

JOIN US IN APRIL EDUCATION PROGRAMS

Presented by the Alzheimer's Association®



ENGLISH CLASSES -IN PERSON

Understanding Alzheimer's and Dementia

Monday, April 22, 10:30 AM -11:30 AM (Sylmar)

Understanding Alzheimer's and Dementia

Tuesday, April 23, 11:00 AM -12:00 PM (La Crescenta)

CLASES DE ESPAÑOL - En persona

Administración del dinero: guía de finanzas para el cuidador.

Lunes, 15 de abril, 10:00 AM - 11:00 AM (Los Angeles)

ENGLISH CLASSES -VIRTUAL

Effective Communication Strategies

Thursday, April 11, 1:00 PM - 2:00 PM

10 Warning Signs of Alzheimer's

Friday, April 19, 10:00 AM - 11:00 AM

Managing Money & Who Pays for Long Term Care

Monday, April 22, 10:00 AM - 11:30 AM

Understanding & Responding to Dementia Related Behaviors

Friday, April 26, 2:00 PM - 3:00 PM

EARLY STAGE ENGAGEMENT- VIRTUAL

Coffee and Conversations

Tuesday, April 9 and 23, 10:00 AM-11:30 AM
Connect with like individuals and care partners, to discuss current events and a variety of topics. To RSVP contact Tina Wilson at tewilson@alz.org.

SAVE THE DATE

BRAIN GAMES -VIRTUAL

Program for people living in the early stage of dementia and their care partners.

Thursday, May 2, 2:00 PM -3:00 PM

Register here

or to RSVP contact Sivana Lavine at sclavine@alz.org

For recorded classes accessible online 24 hours a day, please visit [alz.org/education](https://www.alz.org/education)

TO REGISTER, PLEASE CALL 800.272.3900 OR VISIT US ONLINE AT [ALZ.ORG/CRF](https://www.alz.org/crf)

JOIN US IN APRIL SUPPORT GROUPS

Presented by the Alzheimer's Association®

In Person Caregiver Groups

4th **Wednesday**, 9:30 am -11:00 am (Lake Balboa)
To RSVP contact Sivana Lavine at sclavine@alz.org

1st and 3rd **Wednesdays**, 1:00 pm - 2:30 pm (Burbank)
To RSVP contact Sivana Lavine at sclavine@alz.org

2nd **Saturday**, 11 am - 12:30 pm (Van Nuys)
To RSVP contact Sivana Lavine at sclavine@alz.org

3rd **Tuesday**, 6:30pm - 8:00 pm (Encino)
To RSVP contact Sivana Lavine at sclavine@alz.org

2nd & 4th **Tuesday**, 7:00 pm - 8:30 pm (Westwood)
To RSVP contact Yael Wyte, MSW at ywyte@alz.org

1st **Wednesday**, 10:30 am (Redondo Beach)
To RSVP contact Yael Wyte, MSW at ywyte@alz.org

3rd **Tuesday**, 10:00 -11:30 am (Pasadena)
To RSVP contact Linda Loera at lloera@alz.org

3rd **Tuesday**, 10:00 am - 12:00 pm (Claremont)
To RSVP contact Arlene Bruins at abruins@alz.org

2nd **Tuesday**, 7:00 pm - 9:00 pm (Claremont)
To RSVP contact Arlene Bruins at abruins@alz.org

1st **Monday**, 5:30 pm (Pomona)
To RSVP contact Arlene Bruins at abruins@alz.org

4th **Tuesday**, 10:00 am -11:30 am (Antelope Valley)
To RSVP contact Tina Wilson at tewilson@alz.org

LGBTQ+

2nd **Tuesday**, 10:00 am -11:30 am (Santa Clarita)
To RSVP Contact Tina Wilson at tewilson@alz.org

Virtual Caregiver Support Groups

1st and 3rd **Monday**, 5:30 pm - 7:00 pm
To RSVP contact Linda Loera at lloera@alz.org

