in a newsletter published by the author for Alzheimer's caregivers.

Alzheimer's Dementia and Memory Loss: Straight Talk for Families and Caregivers. Wheeler, Monica Vest. BF Press, 2008.

This title was written as a guidebook for those who are caring for individuals with Alzheimer's disease. The author includes personal stories and support from other caregivers who are experiencing or have experienced the stress of taking care of someone with memory loss.

Alzheimer's Disease. Dash, Paul and Villemarette-Pittman, Ph.D. American Academy of Neurology, 2005.

This title provides an overview of causes, diagnosis and treatment of Alzheimer's disease.

Alzheimer's Disease (Need to Know series). McGuigan, Jim. Heinemann Library, 2004.

This overview of Alzheimer's disease could be read by students in grades 6 and up. Basic information on the history of the disease, possible causes, symptoms, treatment, research, legal issues and caregiving are included. Suggestions for further reading and contact information are included. This title is heavily illustrated with color photos. Recommended for student research or for those who have family members impacted by Alzheimer's.

Alzheimer's Disease: A Forgotten Life. Landau, Elaine. Watts, 2005.

This is an overview of Alzheimer's disease for those in grades 7 and older. Topics discussed include diagnostic tools, possible causes, symptoms, stages, medications, research and problems faced by caregivers. Black and white photos accompany the text.

Alzheimer's Disease: A Guide for Families and Caregivers. Powell, Lenore, Ed.D. Perseus, 2002, 3rd edition.

This title is written for those who are responsible for caring and making decisions for those with Alzheimer's disease. Information on testing and diagnosis, treatments, home-care strategies, communicating with and finding long-term-care for the Alzheimer's patient is included. Tips for self-care for the caregiver are presented.

Alzheimer's Disease: Activity-Focused Care. Hellen, Carly R., O.T.R.L. Butterworth-Heinemann, 1998, 2nd ed.

A thoughtful, detailed manual focusing on activities for the Alzheimer's patient, that promote the person's well-being as well as respecting his personhood. Originally written as a guide for professional caregivers, this title is also very useful for family caregivers.

Alzheimer's Disease: The Complete Introduction. Poirier, Judes and Gauthier, Serge. Dundurn, 2011.

This title, written by two Canadian physicians, is meant to be a complete guide to Alzheimer's written for caregivers, patients, family members and anyone looking for information on the disease. Illustrated with many color photos, this is an approachable title.

Alzheimer's Disease: The Dignity Within: A Handbook for Caregivers, Family and Friends. Callone, Patricia, Vasiloff, Barbara, Kudlacek, Connie, Manternach, Janaan, Brumback, Roger. Demos Medical Publishing, 2006.

This title, written for caregivers and friends of those with Alzheimer's disease, includes caregiving tips, true stories of those with Alzheimer's and their caregivers as well as a dialogue with a physician about the disease and the changes it creates in the brain.

Alzheimer's Disease: The Family Journey. Caron, Wayne A., Ph.D., Pattee, James J., M.D., Otteson, Orlo J., M.A. North Ridge Press, 2000.

This title describes the various phases of Alzheimer's disease from the pre-diagnosis stage through the "end of the journey," describing how each phase impacts the family members. The author's goal is to provide families with information to help them work through the challenges of Alzheimer's as a team, each member providing help and support.

Alzheimer's Disease: Unraveling the Mystery. National Institute on Aging, National Institutes of Health, 2002.

This is a basic introduction to Alzheimer's disease, its treatment and caregiving issues. Clearly illustrated with many photos and diagrams.

Alzheimer's Disease and Other Dementias: The Caregiver's Complete Survival Guide. Rubenstein, Nataly. Two Harbors Press, 2011.

This title has been described as "the caregiver's GPS for navigating the long and arduous road of Alzheimer's." The author draws from her own 25 years of clinical experience working with families coping with dementia, to provide helpful information.

Alzheimer's Early Stages: First Steps in Caring and Treatment. Kuhn, Daniel, M.S.W. Hunter House, 2013.

The author, a clinical social worker in the field of aging and health care, has written this book for those whose loved ones have recently been diagnosed with Alzheimer's. This title is divided into three sections, "What is Alzheimer's disease?" "Giving Care," and "Caring for Yourself."

Alzheimer's from the Inside Out. Taylor, Richard, Ph.D. Health Professions Press, 2007.

This title is a collection of essays written by the author in the five years since he was diagnosed with "dementia, probably of the Alzheimer's type." Taylor was working as a psychologist when he was diagnosed at the age of 58. This title is recommended reading for those who have recently been diagnosed as well as their families and caregivers.

The Alzheimer's Journey…A Practical Perspective for Caregivers. Michels, Barbara. New Mexico Chapter of the Alzheimer's Association, n.d.

The author provides detailed strategies for navigating the Alzheimer's journey while preserving the patient's dignity. Recommended for caregivers and family members.

Alzheimer's 911: Help, Hope and Healing for the Caregiver. Gray-Davidson, Frena. Robert D. Reed Publishers, 2009.

Drawing on more than 20 years experience as a caregiver, the author speaks to other caregivers of individuals with Alzheimer's, offering helpful and healing advice for their journey.

The Alzheimer's Prevention Program: Keep Your Brain Healthy for the Rest of Your Life. Small, Gary, M.D. and Vorgan, Gigi. Workman, 2011.

Gary Small is director of the UCLA Longevity Center. This book presents a whole body, whole mind, easy-to-follow regimen based on the latest research on Alzheimer's disease. The program includes memory training, daily mental workouts, healthy brain nutrition, stress-reduction techniques and aerobic and strength exercises.

The Alzheimer's Project: Momentum in Science. Froemke, Susan. Home Box Office, 2009.

This title is based on the HBO documentary presented by HBO Documentary Films and the National Institute on Aging in association with the Alzheimer's Association, Fidelity Charitable Gift Fund and Geoffry Beene Gives Back to Alzheimer's Initiative. New breakthroughs and advancements in research and treatment are highlighted. Color photos accompany the text.

Alzheimer's Sourcebook for Caregivers: A Practical Guide for Getting Through the Day. Gray-Davidson, Frena. Lowell House, 1999.

This title, written specifically for caregiver, provides help in working through the problems faced by those who care for Alzheimer's patients.

American Medical Association Guide to Home Caregiving. Perry, Angela. Wiley, 2001.

While this title deals with home caregiving in general, there is a separate chapter included on caring for the Alzheimer's patient.

The Anti-Alzheimer's Prescription: The Science-Proven Plan to Start at Any Age. Fortanasce, Vincent, M.D. Gotham, 2008.

Dr. Fortanasce presents his science-based 4-step plan, showing how to take care of ourselves now, so that we remain sharp and independent as we age.

The Art of Dementia Care. Verity, Jane and Kuhn, Daniel. Thomson Delmar Learning, 2008.

This title is a practical guide for those who provide support, encouragement and care for people with dementia. The authors, experienced dementia care advocates, apply lessons learned from actual clinical situations.

At Wit's End: Plain Talk on Alzheimer's for Families and Clinicians. Kraus, George, Ph.D. Perdue University Press, 2006.

This title provides information on Alzheimer's disease written for the layman and professional in clear, understandable language.

Autumn's Display. Sparrow, Emma Rose. Sterling Elle Publishing, 2015.

This is one of a series of books for dementia patients, seniors with trouble reading or others who would benefit from easy-to-read titles formatted for adults. The story describes a woman's walk through a park on an autumn day and is illustrated with color photos.

Away from Her. Munro, Alice. Vintage, 2007.

This is the book upon which the movie of the same title was based. (see Multi-Media list) A retired college professor's wife, Fiona, begins to gradually lose her memory and drift away from him.

A Beautiful Pearl. Whitelaw, Nancy. Whitman, 1991.

Grandma has Alzheimer's disease and doesn't always recognize her granddaughter, Lisa. The young girl learns to treasure the good memories she has of the past when the woman was well. Recommended for use with children in grades 3-4.

Being Mortal. Gawande, Atul. Picador, 2014.

The author, a practicing surgeon, discusses how the medical profession falls short in attempting to prolong life through false hopes and treatments that actually shorten lives instead of improving them.

Benevolent Touch: For Persons with Alzheimer's Disease and Other Related Dementias. Lonergan, Sister Edna, M.S., O.T.R., M.T. and Becker, Cindy. St. Ann Adult Day Care, Inc., 1996.

Illustrated with black and white photos, this title shows how touch can be used to improve the quality of life of the dementia patient.

Best Friends Approach to Alzheimer's Care. Bell, Virginia and Troxel, David. Health Professions Press, 2003.

The authors show how to make a difference in the life of an Alzheimer's patient by being their best friend. They also stress the importance of the caregiver being their own best friend by taking care of themselves. Also available in Spanish.

The Best Friends Book of Alzheimer's Activities volume 1. Bell, Virginia, M.S.W., Troxel, David, M.P.H., Cox, Tonya M., M.S.W., Hamon, Robin, M.S.W. Health Professions Press, 2004.

This is a very useful collection of activities to use with the Alzheimer's patient. 147 activities are included and described in detail in this title. Many are simple craft projects but some relate to activities of daily living such as personal care and shopping.

The Best Friends Book of Alzheimer's Activities volume 2. Bell, Virginia, Troxel, David, Cox, Tonya, Hamon, Robin. Health Professions Press, 2008.

This is the second volume of activities suggested for use with those with Alzheimer's. Recommended for use by professional caregivers.

The Best Friends Staff: Building a Culture of Care in Alzheimer Programs. Bell, Virginia and Troxel, David. Health Professions Press, 2001.

This title, part of the "Best Friends" series, is directed to the staff and management of long-term-care facilities. Staff training ideas are included along with case studies illustrating successful programs for dementia patients.

The Better Brain Book: The Best Tools for Improving Memory and Sharpness and Preventing Aging of the Brain. Perlmutter, David, M.D., FACN and Colman, Carol. Penguin, 2004.

The author suggests ways to build a better brain through nutrition, lifestyle changes and brain workouts.

Between Two Worlds: Special Moments of Alzheimer's and Dementia. Young, Ellen P. Prometheus Books, 1999.

The author who worked for 15 years as a hospital clinical social worker has written this book for caregivers to show the necessity for keeping a sense of humor, even in the face of a devastating illness. She includes anecdotes from Alzheimer's support group sessions in which caregivers relate actions on the part of the person in their care that are actually funny. At no time does the author dismiss the seriousness of the disease. She suggests, however, that it is healthier for the caregiver to find some humor in the situation.

The Big Brain Puzzle Book. Alzheimer's Association. Time Inc. Home Entertainment, 2009.

Over 200 puzzles that will help maintain your brain are included in this title.

A Bitter-Sweet Season: Caring for Our Aging Parents – and Ourselves. Gross, Jane. Knopf, 2011.

Gross tells of her experiences caring for an elderly, ailing mother. She presents a picture of the effect of caregiving on family relationships and of her experiences dealing with the health care system. Also presented are questions to ask when looking for a care facility and when dealing with Medicare and Medicaid.

Brain Health and Wellness. Nussbaum, Dr. Paul. Word Association, 2003.

This is a proactive approach to building and maintaining brain health, written by a clinical neuropsychologist with many years experience working with persons suffering from dementia and related disorders.

Brain Longevity: The Breakthrough Medical Program That Improves Your Mind and Memory. Khalsa, Dharma Singh, M.D. Warner Books, 1997.

The author offers a four-step program, based on both Eastern and Western medical traditions for regenerating the mind and memory.

Brain Maintenance: How to Prevent Stroke and Delay Dementia. Wilson, Kathleen W., M.D. Whiskey Hollow Press, 2004.

Advice from a Mayo Clinic trained physician on how to keep your brain healthy and prevent debilitating illnesses through diet and exercise and the use of medications when necessary.

The Brain Training Revolution: A Proven Workout for Healthy Brain Aging. Bendheim, Paul, M.D. Sourcebooks, Inc., 2009.

The author, a neurologist and authority on Alzheimer's and other dementias, offers a step-by-step guide to fighting off memory loss and Alzheimer's disease. A DVD, included with the book, provides mental exercises.

Brainfit: 10 Minutes a Day for a Sharper Mind and Memory. Gediman, Corinne L. and Crinella, Francis M. Rutledge Hill Press, 2005.

The authors present a nine-week training program designed to improve memory and mental agility.

Brainfit for Life: A User's Guide to Life-Long Brain Health and Fitness. Evans, Simon, Ph.D. and Burghardt, Paul, Ph.D. River Pointe Pub., 2008.

Divided into four sections, or cornerstones, this title emphasizes the need for quality in each area to maintain optimum brain health. Nutrition, physical activity, mental activity and optimal sleep are the areas covered.

A Brilliant Mind: Proven Ways to Increase Your Brainpower. Minirth, Frank, M.D. Fleming H. Revell, 20007.

The author provides time-proven techniques and exercises for building a more intelligent mind and preventing cognitive decline.

But, Mama, How Come Grandpa Gets To? Warren, Carolie. Self-published, 2013.

Grandpa is in the early stages of Alzheimer's and from young Bronson's point of view, "gets away" with too much. He can put his feet up on the furniture, forget to flush, and make up stories that don't make sense, things Bronson would get in trouble for doing. Mama reminds the boy that grandpa earned the right to do what he wants through all the good things he accomplished when he was younger. Illustrated with full-color drawings for children pre-school through 2nd grade.

Can't Remember What I Forgot: The Good New from the Front Lines of Memory Research. Halpern, Sue. Harmony Books, 2008.

The author reports on her interviews with those in the front lines of Alzheimer's research. This is a hopeful account of the latest work toward a cure and better medical treatment for those who have Alzheimer's disease.

The Carebook: A Workbook for Caregiver Peace of Mind. Beedle, Joyce, R.N., B.S.N. Self-published, 1999.

A three-ring binder that provides worksheets to hold essential information needed by caregivers.

The Caregiver: A Life with Alzheimer's. Alterra, Aaron. Steerforth Press, 1999.

The author writes about his wife who was diagnosed with Alzheimer's disease at the age of 80, and his role as caregiver.

Caregiver's Guide: Helping Elderly Relatives Cope with Health and Safety Problems. Rob, Caroline, R.N. Houghton Mifflin, 1991.

Basic information to help caregivers recognize and handle health problems in the elderly. Memory loss is included.

A Caregiver's Guide to Alzheimer's and Related Diseases. McCann-Beranger, Judith. Bunim and Bannigan, 2008. This is a basic guide to Alzheimer's care presented in a very clear, easy-to-read format.

Caregiver's Guide to Alzheimer's Disease: 300 Tips for Making Life Easier. Demos Medical Publishing, 2006.

This is a user-friendly, accessible guide for caretakers, family and friends of those with Alzheimer's disease to help them cope with changes brought about by that disease.

A Caregiver's Guide to Dementia: Using Activities and Other Strategies to Prevent, Reduce and Manage Behavioral Symptoms. Gittlin, Laura N., Ph.D. and Piersol, Catherine Verrier, Ph.D., OTR/L. Camino Books, 2014.

Chapter headings include: Address Challenging Behaviors, Use Activities in Daily Care, Communicate Effectively, Make the Home Safe, Support Health of the Person with Dementia, Take Care of Yourself and Strategies for Specific Behaviors.

A Caregiver's Guide to Lewy Body Dementia. Whitworth, Helen Buell and Whitworth, James. Demos Health, 2011.

The authors present a thorough picture of what Lewy body dementia is as separate from Alzheimer's and Parkinson's diseases. A good source for caregivers, family and friends.

Caregiver's Handbook. Visiting Nurse Associations of America. DK Publishing, 1998.

This title includes advice on basic caregiving skills plus an introduction to financial and legal issues involved and where to go for further help.

A Caregiver's Journey. Payton, Gertrude. Self-published, 2009.

The author describes her experiences as a caregiver during her husband's illness with dementia caused by a stroke.

The Caregiver's Path to Compassionate Decision Makine: Making Choices for Those Who Can't. Kind, Viki. Greenleaf Book Co., 2010.

The author, a clinical bioethicist, offers caregivers tools and techniques for making informed decisions affecting those in their care. Included are end-of-life decisions, taking car keys away and moving to a care facility.

The Caregiver's Survival Handbook: How to Care for Your Aging Parent Without Losing Yourself. Abramson, Alexis. AJA Associates, 2004.

The author addresses caregivers in this title, answering questions such as, "How can I get my family to help?" "Why do I feel so quilty?" and "How can I balance caregiving with everything else?" Recommended reading for all caregivers of the elderly.

Caregiving and Loss: Family Needs, Professional Responses. Doka, Kenneth J. and Davidson, Joyce D. Hospice Foundation of America, 2001.

A discussion of caregiver issues and how the needs of these caregivers can be met by those in the medical and religious communities. Also included are sections on hospice care and self-care for the caregiver.

Caring for a Person with Alzheimer's Disease: Your Easy-to-Use Guide from the National Institute on Aging. NIH, 2010.

This guidebook for caregivers of people with Alzheimer's disease is clearly written and easy to understand. Suggestions for coping with issues of AD caregiving are presented in plain language

Caring for Aging Parents: Straight Answers That Help You Serve Their Needs Without Ignoring Your Own. Johnson, Richard P., Ph.D. Concordia Publishing, 1995.

The author suggests ways to make God-pleasing care decisions that respect the parent and maintain the peace of mind and healthy spirit of the caregiver.

Caring for People with Alzheimer's Disease: A Manual for Facility Staff. Gwyther, Lisa P. American Health Care Association and the Alzheimer's Association, 2001, 2nd edition.

Written for those working directly with the Alzheimer's population in an assisted living or nursing facility setting to help them understand the special needs of the Alzheimer's patient. Behavior problems, environmental concerns and relationships with families are discussed in the easy-to-read volume.

Caring for People with Challenging Behaviors: Essential Skills and Successful Strategies in Long-Term Care. Long, Stephen Weber. Health Professions Press, 2005.

The aim of this title is to help professional caregivers develop effective ways to prevent, reduce or eliminate resident's challenging behaviors and alleviate their own stress. Useful forms are provided for photocopying at the end of this book.

Caring for Stan. Damours, Joanne. Self-published, 2010.

The author tells of her years of caregiving for her husband who was diagnosed with Alzheimer's disease. She discusses issues of family, marriage, sexuality and religious beliefs.

Chicken Soup for the Caregiver's Soul: Stories to Inspire Caregivers in the Home, the Community and the World. Canfield, Jack. Heath Communications, 2004.

Part of the popular series, this is a collection of stories of caregivers who represent the wide range of people proving care for others, both young and old. This title is meant to provide respite to caregivers, providing uplifting and comforting insights through the inspirational experiences of others. Recommended reading for any caregiver.

Chicken Soup for the Soul: Family Caregivers. Lunden, Joan and Newmark, Amy, eds. Chicken Soup for the Soul Pub., 2012.

This title includes stories from people of all ages who take care of family members. Included are Jill Eikenberry and Michael Tucker, Leeza Gibbons and Gail Sheehy as well as numerous others.

Chicken Soup for the Soul: Living with Alzheimer's and Other Dementias: 101 Stories of Caregiving, Coping, and Compassion. Newmark, Amy and Geiger, Angela Timashenka. Chicken Soup for the Soul Pub., 2014.

This is a collection of stories of personal experiences related by Alzheimer's caregivers.

Coach Broyle's Playbook for Alzheimer's Caregivers: A Practical Tips Guide. Broyles, Frank. Self-published, 2006.

The author has created a "playbook" for Alzheimer's caregivers based on his own experiences as caregiver to his wife. This title is divided into sections: Early Stage, Middle Stage and Late Stage. The author uses football terminology to describe techniques of caregiving: Playing Offense, Playing Defense, Coaches and Special Teams, Pre-Game Planning, The Training Table.

The Comfort of Home for Alzheimer's Disease: A Guide for Caregivers. Meyer, Maria M., Mittelman, Mary S., Epstein, Cynthia, Derr, Paula. Care Trust, 2008.

This title was written specifically for those who care for people with Alzheimer's in the home. It is a basic, complete guide to caregiving with tips and techniques for dealing with difficulties experienced by caregivers.

Coming of Age with Aging Parents. Goeller, Gail. Patina Productions, 2004.

The author relates her experience with caregiving for her elderly parents and aunt. She tells of both successes and failures and what was learned from each experience. Recommended for caregivers.

