

## Is the Individual Able to *Live Alone*?

Use the following questions to evaluate how the individual handles his/her daily life and identify safety concerns. Evaluate their needs on a frequent and regular basis. Any sudden changes could mean potential health problems so please consult their physician. Always observe activities yourself, **do not** rely on the individual's report because they can be clever at hiding their deficits.

**One or more "Yes" answers in a category may indicate a need for more supervision, support or a need to consider a change in living arrangements.** Also, if the individual becomes disoriented or lost, call the Alzheimer's Association at 1-800-272-3900 to obtain a Medic Alert + Safe Return bracelet application.

### Safety Concerns

#### Is the individual:

- having accidents even minor ones?  
 Yes  No
- wandering more?  
 Yes  No
- letting pots burn on the stove or forgetting to turn off the burners or oven?  
 Yes  No
- forgetting to put out cigarettes properly?  
 Yes  No
- letting strangers into the house, opening the door for anyone or locking themselves out often?  
 Yes  No
- demonstrating mood swings and suspicious behaviors?  
 Yes  No

## Personal Care Activities

### Is the individual unable to:

- keep up with usual social and physical activities?  
 Yes                       No
- eat well balanced meals and drink plenty of fluids?  
 Yes                       No
- bathe and dress appropriately?  
 Yes                       No
- toilet themselves correctly?  
 Yes                       No

## Task Oriented Activities

### Is the individual unable to:

- take care of their home?  
 Yes                       No
- pay bills on time, balance her checkbook accurately and use credit cards appropriately?  
 Yes                       No
- do their own shopping, storing and cooking food correctly?  
 Yes                       No
- use the phone properly, handle an answering machine and remember important phone numbers?  
 Yes                       No
- take medication on time and the right amount?  
 Yes                       No
- secure their home at night or when going out?  
 Yes                       No

If the individual may become disoriented or lost, call the Alzheimer's Association at 800-272-3900 to obtain a Medic Alert + Safe Return bracelet application. Feel free to call the Alzheimer's Association for any other additional information, educational materials, and/or support.