

## Is the Individual Able to be *Left Alone*?

Use the following questions to evaluate how the individual handles his/her daily life to identify safety concerns. Evaluate their needs on a frequent and regular basis. Any sudden changes in behavior could mean potential health problems so please consult their physician. Always observe activities yourself, **do not** rely on the individual's report because they can be clever at hiding their deficits.

**One or more "Yes" answers in a category may indicate a need for more supervision, support, or a need to consider a change in living arrangements.**

### Safety Concerns

- Has the individual had accidents/falls because of weakness, dizziness, or the inability to get around?

Yes       No
- Has use of the stove, oven, or appliances become a problem because of forgetfulness?

Yes       No
- If left unattended, would the individual have access to and attempt to use an automobile?

Yes       No
- Are there stairs or conditions in the home that are a hazard?

Yes       No
- Does the individual use mobility/assistive devices inappropriately?

Yes       No
- Does the individual use the telephone improperly (i.e. unable to make phone calls in emergencies, offers sensitive information to inappropriate person)?

Yes       No

- Is the individual unable to problem-solve in an emergency situation and make appropriate decisions?

Yes       No

- Is the individual likely to wander away from the house if left alone?

Yes       No

- Does the individual create safety hazards because of forgetfulness or carelessness (i.e. smoking, firearms, knives, letting in strangers)?

Yes       No

## **Nutritional/Medical Needs**

- Is the individual unable or unwilling to prepare meals?

Yes       No

- Does the individual forget to eat appropriate meals/drink fluids on a regular basis?

Yes       No

- Does the individual forget to take needed medication?

Yes       No

## **Personal Hygiene**

- Is the individual unable or unwilling to toilet appropriately when necessary?

Yes       No

- Is the individual unable to change clothing or bed linen as necessary to remain clean and dry?

Yes       No

If the individual may become disoriented or lost, call the Alzheimer's Association at  
800-272-3900 to obtain a Medic Alert + Safe Return bracelet application.

Feel free to call the Alzheimer's Association for any other additional information,  
educational materials, and/or support.