Como Hablar con un Enfermo de Alzheimer. Strauss, Claudia J. Ediciones Obelisco, 2014.

This is the Spanish language version of "Talking to Alzheimer's: Simple Ways to Connect When You Visit with a Family Member or Friend."

Complete Guide to Alzheimer's-Proofing Your Home. Warner, Mark L. Purdue University Press, 1998.

A complete guide to making your home safe for the Alzheimer's patient. Every area of the house, both exterior and interior, is included in this title. A valuable resource for the caregiver.

Confidence to Care: A Resource for Family Caregivers Providing Alzheimer's Disease or Other Dementias Care at Home. Carpenter, Molly. Home Instead Press, 2013.

This guide presents practical information on understanding, managing and preventing behavioral symptoms associated with dementia and Alzheimer's disease.

Connecting the Dots: Breakthroughs in Communication as Alzheimer's Advances. London, Judith L., Ph.D. New Harbinger, 2009.

The author has worked with Alzheimer's patients and their families for more than 16 years. In this book, she gives practical techniques for decoding the language of Alzheimer's to improve communication.

Connections: Engagement in Life for Persons Diagnosed with Dementia. Phipps, Ellen and Braddock, Barbara. Alzheimer's Association Central and Western Virginia Chapter, 2009.

This title provides instructions and tips for establishing a base of operations for activities, methods for determining levels of function, specific activities and suggested scripts for interacting, redirecting or expanding activities.

The Connections Activity Program for People with Dementia. Bikoff-Phipps, Ellen and Braddock, Barbara A. Health Professions Press, 2017.

This program provides a guide to matching a person's current level of function with activities based on current or past interests. Recommended for elder care activity professionals.

Conversations at the Nursing Home: A Mother, a Daughter and Alzheimer's. Shapiro, Deanna. PRA Publishing, 2006.

This is a collection of poems, written by the daughter of a woman with Alzheimer's disease. The occasion of each short poem is a visit to the nursing home where her mother resides. The reader is given a glimpse of reality as seen by someone with Alzheimer's.

Coping When a Grandparent Has Alzheimer's Disease. Wilkinson, Beth. Rosen, 1995 rev. ed.

This title, directed to young people in grades five and above, discusses the nature and effects of Alzheimer's disease and the problems involved in coping when a relative has the disease.

Coping with Alzheimer's: A Caregiver's Emotional Survival Guide. Oliver, Rose, Ph.D. and Brock, Frances A., Ph.D. Dodd, Mead, 1987.

This title is based on the principles of Rational Emotive Therapy (RET), originated by psychologist Albert Ellis. It was written to help the caregiver deal with thoughts, feelings and actions while caring for the Alzheimer's patient.

Coping with Behavior Change in Dementia: A Family Caregiver's Guide. Spencer, Beth and White, Laurie. Whisppub, 2015.

The authors, who both have worked in dementia care for many years, discuss ways to handle behavior changes in the person with dementia. Included are ways to handle bathing problems, ways to promote successful meals, personal care changes, delusions and paranoia, repetitive behaviors, sleep changes, "sundowning " and physical intimacy and sexual behaviors.

Coping with Caregiver Worries. Sherman, James R., Ph.D. Pathway Books, 1998. (Caregiver Survival Series)

Written with the express purpose of helping caregivers overcome the worries, fears and anxieties which may stand in the way of allowing them to be effective caregivers to others and to themselves.

Counseling People with Early-Stage Alzheimer's Disease: A Powerful Process of Transformation. Yale, Robyn, LCSW. Health Professions Press, 2013.

The author pioneered the early-stage support group in 1986, giving people with Alzheimer's disease the opportunity to talk with one another. This is a resource for professionals who work with the early-stage Alzheimer's population.

Counseling the Alzheimer's Caregiver: A Resource for Health Care Professionals. Mittelman, Mary S., Epsteirn, Cynthia and Pierzchala, Alicia. AMA Press, 2003.

Material in this book is based on the Spouse Caregiver Intervention Study at the New York University School of Medicine's Alzheimer's Disease Center. This title can be used by any health care professional to create a counseling program that will provide support and guidance to those who care for a person with Alzheimer's disease.

Counting on Kindness: The Dilemmas of Dependency. Lustbader, Wendy. Free Press, 1991.

The author looks at the world of dependency from both sides. She uses stories and quotations from both dependents and caregivers. She suggests way to regain a sense of power and purpose while dependent on others.

Courage to Care: A Caregiver's Guide Through Each Stage of Alzheimer's. Parrent, Joanne. Alpha Books, 2001.

This title offers information, practical suggestions and encouragement specific to each of the three stages of Alzheimer's disease. Emphasis is also placed on self-care for the caregiver.

Creative Approaches in Dementia Care. Lee, Hilary and Adams, Trevor, eds. Palgrave Macmillan, 2011.

This is a collection of writings by experts who have studied the use of creative therapies with those in dementia care settings. Visual art and music therapy, storytelling, dance and drama therapies are some of the areas covered.

The Creative Arts in Dementia Care: Practical Person-Centered Approaches and Ideas. Hayes, Jill, with Povey, Sarah. Jessica Kingsley, 2010.

This title looks at the therapeutic benefits of the creative arts in dementia care.

Creative Caregiving. Sherman, James R., Ph.D. Pathway Books, 1994.

The author discusses creativity and suggests ways to use creativity to make caregiving easier and more pleasurable. Included are exercises to develop creative talents.

Creative Connections in Dementia Care: Engaging Activities to Enhance Communication. Norris, Katie and Brush, Jannifer. Health Professions Press, 2015.

Prior to presenting 10 basic art projects, the authors explain how dementia affects abilities of the person affected and how projects can be presented to overcome losses and build on remaining strengths. Useful for any caregiver.

A Creative Toolkit for Communications in Dementia Care. Marshall, Carrie. Jessica Kingsley, 2015.

The author presents creative activities to support communication and relationships. Included are care activities for end-of-life support.

Cuando el Dia Tiene 36 Horas (The 36-Hour Day) Mace, Nancy L., Rabins, Peter V. Editorial Pax Mexico, 2011. 4th ed.

The Spanish language edition of "36-Hour Day."

A Cup of Comfort for Families Touched by Alzheimer's: Inspirational Stories of Unconditional Love and Support. Sell, Colleen, ed. F+W Publications, 2008.

This title is a collection of essays written by the caregivers, friends and families who are touched by Alzheimer's disease in a loved one. They are meant to comfort others who are dealing with caregiving and loss.

A Curious Kind of Widow: Loving a Man with Advanced Alzheimer's Disease. Davidson, Ann. Fithian Press, 2006.

This is a sequel to "Alzheimer's: A Love Story," which documented one year in the author's life as caregiver to her husband. This title tells of the final years of care at home and of his move to a dementia care center.

Dancing with Dementia: My Story of Living Positively with Dementia. Bryden, Christine. Jessica Kingsley Publishers, 2005.

The author, a single mother of three children, was diagnosed with fronto-temporal dementia at the age of 46. This is her account of living with dementia. Bryden is an active advocate of those with dementia and was the first person with dementia to be elected to the Executive Committee of Alzheimer's Disease International.

Dancing with Rose: Finding Life in the Land of Alzheimer's. Kessler, Lauren. Viking, 2007.

The author, a journalist whose own mother was afflicted with and died of the effects of Alzheimer's disease, took a minimum wage job as an aide in a residential Alzheimer's care facility in an attempt to better understand the disease. This book is a result of her experiences there. Kessler provides a fascinating and optimistic view of a number of residents who have been affected by Alzheimer's as well as a realistic picture of the care they receive in such a setting.

Daughter. Moore, Ishbel. Kids Can Press, 1999.

This title, for a young adult audience, depicts early-onset Alzheimer's disease and how it affects both the family and the patient. The main characters are fourteen year old Sylvie and her mother who is changing almost daily, going in and out of periods of lucidity due to Alzheimer's.

Decisiones Dificiles para los Seres Queridos. Dunn, Hank. Quality of Life Publishing, 2016.

This is the Spanish language edition of *Hard Choices for Living People: CPR, Artificial Feeding, Comfort Care and the Patient with a Life-Threatening Illness.*

Decoding Darkness: The Search for the Genetic Causes of Alzheimer's Disease. Tanzi, Rudolph E., Parson, Ann B. Perseus, 2000.

The author, a young neurogeneticist at Massachusetts General Hospital in the 1980's, set out to find the gene responsible for the production of the renegade protein beta amyloid which was thought to result in Alzheimer's disease. This book tells the story of that research and the race to find a cure for the debilitating disease.

Dementia Beyond Disease: Enhancing Well-Being. Power, G. Allen, M.D. Health Professions Press, 2017.

Originally published as a sequel to the author's "Dementia Beyond Drugs," this title explores how to achieve success in dementia care by focusing on well-being and how it can be enhanced in people living with dementia.

Dementia Beyond Drugs: Changing the Culture of Care. Power, G. Allen, M.D. Health Professions Press, 2010.

This book reveals what it takes to effect real culture change within residential settings while reducing the administration of psychotropic drugs.

Dementia Care Mapping: Applications Across Cultures. Innes, Anthea. Health Professions Press, 2003.

This title shows how programs around the world are using an assessment tool, Dementia Care Mapping (DCM) to gain a clearer vision of what works and does not in dementia care programs.

Dementia Care Practice Recommendations for Professionals Working in a Home Setting. Alzheimer's Association, 2009.

Contents include:

1. Basics of Good Home Care
2. Personal Care Guide
3. Safety and Personal Autonomy
4. Home Safety
5. End-of-Life Care
6. Home Care Provider Training

Dementia Caregiver Guide: Teepa Snow's Positive Approach Techniques for Caregiving, Alzheimer's and Other Forms of Dementia. Snow, Teepa. Cedar Village Retirement Community, 2012.

Using a *Gem Level* system to rate the various stages in the progression of Alzheimer's, Teepa Snow provides suggestions for caregivers for dealing with patients in each of these stages. The goal is to work with what the patient still has rather than dwelling on what has been lost.

Dementia Caregivers Share Their Stories: A Support Group in a Book. Markut, Lynda A. and Crane, Anatole. Vanderbilt University Press, 2005.

Members of caregiver support groups speak candidly about the challenges they have faced as dementia caregivers. Both authors have been caregivers for family members with vascular dementia. This book was written to reflect how caregivers can support each other while supporting persons with various types of dementia.

Dementia Nursing: A Guide to Practice. Hudson, Rosalie, ed. Ausmed, 2003.

Divided into chapters, each written by a specialist in the area of concern, this is a training manual for health care professionals working in long-term-care settings with dementia patients.

Dementia Reconsidered: The Person Comes First. Kitwood, Tom. Open University Press, 1997.

In this British publication, the author looks at older ideas about dementia and subjects them to scrutiny using research evidence as well as his own experience. Kitwood's emphasis is on the personhood of those who have dementia. Recommended reading for professional care providers as well as those who set policy for dementia care.

Dementia with Lewy Bodies and Parkinson's Disease Dementia: Patient and Family Working Together for Better Outcomes. Ahlskog, J. Eric, M.D., PhD. Oxford University Press, 2014.

Dr. Ahlskog is a movement disorders expert at May Clinic. This title is a resource for patients and caregivers as well as medical practitioners on the subject of Lewy Body and Parkinson's disease dementia.

Dental Floss for the Mind: A Complete Program for Boosting Your Brain Power. Noir, Michel, Ph.D., and Croisile, Bernard, M.D., Ph.D. McGraw-Hill, 2005.

This title includes more than 100 exercises targeting the cognitive areas of the brain.

Design Innovations for Aging and Alzheimer's: Creating Caring Environments. Brawley, Elizabeth C. Wiley, 2006.

This book is a detailed guide to designing supportive care environments and settings for aging and Alzheimer's special care.

Developing Support Groups for Individuals with Early-Stage Alzheimer's Disease: Planning, Implementation and Evaluation. Yale, Robyn, L.C.S.W. Health Professions Press, 1995.

This title provides user-friendly materials and guidelines for setting up, conducting and administering support groups.

A Different Visit: Activities for Caregivers and Their Loved Ones with Memory Impairments. Joltin, Adena, M.A., Camp, Cameron J., Ph.D., Noble, Beverly H., R.N., Antenucci, Vincent M., M.A. Myers Research Institute, 2005.

Activities included can be used in a care center or at home. Adaptations are included with each activity, making them usable for those who need more or less of a challenge. Step-by-step instructions and photos are included.

A Dignified Life: The Best Friends Approach to Alzheimer's Care: A Guide for Family Caregivers. Troxel, David, M.P.H. and Bell, Virginia, M.S.W. Health Communications, 2012.

Using the "Best Friends" approach, caregivers are provided with practical tools and strategies for dealing with the day-to-day challenges of Alzheimer's disease.

Do You Have a Moon at Your House? Johnson, Jeanie L. Vantage Press, 2005.

This title, on a 3-4th grade reading level, tells of young Madison Murray, who has always been close to her grandmother. As the older woman becomes more and more forgetful, Madison and her mother discuss what is happening and the young girl is able to understand why grandma has forgotten who she is. As a family, they find a way to keep grandma involved when Madison receives a telescope for her birthday.

Donde deje mis lentes?: El como, cuando y por que de la perdida normal de la memoria. Lear, Martha Weinman. Wellness Central, 2009.

Where Did I Leave My Glasses?: The What, When and Why of Normal Memory Loss in Spanish.

Elder Care: A Six Step Guide to Balancing Work and Family. Marosy, John Paul. Bringing Elder Care Home Publishing, 2008, 2nd edition.

This title is a practical guide for anyone who has to manage job responsibilities while caring for an aging relative or friend.

Elder Rage or, Take My Father…Please!: How to Survive Caring for Aging Parents. Marcell, Jacqueline. Impressive Press, 2001.

The author tells of her years as principle caregiver to her parents in this book which accurately portrays the ups and downs of full-time caregiving while finding humor when it can be found. An epilogue was provided by Rodman Shankle, M.D., a specialist in dementia care, who wrote "A Physician's Guide to Treating Aggression in Dementia."

Eldercare 911: The Caregiver's Complete Handbook for Making Decisions. Beerman, Susan, M.S., M.S.W. and Rappaport-Musson, Judith, CSA. Prometheus, 2002.

This title is an excellent source of information for the first-time caregiver to the elderly. The authors devote an entire chapter to coping with Alzheimer's disease.

Elegy for Iris. Bayley, John. Picador U.S.A., 1999.

The author writes of his long marriage to writer Iris Murdoch who descended into Alzheimer's disease in the last years of their marriage. The motion picture, "Iris," was based on this title.

End of Life: Helping with Comfort and Care. National Institute on Aging NIH, 2008.

This title provides an overview of issues facing people caring for someone near the end of life. A chapter is included which deals with end-of-life issues for those with dementia.

The End-of-Life Namaste Care Program for People with Dementia. Simard, Joyce. Health Professions Press, 2007.

Namaste care is designed to honor the spirit of nursing facility residents who have reached the stage of their disease when they can no longer speak, walk, think or reason.

The Enduring Self in People with Alzheimer's: Getting to the Heart of Individualized Care. Fazio, Sam, PH.D. Health Professions Press, 2008.

The author reveals what can be done in a care setting to support a person's identity, enriching the lives of people experiencing many losses due to dementia.

Ethnicity and the Dementias. Yeo, Gwen and Gallagher-Thompson, Dolores, ed. Taylor and Francis, 2006.

Scholarly presentations from experts in the field of dementia which deal with the treatment and care of people in various ethnic populations.

Every Single Good Day. Nichols, Max J. Tate, 2005.

The author's wife, Mickey, was diagnosed with Alzheimer's disease at the age of 56.. She had worked as a music therapist for Alzheimer's patients. This is the story of how her family came together to care for her during the last ten years of life. Recommended for anyone dealing with dementia in a family member.

Exercise and Physical Activity: Your Everyday Guide from the National Institute on Aging. Pub.#09-4258, 2009.

Stressing the need for exercise to stay healthy, this title uses full-color photos and simple, clear instructions for exercises which can be done at home using inexpensive or free equipment. Many exercises can be done from a seated position.

Fading Memories: An Adolescent's Guide to Alzheimer's Disease. American Health Assistance Foundation, 1997.

This title, written especially for a young adult audience, begins with an introduction to Alzheimer's disease, its history, treatment, care and the science of the disease. Interspersed throughout the book are first-hand accounts of experiences with family members or friends with Alzheimer's, written by teens.

Failure-Free Activities for the Alzheimer's Patient: A Guidebook for Caregivers. Sheridan, Carmel. Cottage Books, 1987.

Ideas for simple activities to use with the Alzheimer's patient.

Family Meals: Bringing Her Home. Tucker, Michael. Grove Press, 2009.

Actress and actor, Jill Eikenberry and Michael Tucker decide to move Jill's mother, Lora, into an apartment across the hall and hire caregivers when life in a care facility does not work out after a diagnosis of Alzheimer's disease.

Favorite Hymns. Harvard Ranch Publishing, 1999. (Large Print)

Twenty-four hymns are included in this spiral-bound title. Text is large print and photos are high contrast for those with limited vision. Only one verse is given for each hymn and no music notation is included.

Fierce Blessing: A Journey into Alzheimer's, Compassion and the Joy of Being. Baltz, Wayne and Terry. Self-published, 2003.

This title chronicles the caregiving journey of the authors as they deal with a parent with Alzheimer's.

Final Gifts: Understanding the Special Awareness, Needs and Communications of the Dying. Callanan, Maggie and Kelly, Patricia. Bantam, 1992.

The authors, hospice nurses, share their experiences with patients at the end of life, giving the reader insight into the gifts of wisdom, faith and love that the dying leave for us.

Finding My Father: A Search for the Truth in the Face of Alzheimer's. Gaskin, Holly. Self- published, 2011.

This is the true story of the author's 35 year search for the father she had lost to divorce. After their reunion and the rebuilding of a relationship, she was faced with his diagnosis or Alzheimer's.

Flowers for Grandpa Dan: A Gentle Story to Help Children Understand Alzheimer's Disease. McIntyre, Connie. Thumbprint Press, 2005.

A young boy copes with the loss of his beloved grandpa to Alzheimer's disease in this book for young readers. Recommended for children ages 6-8 years.

Forget-Me-Not. Schein, Jonah. Annick, 1988.

Based on the story of the author's grandmother, Schein tells of the visit from grandma when the family learns that she has been diagnosed with Alzheimer's. This is a picture book for the child in grades one through four.

Forget Memory: Creating Better Lives for People with Dementia. Basting, Anne Davis. Johns Hopkins University Press, 2009.

This title takes a positive approach to dementia care, emphasizing innovative arts programs which stimulate the patient's abilities, rather than dwelling on what has been lost. The author also addresses advancements that have been made in research and approaches to caregiving for those with memory loss.

The Forgetting: Alzheimer's: Portrait of an Epidemic. Shenk, David. Anchor Books, 2001.

A well-researched, readable discussion of Alzheimer's disease, its causes and effects, and the search for a cure. The author also describes the impact of the disease on patients and their families.

Forgetting Whose We Are: Alzheimer's Disease and the Love of God. Keck, David. Abingdon Press, 1996.

A Christian understanding of the theological, spiritual and pastoral problems raised by Alzheimer's disease is presented in this title.

Gentlecare: Changing the Experience of Alzheimer's Disease in a Positive Way. Jones, Moyra. Hartley and Marks, 1999.

Gentlecare is a program of care which stresses the dignity and self-respect of those suffering from dementia. This title shows caregivers how to create a positive atmosphere for the Alzheimer's patient.

Get Your Brain in the Fast Lane: Turbocharge Your Memory with More Than 100 Brain-Building Exercises. Noir, Michel, Ph.D. and Croisile, Bernard, M.D., Ph.D. McGraw Hill, 2007.

This is a collection of puzzles and teasers designed to stimulate, develop and improve cognitive areas of the brain. Also by these authors, "Dental Floss for the Mind."

Ginny: A Love Remembered. Artley, Bob. Iowa State University Press, 1994.

This title is a personal account of the author's wife's struggle with Alzheimer's disease.

The Glory Walk: A Memoir. Smith, Cathryn E. Vander Wyk and Burnham, 2003.

The author relates the experience of losing her father to Alzheimer's disease.

The Graduation of Jake Moon. Park, Barbara. Simon and Schuster, 2000.