1st **Tuesday**, 3:00 pm - 4:30 pm
To RSVP contact Sivana Lavine at sclavine@alz.org

3rd **Saturday**, 10:00 am - 11:30 am
To RSVP contact Sivana Lavine at sclavine@alz.org

Español

Grupo de Apoyo Telefónico para Cuidadores
2do y 4to martes de cada mes, 1:00 pm - 2:30 pm.
Para más información, comuníquese con Linda Loera al (213)220-0713 o lloera@alz.org

Young Adult

To RSVP contact Yael Wyte,MSW at ywyte@alz.org

Younger Onset

2nd **Tuesday**, 12:00 pm - 1:30 pm
To RSVP contact Yael Wyte, MSW at ywyte@alz.org

LGBTQ

2nd and 4th **Thursday**, 12:00 pm -1:30 pm
To RSVP contact Yael Wyte, MSW at ywyte@alz.org

Alzheimer's Association 24/7 Helpline
Call **800.272.3900** for free,
around-the-clock help and the latest
information. 

Línea de Ayuda de la
Alzheimer's Association
las 24 horas 7 días. 
Llame al **800.272.3900** para obtener ayuda y
información en español gratuita las 24 horas.

EARLY STAGE SOCIALIZATION

Presented by the
ALZHEIMER'S ASSOCIATION



APRIL 2024

ART EXPRESSIONS (PALM DESERT)

1ST & 2ND TUESDAY

1 P.M. - 3 P.M.

Registration is Required

ART EXPRESSIONS (LA QUINTA)

3RD & 4TH FRIDAY

1 P.M. - 3 P.M.

Registration is Required

MUSICALZ (PALM DESERT)

1ST FOUR THURSDAYS

1 P.M. - 3 P.M.

Registration is Required

ALZ EXPLORERS FIELD TRIPS

LOCATION CHANGES MONTHLY

Registration is Required



**TO REGISTER, PLEASE CALL
760.996.0006**



Alzheimer's Association 24/7 Helpline

Call **800.272.3900** for free, around-the-clock help and the latest information.



**Linea de Ayuda de la Alzheimer's Association
las 24 horas 7 dias.**

Llame al **800.272.3900** para obtener ayuda y informacion en espanol gratuita las 24 horas.

SUPPORT GROUPS

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ALZHEIMER'S ASSOCIATION



APRIL 2024

IN PERSON SUPPORT GROUPS

Weekly on Monday | 3 p.m. - 5 p.m. (Palm Springs)

Weekly on Tuesday HYBRID | 10 a.m. - 12 p.m. (La Quinta)
Please call for Zoom link

Weekly on Wednesday | 10 a.m. - 12 p.m. (Palm Desert)

1st & 3rd Thursday | 11 a.m. - 12 p.m. (Palm Desert)

2nd & 4th Friday | 10:30 a.m. - 12:30 p.m.
(Shadow Hills Residents ONLY)



Alzheimer's Association 24/7 Helpline
Call **800.272.3900** for free, around-the-clock help and the latest information.



Línea de Ayuda de la Alzheimer's Association las 24 horas 7 días.
Llame al **800.272.3900** para obtener ayuda y información en español gratuita las 24 horas.

VIRTUAL SUPPORT GROUPS

Weekly on Thursday | 9 a.m. - 11 a.m.
Please call for Zoom link

ESPAÑOL

Grupo de Apoyo en persona (Coachella)
10 a.m. - 11 a.m.

Para más información, comuníquese con
Michelle Salado 760.996.0006 mssalado@alz.org

Grupo de Apoyo Telefónico para Cuidadores
2do y 4to martes de cada mes, 1:00 - 2:30 PM

Para más información, comuníquese con
Linda Loera al 213.220.0713 o lloera@alz.org

Último martes del mes Grupo de Apoyo en persona (Indio)

10 a.m. - 11 a.m.

Para más información, comuníquese con
Michelle Salado 760.996.0006 mssalado@alz.org

**TO REGISTER, PLEASE CALL
760.996.0006**