

Dementia Caregiver Support Groups

The Alzheimer's Association supports those affected by any form of dementia. Groups are free and open to the public. Registration is not required, but we encourage calling to check that details have not changed.

For more information, call 800-272-3900 or 801-265-1944 or visit www.alz.org/utah.

BOX ELDER COUNTY

Brigham City

Brigham City Senior Center

24 N 300 W

Meeting Date: 2nd & 4th Wednesdays

Meeting Time: 10:30 am – 12:00 pm

CACHE COUNTY

Logan

Aqua Worx

209 W 300 N

Meeting Date: 2nd and 4th Tuesday

Meeting Time: 1:00 pm – 2:30 pm

DAVIS COUNTY

Bountiful

Western Peaks Specialty Hospital

485 E 500 S

Meeting Date: 1st & 3rd Thursdays

Meeting Time: 3:00 pm – 4:30 pm

Clearfield

North Davis Senior Activity Center

42 S. State Street

Meeting Date: 1st Wednesday

Meeting Time: 3:00 pm – 4:00 pm

Layton

Hill Air Force Base

Warrior Fitness Center Building

HAWC Classroom

Meeting Date: 1st Monday

Meeting Time: 11:00 am – 12:00 pm

Must have military ID to attend

IRON COUNTY

Cedar City

Family Support Center

535 S. Main Str., Ste 6

Meeting Date: 2nd Friday

Meeting Time: 5:30 pm – 6:30 pm

Cedar City Library

303 N. 100 East

Meeting Date: 4th Tuesday

Meeting Time: 5:30 pm – 6:30 pm

SALT LAKE COUNTY

Draper

Draper Library

1136 Pioneer Road

Meeting Date: 1st Thursday

Meeting Time: 5:00 pm – 6:00 pm

Midvale

Midvale Senior Center

7550 S. Main St.

Meeting Date: 2nd & 4th Wednesdays

Meeting Time: 1:15 pm – 2:15 pm

Millcreek

Millcreek Community Library

2266 East Evergreen Avenue

Meeting Date: 2nd Thursday

Meeting Time: 1:00 pm – 2:00 pm

Salt Lake City

SelectHealth

5381 S. Green Street

Meeting Date: 1st Tuesday

Meeting Time: 6:30 pm – 8:00 pm

William E. Christoffersen

Salt Lake Veterans Home

700 S Foothill Boulevard

Meeting Date: 1st Wednesday

Meeting Time: 2:00 pm – 3:00 pm

Utah Pride Center

1380 Main Street

Meeting Date: 2nd Friday

Meeting Time: 6:00 pm – 7:00 pm

Sandy

FTD & Other Dementias

Sandy Senior Center

9310 S 1300 E

Meeting Date: 2nd Wednesday

Meeting Time: 10:00 am – 11:30 am

Supper & Support

Jim's Restaurant

10640 S Holiday Park Drive

Private room

Meeting Date: 3rd Monday

Meeting Time: 6:30 pm – 8:00 pm

Responsible for your own meal

SUMMIT COUNTY

Park City

Shepherd of the Mountains

Lutheran Church

4051 N Hwy 224

Meeting Date: 3rd Wednesday

Meeting Time: 1:00 pm – 2:00 pm

TOOELE COUNTY

Tooele

Mountain West Medical Center

2055 N Main Street

Meeting Date: 2nd Monday

Meeting Time: 2:00 pm – 3:00 pm

UTAH COUNTY

Coming Soon

WASHINGTON COUNTY

Hurricane

Hurricane Community Center

63 S. 100 West

Meeting Date: 2nd & 4th Mondays

Meeting Time: 2:00 pm – 3:00 pm

St. George

Alzheimer's Association

1173 S 250 W, Suite 302

Meeting Date: 1st Wednesday

Meeting Time: 4:00 pm – 5:00 pm

***Respite available through RRCI**

435-673-7501*

WEBER COUNTY

Ogden

George E. Wahlen

Ogden Veterans Home

1102 N 1200 W

Meeting Date: 1st Thursday

Meeting Time: 2:00 pm – 3:00 pm

Golden Hours Senior Center

650 E 25th Street

Meeting Date: 3rd Tuesday

Meeting Time: 1:00 pm – 2:30 pm