Jake, an eighth grader, remembers all the good times he spent with his grandfather, Skelly. Now, however, Skelly is often an embarrassment to Jake, doing things that make him look like a crazy old man. The author sympathetically handles the subject of peer pressure and the effect of a family member with Alzheimer's on an adolescent. Jake eventually comes to terms with his mixed feelings towards Skelly. Recommended for children grades 5 through 8.

Grandfather's Story Cloth. Yawg Daim Paj Ntaub Dab Neeg. Gardner, Linda and Langford, Sarah. Shen's Books, 2008.

Ten-year-old Chersheng helps his beloved grandfather cope with his failing memory, brought on by Alzheimer's disease, by showing him the story quilt the older man had made after fleeing Laos during wartime. A companion text in Laotian is included alongside the English text. The text is too hard for the younger child, but could be paraphrased by an adult. Full-color watercolor illustrations accompany the story. Recommended for grades 4-6.

Grandma's Soup. Karkowsky, Nancy. Self-published, 1989.

A young girl remembers time spent with grandma in the past but realizes that things will be different in the future when grandma begins to show confusion due to Alzheimer's disease. A picture book for children in grades one through four.

Great Uncle Alfred Forgets. Shecter, Ben. Harper Collins, 1996.

Great Uncle Alfred is forgetful and often confused due to memory loss, but Emily still loves spending time with him and listening to stories of when he was little. A comforting picture story for children in grades one through five.

Guia Para la Seguridad en el Hogar Para Quiennes Cuidan a Personas con la Enfermedad de Alzheimer. Alzheimer's Association.

"Safety in the Home for Those Who Care for Persons with Alzheimer's Disease" in Spanish.

A Guide to Supporting Family Caregivers Through the Alzheimer's Disease Trajectory: Grief and Personal Growth. Ott, Carol, et.al. Self- published, 2006

The purpose of this manual, compiled by nurses, is to "assist healthcare professionals in providing more sensitive care to patients with Alzheimer's disease and related dementias and their families. Topics discussed include:

1. Current research on the grieving process in family members of persons with ADRD.
2. Methods to assess caregiver grief
3. Needs of patients and caregivers in relation to the stages of dementia
4. Services and support caregivers have found helpful

A Guide to the Spiritual Dimension of Care for People with Alzheimer's Disease and Related Dementia. Shamy, Eileen. Jesica Kingsley, 2003.

Written by a clergywoman who has worked with older people in care settings, this title provides guidelines for pastoral care visits and frameworks for leading worship for those with dementia.

Guiding Our Parents in the Right Direction: Practical Advice About Seniors Moving from the Home They Love. Nemovitz, Bruce. Self-published, 2013.

The author is a Senior Real Estate Specialist and Certified Senior Advisor. He covers topics including initiating a discussion about a possible move, the physical aspects of the move and advice about home selling.

Hard Choices for Loving People: CPR, Artificial Feeding, Comfort Care, and the Patient with a Life-Threatening Illness. Dunn, Hank. A and A Publishers, 2002, 4th ed.

The author confronts difficult end-of-life issues from his experience as a minister and hospice chaplain and with input from many members of the medical profession.

Hard to Forget: An Alzheimer's Story. Pierce, Charles P. Random House, 2000.

The author tells about the effect of his father's Alzheimer's disease on his family. Interviews with Alzheimer's researchers are included.

The Harvard Medical School Guide to Achieving Optimal Memory. Nelson, Aaron P., Ph.D. Harvard College, 2005.

The author discusses reasons for memory loss and suggests ways to enhance everyday memory.

Healing Your Grieving Heart When Someone You Care About Has Alzheimer's: 100 Practical Ideas for Families, Friends, and Caregivers. Wolfelt, Alan D., Ph.D. and Duvall, Kirby J., M.D. Companion Press, 2011.

The authors suggest ways to deal with the grief experienced as one slowly loses a friend or family member to dementia.

Hearing the Person with Dementia: Person-Centered Approaches to Communication for Families and Caregivers. McCarthy, Bernie. Jessica Kingsley, 2011.

This title explains what happens to communication as dementia progresses and how caregivers can adapt their approach to communication to meet new needs.

Help for Alzheimer's Caregivers, Families and Friends. Robinson, Jean. Calm Waters Publishing, 2006.

The author provides information on what to expect in the early years of caregiving. As a dietician, she shares information on healthful eating.

Home Safety for People with Alzheimer's Disease. National Institutes of Health, 2002.

A collection of safety tips for use by caregivers to those with Alzheimer's disease.

How to Care for Your Parents: A Practical Guide to Eldercare. Levin, Nora Jean. Norton, 1997.

Although not specifically about Alzheimer's disease, this title would be of use to any caregiver. This title is particularly useful as a resource for finding help in the community and on the Internet.

How to Honor Your Aging Parents: Fundamental Principles of Caregiving. Johnson, Richard P., Ph.D. Liguori, 1999.

The author, who holds a doctorate in gerontological counseling, prepares caregivers to honor their aging parents, relatives or friends while not losing themselves in the process.

How to Live Well with Early Alzheimer's. Mitchell, Deborah. St. Martins, 2010.

This title includes information about therapies and medications as well as alternative care. Suggestions for ways to improve quality of life for those with early stage Alzheimer's are included.

I Can't Remember: Family Stories of Alzheimer's Disease. Smoller, Esther Strauss. Temple University Press, 1997.

Stories of families dealing with Alzheimer's disease are illustrated with black and white photos. The reader meets Arlene who is a caregiver for her eighty-six year old mother, Jim who has early-onset Alzheimer's, Jim's wife Shirley and best friends Louise and Lina who are roommates in a nursing home. The emphasis is on the importance of family in the treatment program for Alzheimer's patients.

I Like You Just Fine When You're Not Around. Garvin, Ann. Tyrus Books, 2016.

Written by a former gerontological nurse and professor of health, whose experiences with Alzheimer's formed the basis of this fictionalized account of a family caregiver and the difficulties of caring for others while trying to care for yourself.

I Was Thinking: Unlocking the Door to Successful Conversations with Loved Ones with Cognitive Loss. Waugh, Diana, RN, BSN. Self-published, 2008.

The author, whose mother suffered from cognitive loss and who has worked for many years in care facilities, gives suggestions for conversing with those with memory loss. Recommended for caregivers.

Ice Cream in the Cupboard: A True Story of Early Onset Alzheimer's. Moffett, Pat. Garrison-Savanna Pub., 2008.

The author tells the story of life with his wife Carmen, who is diagnosed with early onset Alzheimer's disease at the age of 53. This is an honest portrayal of the effects of the disease on the family and the principal caregiver.

I'll Be Seeing You: A Wife's Journey with Her Husband's Alzheimer's. Johnson, Deane. Self-published, 2012.

The author documents her day-to-day journey caring for her husband, Joe, who was diagnosed with Alzheimer's at 75 years of age.

"I'll Never Forget Our Home:" A Healing Guide for Older People Who Choose to Move Forward to a New Life. Best, Robert J. and Brunner, Jacqueline A. Montgomery Media, 1999.

Written for the older person who must leave their long-time home for other living arrangements. Activities in this book are designed to help create a bridge between the old home and the new.

I'm Still Here: A Breakthrough Approach to Understanding Someone Living with Alzheimer's. Zeisel, John, Ph.D. Penguin Group, 2009.

The author, an innovator in non-pharmacological approaches to treating Alzheimer's, advocates connecting with individuals through the abilities that don't diminish with time, such as understanding art, music, facial expressions and touch.

Improving Hospital Care for Persons with Dementia. Silverstein, Nina M. and Maslow, ed. Springer, 2006.

This title is a collection of articles which provide insights into the issues and gaps in quality of hospital care for patients with dementia. Recommended for use by all hospital practitioners who encounter patients with dementia.

In Search of the Alzheimer's Wanderer: A Workbook to Protect Your Loved One. Warner, Mark L. Purdue University, 2006.

This title is meant to be a workbook for use by the caregiving team, the family and the recently diagnosed or early-stage Alzheimer's disease patient. It is meant to be used in the event of an elopement or wandering episode. Information about steps to take when a loved-one wanders is included. Safe Return and Safely Home program (Canada) as well as community Alzheimer's alert programs are described. Sample forms and letters are also included for copying. Recommended for all caregivers.

The Inheritance: A Family on the Front Lines of the Battle Against Alzheimer's Disease. Kapsambelis, Nike. Simon and Schuster, 2017.

Members of the DeMoe family have inherited the genetic mutation that causes younger onset Alzheimer's disease. Of the six DeMoe children whose father had it, five have inherited it. The sixth child has inherited responsibility for them. The family has agreed to take part in the worldwide study that aids Alzheimer's researchers and offers hope for future treatments.

Inside Alzheimer's: How to Hear and Honor Connections with a Person Who Has Dementia. Pearce, Nancy. Self-published, 2007.

The author, a medical social worker with over 20 years experience in long-term care and hospice settings, presents methods for caregivers to connect effectively with persons who have dementia.

Interventions for Alzheimer's Disease: A Caregiver's Complete Reference. Tappen, Ruth M., Ed.D., R.N., FAAN. Health Professions Press, 1997.

This book is written for professionals who find themselves responsible for he planning, administration or provision of services to older people with Alzheimer's disease and other related dementing diseases. Included are intervention options which can be incorporated into a successful care program.

Into the Shadows: A Journey of Faith and Love into Alzheimer's. DeHaan, Robert F. Faith Walk Pub., 2003.

The author, a psychologist by profession, tells the story of his brilliant and gifted wife's struggle with Alzheimer's disease. Roberta was diagnosed at the age of 73, shortly before their 50th wedding anniversary. Relying on his professional skills and his faith, the author was a successful caregiver for many years. DeHaan tells a story that is not depressing, but rather shows the strength that can come from facing such a struggle.

It Takes More Than Love: A Practical Guide to Taking Care of an Aging Adult. Beckman, Anita G. and Tappen, Ruth M. Health Professions Press, 2000.

A basic guide to taking care of an elderly loved-one in the home. This title is not specifically directed to Alzheimer's care, but would be useful to a first-time caregiver.

"It's Alzheimer's." It's Time for Extraordinary Love. Seefeldt, Curt. Lutheran Home Association, 2011.

This is a Christian approach to Alzheimer's for patient and caregiver. It offers information on preparation for living with the disease for bother caregiver and patient while reminding both of the ever present love of God.

Jan's Story: Love Lost to the Long Goodbye of Alzheimer's. Petersen, Barry. Behler Publications, 2010.

CBS news correspondent Barry Petersen tells the story of the diagnosis of early-onset Alzheimer's disease for his wife, Jan, who was 55 at the time. He tells of his years of caregiving followed by his wife's placement in an assisted living facility. That placement resulted in angry attacks by friends and family who thought he was abandoning her. A compassionate look at the difficulty and pain of being left behind.

Jess and the Runaway Grandpa. Woodbury, Mary. Coteau Books, 1999.

Twelve year old Jess's grandparents live right next-door. Grandpa Ernie, who is suffering from Alzheimer's disease, is fearful of having to move to a care facility. He takes his truck and trailer and attempts to run away. Jess, suspecting what his plans are, goes with him in an attempt to stop him. This is the story of their attempts at survival in the wilderness under enormous odds against them. Recommended for grades 5-6.

Keep Your Brain Young: The Complete Guide to Physical and Emotional Health and Longevity. McKhann, Guy, M.D., Albert, Marilyn, Ph.D. Wiley, 2002.

The authors include valuable information on enhancing mental and physical functioning while reducing the risk for serious diseases such as Alzheimer's and Parkinson's.

Keeping in Touch with Someone Who Has Alzheimer's. Crisp, Jane. Ausmed, 2000.

In this title, the author suggests ways to continue communication with those who have dementia. She gives practical ideas for how those people can be involved in everyday activities despite their memory problems.

The Last Childhood: A Family Story of Alzheimer's. Knowles, Carrie. Three Rivers Press, 1997.

The author relates her own experience of caring for a mother with Alzheimer's.

Learning to Speak Alzheimer's: A Groundbreaking Approach for Everyone Dealing with the Disease. Coste, Joanne Koenig. Houghton-Mifflin, 2003.

The author explains the five tenets of her "habilitation" approach to caring for and communicating with Alzheimer's patients.

Let's Look Together: An Interactive Picture Book for People with Alzheimer's and Other Forms of Memory Loss. Ziegler, Rae-Lynn Cebul. Health Professions Press, 2009.

This is a picture book for adults featuring color photos of children. This title is meant to be used one on one or in groups in various care settings to encourage conversation and to trigger sensory reactions.

Let's Talk About When Someone You Love Has Alzheimer's Disease. Weitzman, Elizabeth. Rosen, 1996.

This title, with easy-to-read text and full-color photos, is a simple explanation to assure children that despite changes due to Alzheimer's disease, their grandparent is still the same person. Of use to the parent or teacher in helping children understand Alzheimer's. Recommended for grades one through four.

Lewy Body Dementia: Causes, Tests and Treatment Options. Stevenson, Erik, Miller, Deanna, Wainwright, Adam. Self-published, 2012.

This title also includes caregiver tips for dealing with this type of dementia.

Life with Big Al (Early Alzheimer's): A Caregiver's Diary. Seegmiller, Judy. Big Al, 2000.

This is a day-by-day journal kept by the author during the time she was caregiver to her husband, Craig, who was a victim of early-onset Alzheimer's. Craig had been a professional baseball player and a marathon runner prior to the onset of the disease which he referred to as "Big Al."

Lifesaving Songs and Poems for the Sea of Dementia, Alzheimer's and Palliative Caregiving. Tuttle, Carolyn. Self-published, 2006.

Divided into sections by subject, this title provides poetry and music which can be used in respite care with the dementia patient.

"Listen to Me, I Am Still Somebody": Understanding the Alzheimer's Disease Sufferer. Kehoe, Sandra M., R.N. Universal, 2008.

This book was written not only for the caregiver, but for anyone who deals with those who have Alzheimer's disease. The author addresses the disease process and presents communication techniques and behavior management skills. Other sections, specifically for the caregiver, deal with stress management, the grieving process and the use of community resources.

The Little Book of Big Tips: The Veterans Pension Benefit Handbook for Seniors and Their Families. Leifheit, Joanne, J.D.

The author is an attorney accredited by the Veterans Administration. This title is written to explain available benefits to veterans, vet spouses and widows who face high costs of home health care, assisted living or nursing home care or family members caring for a veteran, spouse of widow of a veteran.

Little Mama Forgets. Cruise, Robin. Farrar, Straus and Giroux, 2006.

Grandma lives with Lucy's family. She has begun to be forgetful, but young Lucy, recognizing this, is able to help her out when her parents are at work. The emphasis is on all the wonderful things that Little Mama remembers, rather than what she forgets. Spanish words and phrases are sprinkled throughout this brightly illustrated picture book for sharing with young children.

Living Well in a Nursing Home: Everything You and Your Folks Need to Know. Dickinson, Lynn, M.A. and Vosen, Xenia, Ph.D. Hunter House, 2005.

This book concentrates on the positive aspects of nursing homes and offers strategies for identifying the best facilities. Topics covered include how to recognize that a family member needs extra support, determining whether in-home care is a viable option, the different types of long-term care, working and communicating with the staff and preparing for the end of life.

Living with Grief: Alzheimer's Disease. Doka, Kenneth J., ed. Hospice Foundation of America, 2004.

The author advocates the expansion of hospice to provide better care for those who are chronically ill. He feels that hospice principles can make care for Alzheimer's patients and their families more humane.

Living with Mild Cognitive Impairment: A Guide to Maximizing Brain Health and Reducing Risk of Dementia. Anderson, Nicole D., Ph.D., Murphy, Kelly J., Ph.D., Troyer, Angela K., Ph.D. Oxford University Press, 2012.

This book was written specifically for individuals with MCI, for their friends and loved ones and for health care professionals who treat them. Information on diagnosis, treatment and how to improve cognitive health is included. Case studies illustrate the real-life issues facing those with MCI.

Living Your Best with Early-Stage Alzheimer's. Snyder, Lisa, MSW, LCSW. Sunrise River Press, 2010.

The author has worked with people with Alzheimer's and their families for more than 20 years. This title offers the person with early-stage Alzheimer's a guide to coping with the diagnosis, managing symptoms and planning for the future. Snyder also wrote *Speaking Our Minds.*

The Longest Loss: Alzheimer's Disease and Dementia. Doka, Kenneth J. and Tucci, Amy S., ed. Hospice Foundation of America, 2015.

This volume is a collection of chapters written by experts who understand and validate the grief and loss experienced from the onset of Alzheimer's disease or other dementias. The authors offer advice regarding how to cope with specific challenges posed by dementia.

Losing Clive to Younger Onset Dementia. Beaumont, Helen. Jessica Kingsley, 2009.

The author's husband, Clive, was diagnosed with younger-onset dementia at age 45 when his children were 3 and 4 years old. This is the story of the family's adaptation to his changing condition, his loss of employment and the legal ramifications of dealing with his disease. She also describes the *Clive Project,* a British charity that provides support services for people with younger-onset dementia.

Losing Lou-Ann. Erb, Clinton A. Holistic Education Press, 1996.

The author chronicles the effects of Pick's disease on his 44-year-old wife, Lou-Ann and on her family.

Losing My Mind: An Intimate Look at Life with Alzheimer's. DeBaggio, Thomas. Free Press, 2002.

The author began this first-person account of early-onset Alzheimer's disease on the day he was diagnosed at the age of fifty-seven.

Love, Loss and Laughter: Seeing Alzheimer's Differently. Greenblat, Cathy, Ph.D. Lyons Press, 2011.

This is a collection of photos and commentaries which present an empowering message of respect and dignity for those living with dementia as well as comfort and support for caregivers.

A Loving Approach to Dementia Care: Making Meaningful Connections with the Person Who Has Alzheimer's Disease or Other Dementia or Memory Loss. Wayman, Laura. Johns Hopkins, 2017.

The author relates stories of individuals with dementia to illustrate ways to successfully handle situations encountered by their caregivers.

Loving Someone Who Has Dementia: How to Find Hope While Coping with Stress and Grief. Boss, Pauline Ph.D. Wiley, 2011.

The author deals with ambiguous loss – having a loved one both here and not here, physically present but psychologically absent. Caregivers are given tools to manage ongoing stress and grief.

The Magic of Humor in Caregiving. Sherman, James R. Ph.D. Pathway Books, 1994.

Chapter headings include: The Essence of Humor, What's So Funny? The Need for Humor, The Cost of Sadness, How to Apply the Magic, Plan of Action, Available Resources.

The Magic Tape Recorder: (A Story About Growing Up and Growing Down). Simard, Joyce. Joyce Simard Pub. and the Czech Alzheimer's Society, 2007.

The author of this book for young children compares the brain of a young person with a magic tape recorder that remembers many things. The person with Alzheimer's has memory troubles like a tape recorder that has been turned off. The author, who writes using the name "Grandma Joyce," is recognized for developing innovative programs for people of all ages with memory loss. In this title she suggests ways in which young people can help those in their family or neighborhood with memory loss. Color illustrations accompany the text.

Making an Exit: A Mother-Daughter Drama with Machine Tools, Alzheimer's and Laughter. Fuchs, Elinor. Holt, 2005.

When the non-conformist mother, with whom she has never been close, experiences a decline due to Alzheimer's, the author begins her years as a caregiver. This is the story of the closeness that develops between the two during the last ten years of the mother's life.

Making Day-to-Day Decisions Wisely: A Practical Handbook on Ethical and Legal Issues for Caregivers of Individuals with Alzheimer's Disease. Medical College of Wisconsin, n.d.

Compiled by the Center for the Study of Bioethics at the Medical College of Wisconsin, this is a look at the legal and ethical issues Alzheimer's caregivers will face.

Management of Challenging Behaviors in Dementia. Mahoney, Ellen K., Volicer, Ladislav and Hurley, Ann C. Health Professions Press, 2000.

Written for professional caregivers, this title describes proven ways to reduce or eliminate challenging behaviors by addressing their underlying causes. Non-pharmacological approaches are stressed although medical and drug treatments are also covered.

The Mature Mind: The Positive Power of the Aging Brain. Cohen, Gene D., M.D., Ph.D. Basic Books, 2005.

