Non Medical In-Home Respite Care Check List

If you are selecting an in-home aid, arrange a time to meet with the person in your home. Ask plenty of questions; what is your impression of the aide and his or her skills?

Ask prospective aides about their availability, training, background, care philosophy and experience with Alzheimer’s disease.

Be specific about needs and the characteristics of the person with dementia. If possible it is a good idea for both the person with dementia and the caregiver to participate in the interview process.

If necessary, interview several aids to find the right person for your particular situation; don’t feel pressured to settle on someone who doesn’t make you feel comfortable.

- Offers the specific services you need
  - Companionship: visiting, supervision and leisure activities
  - Personal care: help with bathing, dressing, toileting and exercising
  - Homemaking: housekeeping, shopping and cooking
  - Skilled Care: help with medication and other medical

- Provider is
  - Trained in first aid and CPR
  - Trained in dementia care
  - Experienced in working with someone with dementia
  - With an agency, if important
  - Ask if agency is bonded (protects clients from potential losses caused by the employee)
  - Able to provide references (if not with an agency)
  - Available when you need them
  - Able to provide back-up if they are sick