

# JOIN US ONLINE SUPPORT GROUPS

Presented by the Alzheimer's Association®



## September 2022

### Support Groups for Caregivers

First & Third **Monday** of the month, 5:30-7 PM PST  
Every **Tuesday** of the month, 10-12 PM PST  
Second, Third, & Fourth **Wednesday**, 10-12 PM PST  
Every **Thursday** of the month, 9-12 PM PST  
Second **Thursday** of the month, 2:30-4 PM PST  
Second **Thursday** of the month, 5:30-6:30 PM PST  
Fourth **Thursday** of the month, 6-7:30 PM PST  
First **Friday** of the month, 9-10 AM PST  
Third **Saturday** of the month, 10-11:30 AM PST  
To join a support group, please call **800.272.3900**

### Younger Onset Caregiver Group

Second **Tuesday** of the month, 12-1:30 PM PST  
To register, please contact Yael Wyte at [ywyte@alz.org](mailto:ywyte@alz.org)

### Lewy Body Support Group

First **Wednesday** of the month at 6 PM PST  
To register, please contact Yael Wyte at [ywyte@alz.org](mailto:ywyte@alz.org)

### Young Adult Caregiver Support Group \*Coming soon\*

To register, please contact Yael Wyte at [ywyte@alz.org](mailto:ywyte@alz.org)

### Grupo de Apoyo en Español

Martes, 13 y 27 de septiembre, 1-2:30 PM PST

Para registrarse para el Grupo de Apoyo Telefónico, comuníquese con Linda Loera al (213) 220-0713 o [lloera@alz.org](mailto:lloera@alz.org).

### Early Stage Social Engagement

Free virtual social activities to connect with others living with early memory loss.  
Care partners welcome!

### Coffee and Conversation

Tuesday, September 13 & 27 at 10-11:30 AM PST

Connect with like individuals and care partners, to discuss current events and a variety of topics.

To RSVP, contact Tina Wilson at (661) 243-3191 ext 8743 or through email

[tewilson@alz.org](mailto:tewilson@alz.org)