

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3 Caregiving Cafe @ Mount Olive Church 10:00 AM CT Support Group @ Tarrytown United Methodist - 10:00 AM Virtual Lunch and Learn: New Treatments 12:00 PM CT 	4	5  National Public Health Week	6 Urge Congress to Increase Research Funding alz.org/advocate
7 Don't just hope for a cure. Help us find one. alz.org/trialmatch	8 PALS Support Group @ First United Methodist Georgetown 10:00 AM CT	9  Support Group @ Hospice Brazos Valley LaGrange 11:00 AM CT Virtual Support Group Veteran's Affairs (VA) 11:00 AM CT	10 Support Group @ St. John's Methodist 1:30 PM CT	11 Hybrid Support Group @ St. Catherine's 10:00 AM CT Dementia Conversations @ Round Rock Library 1:00 PM CT Support Group @ The Reserve Lake Austin 5:30 PM CT	12	13 To schedule your own program, contact us bit.ly/CapTXCS
14 Interested in getting more involved? Let us know at alz.org/volunteer	15	16 Support Group @ AACT Belton 10:00 AM CT Virtual Support Group Veteran's Affairs (VA) 11:00 AM CT UT Spring Summit 6:30 PM CT	17 Support Group @ Hospice Brazos Valley LaGrange 11:00 AM CT	18	19	20 Dementia Conversations @ Dementia Enrichment Center Belton 10:00 AM CT
21 	22	23 Hybrid Support Group Longleaf Bee Cave 1:30 PM CT	24 Living With Alzheimer's, Part 3 @ Georgetown Library 11:00 AM CT	25 Hybrid Support Group @ St. Catherine's 10:00 AM CT Support Group @ Golden Age Home Lockhart 6:00 PM CT	26	27 Understanding Alzheimers @ Zion Rest Missionary Baptist Church 10:00 AM CT
28  National Financial Literacy Month	29 Learn more about the Alzheimer's Association Managing Money Online Program at www.alz.org	30	Click here to register for one of our virtual programs or call 800.272.3900.  bit.ly/alzcaptxedu 			

ALZHEIMER'S ASSOCIATION®

ONLINE RESOURCES

Alzheimer's Navigator®

An interactive online tool for people living with dementia and those who participate in providing care and making care-related decisions.

alzheimersnavigator.org

ALZConnected®

This online community connects you with other individuals living with early-stage Alzheimer's. Share questions, experiences and practical tips via message boards or create private groups organized around specific topics.

alzconnected.org

Trial Match

Connects individuals living with Alzheimer's, caregivers and healthy volunteers to clinical trials that may advance Alzheimer's research.

trialmatch.alz.org

Community Resource Finder

A comprehensive database of local programs and services, housing and care options, and legal experts all in one location, allowing you to quickly search, find and access support.

communityresourcefinder.org

Online Education Center

Take free workshops about Alzheimer's disease, caregiving, healthy living and planning for the future.

alz.org

Live Well Online Resources

A collection of free interactive tools that helps you navigate the personal and emotional challenges accompanying an Alzheimer's diagnosis and provides personalized steps for living well with the disease.

alz.org/help-support

To learn more about all available resources, visit
www.alz.org or call 800.272.3900.