The author, a psychiatrist and gerontologist, argues against the belief that our brain power inevitably declines as we age. A very positive exploration of the ways in which our brain can continue to grow in the later stages of life.

Mayo Clinic Guide to Alzheimer's Disease. Peterson, Ronald, M.D., Ph.D., ed. Mayo Foundation for Medical Education and Research, 2006.

This title is an excellent introduction to information on Alzheimer's disease.

Mayo Clinic on Alzheimer's Disease: Your Guide to Understanding, Treating, Coping and Caregiving. Mayo Foundation for Medical Education and Research, 2013. Peterson, Ronald, ed.

This is an updated version of previous Mayo Clinic publications on Alzheimer's disease which includes information on current drugs and research.

Los Mejores Amigos en el Cuidado de Alzheimer. Bell, Virginia and Troxel, David. Health Professions Press, 2008.

This is the Spanish language edition of "The Best Friends Approach to Alzheimer's Care."

Memories of Home. Best, Robert J. and Brunner, Jacqueline A. Paulist Press, 1994.

This title could be used by caregivers to encourage reminiscence of times past. Designed as a sort of journal to write in memories of experiences in homes in the past, caregivers can photocopy pages for their own use.

Memory Books and Other Graphic Cuing Systems: Practical Communication and Memory Aids for Adults with Dementia. Bourgeois, Michelle S. Health Professions Press, 2007.

Included are instructions for making memory aids to help reduce confusion, anxiety and frustration in people with dementia. Ideas for use of these aids are given.

Memory Box. Bahr, Mary. Whitman, 1992.

When Gramps realizes he has Alzheimer's disease, he starts a memory box with his grandson, to keep memories of the times they have shared. This is a picture book for children in grades 3-4. Teachers may want to have students create their own memory boxes after reading this book.

The Memory Cure: How to Protect Your Brain Against Memory Loss and Alzheimer's Disease. Fotuhi, Majid, M.D., Ph.D. McGraw-Hill, 2003.

After discussing the brain and aging, the author suggests ways to improve mental agility and prevent memory loss through diet, exercise and mental stimulation. Also discussed is the role of medication and heredity in dementia.

The Memory Doctor: Fun, Simple Techniques to Improve Memory and Boost Your Brain Power. Mason, Douglas J., Psy.D., LCSW and Smith, Spencer Xavier. New Harbinger, 2005.

Beginning with an overview of the memory process and what we know about it, the authors provide tips and techniques for improving memory and keeping memory sharp. A section on prescription medications and their effect on memory is included.

Memory Tips for Making Life Easier. Schwarz, Shelley Peterman. Attainment Company, 2006.

The author presents tips to help people function better as they age and begin to have memory problems. She also gives suggestions for products which would aid in various aspects of daily living.

The Memory Workbook: Breakthrough Techniques to Exercise Your Brain and Improve Your Memory. Mason, Douglas J. and Kohn, Michael L. New Harbinger, 2001.

This book is a collection of techniques, exercises, games and puzzles to stretch memory muscles.

Memory's Last Breath: Field Notes on My Dementia. Saunders, Gerda. Hachette Books, 2017.

Prior to her 61st birthday, the author was diagnosed with microvascular disease, a leading cause of dementia. After her retirement, Saunders began jotting down notes in a journal regarding her daily misadventures. This journal became her "dementia field notes." This is a courageous view of life with dementia from the inside.

Mind Your Brain: A Whole Brain Workout for Older Adults. Seagull, Beatrice and Geagull, Sara. Attainment, 2005.

This title was adapted from workshop presentations given by one of the authors. Included is basic information about the brain and memory including a section on Alzheimer's disease. Suggestions for ways to keep the brain healthy are followed by exercise workouts inn the form of worksheets which can be reproduced by caregivers. A CD ROM, containing a printable PDF of the entire book, is included with this title.

Miz Berlin Walks. Yolen, Jane. Penguin, 1997.

Every day an elderly white woman walks past Mary Louise's house, talking to herself. The girl discovers the older woman is telling beautiful, imaginative stories. By the time the older woman can no longer walk, she has filled the young girl with wonderful stories to tell. This title for children does not deal specifically with dementia but rather with intergenerational relationships.

Mom's OK, She Just Forgets: The Alzheimer's Journey from Denial to Acceptance. McLay, Evelyn and Young, Ellen P. Prometheus, 2007.

Sharing their experience as caregivers to members of their own families and as support group facilitators, the authors have written this book as an aid to other Alzheimer's caregivers with an emphasis on the issue of "denial." Many caregiver issues such as self-care, understanding behavior changes, communication problems, driving and looking for further help are covered in this readable handbook for families.

Montessori Works for Dementia: Everyday Activities for People Living with Dementia. Phillips, Stephen and Bernadette. Self-published, 2015.

Based on the idea that anyone who does not "work," meaning "perform meaningful activities," is in grave peril, the Montessori approach to activities for people with dementia builds on strengths rather than deficits. The authors include numerous Montessori-based activities to use with people with dementia.

Montessori-Based Activities for Persons with Dementia vol. 1. Camp, Cameron J., Ph.D., editor. Meyers Research Institute, 1999.

This useful manual uses Montessori-based activities as a rehabilitation approach to the treatment of dementia. The book is divided by type of activity.

Montessori-Based Activities for Persons with Dementia vol. 2. Camp, Cameron J., Ph.D., editor. Meyers Research Institute, 2006.

This title includes more Montessori-based activities to use with those suffering from dementia.

Moral Challenges of Alzheimer's Disease. Post, Stephen G. Johns Hopkins, 1995.

The author addresses ethical issues of interest to health care professionals, families and affected individuals. Some of these are restrictions on driving, advance directives, hospice care and euthanasia.

Mosaic Moon: Caregiving Through Poetry: Easing the Burden of Alzheimer's Disease. Kakugawa, Francis H. Watermark, 2002.

This is a collection of poetry by caregivers to those with Alzheimer's disease. A short introduction to the caregiver is followed by that person's poetry. These poems came out of a support group that worked on journaling and poetry over a period of a year. Recommended for those who would like to help caregivers express their feelings through creative writing.

Movement with Meaning: A Multisensory Program for Individuals with Early-Stage Alzheimer's Disease. Larsen, Barbara. Health Professions Press, 2006.

This title combines gentle dance movements, yoga-inspired poses and breathing exercises with music, poetry and sensory activities to reinforce the remaining strengths and abilities of people with dementia.

Moving a Relative with Memory Loss: A Family Caregiver's Guide. White, Laurie and Spencer, Beth. Whisp, 2000.

A helpful and practical guide for anyone who has to face the prospect of moving a loved-one with memory loss to a residential care, assisted living or nursing home facility.

Moving in the Right Direction: The Senior's Guide to Moving and Downsizing. Nemovitz, Bruce. Self-published, 2007.

The author, a Senior Real Estate Specialist and Certified Senior Advisor, Discusses options for housing after the sale of a home, overcoming fear of change, downsizing and the sale of a home. Recommended reading for seniors and those who care for them.

Moving to the Center of the Bed: The Artful Creation of a Life Alone. Weinstein, Sheila. Self-published, 2009.

The author writes about life after the loss of a mate to dementia after forty-two years of marriage. Recommended reading for caregivers dealing with loss.

Mozart's Brain and the Fighter Pilot: Unleashing Your Brain's Potential. Restak, Richard, M.D. Three Rivers Press, 2001.

Neuropsychiatrist Restak deals not only with tricks to improve memory, but also with ways to boost your brain's performance. This is a fascinating look at how the brain works and the steps you can take to improve your brainpower.

My Father Forgets. McAndrews, Lynn. Northern Publishing, 1990.

This is a personal narrative by a woman who dealt with her father's journey into Alzheimer's disease, written with the hope that the information presented would shed light on the effects of the disease on all members of the family.

My Forever Home. Gross, Jo A. Self-published, 2016.

This is a collection of poetry written by the wife of a former professor of art at the U. of Wisconsin Center System who was diagnosed with Alzheimer's in 2003. Poems included chart the ups and downs of a 35 year marriage including the years affected by the disease.

My Life, My Story: Questions to Ask Your Parents and Grandparents So You Never Forget. Miller, Lisa. Self-published, 2010.

This title is meant to be used by families and professional caregivers to capture the life stories of seniors, especially those with dementia. There is space to write in answers to questions provided. Sample question: "What did your family do for fun when you were a child? Where did you go on vacations?"

My Mother, Your Mother: Embracing "Slow Medicine," The Compassionate Approach to Caring for Your Aging Loved Ones. McCullough, Dennis, M.D. Harper, 2009.

"Slow medicine" advocates for careful anticipatory "attending" to an elder's changing needs rather than waiting for crises that force acute medical interventions.

My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver. Schreiber, Martin J. with Cathy Breitenbucher. Book Publisher's Network, 2017.

Former governor of Wisconsin, Mary Schreiber, describes the changes in his wife, Elaine, since her Alzheimer's diagnosis as well as his role as her caregiver. He candidly counsels those who take on this role.

The Myth of Alzheimer's: What You Aren't Being Told About Today's Most Dreaded Diagnosis. Whitehouse, Peter J., M.D., Ph.D. with George, Daniel. St Martin's Press, 2008.

Written by a well-known expert on Alzheimer's disease, this title challenges conventional wisdom about memory loss and cognitive impairment and questions current treatment for Alzheimer's. A large section of this book is dedicated to suggestions for healthy aging.

Navigating End of Life Care. Horizon Home Care and Hospice, 2009.

This title addresses questions and concerns of the patient and caregiver as they enter into hospice care.

Navigating the Alzheimer's Journey: A Compass for Caregiving. Sifton, Carol Bowlby. Health Professions Press, 2004.

The author, a professional Alzheimer's specialist and former caregiver, has written this book as a guide for Alzheimer's caregivers. Sifton covers care during all stages of the disease.

Navigating Through Memory Loss: Ending Alzheimer's Disease Without Losing a Generation. Banner Alzheimer's Institute, 2011.

Written for the Native American community, this title, illustrated with color photos of the Southwest U.S., includes basic information on the types of dementia and caregiving tips. Also included is information on clinical trials especially designed for the Native American population.

No Act of Love is Ever Wasted: The Spirituality of Caring for Persons with Dementia. Thibault, Jane Marie and Morgan, Richard L. Self-published, 2009.

Written for anyone providing care to persons with dementia, the authors include suggestions for spiritual care of persons with dementia, tips for leading support groups and worship services for persons with dementia and encouragement to see caregiving as an opportunity for spiritual growth.

No Turning Back: A Journey Into the World of Alzheimer's with My Mother. Silberman, Lyn H. Silberman Enterprises, 2004.

The author writes about the years of caring for her mother from early symptoms through hospice care and death.

The Nursing Assistant's Survival Guide. Pillemer, Dr. Karl, Hoffman, Richard and Schumacher, Martin. Frontline, 1999.

This book is addressed to the nursing assistant to help that staff member deal with the challenges and difficulties of their job. Recommended reading as a training tool.

Old Talk, New Conversations: A Planning Guide for Seniors and Their Families. Brostof, Phyllis Mensh, Furno, Matt, Herbers, John A., Hogan, Paula H., Koppel, Steven J. Elton-Wolf, 2000.

Written by a group of professionals, advice is given to seniors and those who love them, concerning decisions about financial, legal and medical issues.

On Pluto: Inside the Mind of Alzheimer's. O'Brien, Greg. Self-published, 2014.

The author, diagnosed with Early-Onset Alzheimer's disease, has chronicled its progression for close to 10 years. He offers strategies for living with the disease, not dying with it.

One Family's Journey through Alzheimer's. Walsh, Mary B. Tyndale House, 2000.

Having made a promise to take care of her husband's grandmother rather than send her to a nursing home, the author tells of the impact of Alzheimer's caregiving on her whole family. Written from a Christian viewpoint, this title is filled with scriptural references.

124 Prayers for Caregivers. Guntzelman, Joan. Liguori, 1995.

Divided into two sections, *During Light Times in Caregiving* and *During Dark Times in Caregiving*, this title includes prayers followed by several lines of reflection and a closing petition.

Palliative Care for Advanced Alzheimer's and Dementia: Guidelines and Standards for Evidence-Based Care. Martin, Gary A. and Sabbagh, Marwan N., eds. Springer Pub. Co.: Alzheimers Assn., Southwest Chapter, 2010.

Information from experts in the field of dementia care on appropriate ways to attend to a person with advanced Alzheimer's and dementia.

Parkinson's Disease: Questions and Answers. Hauser, Robert and Zesiewicz, Theresa. Merit, 1997, 2nd ed.

A clear and thorough discussion of the management and treatment of Parkinson's disease.

Partial View: An Alzheimer's Journal. Henderson, Cary Smith. Southern Methodist University Press, 1998.

This is a view of Alzheimer's from the "inside." After the author, a former history professor, was no longer able to write, he began tape recording his thoughts and feelings as he lived with Alzheimer's. Not only was this a means of communicating with his family, but also a way to help caregivers and Alzheimer's patients cope with and understand the disease. The tapes were edited by his wife and daughter for this publication which is illustrated with black and white photos of the author as he makes the Alzheimer's journey.

The Past in the Present: Using Reminiscence in Health and Social Care. Gibson, Faith. Health Professions Press, 2004.

Written for those who are looking for ways to enhance the lives of the people they work with through recall of the past.

Pathway to Eternity: Your Personal Step-by-Step Funeral Pre-Planning Guide. Seaver, Richard H. Sr. Self-published, 2002.

This is a self-published, loose-leaf guide to pre-planning a funeral.

Pathways of Hope: Living with Cognitive Changes. VanRyzin, Christine Baum, Baum, Mary Kay, Milies, Rosann Baum, eds. for Memory, Inc., 2011.

This is a collection of narratives of those who have early-onset Alzheimer's disease. The book also discusses the "for Memory Program," whose members are those affected directly or indirectly by Alzheimer's and related dementias.

The Person with Alzheimer's Disease: Pathways to Understanding the Experience. Harris, Phyllis Braudy, ed. Johns Hopkins, 2002.

This book provides information on what it is like to have dementia from the viewpoint of those who are living with memory loss. Each chapter discusses a different aspect of dementia from assessment and diagnosis through placement in a nursing home.

Person-Centered Care in Practice: Tools for Transformation. Geboy, Lynn and Meyer-Arnold, Beth. Attainment Company, 2011.

The authors, one a researcher and the other the Director of Luther Manor Adult Day Services, Wauwatosa, WI, describe their efforts to provide person-centered care to older adults in a day-care setting. This title is a guide for other professionals who want to provide that level of care and respect for the individual. A CD containing printable PDF and Microsoft Word files of the text accompanies this title.

Physician's Guide to Assessing and Counseling Older Drivers. Wang, Claire C., Kosinski, Catherine J., Schwartzberg, Joanne G. and Shanklin, Anne V. U.S. Dept. of Transportation, 2003.

This publication is the result of a joint effort of the U.S. Department of Transportation and the American Medical Association. The information is provided to assist physicians in evaluating the ability of older patients to operate a vehicle safely as part of their everyday personal activities.

The Pleasure Was Mine. Hays, Tommy. St. Martin's Press, 2005.

In this novel, Prate Marshbanks is losing his wife of 50 years to Alzheimer's disease. During the time his wife is in a nursing home, Prate, his son and grandson are drawn closer together in a story which shows the resilience of the family.

The Positive Interactions Program of Activities for People with Alzheimer's Disease. Nissenboim, Sylvia and Vroman, Christine. Health Professions Press, 1998.

This title outlines an individualized approach that helps the Alzheimer's caregiver customize activities to the needs and abilities of a person at any stage of the disease.

Practical Dementia Care. Rabins, Peter, Lyketsos, Constantine G., Steele, Cynthia D. Oxford, 2nd ed. 2006.

An overall treatment of Alzheimer's care written for clinicians caring for Alzheimer's patients in any setting. This is an updated edition of the 1999 title.

Preventing Alzheimer's: Ways to Help Prevent, Delay, Detect, and Even Halt Alzheimer's Disease and Other Forms of Memory Loss. Shankle, William Rodman, M.S., M.D., and Amen, Daniel G., M.D. Putnam, 2004.

Written by two nationally known neurologists, this title introduces the concept of "Prevention Through Delay," to battle the devastating effects of Alzheimer's disease and related dementia. They discuss early diagnosis, ways to reduce risk and present a section on treatments for the future.

RAP Handbook for Activities: The Assessment Success Guide. Hall, Beth A., CTRS, ACC, Nolta, Michele, CTRS,ACC, Monaco, Anne R., CTRS, RTC. Recreation Therapy Consultants, 1998.

Suggestions for completing the Resident Assessment Process are included in this volume.

Released to the Angels: Discovering the Hidden Gifts of Alzheimer's. Garzione, Marilyn. Self-published, 2010.

The author writes of her experiences as a caregiver for her husband, Pat, after his diagnosis with Alzheimer's disease. Her story is one of love and hope and the search for the positive in moments of stressful caregiving.

Remember, Grandma? Langston, Laura. Viking, 2004.

Margaret's grandma has moved in because she is having trouble remembering. The young girl has fond memories of time spent with grandma in the past. After talking with her mother, the girl realizes that no matter how much the older woman changes, she still loves her granddaughter. This is a title for younger readers.

Remember Me?: Alzheimer's Through the Eyes of a Child/ Te acuerdas de mi? Glass, Sue. Raven Tree Press, 2003.

A bi-lingual, English/Spanish text tells the story of a young girl who finds that her grandpa no longer remembers who she is due to Alzheimer's disease. Illustrated with full-page color illustrations, this title could be used with children in grades one through four.

Remember That. Newman, Leslea. Clarion, 1993.

A young girl tells how she and her grandmother or Bubbe share the Jewish Sabbath or Shabbos through the years. As Bubbe ages into a nursing home, she shares not only chicken soup, but also words of wisdom, followed by, "Remember that." The young girl tells of her admiration and love for the older woman. A story of intergenerational love, written for children in grades one through three.

Reminiscence: Uncovering a Lifetime of Memories. Sheridan, Carmel. Elder Press, 1991.

Suitable for use in the home, hospital or day-care situation, this book gives suggestions for using reminiscence with older adults.

Reminiscing Together: Ways to Help Us Keep Mentally Fit As We Grow Older. Thorsheim, Howard I., Ph.D. and Roberts, Bruce B., Ph.D. Comp Care, 1990.

Written at the suggestion of an advisory group of seniors, this title suggests ways to share stories and improve long and short-term memory. Suggestions for exercises are included.

Research and Practice in Alzheimer's Disease vol. 3. Vellas, B., M.D., Ph.D. and Fitten, L.J., M.D., ed. Springer, 2000.

This is a compilation of scholarly papers dealing with scientific research in the field of Alzheimer's disease. Research developments from around the world are included in this volume.

Resources on Alzheimer's Disease for Gerontology Professionals. Petersen, Gail, Ph.D. and Petersen, Kim, M.D. Attainment, 2006.

This title was designed to be a companion piece to the DVD "What Every Caregiver Needs to Know About Alzheimer's Disease," but can also be used by itself. Recommended for home caregivers as well as gerontology professionals. One section is devoted to an assortment of tools such as the Geriatric Depression Scale, CLOX 1 and 2 and the MMSE.

Restorative Care: Fundamentals for Certified Nursing Assistants. Acello, Barbara. Thomson Learning, 2000.

This title provides the necessary content to advance the certified nursing assistant to the restorative nursing assistant level.

Rethinking Alzheimer's Care. Fazio, Sam, Seman, Dorothy, Stansell, Jane. Health Professions Press, 1999.

This resource challenges the reader to think differently about people with dementia and about ways to care for them. The authors, experts in dementia care, look at person-centered care.

Sachiko Means Happiness. Sakai, Kimiko. Children's, 1990.

This lovely picture story for children is set in Japan. Sachiko has seen her grandmother change from a loving, active woman to one who no longer recognizes her. One day, Sachiko follows grandmother on a walk and when the older woman becomes lost and confused, it is the young girl who helps her find her way home. Recommended for use with children in grades one through four.

Safe Return: Law Enforcement Official Training Book. Alzheimer's Disease and Related Disorders Association, Inc. 1998.

This training guide was developed to provide law enforcement officials with basic information on Alzheimer's disease, the Alzheimer's Association and the Safe Return program. It was designed for use by those conducting training sessions and includes handouts which can be duplicated by the trainer.

