Healthy Living for Your Brain & Body  
Wednesday, April 13, 1-2 PM PST | Register

10 Warning Signs of Alzheimer’s  
Tuesday, April 5, 12-1 PM PST | Register

Dementia Conversations  
Tuesday, April 12, 10-11 AM PST | Register  
Wednesday, April 27, 3-4 PM PST | Register

Understanding Alzheimer's and Dementia  
Tuesday, April 5, 10-11 AM PST | Register  
Wednesday, April 6, 5:30-6:30 PM PST | Register  
Tuesday, April 26, 3-4 PM PST | Register

Effective Communication Strategies  
Thursday, April 7, 3-4 PM PST | Register  
Wednesday, April 20, 3-4 PM PST | Register

Understanding and Responding to Dementia-Related Behavior  
Thursday, April 14, 6-7:15 PM PST | Register  
Thursday, April 21, 3-4 PM PST | Register

New Advances in Alzheimer’s Treatments  
Thursday, April 21, 12-1 PM PST | Register

Managing Money  
Tuesday, April 19, 10-12 PM PST | Register  
Thursday, April 28, 3-4:30 PM PST | Register

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**GETTING STARTED**  
A three-part series that teaches the basics of the disease, how to face difficult conversations, and the importance of putting legal and financial plans in place.

**Series 1 – with Community Partners**

**Understanding Alzheimer’s and Dementia with a Guest from the California’s Caregiver Resource Center**  
Tuesday, April 5, 10-11 AM PST | Register

**Dementia Conversations with a guest from the DMV**  
Tuesday, April 12, 10-11 AM PST | Register

**Managing Money with a guest from the HICAP**  
Tuesday, April 19, 10-12 PM PST | Register

**Series 2**

**Understanding Alzheimer’s and Dementia**  
Tuesday, April 26, 3-4 PM PST | Register

**Dementia Conversations**  
Wednesday, April 27, 3-4 PM PST | Register

**Managing Money**  
Thursday, April 28, 3-4:30 PM PST | Register

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**Clases en Español**  
**Regístrese aquí**

Cuerpo y Cerebro Sano es Vida Sana: Consejos de las Últimas Investigaciones  
Miércoles, 6 de abril, 3-4 PM PST

Información para Entender la Enfermedad de Alzheimer y la Demencia  
Miércoles, 13 de abril, 3-4 PM PST

Conozca las 10 Señales de Advertencia de la Enfermedad de Alzheimer  
Miércoles, 20 de abril, 3-4 PM PST
Support Groups for Caregivers

First & Third Monday of the month, 5:30-7 PM PST
Every Tuesday of the month, 10-12 PM PST
Second Wednesday of the month, 5-6 PM PST
Second, Third, & Fourth Wednesday, 10-12 PM PST
Third Wednesday of the month, 10:30-12 PM PST
Every Thursday of the month, 9-12 PM PST
Second Thursday of the month, 2:30-4 PM PST
Second Thursday of the month, 5:30-6:30 PM PST
Third Thursday of the month, 10-11:30 AM PST
Fourth Thursday of the month, 6-7:30 PM PST
First Friday of the month, 9-10 AM PST
Second Friday of the month, 9:30-10:30 AM PST
Third Saturday of the month, 10-11:30 AM PST

To join a support group, please call 800.272.3900

Younger Onset Caregiver Group
Second Tuesday of the month, 12-1:30 PM PST
To register, please contact Yael Wyte at ywyte@alz.org

Lewy Body Support Group
First Wednesday of the month at 6 PM PST
To register, please contact Yael Wyte at ywyte@alz.org

Grupo de Apoyo en Español
Martes, 12 y 26 de abril, 1-2:30 PM PST
Para registrarse para el Grupo de Apoyo Telefónico, comuníquese con Linda Loera al (213) 220-0713 o loera@alz.org.

Early Stage Social Engagement
Free virtual social activities to connect with others living with early memory loss. Care partners welcome!

Coffee and Conversation
Tuesday, April 12 & 26 at 10 AM PST
Connect with like individuals and care partners, to discuss current events and a variety of topics.
To RSVP, contact Tina Wilson at (661) 243-3191 ext 8743 or through email tewilson@alz.org

Hammer Museum Virtual Tour
Friday, April 1 & 15 at 3 PM PST
Join Hammer Museum Student Educators for a virtual conversation about historic and contemporary works of art. RSVP with Yael Wyte at ywyte@alz.org