ALZHEIMER'S® ASSOCIATION

MAY 2022

Interactive Programs & Services Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
1 **Alzheimer's isn't stopping. Neither are we.** Register today for the 2022 Walk to End Alzheimer's **alz.org/walk**	**2**	**3** **Healthy Living for Your Brain & Body** 1:00 PM CT	**4**	**5**	**6**	**7** **Understanding Alzheimer's & Dementia** 10:00 AM CT
8 Interested in getting more involved? Let us know at **bit.ly/alz-vol**	**9**	**10** **10 Warning Signs of Alzheimer's** 1:00 PM CT	**11**	**12**	**13**	**14** **Dementia Conversations** 10:00 AM CT
15 **Sign up for The Longest Day** The day with the most light is the day we fight!	**16**	**17** **Understanding Alzheimer's & Dementia** 1:00 PM CT	**18**	**19**	**20**	**21** **Effective Communication Strategies** 10:00 AM CT
22 Urge Congress to Increase Research Funding **alz.org/advocate**	**23**	**24** **Dementia Conversations** 1:00 PM CT	**25** **Building Resilience** Professional Conference 9:00 AM CT **Let's Talk** About Difficult Conversations 3:00 PM CT	**26**	**27**	**28** **Understanding & Responding to Dementia-Related Behavior** 10:00 AM CT **10 Señales de Advertencia de la Enfermedad de Alzheimer** 12:00 PM CT
29 To schedule your own program, contact us **bit.ly/alz-ed-request**	**30**	**31**				

Click here to register for one of our virtual programs or call 800-272-3900.

bit.ly/alz-ed

ONLINE RESOURCES

ALZConnected®
This online community connects you with other individuals living with early-stage Alzheimer's. Share questions, experiences and practical tips via message boards or create private groups organized around specific topics.

Alzheimer's Navigator®
An interactive online tool for people living with dementia and those who participate in providing care and making care-related decisions.

Online Education Center
Take free workshops about Alzheimer's disease, caregiving, healthy living and planning for the future.

Live Well Online Resources
A collection of free interactive tools that helps you navigate the personal and emotional challenges accompanying an Alzheimer's diagnosis and provides personalized steps for living well with the disease.