Safe Return: Transit Operator Training Book. Alzheimer's Association, 1998.

This training guide was developed to provide transit operators with basic information on Alzheimer's disease, the Alzheimer's Association and the Safe-Return program. It was designed for use by those conducting training sessions and includes handouts which can be duplicated by the trainer.

Safe Return Home: An Inspirational Book for Caregivers of Alzheimer's. Batiuk, Tom and Ayres, Chuck. Andrews McMeel, 1998.

This is a collection of cartoons by the creators of the strip, "Crankshaft." The strip included here follows the adventures of Helen and Lucy, both suffering from Alzheimer's and living in a nursing home. In this sensitive handling of a very serious issue, the authors highlight the need for a sense of humor even during difficult times.

Seasons of Sun and Rain. Dorner, Marjorie. Milkweed Editions, 1999.

In this novel, six women, who attended college together in the sixties, reunite at a bed and breakfast. We learn about each woman as the group focuses on the recently-diagnosed Mickey, who has early-onset Alzheimer's disease.

Self-Care for Caregivers: A Twelve Step Approach. Samples, Pat, Larsen, Diane and Larsen, Marvin. Paradise Pub., 1998.

As a couple, the Larsens have cared for a number of people throughout their married life, including a teen addicted to heroin and seniors in failing health. In this title, they present the ways in which the Twelve Steps, adapted from Alcoholics Anonymous, has helped them balance the care of loved ones with their own self-care.

Seguridad en el Hogar Para el Paciente con la Enfermedad de Alzheimer. (**Home Safety for the Alzheimer's Patient**) University of California.

Tips on home safety in Spanish.

Sexuality and Dementia: Compassionate and Practical Strategies for Dealing with Unexpected or Inappropriate Behaviors. Wornell, Douglas, M.D. Demos Health, 2014.

The author, a geriatric neuropsychiatrist, provides information and practical solutions to cope with the inappropriate and uncharacteristic sexual behavior of the person with dementia.

Sexuality and Long Term Care: Understanding and Supporting the Needs of Older Adults. Doll, Gayle Appel. Health Professions Press, 2012.

This title addresses the question of how long-term care facilities can respond to sexual desires of older adults while balancing the rights of the individual resident against the needs and concerns of the community as a whole. Included is information on handling dementia, the needs of LGBT residents and ways to protect residents from sexually transmitted diseases.

Shades of Grace: A Novel. Delinsky, Barbara. Harper Collins, 1995.

A novel, this is the story of three generations of women in one family and how they cope with a diagnosis of Alzheimer's disease. Grace, a newspaper advice columnist has guided two generations of women through her syndicated column. Now she is beginning to exhibit early symptoms of Alzheimer's.

Share the Care: How to Organize a Group to Care for Someone Who Is Seriously Ill. Capossela, Cappy and Warnock, Sheila. Simon and Schuster, 2004.

The authors present a way to care for someone who is ill so that the caregiving experience is not overwhelming to one person. They suggest turning a circle of friends into a caregiving team, making the best use of resources and talents of a large group of people.

The Sharp Solution: A Brain-Based Approach for Optimal Performance. Hanna, Heidi, Ph.D. Wiley, 2013.

The author suggests ways to manage energy to support a stronger brain and healthier body.

She Never Said Goodbye: My Wife's Disappearance Down a Road of No Return…Alzheimer's. Ellison, George Vernon and Young, Loy. Aquarius House, 2000.

This is a personal account written by the husband of an Alzheimer's victim.

Show Me the Way to Go Home. Rose, Larry. Elder Books, 1996.

The author was fifty-four when he was diagnosed with Alzheimer's. He provides the reader with a lucid account of his journey through the disease in this title.

The Shriver Report: A Woman's Nation Takes on Alzheimer's. Shriver, Maria and the Alzheimer's Association, 2010.

This is a look at Alzheimer's through the eyes of women. The title contains essays on the effects of the disease on families, the workplace, the economy and what the U.S. is doing in response to this epidemic.

Siempre Viva: Una Fotonovela Educativa sobre la Enfermedad de Alzheimer. Calmcac Educational Services, 1989.

This is a photo-essay which shows a Hispanic family dealing with a diagnosis of Alzheimer's.

Singing in the Rain: Weathering the Storm of Dementia with Humor, Love, and Patience. Ruppert, Vicky and Henderberg, Ann. Rain Group Press, 2013.

This title is a collection of e-mails between two dementia caregivers who met in a support group. Both were caregivers for their husbands, one diagnosed in his mid forties and the other in his seventies.

Singing with Momma Lou. Altman, Linda Jacobs. Lee and Low, 2002.

A picture book to share with children in grades one through four, this is the story of how nine-year-old Tamika finds a way to reconnect with her grandma who has begun to fade into the fog of Alzheimer's disease.

Slow Dancing with a Stranger: Lost and Found in the Age of Alzheimer's. Comer, Meryl. Harper, 2015.

Emmy-award winning journalist Comer gives an account of her husband's battle with younger onset Alzheimer's disease. The man, who headed hematology and oncology research at the National Institutes of Health, began to misplace documents and forget clinical details prior to his diagnosis. Comer outlines the realities and sometimes overwhelming details of caregiving. Her desire is to raise public awareness and to call for intensive research to find a cure.

So Soon Old. Hintz, Beryl. Terrace Productions, 2001.

A collection of poems dealing with the positive and negative aspects of growing old.

Sometimes Ya Gotta Laugh: Caregiving, Laughter, Stress and Alzheimer's Disease. Stobbe, Karen. Self-published, 2002.

Written by a woman who lost her father to Alzheimer's disease, this title is a look at the need for humor in the caregiving process to relieve stress.

A Son's Handbook: Bringing Up Mom with Alzheimer's/Dementia. Hoag, Stephen W., Ph.D. Self-published, 2014.

This is the author's account of the ten years he spent taking care of his mother with Alzheimer's disease.

Spark: The Revolutionary New Science of Exercise and the Brain. Ratey, John J. Little, Brown, 2008.

This title explains the connection between exercise and the brain. Dr. Ratey sets out to show that exercise is the best defense against everything from mood disorders to ADHD to addiction to Alzheimer's. Included are case studies, recent research and a basic regimen to "build your brain."

Speaking Dementia: Making Sense of It All. Gray-Davidson, Frena. Balian Books, 2014.

The author is internationally recognized for her caregiver training programs. This is a guide for caregivers living and dealing with the issues of caring for those with Alzheimer's.

Speaking from Experience: Nursing Assistants Share Their Knowledge of Dementia Care. Cobble Hill Health Center, 2003.

Written using a very simple and clear format and illustrated with black and white photos taken is a care facility, this title could serve as a training tool for nursing assistants. Using input from CNAs who work directly with dementia patients, this title suggests methods for caring for those people. A trainer's guide with suggestions for using this title is included.

Speaking Our Minds: What It's Like to Have Alzheimer's. Snyder, Lisa. Health Professions Press, rev. ed. 2009.

This title includes interviews with seven individuals diagnosed with Alzheimer's disease, interspersed with the author's commentaries. The author is a clinical social worker at the Alzheimer's Disease Research Center (ADRC) in California.

Spiritual Care for Persons with Dementia: Fundamentals for Pastoral Practice. VandeCreek, Larry, ed. Haworth Press, 1999.

This title is a collection of writings which describe the special challenges of ministering to persons with dementia and suggestions for providing pastoral care to those people.

Spitting and Alzheimer's Disease. Blackman, A.V. Self-published, 2014.

This short title is an introduction to the reasons for spitting by the person with Alzheimer's disease. The author presents suggested ways to deal with this unpleasant behavior.

Stages of Senior Care: Your Step-by-Step Guide to Making the Best Decisions. Hogan, Paul and Lori. McGraw Hill, 2010.

The authors provide a clear discussion of the types of housing available to seniors from independent living to nursing home care. They also discuss end-of-life care and funeral planning as well as financing available for senior care services.

Staying Connected While Letting Go: The Paradox of Alzheimer's Caregiving. Braff, Sandy, M.F.T. and Olenik, Mary Rose. M. Evans, 2003.

This title, based on experiences of Alzheimer's caregivers gives the reader tools to cope with the physical and emotional stress of caregiving. Some of the experiences shared in this title came from participants in the U. of California at San Diego Alzheimer's Caregiver Study.

Sticky Notes: Being One Step Ahead of Alzheimer's. McCabe, Amy. Self-published, 2009.

The author, who has worked with people with dementia for 18 years has written an easy-to-read, informative manual for caregivers of those with Alzheimer's disease. She gives an idea of what to expect at various stages of the disease and tips for handling problems encountered.

Still Alice. Genova, Lisa. Pocket Books, 2007.

In this novel, the author portrays the life of Alice Howland, a psychology professor at Harvard and world-renowned expert in linguistics, who at fifty years of age is descending into the world of early-onset Alzheimer's. The author holds a Ph.D. in neuroscience.

Still Holding Hands. Stoelting, Stacie Ruth. Self-published, 2002.

This title was written by the 15 year old granddaughter of an Alzheimer's victim. The author has been a featured speaker at Alzheimer's Association conferences. Hers is a faith-based journey as a member of an Alzheimer's-affected family.

Still Kicking: Restorative Groups for Frail Older Adults. Brown-Watson, Abby V. Health Professions Press, 1999.

Written for the health care professional, this title is a look at the provision of restorative group programs for the frail older adult. The author discusses how to implement such a program and gives many suggestions for activities that can be presented to group members.

Still My Grandma. Van den Abeele, Veronique. Eerdmans Books for Young Readers, 2006.

A comforting story for children in grades K-3 in which a young girl recounts how much fun she had with grandma when she was younger and how the woman is changing, forgetting the girl's name and no longer telling as many stories about her life as a young girl. Her mother and grandma's doctor explain the reason for this and the girl realizes it is now her turn to help grandma.

The Story of My Father. Miller, Sue. Knopf, 2003.

A memoir of a woman who became principle caregiver for her father who was diagnosed with Alzheimer's in 1986. Miller writes of her father's slow progression through the disease and the transition from homecare to residential care. She reflects on her struggles as a caregiver, frequently finding herself deficient in what she can do for her father and feeling guilty about that.

Strength in Caring: Giving Power Back to the Alzheimer's Caregiver. Matloff, Mark, Ph.D. Outskirts Press, 2005.

This book was written for caregivers and provides in-depth discussions of coping with grief, combating feelings of blame, depression, anxiety and anger and how to take an active caregiving role. The author, a therapist and gerontologist specializing in work with Alzheimer's caregivers, suggests ways to turn stress into empowerment and strength.

Strengthen Your Mind: Activities for People with Early Memory Loss. Vols. 1 and 2. Einberger, Kristin and Sellick, Janelle. Health Professions Press, 2007.

Included in these titles are one- page worksheets which can be used with those who are experiencing early-stage memory loss. This book would be useful for family members as well as for activity staff in long-term care centers and senior centers. Answers are also provided.

Striped Shirts and Flowered Pants: A Story About Alzheimer's Disease for Young Children. Schnurbush, Barbara. Magination Press, 2007.

The reader of this children's book about Alzheimer's disease is introduced to Libby who describes her relationship with her grandma who has been diagnosed with Alzheimer's disease. Through talks with her parents, the young girl learns about the disease and how she can help grandma as the disease progresses. The author, a clinical psychologist, offers a section at the end of this book giving guidance for adults helping children cope when a family member has Alzheimer's. Recommended for ages 4 through 8.

Successful Communication with Persons with Alzheimer's Disease: An In-Service Manual. Santo Pietro, Mary Jo and Ostuni, Elizabeth. Butterworth Heinemann, 2003.

This is a comprehensive text-book which deals with all aspects of communication with persons with Alzheimer's disease. Included are quizzes, full-page charts which could be used as overheads as well as sample scripts.

Sundown: A Daughter's Memoir of Alzheimer's Care. Harway, Judith. Branden Books, 2014.

This memoir tells of the author's experiences after her mother is diagnosed with Alzheimer's disease. She explores the realities of the condition and the effects on family relationships.

The Sunsets of Miss Olivia Wiggins. Laminack, Lester L. Peachtree, 1998.

Troy and his grandma often visit his great-grandmother, Miss Olivia, in a nursing home. This picture book depicts one of those visits, showing how things they bring and their conversation bring back happy memories for the older woman despite her inability to communicate verbally. Recommended for use with children in grades one through four.

Sunshine and Joy's Big Book of Alzheimer's Activities: A Treasury of Armchair Activities to Spark the Mind vol. 1. Hernandez, Jill. Sunshine and Joy Enterprises, 2007.

These activities are aimed at the person with mid to late-stage Alzheimer's disease.

The Sunshine on My Face: A Read-Aloud Book for Memory-Challenged Adults. Burdick, Lydia. Health Professions Press, 2005.

Although this title appears to be a children's book, it is actually to be used one-on-one with memory-challenged older adults. An extremely simple, large-print text accompanies full-page color illustrations of everyday activities. A list of conversation prompts are included at the back of the book.

Support for Alzheimer's and Dementia Caregivers: The Unsung Heroes. London, Judith, Ph.D. Self-published, 2013.

The author presents vignettes illustrating typical situations that are faced by dementia caregivers. The caregiver reader is comforted by the realization that he or she is not alone and that it is all right to have negative feelings of fear, anger and helplessness. The author also counsels caregivers that it is not selfish to ask for help and to want time for themselves.

A Survival Guide for Family Caregivers: Strength, Support and Sources of Help for All Those Caring for the Aging or Impaired Family Members. Horne, Jo. Comp Care Pub., 1991.

The author and her husband have been administrators of an adult day-care center. This is a practical guide written specifically for family caregivers.

Surviving Alzheimer's: Practical Tips and Soul-Saving Wisdom for Caregivers. Scott, Paula Spencer. Eva-Birch Media, 2018 2nd ed.

Complete and practical information for caregivers on Alzheimer's and other dementias including end-of-life care.

Surviving Normal. Brewer, Sonja. Aventine Press, 2009.

This is a seven-year journal telling of an Alzheimer's diagnosis for the author's husband at the age of 52. The author writes of the effect of that diagnosis on her marriage.

Swallow Safely: How Swallowing Problems Threaten the Elderly and Others. Sayadi, Roger, Ph.D. and Herskowitz, Joel, M.D. Inside Outside Press, 2010.

This title is a guide to recognizing and dealing with swallowing problems before they become life-threatening.

Table for Two: Dining with Dementia. Alsup, Kimberlee. Self-published, 2009.

Written for the caregiver to help the memory-impaired get the most out of their dining experience. The author, a trained professional chef, talks about how to deal with eating problems such as disinterest in food, pacing, pocketing food, swallowing difficulties and other actions that interfere with the dining experience and proper nutrition.

Take Your Oxygen First: Protecting Your Health and Happiness While Caring for a Loved One with Memory Loss. Gibbons, Leeza, Huysman, James, PsyD, LCSW and DeAngelis Laird, Rosemary, M.D. LaChance Pub., 2009.

Leeza Gibbons shares her story of caregiving for her mother. The emphasis is on taking care of oneself while caring for the person with Alzheimer's.

Taking Care of Aging Family Members: A Practical Guide. Lustbader, Wendy and Hooyman, Nancy R. Simon and Shuster, 1994 rev.

This is a guide for family members and professionals on all aspects of caring for the aged. A chapter on dealing with problems of memory loss is included.

Tales from My Teachers on the Alzheimer's Unit. Silvermarie, Sue. Families International, 1996.

This is a collection of poetry by the author who is a certified poetry therapist working with seniors in nursing homes and adult day-care centers. The subjects of the poems are those she had met on the Alzheimer's unit. Poems are accompanied by sepia photographs of those people.

Talking to Alzheimer's: Simple Ways to Connect When You Visit with a Family Member or Friend. Strauss, Claudia J. New Harbinger, 2001.

The author presents a person-centered and validating approach to communication with the person with Alzheimer's. She gives practical suggestions and examples of what to do and what not to do.

Tangled Minds: Understanding Alzheimer's Disease and Other Dementias. Gillick, Muriel R., M.D. Dutton, 1998.

Using a fictional character, who is the composite of many people the author has worked with, Gillick tells a personal story of life with Alzheimer's disease and also offers a look at the science, history and politics affecting the disease. Recommended for anyone interested in the overall picture of Alzheimer's disease.

The 10 Best Questions for Living with Alzheimer's: The Script You Need to Take Control of Your Health. Bonner, Dede, Ph.D. Simon and Schuster, 2008.

This title is recommended as one to take with you to the doctor's office when a loved one has been diagnosed with Alzheimer's disease and one to consult as the disease progresses. Included are questions and answers to help the patient and loved one become their own health advocate. Recommended sources such as books and web sites are plentiful throughout this very accessible title.

The Theft of Memory: Losing My Father, One Day at a Time. Kozol, Jonathan. Crown, 2015.

The author, known for his books about his many years of teaching in inner-city schools, writes of his personal journey with his brilliant Harvard and Johns Hopkins trained neurologist father after that man's diagnosis of Alzheimer's disease.

There's Still a Person in There: The Complete Guide to Treating and Coping with Alzheimer's. Castlemen, Michael, Gallagher-Thompson, Ph.D. and Naythons, Matthew, M.D. Berkley Publishing, 1999.

This title includes information about medical advances, coping strategies for caregivers and personal accounts from families dealing with Alzheimer's.

The 36-Hour Day: A Family Guide to Caring for Persons with Alzheimer's Disease, Related Dementing Illnesses and Memory Loss in Later Life. Mace, Nancy L., M.A. and Rabins, Peter V., M.P.H. Johns Hopkins Press, 2017, 6th ed.

This title has remained the "bible" for family caregiving to persons with Alzheimer's disease. Excellent guidance and clear, up-dated information are included.

This Room Is Yours. Stein, Michael. Permanent Press, 2004.

Written as a fiction title, this is the story of a young man who must place his mother in an assisted living facility and finally in an Alzheimer's care unit. Family relationships and the effects of his mother's dementia on those relationships are explored.

Through the Seasons: An Activity Book for Memory-Challenged Adults and Caregivers. Green, Cynthia R. and Beloff, Joan. Johns Hopkins University Press, 2008.

This is a colorful, large format book of photos, divided into themes representing the four seasons. Photos are accompanied by discussion questions and suggestions for activities related to the pictures. A book to generate communication between caregiver and patient.

Through the Wilderness: A Curriculum for Congregations That Include Persons Living with Dementia and Their Caregivers. Simpson, Anne. Self-published, 2013.

The author, whose husband lived for 18 years with Alzheimer's and Lewy body disease, has written this curriculum to be used by congregations as well as other groups with the book *Through the Wilderness of Alzheimer's: A Guide in Two Voices.* That title describes the author's and her husband's experience with Alzheimer's through journal entries by both patient and caregiver. This title can be used to start discussion and to raise awareness of the impact of Alzheimer's disease.

Through the Wilderness of Alzheimer's: A Guide in Two Voices. Simpson, Robert and Anne. Augsburg Fortress, 1999.

Written by a husband and wife team, this is the story of their journey through Alzheimer's together. They tell of the onset, diagnosis and treatment of Robert's condition through journal entries, conversations, letters and prayers.

Time Zones: Slipping Away…. Terry, Wayne Glenn. Father's Press, 2008.

The author, an Alzheimer's patient, has provided a faith-based view of living with dementia. Scriptural passages are abundant in this title, illustrating Terry's dependence on faith and family to see him through difficult times.

Turn of the Mind. LaPlante, Alice. Atlantic Monthly Press, 2011.

In this fiction title, Dr. Jennifer White, a world-renowned orthopedic surgeon, is suffering from dementia. When her best friend of thirty years is murdered, she is the prime suspect. Unfortunately, she doesn't even know if she did it. The author's mother suffers from Alzheimer's and LaPlante and her siblings are caregivers for her.

25 Months: A Memoir. Stewart, Linda. Other Press, 2004.

The author has written a personal account of the time she spent as caretaker for her husband, Jack, formerly an editor for the New York Times. Her narrative beautifully conveys the joys and frustrations of caring for an Alzheimer's patient.

Two Chai Day: One Widow's Story About Living Beyond Grief. McGoldrick, Irene, MSW. Self-published, 2010.

The author became a widow and single parent at the age of thirty-six. This is the story of her family's journey after her husband of nine years was diagnosed with cancer. Now remarried and living with her husband, two sons and three step-children, the author writes a story which will encourage others to live successfully beyond grief.

