

Alzheimer's & Brain Awareness Month

SUN	MON	TUE	WED	THU	FRI	SAT
<p>JUNE IS</p> <p>ALZHEIMER'S & BRAIN AWARENESS MONTH</p>	<p>To learn more about our available educational programs, visit bit.ly/alzcaptxedu or call 800.272.3900.</p>			<p>1 Support Group @ Provident Buda 6:00 AM PT</p>	<p>2</p>	<p>3 LGBTQ+ Caregiver Conference @ Uprising Church</p> 
<p>4</p>	<p>5 Support Group @ The Delaney 1:30 PM CT</p>	<p>6 Virtual: Patterns Among Same-Sex Spousal Couples in Alzheimer's Research and How it Matters 12:00PM CT</p>	<p>7 Caregiving Cafe @ Mount Olive Church 10:00 AM CT</p>	<p>8 Caregiving Cafe @ St. Catherine's Church 10:00 AM CT</p> <p>Support Group @ The Reserve at Lake Austin 6:00 PM CT</p>	<p>9</p>	<p>10 Legal & Financial Seminar for Caregivers @ St. James Missionary Baptist Church 10:00 AM CT</p>
<p>11 Don't just hope for a cure. Help us find one. alz.org/trialmatch</p>	<p>12 PALS Support Group @ First United Methodist Georgetown 10:00 AM CT</p>	<p>13 Virtual Support Group Veteran's Affairs (VA) 10:00 AM CT</p> <p>Understanding ALZ @ Buda Library 1:00 AM CT</p>	<p>14</p>	<p>15 Virtual: How Dementia & Aging Professionals can Create LGBTQ+ Inclusion 11:00am</p> <p>Support Group @ Auberge Onion Creek 4:30 PM CT</p>	<p>16</p>	<p>17 Urge Congress to Increase Research Funding alz.org/advocate</p>
<p>18 Interested in getting more involved? Let us know at alz.org/volunteer</p>		<p>20 June 21st Caregiving Cafe @ The Philomena (Kyle) 1:30 PM CT</p> 	<p>21  The Longest Day</p>	<p>22 Caregiving Cafe @ St. Catherine's Church 10:00 AM CT</p>	<p>23</p>	<p>24 <i>Happy PRIDE Month</i></p> 
<p>25 To schedule your own program, contact us bit.ly/CapTXCS</p>	<p>26</p>	<p>27</p>	<p>28 Money Matters: A Caregivers Guide to Finances @ Georgetown Library 11:00 AM CT</p>	<p>29 Support Group @ Golden Age Home-Lockhart 6:00 PM CT</p>	<p>30</p>	

ALZHEIMER'S ASSOCIATION®

ONLINE RESOURCES

Alzheimer's Navigator®

An interactive online tool for people living with dementia and those who participate in providing care and making care-related decisions.

alzheimersnavigator.org

ALZConnected®

This online community connects you with other individuals living with early-stage Alzheimer's. Share questions, experiences and practical tips via message boards or create private groups organized around specific topics.

alzconnected.org

Trial Match

Connects individuals living with Alzheimer's, caregivers and healthy volunteers to clinical trials that may advance Alzheimer's research.

trialmatch.alz.org

Community Resource Finder

A comprehensive database of local programs and services, housing and care options, and legal experts all in one location, allowing you to quickly search, find and access support.

communityresourcefinder.org

Online Education Center

Take free workshops about Alzheimer's disease, caregiving, healthy living and planning for the future.

alz.org

Live Well Online Resources

A collection of free interactive tools that helps you navigate the personal and emotional challenges accompanying an Alzheimer's diagnosis and provides personalized steps for living well with the disease.

alz.org/help-support

To learn more about all available resources, visit
www.alz.org or call 800.272.3900.