**FEBRUARY 2021 Interactive Programs & Services Calendar**

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<th>SUN</th>
<th>MON</th>
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<td><strong>Living with Dementia for Individuals with Dementia and a Care Partner Part 2</strong></td>
<td><strong>Lo Báculo de la Demencia</strong></td>
<td><strong>Taking Care of Our Own: LGBTQ+ Caregiver Conference</strong></td>
<td><strong>Accessing the Longest Day</strong></td>
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<td><strong>Coffee with Consultants: Strategies for Funding Long Term Care</strong></td>
<td><strong>Living with Dementia for Individuals with Dementia and a Care Partner Part 3</strong></td>
<td><strong>Conoces las 10 Sáfias?</strong></td>
<td><strong>Understanding &amp; Responding to Dementia-Related Behavior</strong></td>
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<td><strong>Cuerpo y Cerebro Sano es Vida Sana</strong></td>
<td><strong>La Búsqueda del Alzheimer</strong></td>
<td><strong>Hope for Tomorrow for African American Caregivers</strong></td>
<td><strong>Understanding Alzheimer’s &amp; Dementia</strong></td>
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<td><strong>Coffee with Consultants: Selecting Long Term Care</strong></td>
<td><strong>Comunicación Efectiva</strong></td>
<td><strong>Comunicación Efectiva</strong></td>
<td><strong>Understanding Alzheimer’s &amp; Dementia</strong></td>
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**RECURRING PROGRAMS**

**MONDAYS**
- Understanding Alzheimer’s & Dementia
  - 12:00 PM CT
  - 10 Signs
  - 6:00 PM CT

**TUESDAYS**
- 10 Signs
  - 12:00 PM CT
- Effective Communication Strategies
  - 6:00 PM CT

**WEDNESDAYS**
- Understanding & Responding to Dementia-Related Behavior
  - 12:00 PM CT
- Understanding Alzheimer’s & Dementia
  - 6:00 PM CT

**THURSDAYS**
- Healthy Living for Your Brain & Body
  - 12:00 PM CT

**FRIDAYS**
- Effective Communication Strategies
  - 12:00 PM CT
- Understanding & Responding to Dementia-Related Behavior
  - 4:00 PM CT

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*Interested in getting more involved? Let us know at bit.ly/alz-vol*

*Quash the darkness of Alzheimer’s by joining The Longest Day at alz.org/aid*

*Map out a plan to approach Alzheimer’s navigator.org*

*“Caring for someone with Alzheimer’s can make you feel alone. Now I’ve found others like me” alconnected.org*

*Urg Congress to Increase Research Funding at al.org/advocate*

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**Click here to register for one of our virtual programs or call 800-272-3900.**