Understanding Alzheimer's Disease. ADEAR, 2006.

This is an easy-to-read, basic introduction to Alzheimer's disease in booklet format with many full-color illustrations. Recommended for those whose reading ability may be limited.

Understanding and Managing Dementia. Breiting, Joan C. Garev Publishing International, 2004.

The author who has degrees in nursing and social work, describes the types of dementia with a full chapter on Alzheimer's disease. She describes the conditions which are a result of dementia and suggests methods of handling these. This title was written for friends and family of the dementia patient or any person wanting a better understanding of this condition.

Understanding Difficult Behaviors. Robinson, Anne, Spencer, Beth, White, Laurie. Eastern Michigan University, 1989.

Written for caregivers of persons with dementia to help them understand why challenging behaviors may occur and how to cope with those behaviors.

Understanding Memory Loss. ADEAR, 2006.

This is an easy-to-read, basic introduction to memory loss in booklet format with full-color illustrations. Recommended for those whose reading ability may be limited.

Unforgettable Journey: Tips to Survive Your Parent's Alzheimer's Disease. Hill, Anne P. iUniverse, Inc., 2007.

This title was written for adult children of parents struggling with Alzheimer's disease. The author provides useful tips for those caregivers derived from her own experiences as caregiver to her mother.

The Validation Breakthrough: Simple Techniques for Communicating with People with "Alzheimer's-Type Dementia." Feil, Naomi. Revised by deKlerk-Rubin, Vicki. Health Professions Press, 2nd edition, 2002.

Naomi Feil presents validation techniques to be used in communicating with people with Alzheimer's.

Validation Techniques for Dementia Care: The Family Guide to Improving Communication. de Klerk-Rubin, Vicki. Health Professions Press, 2006.

The author provides techniques for communicating with the disoriented older adult. She uses case studies based on her own experience to demonstrate the use of these techniques.

A View from Within: Living with Early Onset Alzheimer's. Raushi, Thaddeus M., Ph.D. Northeastern New York Chapter, Alzheimer's Disease and Related Disorders Association, Inc., 2001.

This is a personal account of life with early onset Alzheimer's disease, written by a former college counselor, holding a doctorate in social work, who was diagnosed at age fifty-seven.

Vital Connections in Long-Term Care: Spiritual Resources for Staff and Residents. Barton, Julie, Grudzen, Marita and Zielske, Ron. Health Professions Press, 2003.

This title presents the case for supporting the spiritual needs of care facility residents. The authors present suggestions for ways in which this can be done.

Vivir con…la Enfermedad de Alzheimer. Selmes, Jacques and Micheline, 1990.

This is a guide for caretakers of persons with Alzheimer's disease in Spanish.

Voices of Alzheimer's: The Healing Companion: Stories for Courage Comfort and Strength. The Healing Project, ed., La Chance Pub., 2007.

The Healing Project has collected stories by those touched by Alzheimer's disease either as a caregiver or relative of someone diagnosed with that disease.

A Walk in the Garden: An Illustrated Journey with Verse. Reinhold, Kathy. Harvard Ranch, 1998.

Large print text is accompanied by full-page, color illustrations in this collection of verses by well-known authors, meant for one-on-one sharing.

Walking One Another Home: Moments of Grace and Possibility in the Midst of Alzheimer's. Bresnahan, Rita. Liguori/Triumph, 2003.

This title is based on a journal kept by the author while she was caring for her mother who had Alzheimer's disease. This title is somewhat unusual because the author, an educator and psychotherapist by profession, who has also earned a Certificate of Study in Aging, entered the world of caregiving with more knowledge than most.

We Need to Talk: Family Conversations with Older Drivers. The Hartford, 2004.

This guide was developed by Hartford Financial Services Group and the MIT Age Lab to help families initiate productive conversations with older adults about driving safety. Included is information on conversations about stopping or limiting driving.

What Flowers Remember. Wiersbitzky, Shannon. Self-published, 2014.

Teenage Delia and elderly Old Red Clancy have forged a friendship over their mutual love of gardening. Delia has learned much from Old Red and the two have begun a small business enterprise, selling seeds and flowers in the small town of Tucker's Ferry. Then Old Red starts to forget things and has days when he is uncharacteristically cranky. When he shares the diagnosis of dementia with his friends, Delia decides she will "save" his memories with the help of the other townspeople. Recommended for grades 5-8.

What If It's Not Alzheimer's?: A Caregiver's Guide to Dementia. Radin, Gary and Lisa, ed. Prometheus, 2014 3rd ed.

This title deals with frontotemporal degeneration, one of the largest groups of non-Alzheimer's dementias. The authors offer care ideas, reveal scientific discoveries related to causes of dementia and explore non-pharmacological approaches to care. All contributors to this volume are either specialists in their field or have hands-on experience with FTD sufferers.

What the Heck Do We Do Now?: Families Facing Alzheimer's. Bloomer, John G. Carefree Senior Living in California, 2006.

The author follows three individuals who have been diagnosed with Alzheimer's disease. Some are being cared for in their homes and others in a facility dedicated to Alzheimer's care.

What to Do When the Doctor Says It's Early-Stage Alzheimer's. Feinberg, Todd E., M.D. and Yu, Winnie. Fair Winds Press, 2005.

The authors present information on treatments which may alleviate some of the symptoms of AD, advice on making legal and financial decisions and a section on caring for the caregiver. Also included are real-life stories of people who have been diagnosed with early-stage AD.

What Your Doctor May Not Tell You About Alzheimer's Disease: The Complete Guide to Preventing, Treating and Coping with Memory Loss. Devi, Gayatri, M.D. and Mitchell, Deborah. Warner Books, 2004.

Dr. Devi, an expert in the field of memory disorders, discusses the symptoms, diagnosis, prevention and management of Alzheimer's disease. A large part of this book is dedicated to ways to prevent memory loss.

What's Happening to Grandpa? Shriver, Maria. Little Brown, 2004.

In this book for young children in grades one through four, young Kate realizes that something is wrong with grandpa. When he receives the diagnosis of Alzheimer's disease, she realizes he is still the same person she has always loved and should be treated with continued respect. She begins a memory book of old photos so she can help him reminisce.

What's Wrong with Grandma? A Family's Experience with Alzheimer's. Shawver, Margaret. Prometheus, 2003.

In this title for children in grades 3-6, Ellen and her brother observe their once independent grandmother display forgetfulness and changes in temperament which both annoy and frighten them. The author does an excellent job describing behavior changes in a person with Alzheimer's disease. An examination by a doctor helps the family understand what is happening to a beloved family member.

When Alzheimer's Touches a Family: A Layperson's Guide to Caring for and Understanding the Person with Alzheimer's or Dementia. Jarrard, Rebecca, RN. Author House, 2006.

Practical advice for family members dealing with caregiving for the Alzheimer's patient. This title includes information on choosing a place to care for a loved one when home care is no longer possible.

When Can I Go Home? Ivak, Joseph, M.D. Niagra Press, 2010.

The author, a psychiatrist, tells a personal story of becoming primary caregiver to his mother at seventeen years of age.

When Caring Takes Courage: A Compassionate, Interactive Guide for Alzheimer's and Dementia Caregivers. Botanis, Mara. Self-published, 2014.

The author describes this title as a "go to" book for dementia caregivers. Chapter headings allow the reader to find information to be used in specific instances such as wandering or dealing with difficult behaviors. Section One of this title is entitled, "Getting Through Your Day." Section Two is "Creating the Best Possible Day." Recommended source for all dementia caregivers.

When Love Gets Tough: The Nursing Home Decision. Manning, Doug. In-Sight Books, 1983.

This title is a guide to planning for and making the difficult decision to choose care outside of the home for a loved one.

When Meme Came to Live at My House. Langdon, Mary Janine. Self-published, 1998.

A young girl tells the story of her grandma, who comes to live with her family after she is diagnosed with Alzheimer's disease. She relates the fun they have as well as grandma's strange behavior. Written for a juvenile audience in grades one through four.

When My Grammy Forgets, I Remember: A Child's Perspective on Dementia. Haaberkown, Toby. Baypointe Publishers, 2015.

Granny is active and healthy and is always ready to hug her granddaughter. Then she starts to forget things and needs more help from her family. Despite these changes due to dementia, Granny is still ready for a hug from the young girl. Recommended for ages 5 and older.

When Someone You Know is Living in a Dementia Care Community: Words to Say and Things to Do. Wonderlin, Rachael. Johns Hopkins University Press, 2016.

The author, a gerontologist and dementia care expert, helps caregivers cope with behaviors, emotions and problems that may be encountered when a family member who has dementia moves from home to community care.

When Someone You Love Has Alzheimer's. Murphy, Cecil. Beacon Hill Press, 2004.

The author presents daily reflections for caregivers dealing with the day-to-day problems of caring for someone with Alzheimer's disease. Biblical verses and a short prayer accompany each entry.

When Someone You Love Needs Nursing Home Care: The Complete Guide. Bernstein, Robert F., Ph.D. and Languirand, Mary A., Ph.D. Newmarket Press, 2001.

This title provides information on making decisions about nursing home care and what to expect when a loved one is receiving nursing home care.

When Your Loved One Has Dementia: A Simple Guide for Caregivers. Glenner, Joy A., Stehman, Jean M., Davagnino, Judith, Galante, Margaret J., Green, Martha L. Johns Hopkins, 2005.

This book, developed from a training program for professional and family caregivers, teaches the basics of dementia care while emphasizing communication during the caring experience. Recommended reading for family caregivers.

Where Did I Leave My Glasses?: The What, When and Why of Normal Memory Loss. Lear, Martha Weinman. Wellness Central, 2009.

The author explores normal memory lapses or forgetfulness. Topics such as why it happens, the upside of memory loss, the difference between His and Her memories, why we are wired to forget and the future of memory enhancement are included. This title is also available in Spanish. (Donde deje mis Lentes?)

"Where's My Shoes?" My Father's Walk Through Alzheimer's. Avadian, Brenda, M.A. North Star Books, 1999.

The author describes her decision to move her father cross-country so that she can care for him in her home and her experiences as a caregiver. A recorded version is also available.

Whole Person Dementia Assessment. Mast, Benjamin T. Health Professions Press, 2011.

Whole Person Dementia Assessment blends traditional clinical evaluation procedures with more person-centered approaches to reveal not only cognitive deficits, but also remaining strengths and abilities. The author presents ways to implement such an assessment, as well as methods for using assessment results.

The Wilderness: A Novel. Harvey, Samantha. Doubleday, 2009.

Sixty-five year old Jake Jameson sees his memories eroding due to Alzheimer's disease. He struggles to preserve his sense of identity by building stories about his feelings and the events of his life, unaware that even his clearest recollections may not be true.

Wilfred Gordon McDonald Partridge. Fox, Mem. Kane/Miller, 1995.

This picture book tells the story of young Wilfred and his elderly friend, Miss Nancy, who has lost her memory. After trying to discover what memory is, Wilfred creates a box of items that trigger Miss Nancy's recollections. Recommended for ages 4-8.

A Window of Time. Leighton, Audrey O. NADJA Publishing, 1995.

Young Shawn describes his grandpa who sometimes lives in the past, sometimes in the present. While never specifically mentioning Alzheimer's disease in the text, the reader is given a picture of the behaviors of that form of dementia. Illustrated with lovely full-page and double spread illustrations, this title is meant to be used with children in grades one through four.

Wordsworth Dances the Waltz. Kakugawa, Frances H. Watermark, 2007.

Wordsworth, the poetic mouse, is at first confused by the changes in his grandmother. She stays in her room much of the time and seems to be forgetting more and more. Wordsworth explores his feelings through poetry and attempts to make grandma a part of the here-and-now. Recommended for children in grades 3 to 4. Illustrated in full color, this title is set in Hawaii.

You and Your Aging Parents: Guide to Legal, Financial and Health Care Issues. American Bar Association, 2009.

This is a useful guide for caregivers on legal, financial and health issues they will need to handle as their parents age.

You Forgot, But I Still Love You, Reynold: The Alzheimer Tragedy. Conger, Betty. Self-published, 1999.

A wife describes her husband's battle with early onset Alzheimer's disease.

Young Hope. Mobley, Tracy. Emerald Falcon, 2007.

The author tells the story of her diagnosis with younger onset Alzheimer's disease at the age of 38. Married, with a young son, this is her story of the on-going battle against this disease and of the effect of the disease on her family.

A Young Man's Dance. Knowlton, Laurie Lazzaro. Boyds Mills Press, 2006.

This is a lovely picture book for children in grades one through three which shows the relationship between a young boy and his grandmother who is in a nursing home. The boy hates going with his mother to visit weekly. Grandma doesn't know who he is, so what's the use? Mother reminds him of all the times grandma had helped him do things in the past and he eventually realizes it is his turn to reach out and help grandma. Beautifully illustrated in soft pastel tones.

"Your Mother Has Alzheimer's:" Three Daughters Answer Their Father's Call. Byers, Margaret, Guyer, Ann, Willich, Nancy. Cord Publications, 2005.

Written by three sisters, this is a personal account of the sibling's support for a mother diagnosed with Alzheimer's disease and their father who is her caregiver. This is a faith-based title, interspersed with many scriptural passages and prayers.

Your Name is Hughes Hannibal Shanks: A Caregiver's Guide to Alzheimer's. Shanks, Lola. Knox. University of Nebraska Press, 1996.

This title is the author's personal account of caring for her husband Hughes, after he was diagnosed with Alzheimer's disease. She shares coping strategies that she developed during that time.

BOOK TITLE LIST ARRANGED BY SUBJECT

ACTIVITIES AND RESPITE

- Activities to Do with Your Parent Who Has Alzheimer's Disease
- Activity Techniques That Heal the Wound of Alzheimer's
- Alzheimer's Activities
- Alzheimer's Activities That Stimulate the Mind
- Alzheimer's Disease: Activity Focused Care
- The Best Friends Book of Alzheimer's Activities vol. 1 and vol. 2
- Connections: Engagement in Life for Persons Diagnosed with Dementia
- The Connections Activity Program for People with Dementia
- Creative Approaches in Dementia Care
- Creative Arts in Dementia Care
- Creative Connections in Dementia Care: Engaging Activities to Enhance Communication
- A Creative Toolkit for Communication in Dementia Care
- A Different Visit
- Exercise and Physical Activity
- Failure-Free Activities for the Alzheimer's Patient
- Favorite Hymns
- Forget Memory
- Let's Look Together: An Interactive Picture Book for People with Alzheimer's
- Lifesaving Songs and Poems for the Sea of Dementia
- Memories of Home
- Memory Books and Other Graphic Cuing Systems
- Montessori Works for Dementia: Everyday Activities for People Living with Dementia
- Montessori-Based Activities for Persons with Dementia vol. 1 and vol. 2
- Movement with Meaning: A Multisensory Program for Individuals with Early Stage Alzheimer's
- My Life, My Story
- The Past in the Present
- The Positive Interactions Program of Activities for People with Alzheimer's Disease
- RAP Handbook for Activities: The Assessment Success Guide
- Reminiscence: Uncovering a Lifetime of Memories
- Reminiscing Together: Ways to Help Us Keep Mentally Fit As We Grow Older
- Still Kicking: Restorative Groups for Frail Older Adults
- Strengthen Your Mind: Activities for People with Early Memory Loss v.1 and vol. 2
- Sunshine and Joy's Big Book of Alzheimer's Activities v. 1
- Through the Seasons: An Activity Book for Memory-Challenged Adults and Caregivers
- A Walk In the Garden

ACTIVITIES OF DAILY LIVING

- Activities of Daily Living: An ADL Guide for Alzheimer's Care
- Guia Para la Seguridad en el Hogar Para Quiennes Cuidan a Personas con la Enfermedad de Alzheimer's
- Interventions for Alzheimer's Disease
- Keeping in Touch with Someone Who Has Alzheimer's
- Physicians Guide to Assessing and Counseling Older Drivers
- Table for Two: Dining with Dementia
- We Need to Talk: Family Conversations with Older Drivers

AGING AND HEALTH

- Age Smart: Discovering the Fountain of Youth at Midlife and Beyond
- Age-Proof Your Mind
- Aging Together: Dementia, Friendship and Flourishing Communities
- Aging Well: Surprising Guideposts to a Happier Life
- Aging with Grace: What the Nun Study Teaches Us About Leading Longer, Healthier and More Meaningful Lives
- Alzheimer's Action Plan
- The Alzheimer's Answer: Reduce Your Risk and Keep Your Brain Healthy
- The Alzheimer's Prevention Program: Keep Your Brain Healthy for the Rest of Your Life
- The Anti-Alzheimer's Prescription: The Science-Proven Plan to Start at Any Age
- Autumn's Display
- The Better Brain Book: The Best Tools for Improving Memory and Sharpness and Preventing Aging of the Brain
- Brain Health and Wellness
- Brain Longevity: The Breakthrough Medical Program That Improves Your Mind and Memory
- Brain Maintenance: How to Prevent Stroke and Delay Dementia
- Brain Training Revolution: A Proven Workout for Healthy Brain Aging
- Brainfit: 10 Minutes a Day for a Sharper Mind and Memory
- Brainfit for Life: A User's Guide to Life-Long Brain Health and Fitness
- A Brilliant Mind: Proven Ways to Increase Your Brainpower
- Get Your Brain in the Fast Lane: Turbocharge Your Memory with More Than 100 Brain-Building Exercises
- The Mature Mind: The Positive Power of the Aging Brain
- The Memory Cure: How to Protect Your Brain Against Memory Loss and Alzheimer's Disease
- The Memory Doctor: Fun, Simple Techniques to Improve Memory and Boost Your Brain Power
- Mind Your Brain: A Whole Brain Workout for Older Adults
- Mozart's Brain and the Fighter Pilot: Unleashing Your Brain's Potential
- The Myth of Alzheimer's: What You Aren't Being Told About Today's Most Dreaded Diagnosis
- Preventing Alzheimer's: Ways to Help Prevent, Delay, Detect, and Even Halt Alzheimer's Disease and Other Forms of Memory Loss
- The Sharp Solution: A Brain-Based Approach for Optimal Performance
- What Your Doctor May Not Tell You About Alzheimer's Disease: The Complete Guide to Preventing, Treating and Coping with Memory Loss

ALZHEIMER'S DISEASE

- Alzheimer's Action Plan
- Alzheimer's Disease (Dash)
- Alzheimer's Disease (McGuigan)
- Alzheimer's Disease: A Guide for Families
- Alzheimer's Disease: The Complete Introduction
- Alzheimer's Disease: The Family Journey
- Alzheimer's Disease: Unraveling the Mystery
- The Alzheimer's Project

- The Forgetting: Alzheimer's: Portrait of an Epidemic
- My Mother, Your Mother
- The Myth of Alzheimer's: What You Aren't Being Told About Today's Most Dreaded Diagnosis
- The Person with Alzheimer's Disease: Pathways to Understanding the Experience
- Research and Practice in Alzheimer's Disease vol. 3
- The Shriver Report: A Woman's Nation Takes on Alzheimer's
- Speaking Our Minds: What It's Like to Have Alzheimer's
- Tangled Minds: Understanding Alzheimer's Disease and Other Dementias
- Understanding Alzheimer's Disease
- Understanding and Managing Dementia
- Understanding Memory Loss
- What Your Doctor May Not Tell You About Alzheimer's Disease

ART THERAPY

- The Best Friends Book of Alzheimer's Activities vol. 1 and 2
- Creative Approaches in Dementia Care
- Creative Arts in Dementia Care
- Creative Connections in Dementia Care: Engaging Activities to Enhance Communication
- Forget Memory: Creating Better Lives for People with Dementia

See also: Activities and Respite

BEHAVIOR

- Activity Techniques That Heal the Wounds of Alzheimer's: Once an Adult, Twice a Child
- Alzheimer's Basic Caregiving: An ABC Guide
- A Caregiver's Guide to Dementia: Using Activities and Other Strategies to Prevent, Reduce and Manage Behavioral Symptoms
- Caring for People with Challenging Behaviors: Essential Skills and Successful Strategies in Long-Term Care
- Confidence to Care
- Coping with Behavior Change in Dementia
- Dementia Caregiver Guide
- Hearing the Person with Dementia
- Interventions for Alzheimer's Disease: A Caregiver's Complete Reference
- "Listen to Me, I Am Still Somebody": Understanding the Alzheimer's Disease Sufferer
- The Management of Challenging Behaviors in Dementia
- Sexuality and Dementia
- Sexuality and Long Term Care
- Spitting and Alzheimer's Disease
- Understanding and Managing Dementia
- Understanding Difficult Behaviors

See also: Caregiving

BRAIN FITNESS

- Age Smart: Discovering the Fountain of Youth at Midlife and Beyond
- Age-Proof Your Mind
- The Alzheimer's Answer: Reduce Your Risk and Keep Your Brain Healthy
- The Alzheimer's Prevention Program: Keep Your Brain Healthy for the Rest of Your Life
- The Anti-Alzheimer's Prescription: The Science-Proven Plan to Start At Any Age
- The Better Brain Book
- The Big Brain Puzzle Book
- Brain Health and Wellness
- Brain Longevity: The Breakthrough Medical Program That Improves Your Mind and Memory
- Brain Maintenance: How to Prevent Stroke and Delay Dementia
- The Brain Training Revolution: A Proven Workout for Healthy Brain Aging
- Brainfit: 10 Minutes a Day for a Sharper Mind and Memory
- Brainfit for Life: A User's Guide to Life-Long Brain Health and Fitness
- The Brilliant Mind: Proven Ways to Increase your Brainpower
- Dental Floss for the Mind: A Complete Program for Boosting Your Brain Power
- Donde deje mis lentes?: El como, cuando y por que de la perdida normal de la memoria
- Exercise and Physical Activity: Your Everyday Guide from the National Institute on Aging
- Get Your Brain in the Fast Lane
- The Harvard Medical School Guide to Achieving Optimal Memory
- Keep Your Brain Young: The Complete Guide to Physical and Emotional Health
- The Mature Mind: The Positive Power of the Aging Brain
- The Memory Cure: How to Protect Your Brain Against Memory Loss and Alzheimer's Disease
- The Memory Doctor: Fun, Simple Techniques to Improve Memory and Boost Brain Power
- Memory Tips for Making Life Easier
- The Memory Workbook: Breakthrough Techniques to Exercise Your Brain and Improve Your Memory
- Mind Your Brain: A Whole Brain Workout for Older Adults
- Mozart's Brain
- Preventing Alzheimer's
- The Sharp Solution: A Brain-Based Approach for Optimal Performance
- Spark: The Revolutionary New Science of Exercise and the Brain
- Strengthen Your Mind: Activities for People with Early Memory Loss vol. 1 and 2
- What Your Doctor May Not Tell You About Alzheimer's Disease
- Where Did I Leave My Glasses? The What, When and Why of Normal Memory Loss

CAREGIVING

- Activities of Daily Living: An ADL Guide for Alzheimer's Care
- Alone…But Not Forgotten: Serving People with Dementia Who Live Alone
- Alzheimer's: A Caregiver's Guide and Sourcebook
- Alzheimer's: Finding the Words: A Communication Guide for Those Who Care
- Alzheimer's: Where Do We Go from Here?
- Alzheimer's A to Z: A Quick Reference Guide

- Alzheimer's and the Workplace: A Communication Guide for Anyone Who Encounters Alzheimer's
- Alzheimer's Basic Caregiving
- Alzheimer's Dementia and Memory Loss: Straight Talk for Families and Caregivers
- Alzheimer's Disease: A Guide for Families and Caregivers
- Alzheimer's Disease: The Dignity Within: A Handbook for Caregivers, Family and Friends
- Alzheimer's Disease and Other Dementia's: The Caregiver's Complete Survival Guide
- Alzheimer's Early Stages: First Steps in Caring and Treatment
- The Alzheimer's Journey…A Practical Perspective for Caregivers
- Alzheimer's 911: Help, Hope and Healing for the Caregiver
- The Alzheimer's Project: Momentum in Science
- Alzheimer's Sourcebook for Caregivers: A Practical Guide for Getting Through the Day
- American Medical Association Guide to Home Caregiving
- The Art of Dementia Care
- At Wit's End: Plain Talk on Alzheimer's for Families and Clinicians
- Best Friends Approach to Alzheimer's Care
- Between Two Worlds: Special Moments of Alzheimer's and Dementia
- A Bitter-Sweet Season: Caring for our Aging Parents – and Ourselves
- The Carebook: A Workbook for Caregiver Peace of Mind
- Caregiver's Guide: Helping Elderly Relatives Cope with Health and Safety Problems
- Caregiver's Guide to Alzheimer's and Related Diseases
- A Caregiver's Guide to Alzheimer's Disease: 300 Tips for Making Life Easier
- A Caregiver's Guide to Dementia
- Caregiver's Handbook
- A Caregiver's Journey
- The Caregiver's Path to Compassionate Decision Making: Making Choices for Those Who Can't
- The Caregiver's Survival Handbook: How to Care for Your Aging Parent Without Losing Yourself
- Caregiving and Loss: Family Needs, Professional Response
- Caring for a Person with Alzheimer's Disease
- Caring for Aging Parents: Straight Answers hat Help You Serve Their Needs Without Ignoring Your Own
- Caring for People with Alzheimer's Disease: A Manual for Facility Staff
- Caring for People with Challenging Behaviors
- Caring for Stan
- Chicken Soup for the Caregiver's Soul
- Chicken Soup for the Soul: Family Caregivers
- Chicken Soup for the Soul: Living with Alzheimer's and Other Dementias
- Coach Broyle's Playbook for Alzheimer's Caregivers: A Practical Tips Guide
- The Comfort of Home for Alzheimer's Disease: A Guide for Caregivers
- Coming of Age with Aging Parents
- Como Hablar con un Enfermo de Alzheimer
- Complete Guide to Alzheimer's-Proofing Your Home
- Confidence to Care
- Connecting the Dots: Breakthroughs in Communication as Alzheimer's Advances
- Coping with Alzheimer's: A Caregiver's Emotional Survival Guide
- Coping with Behavior Change in Dementia

- Coping with Caregiver Worries
- Counseling the Alzheimer's Caregiver
- Counting on Kindness: The Dilemmas of Dependency
- Courage to Care: A Caregiver's Guide Through Each Stage of Alzheimer's
- Creative Caregiving
- Cuando el Dia Tiene 36 Horas (The 36 Hour Day)
- A Cup of Comfort for Families Touched by Alzheimer's
- Dementia Beyond Disease: Enhancing Well-Being
- Dementia Care Practice Recommendations for Professionals Working in a Home Setting
- Dementia Caregiver Guide
- Dementia Caregivers Share Their Stories: A Support Group in a Book
- Dementia Nursing: A Guide to Practice
- Dementia Reconsidered: The Person Comes First
- A Different Visit: Activities for Caregivers and Their Loved Ones with Memory Impairments
- A Dignified Life: The Best Friends Approach to Alzheimer's Care
- Elder Care: A Six Step Guide to Balancing Work and Family
- Elder Rage or, Take My Father…Please!: How to Survive Caring for Aging Parents
- Eldercare 911: The Caregiver's Complete Handbook for Making Decisions
- The Enduring Self in People with Alzheimer's: Getting to the Heart of Individualized Care
- Forget Memory: Creating Better Lives for People with Dementia
- Gentlecare: Changing the Experience of Alzheimer's Disease in a Positive Way
- Guiding Our Parents in the Right Direction: Practical Advice About Senior Moving from the Home They Love
- Hard Choices for Loving People: CPR, Artificial Feeding, Comfort Care and the Patient with a Life-Threatening Illness
- Hard to Forget: An Alzheimer's Story
- Healing Your Grieving Heart When Someone You Care About Has Alzheimer's: 100 Practical Ideas for Families, Friends and Caregivers
- Hearing the Person with Dementia: Person-Centered Approaches to Communication for Families and Caregivers
- Help for Alzheimer's Caregivers, Families and Friends
- Home Safety for People with Alzheimer's Disease
- How to Care for Your Parents: A Practical Guide to Eldercare
- How to Honor Your Aging Parents: Fundamental Principles of Caregiving
- I Can't Remember: Family Stories of Alzheimer's Disease
- I Like You Just Fine When You're Not Around
- I Was Thinking: Unlocking the Door to Successful Conversations with Loved Ones with Cognitive Loss
- Ice Cream in the Cupboard: A True Story of Early Onset Alzheimer's
- I'll Be Seeing You: A Wife's Journey with Her Husband's Alzheimer's
- I'm Still Here: A Breakthrough Approach to Understanding Someone Living with Alzheimer's
- In Search of the Alzheimer's Wanderer: A Workbook to Protect Your Loved One
- Inside Alzheimer's: How to Hear and Honor Connections with a Person Who Has Dementia
- Into the Shadows: A Journey of Faith and Love into Alzheimer's
- It Takes More Than Love: A Practical Guide to Taking Care of an Aging Adult

- Jan's Story: Love Lost to the Long Goodbye of Alzheimer's
- Keeping in Touch with Someone Who Has Alzheimer's
- The Last Childhood: A Family Story of Alzheimer's
- Learning to Speak Alzheimer's: A Groundbreaking Approach for Everyone Dealing with the Disease
- "Listen to Me, I Am Still Somebody": Understanding the Alzheimer's Disease Sufferer
- The Longest Loss: Alzheimer's Disease and Dementia
- Losing Clive to Younger Onset Dementia
- Losing Lou-Ann
- Love, Loss and Laughter: Seeing Alzheimer's Differently
- A Loving Approach to Dementia Care: Making Meaningful Connections with the Person Who Has Alzheimer's Disease or Other Dementia or Memory Loss
- Loving Someone Who Has Dementia: How to Find Hope While Coping with Stress and Grief
- The Magic of Humor in Caregiving
- Making an Exit: A Mother-Daughter Drama with Machine Tools, Alzheimer's and Laughter
- Making Day-to-Day Decisions Wisely: A Practical Handbook on Ethical and Legal Issues for Caregivers of Individuals with Alzheimer's Disease
- Management of Challenging Behaviors in Dementia
- Mayo Clinic Guide to Alzheimer's Disease
- Mayo Clinic on Alzheimer's Disease: Your Guide to Understanding, Treating, Coping and Caregiving
- Los Mejores Amigos en el Cuidado de Alzheimer (The Best Friends Approach to Alzheimer's Care)
- Mom's OK, She Just Forgets: The Alzheimer's Journey from Denial to Acceptance
- Mosaic Moon: Caregiving Through Poetry: Easing the Burden of Alzheimer's Disease
- Moving a Relative with Memory Loss: A Family Caregiver's Guide
- Moving to the Center of the Bed: The Artful Creation of a Life Alone
- My Father Forgets
- My Life, My Story: Questions to Ask Your Parents and Grandparents So You Never Forget
- My Mother, Your Mother: Embracing "Slow Medicine," The Compassionate Approach to Caring for Your Aging Love Ones
- Navigating the Alzheimer's Journey: A Compass for Caregiving
- Navigating Through Memory Loss: Ending Alzheimer's Disease Without Losing a Generation
- No Act of Love is Ever Wasted: The Spirituality of Caring for Persons with Dementia
- No Turning Back: A Journey into the World of Alzheimer's with My Mother
- The Nursing Assistant's Survival Guide
- Old Talk, New Conversations: A Planning Guide for Seniors and Their Families
- One Family's Journey through Alzheimer's
- 124 Prayers for Caregivers
- Palliative Care for Advanced Alzheimer's and Dementia
- Partial View: An Alzheimer's Journal
- The Person with Alzheimer's Disease: Pathways to Understanding the Experience
- Person-Centered Care in Practice: Tools for Transformation
- The Pleasure Was Mine
- The Positive Interactions Program of Activities for People with Alzheimer's Disease
- Practical Dementia Care
- Released to the Angels: Discovering the Hidden Gifts of Alzheimer's

- Resources on Alzheimer's Disease for Gerontology Professionals
- Restorative Care: Fundamentals for Certified Nursing Assistants
- Rethinking Alzheimer's Care
- Safe Return Home: An Inspirational Book for Caregivers of Alzheimer's
- Seguridad en el Hogar Para el Paciente con la Enfermedad de Alzheimer (Home Safety for the Alzheimer's Patient)
- Self-Care for Caregivers: A Twelve Step Approach
- Sexuality and Dementia: Compassionate and Practical Strategies for Dealing with Unexpected or Inappropriate Behaviors
- Sexuality and Long Term Care: Understanding and Supporting the Needs of Older Adults
- Share the Care: How to Organize a Group to Care for Someone Who is Seriously Ill
- She Never Said Goodbye: My Wife's Disappearance Down a Road of No Return…Alzheimer's
- The Shriver Report: A Woman's Nation Takes on Alzheimer's
- Siempre Viva: Una Fotonovela Educativa sobre la Enfermedad de Alzheimer
- Singing in the Rain: Weathering the Storm of Dementia with Humor, Love, and Patience
- Sometimes Ya Gotta Laugh: Caregiving, Laughter, Stress and Alzheimer's Disease
- A Son's Handbook: Bringing Up Mom with Alzheimer's/Dementia
- Speaking Dementia: Making Sense of It All
- Speaking from Experience: Nursing Assistants Share Their Knowledge of Dementia Care
- Spitting and Alzheimer's Disease
- Stages of Senior Care: Your Step-by-Step Guide to Making the Best Decisions
- Staying Connected While Letting Go: The Paradox of Alzheimer's Caregiving
- Sticky Notes: Being One Step Ahead of Alzheimer's
- Still Alice
- Still Holding Hands
- Still Kicking: Restorative Groups for Frail Older Adults
- The Story of My Father
- Strength in Caring: Giving Power Back to the Alzheimer's Caregiver
- Successful Communication with Persons with Alzheimer's Disease: An In-Service Manual
- Sundown: A Daughter's Memoir of Alzheimer's Care
- Support for Alzheimer's and Dementia Caregivers: The Unsung Heroes
- A Survival Guide for Family Caregivers: Strength, Support and Sources of Help for All Those Caring for the Aging or Impaired Family Members
- Surviving Alzheimer's: Practical Tips and Soul-Saving Wisdom for Caregivers
- Surviving Normal
- Swallow Safely: How Swallowing Problems Threaten the Elderly and Others
- Table for Two: Dining with Dementia
- Take Your Oxygen First: Protecting Your Health and Happiness While Caring for a Loved One with Memory Loss
- Taking Care of Aging Family Members: A Practical Guide
- Talking to Alzheimer's: Simple Ways to Connect When You Visit with a Family Member or Friend
- The 10 Best Questions for Living with Alzheimer's: The Script You Need to Take Control of Your Health
- There's Still a Person in There: The Complete Guide to Treating and Coping with Alzheimer's
- Through the Wilderness of Alzheimer's: A Guide in Two Voices

- Time Zones: Slipping Away…
- 25 Months: A Memoir
- Understanding and Managing Dementia
- Understanding Difficult Behaviors
- Understanding Memory Loss
- Unforgettable Journey: Tips to Survive Your Parent's Alzheimer's Disease
- The Validation Breakthrough: Simple Techniques for Communicating with People with "Alzheimer's-Type Dementia
- Validation Techniques for Dementia Care: The Family Guide to Improving Communication
- When Caring Takes Courage: A Compassionate, Interactive Guide for Alzheimer's and Dementia Caregivers
- When Someone You Know is Living in a Dementia Care Community

CLERGY TRAINING

- Alzheimer's 911: Help, Hope and Healing for the Caregiver
- Caregiving and Loss: Family Needs, Professional Responses
- Forgetting Whose We Are: Alzheimer's Disease and the Love of God
- A Guide to Supporting Family Caregivers Through the Alzheimer's Disease Trajectory: Grief and Personal Growth
- A Guide to the Spiritual Dimension of Care for People with Alzheimer's Disease and Related Dementia
- Hard Choices for Loving People: CPR, Artificial Feeding, Comfort Care, and the Patient with a Life-Threatening Illness
- No Act of Love is Ever Wasted: The Spirituality of Caring for Persons with Dementia
- Spiritual Care for Persons with Dementia: Fundamentals for Pastoral Practice
- Through the Wilderness: A Curriculum for Congregations That Include Persons Living with Dementia and Their Caregivers
- Vital Connections in Long-Term Care: Spiritual Resources for Staff and Residents

COMMUNICATION

- Alzheimer's: Finding the Words: A Communication Guide for Those Who Care
- Alzheimer's and the Workplace: A Communication Guide for Anyone Who Encounters Alzheimer's
- Alzheimer's Basic Caregiving: An ABC Guide
- Como Hablar con un Enfermo de Alzheimer (Talking to Alzheimer's)
- Connecting the Dots: Breakthroughs in Communication as Alzheimer's Advances
- A Creative Toolkit for Communication in Dementia Care
- Hearing the Person with Dementia: Person-Centered Approaches to Communication for Families and Caregivers
- I Was Thinking: Unlocking the Door to Successful Conversations with Loved Ones with Cognitive Loss
- I'm Still Here: A Breakthrough Approach to Understanding Someone Living with Alzheimer's
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- Learning to Speak Alzheimer's: A Groundbreaking Approach for Everyone Dealing with the Disease
- Let's Look Together: An Interactive Picture Book for People with Alzheimer's and Other Forms of Memory Loss
- "Listen to Me, I Am Still Somebody": Understanding the Alzheimer's Disease Sufferer
- A Loving Approach to Dementia Care: Making Meaningful Connections with the Person Who Has Alzheimer's Disease or Other Dementia or Memory Loss
- Memory Books and Other Graphic Cuing Systems: Practical Communication and Memory Aids for Adults with Dementia
- Successful Communication with Persons with Alzheimer's Disease: An In-Service Manual
- Talking to Alzheimer's: Simple Ways to Connect When You Visit with a Family Member or Friend
- The Validation Breakthrough: Simple Techniques for Communicating with People with "Alzheimer's-Type Dementia"
- Validation Techniques for Dementia Care: The Family Guide to Improving Communication

COUNSELING

- Counseling People with Early-Stage Alzheimer's Disease: A Powerful Process of Transformation
- Counseling the Alzheimer's Caregiver: A Resource for Health Care Professionals
- A Guide to Supporting Family Caregivers Through the Alzheimer's Disease Trajectory: Grief and Personal Growth

DEMENTIA ASSESSMENT

- Dementia Care Mapping: Applications Across Cultures
- Whole Person Dementia Assessment

DEPRESSION

- Coping with Alzheimer's: A Caregiver's Emotional Survival Guide

DRIVING

- Physician's Guide to Assessing and Counseling Older Drivers
- We Need to Talk: Family Conversations with Older Drivers

DRUG TREATMENT

- Dementia Beyond Drugs: Changing the Culture of Care
- How to Live Well with Early Alzheimer's
- Mayo Clinic on Alzheimer's Disease

EARLY-STAGE ALZHEIMER'S DISEASE

- How to Live Well with Early Alzheimer's
- Living Your Best with Early-Stage Alzheimer's
- A Personal Guide to Living
- What to Do When the Doctor Says It's Early-Stage Alzheimer's

END OF LIFE CARE

- Being Mortal
- Decisiones Dificiles para los Seres Queridos
- End of Life: Helping with Comfort and Care
- The End-of-Life Namaste Care Program for People with Dementia
- Final Gifts: Understanding the Special Awareness, Needs and Communications of the Dying
- Hard Choices for Loving People: CPR, Artificial Feeding, Comfort Care, and the Patients with a Life-Threatening Illness
- Living with Grief: Alzheimer's Disease
- Navigating End of Life Care
- Palliative Care for Advanced Alzheimer's and Dementia: Guidelines and Standards for Evidence-Based Care

ETHICAL ASPECTS

- The Caregiver's Path to Compassionate Decision Making: Making Choices for Those Who Can't
- Making Day-to-Day Decisions Wisely: A Practical Handbook on Ethical and Legal Issues for Caregivers of Individuals with Alzheimer's Disease
- Moral Challenges of Alzheimer's Disease
- Old Talk, New Conversations: A Planning Guide for Seniors and Their Families

ETHNICITY

- Ethnicity and the Dementias

FICTION

- I Like You Just Fine When You're Not Around
- Shades of Grace
- Still Alice
- This Room Is Yours
- Turn of Mind
- The Wilderness

FRONTAL LOBE DEMENTIA

- Activities for the Family Caregiver: Frontal Temporal Dementia/ Frontal Lobe Dementia/ Pick's Disease: How to Engage/ How to Live
- What If It's Not Alzheimer's?: A Caregiver's Guide to Dementia

GRIEF

- Caregiving and Loss: Family Needs, Professional Responses
- Coping with Alzheimer's: A Caregiver's Emotional Survival Guide

- A Guide to Supporting Family Caregivers Through the Alzheimer's Disease Trajectory: Grief and Personal Growth
- Healing Your Grieving Heart When Someone You Care About Has Alzheimer's: 100 Practical Ideas for Families, Friends and Caregivers
- Living with Grief: Alzheimer's Disease
- The Longest Loss: Alzheimer's Disease and Dementia
- Loving Someone Who Has Dementia: How to Find Hope While Coping with Stress and Grief
- Two Chai Day: One Widow's Story About Living Beyond Grief

HOSPITALIZATION

- Improving Hospital Care for Persons with Dementia

LEGAL ASPECTS

- The Caregiver's Path to Compassionate Decision Making: Making Choices for Those Who Can't
- Guiding Our Parents in the Right Direction: Practical Advice About Seniors Moving from the Home They Love
- The Little Book of Big Tips: The Veterans Pension Benefit Handbook for Seniors and Their Families
- Making Day-to-Day Decisions Wisely: A Practical Handbook on Ethical and Legal Issues for Caregivers of Individuals with Alzheimer's Disease
- Old Talk, New Conversations: A Planning Guide for Seniors and Their Families
- Pathway to Eternity: Your Personal Step-by-Step Funeral Pre-Planning Guide
- Physician's Guide to Assessing and Counseling Older Drivers
- Stages of Senior Care: Your Step-by-Step Guide to Making the Best Decisions
- You and Your Aging Parents: Guide to Legal, Financial and Health Care Issues

LEWY BODY DEMENTIA

- A Caregiver's Guide to Lewy Body Dementia
- Dementia with Lewy Bodies and Parkinson's Disease Dementia: Patient and Family Working Together for Better Outcomes
- Lewy Body Dementia: Causes, Tests and Treatment Options

LONG-TERM CARE

- Conversations at the Nursing Home: A Mother, A Daughter and Alzheimer's
- Dancing with Rose: Finding Life in the Land of Alzheimer's
- Design Innovations for Aging and Alzheimer's: Creating Caring Environments
- Living Well in a Nursing Home: Everything You and Your Folks Need to Know
- Safe Return Home: An Inspirational Book for Caregivers of Alzheimer's
- Sexuality and Long Term Care: Understanding and Supporting the Needs of Older Adults
- Speaking from Experience: Nursing Assistants Share Their Knowledge of Dementia Care
- Stages of Senior Care: Your Step-by-Step Guide to Making the Best Decisions
- Vital Connections in Long-Term Care: Spiritual Resources for Staff and Residents
- When Love Gets Tough: The Nursing Home Decision
- When Someone You Know is Living in a Dementia Care Community: Words to Say and Things to

Do
- When Someone You Love Needs Nursing Home Care: The Complete Guide

MILD COGNITIVE IMPAIRMENT

- Living with Mild Cognitive Impairment: A Guide to Maximizing Brain Health and Reducing Risk of Dementia

MOVING

- "I'll Never Forget Our Home:" A Healing Guide for Older People Who Choose to Move Forward to a New Life
- Moving a Relative with Memory Loss: A Family Caregiver's Guide
- Moving in the Right Direction: The Senior's Guide to Moving and Downsizing
- When Someone You Know is Living in a Dementia Care Community: Words to Say and Things to Do

MUSIC THERAPY

- Creative Approaches in Dementia Care
- The Creative Arts in Dementia Care
- Favorite Hymns and High Contrast Photographs
- Lifesaving Songs and Poems for the Sea of Dementia, Alzheimer's and Palliative Caregiving

NATIVE AMERICANS

- Navigating Through Memory Loss: Ending Alzheimer's Disease Without Losing a Generation

NON-ALZHEIMER'S DEMENTIAS

- Activities for the Family Caregiver: Frontal Temporal Dementia/Frontal Lobe Dementia/Pick's Disease: How to Engage/How to Live
- Alzheimer's Disease and Other Dementias: The Caregiver's Complete Survival Guide
- A Caregiver's Guide to Lewy Body Dementia
- Dancing with Dementia: My Story of Living Positively with Dementia (fronto-temporal dementia)
- Lewy Body Dementia: Causes, Tests and Treatment Options
- Losing Lou-Ann (Pick's Disease)

PARKINSON'S DISEASE

- Dementia with Lewy Bodies and Parkinson's Disease Dementia: Patient and Family Working Together for Better Outcomes
- Parkinson's Disease: Questions and Answers

PERSONAL NARRATIVES

- Alzheimer's: A Love Story: One Year in My Husband's Journey
- Away from Her
- The Caregiver: A Life with Alzheimer's

- A Caregiver's Journey
- Caring for Stan
- Chicken Soup for the Caregiver's Soul: Stories to Inspire Caregivers in the Home, the Community and the World
- Chicken Soup for the Soul: Family Caregivers
- Chicken Soup for the Soul: Living with Alzheimer's and Other Dementias: 101 Stories of Caregiving, Coping, and Compassion
- Coming of Age with Aging Parents
- Conversations at the Nursing Home: A Mother, a Daughter and Alzheimer's
- A Cup of Comfort for Families Touched by Alzheimer's: Inspirational Stories of Unconditional Love and Support
- A Curious Kind of Widow: Loving a Man with Advanced Alzheimer's Disease
- Dancing with Dementia: My Story of Living Positively with Dementia
- Dancing with Rose: Finding Life in the Land of Alzheimer's
- Elegy for Iris
- Every Single Good Day
- Family Meals: Bringing Her Home
- Finding My Father: A Search for the Truth in the Face of Alzheimer's
- Ginny: A Love Remembered
- The Glory Walk: A Memoir
- Hard to Forget: An Alzheimer's Story
- Heavy Snow: My Father's Disappearance into Alzheimer's
- I Can't Remember: Family Stories of Alzheimer's Disease
- Ice Cream in the Cupboard: A True Story of Early Onset Alzheimer's
- I'll Be Seeing You: A Wife's Journey with Her Husband's Alzheimer's
- The Inheritance: A Family on the Front Lines of the Battle Against Alzheimer's Disease
- Into the Shadows: A Journey of Faith and Love into Alzheimer's
- Jan's Story: Love Lost to the Long Goodbye of Alzheimer's
- The Last Childhood: A Family's Story of Alzheimer's
- Life with Big Al (Early Alzheimer's)" A Caregiver's Diary
- Losing Clive to Younger Onset Dementia
- Losing Lou-Ann
- Losing My Mind: An Intimate Look at Life with Alzheimer's
- Making an Exit: A Mother-Daughter Drama with Machine Tools, Alzheimer's and Laughter
- Memory's Last Breath: Field Notes on My Dementia
- My Father Forgets
- My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver
- No Turning Back: A Journey into the World of Alzheimer's with My Mother
- On Pluto: Inside the Mind of Alzheimer's
- One Family's Journey through Alzheimer's
- Partial View: An Alzheimer's Journal
- Pathway's of Hope: Living with Cognitive Changes
- The Person with Alzheimer's Disease: Pathways to Understanding the Experience
- Released to the Angels: Discovering the Hidden Gifts of Alzheimer's
- Self-Care for Caregivers: A Twelve Step Approach

- She Never Said Goodbye: My Wife's Disappearance Down a Road of No Return…Alzheimer's
- Show Me the Way to Go Home
- Singing in the Rain: Weathering the Storm of Dementia with Humor, Love and Patience
- Slow Dancing with a Stranger: Lost and Found in the Age of Alzheimer's
- A Son's Handbook: Bringing Up Mom with Alzheimer's/Dementia
- Speaking Our Minds: What It's Like to Have Alzheimer's
- Still Holding Hands
- Story of My Father
- Sundown: A Daughter's Memoir of Alzheimer's Care
- Surviving Normal
- Take Your Oxygen First: Protecting Your Health and Happiness While Caring for a Loved One with Memory Loss
- The Theft of Memory: Losing My Father, One Day at a Time
- Through the Wilderness of Alzheimer's: A Guide in Two Voices
- Time Zones: Slipping Away…
- 25 Months: A Memoir
- Two Chai Day: One Widow's Story About Living Beyond Grief (cancer)
- A View from Within: Living with Early Onset Alzheimer's
- Voices of Alzheimer's: The Healing Companion: Stories for Courage, Comfort and Strength
- Walking One Another Home: Moments of Grace and Possibility in the Midst of Alzheimer's
- What the Heck Do We Do Now?: Families Facing Alzheimer's
- When Can I Go Home?
- "Where's My Shoes?" My Father's Walk through Alzheimer's
- You Forgot, But I Still Love You, Reynold: The Alzheimer Tragedy
- Young Hope
- "Your Mother Has Alzheimer's." Three Daughters Answer Their Father's Call
- Your Name is Hughes Hannibal Shanks: A Caregiver's Guide to Alzheimer's

PICK'S DISEASE

- Activities for the Family Caregiver: Frontal Temporal Dementia/ Frontal Lobe Dementia Pick's Disease : How to Engage/ How to Live
- Losing Lou-Ann

POETRY

- Conversations at the Nursing Home: A Mother, a Daughter and Alzheimer's
- Lifesaving Songs and Poems for the Sea of Dementia, Alzheimer's and Palliative Caregiving
- Mosaic Moon: Caregiving Through Poetry: Easing the Burden of Alzheimer's Disease
- My Forever Home
- So Soon Old
- Tales from My Teacher on the Alzheimer's Unit
- A Walk in the Garden: An Illustrated Journey with Verse (large print)

REMINISCENCE

- My Life, My Story: Questions to Ask Your Parents and Grandparents So You Never Forget
- Reminiscence: Uncovering a Lifetime of Memories
- Reminiscing Together: Ways to Help Us Keep Mentally Fit As We Grow Older

RESEARCH

- Aging Well: Surprising Guideposts to a Happier Life from the Landmark Harvard Study of Adult Development
- Aging with Grace: What the Nun Study Teaches Us About Leading Longer, Healthier and More Meaningful Lives
- The Alzheimer's Action Plan: The Experts' Guide to the Best Diagnosis and Treatment for Memory Problems
- The Alzheimer's Answer: Reduce Your Risk and Keep Your Brain Healthy
- The Alzheimer's Project: Momentum in Science
- Can't Remember What I Forgot: The Good News from the Front Lines of Memory Research
- Decoding Darkness: The Search for the Genetic Causes of Alzheimer's Disease
- Dementia Beyond Drugs: Changing the Culture of Care
- Dementia Care Mapping: Applications Across Cultures
- Donde deje mis lentes?: El como, cuando y por que de la perdida normal de la memoria (Where Did I Leave My Glasses?)
- Forget Memory: Creating Better Lives for People with Dementia
- Hard to Forget: An Alzheimer's Story
- The Inheritance: A Family on the Front Lines of the Battle Against Alzheimer's Disease
- The Mature Mind: The Positive Power of the Aging Brain
- Mayo Clinic on Alzheimer's Disease: Your Guide to Understanding, Treating, Coping and Caregiving
- Research and Practice in Alzheimer's Disease vol. 3

SAFE RETURN

- In Search of the Alzheimer's Wanderer: A Workbook to Protect Your Loved One
- Safe Return: Law Enforcement Official Training Book
- Safe Return: Transit Operator Training Book

SAFETY

- Caregiver's Guide: Helping Elderly Relatives Cope with Health and Safety
- The Comfort of Home for Alzheimer's Disease: A Guide for Caregivers
- Complete Guide to Alzheimer's-Proofing Your Home
- Guia Para la Seguridad en el Hogar Para Quiennes Cuidan a Personas con la Enfermedad de Alzheimer
- Home Safety for People with Alzheimer's Disease
- In Search of the Alzheimer's Wanderer: A Workbook to Protect Your Loved One
- Physician's Guide to Assessing and Counseling Older Drivers
- Safe Return: Law Enforcement Official Training Book
- Safe Return: Transit Operator Training Book
- Seguridad en el Hogar Para el Paciente con la Enfermedad de Alzheimer
- We Need to Talk: Family Conversations with Older Drivers

SEXUALITY

- Sexuality and Dementia: Compassionate and Practical Strategies for Dealing with Unexpected or Inappropriate Behaviors
- Sexuality and Long Term Care: Understanding and Supporting the Needs of Older Adults

SOCIAL SUPPORT

- Aging Together: Dementia, Friendship and Flourishing Communities
- Through the Wilderness: A Curriculum for Congregations That Include Persons Living with Dementia and Their Caregivers

SPANISH LANGUAGE

- Como Hablar con un Enfermo de Alzheimer (Talking to Alzheimer's)
- Cuando el Dia Tiene 36 Horas (The 36-Hour Day)
- Decisiones Dificiles para los Seres Queridos
- Donde deje mis lentes? (Where Did I Leave My Glasses?)
- Guia Para la Seguridad en el Hogar Para Quiennes Cuidan a Personas con la Enfermedad de Alzheimer (Safety in the Home for Those Who Care for Persons with Alzheimer's Disease)
- Los Mejores Amigos en el Cuidado de Alzheimer (The Best Friends Approach to Alzheimer's Care)
- Seguridad en el Hogar Para el Paciente con la Endermedad de Alzheimer
- Siempre Viva: Una Fotonovela Educativa sobre la Enfermedad de Alzheimer
- Vivir con..la Enfermedad de Alzheimer

SPIRITUALITY AND SPIRITUAL SUPPORT

- Aging Together: Dementia, Friendship and Flourishing Communities
- Caring for Aging Parents: Straight Answers That Help You Serve Their Needs Without Ignoring Your Own
- Forgetting Whose We Are: Alzheimer's Disease and the Love of God
- A Guide to the Spiritual Dimension of Care for People with Alzheimer's Disease and Related Dementia
- Into the Shadows: A Journey of Faith and Love into Alzheimer's
- One Family's Journey through Alzheimer's
- 124 Prayers for Caregivers
- Still Holding Hands
- Time Zones: Slipping Away…
- Vital Connections in Long-Term Care: Spiritual Resources for Staff and Residents
- Walking One Another Home: Moments of Grace and Possibility in the Midst of Alzheimer's
- When Someone You Love Has Alzheimer's: Daily Encouragement
- "Your Mother Has Alzheimer's:" Three Daughters Answer Their Father's Call

SUPPORT GROUPS

- Counseling People with Early-Stage Alzheimer's Disease: A Powerful Process of Transformation
- Counseling the Alzheimer's Caregiver: A Resource for Health Care Professionals
- Dementia Caregivers Share Their Stories: A Support Group in a Book
- Developing Support Groups for Individuals with Early-Stage Alzheimer's Disease: Planning, Implementation and Evaluation

TRAINING

- The Best Friends Staff: Building a Culture of Care in Alzheimer Programs
- Caring for People with Alzheimer's Disease: A Manual for Facility Staff
- Caring for People with Challenging Behaviors: Essential Skills and Successful Strategies in Long-Term Care
- Connections: Engagement in Life for Persons Diagnosed with Dementia
- Dementia Care Mapping: Applications Across Cultures
- Dementia Care Practice Recommendations for Professionals Working in a Home Setting
- Dementia Nursing: A Guide to Practice
- Dementia Reconsidered: The Person Comes First
- The Enduring Self in People with Alzheimer's: Getting to the Heart of Individualized Care
- Ethnicity and the Dementias
- Forget Memory: Creating Better Lives for People with Dementia
- Interventions for Alzheimer's Disease: A Caregivers Complete Reference
- Management of Challenging Behaviors in Dementia
- Memory Books and Other Graphic Cuing Systems: Practical Communication and Memory Aids for Adults with Dementia
- Nursing Assistant's Survival Guide
- Palliative Care for Advanced Alzheimer's and Dementia: Guidelines and Standards for Evidence-Based Care
- Person-Centered Care in Practice: Tools for Transformation
- Resources on Alzheimer's Disease for Gerontology Professionals
- Restorative Care: Fundamentals for Certified Nursing Assistants
- Safe Return: Law Enforcement Official Training Book
- Safe Return: Transit Operator Training Book
- Speaking Dementia: Making Sense of It All
- Speaking from Experience: Nursing Assistants Share Their Knowledge of Dementia Care
- Speaking Our Minds: What It's Like to Have Alzheimer's
- Spitting and Alzheimer's Disease
- Still Kicking: Restorative Groups for Frail Older Adults
- Swallow Safely: How Swallowing Problems Threaten the Elderly and Others
- Successful Communication with Persons with Alzheimer's Disease: An In-Service Manual
- Table for Two: Dining with Dementia
- The Validation Breakthrough: Simple Techniques for Communicating with People with "Alzheimer's-Type Dementia"
- Validation Techniques for Dementia Care: The Family Guide to Improving Communication
- Whole Person Dementia Assessment

VALIDATION

- The Validation Breakthrough: Simple Techniques for Communicating with People with "Alzheimer's-Type Dementia"
- Validation Techniques for Dementia Care: The Family Guide to Improving Communication

VASCULAR DEMENTIA

- Memory's Last Breath: Field Notes on My Dementia

VETERAN'S BENEFITS

- The Little Book of Big Tips: The Veterans Pension Benefit Handbook for Seniors and Their Families

YOUNGER ONSET DEMENTIA

- Alzheimer's: A Love Story
- Alzheimer's from the Inside Out
- Before I Forget: Love, Hope, Help and Acceptance in Our Fight Against Alzheimer's
- Dancing with Dementia: My Story of Living Positively with Dementia
- Daughter
- Every Single Good Day
- Ice Cream in the Cupboard: A True Story of Early Onset Alzheimer's
- Jan's Story: Love Lost to the Long Goodbye of Alzheimer's
- Life with Big Al (Early Alzheimer's): A Caregiver's Diary
- Losing Clive to Younger Onset Dementia
- Losing Lou-Ann
- Losing My Mind: An Intimate Look at Life with Alzheimer's
- On Pluto: Inside the Mind of Alzheimer's
- Pathways of Hope: Living with Cognitive Changes
- Seasons of Sun and Rain (fiction)
- Show Me the Way to Go Home
- Singing in the Rain: Weathering the Storm of Dementia with Humor, Love, and Patience
- Slow Dancing with a Stranger: Lost and Found in the Age of Alzheimer's
- Still Alice (fiction)
- Surviving Normal
- A View from Within: Living with Early Onset Alzheimer's
- You Forgot, But I Still Love You, Reynold: The Alzheimer Tragedy
- Young Hope

YOUTH AUDIENCE

- Allie Learns About Alzheimer's Disease: A Family Story About Love, Patience and Acceptance
- Always My Grandpa: A Story for Children About Alzheimer's Disease
- Alzheimer's Disease (Need to Know Series)
- Alzheimer's Disease: A Forgotten Life
- A Beautiful Pearl
- But, Mama, How Come Grandpa Gets To?
- Coping When a Grandparent Has Alzheimer's Disease
- Daughter
- Do You Have a Moon at Your House?
- Fading Memories: An Adolescent's Guide to Alzheimer's Disease
- Flowers for Grandpa Dan: A Gentle Story to Help Children Understand Alzheimer's Disease
- Forget-Me-Not
- The Graduation of Jake Moon
- Grandfather's Story Cloth (text in English and Laotian)
- Grandma's Soup
- Great Uncle Alfred Forgets
- Jess and the Runaway Grandpa
- Let's Talk About When Someone You Love Has Alzheimer's Disease
- Little Mama Forgets

- The Magic Tape Recorder: (A Story About Growing Up and Growing Down)
- Memory Box
- Old Timers: The One That Got Away!
- Remember, Grandma?
- Remember Me?: Alzheimer's Through the Eyes of a Child (English/Spanish text)
- Remember That
- Sachiko Means Happiness
- Singing with Momma Lou
- Still My Grandma
- Striped Shirts and Flowered Pants: A Story About Alzheimer's Disease
- Sunsets of Miss Olivia Wiggins
- What Flowers Remember
- What's Happening to Grandpa?
- What's Wrong with Grandma?: A Family's Experience with Alzheimer's
- When My Grammy Forgets, I Remember: A Child's Perspective on Dementia
- When Meme Came to Live at My House
- Wilfred Gordon McDonald Partridge
- A Window of Time
- Wordsworth Dances the Waltz
- A Young Man's Dance