Caregiver Support Groups

Contact our Helpline at 800.272.3900 or the person listed to register before attending a support group.

In Person Caregiver Support Groups

**Bountiful | 1st and 3rd Thurs**
3 pm-4:30 pm
Where: South Davis Senior Activity Center (Golden Years) 726 South 100 East, Bountiful, UT 84010
Contact: Julia Bentley at 385.831.7126 or jbentley@alz.org

**Clearfield | 1st Wed**
3 pm-4 pm
Where: N. Davis Senior Activity Center
42 South State Street, Clearfield, UT 84015
Contact: Julia Bentley at 385.831.7126 or jbentley@alz.org

**Midvale | 2nd & 4th Wed**
1:15 pm-2:15 pm
Where: Midvale Senior Center
Contact: Moriah Mason at 385.381.7739 or memason@alz.org

**Ogden | 3rd Mon**
1 pm-2:30 pm
Where: Golden Hours Senior Center
Contact: Julia Bentley at 385.831.7126 or jbentley@alz.org

**Sandy | 2nd Wed**
10 am-11 am
Frontotemporal Dementia and Other Dementias
Where: Sandy Senior Center
Contact: Bonnie Shepherd at 801.231.3442

**Tooele | 2nd Mon**
2 pm-3 pm
Where: Tooele Senior Center
Contact: Pat or Jane at 435.840.4119 or 435.277.2420

Virtual Caregiver Support Groups

**1st & 3rd Wed**
11 am-noon
Contact: Lauren Willie at 801.815.3978 or lewillie@alz.org

**1st Wed**
3 pm-4 pm
Contact: Julia Bentley at 385.831.7126 or jbentley@alz.org

**1st Thur**
2 pm-3 pm
Contact: Julia Bentley at 385.831.7126 or jbentley@alz.org

**2nd Fri & 4th Mon**
5:30 pm-6:30 pm
Contact: Lauren Willie at 801.815.3978 or lewillie@alz.org

Coming Soon

**Early Stage Alzheimer’s Social Group**
Orem, Draper, Ogden, St George, Park City and other locations
Time: TBA
Contact: Raven Albertson at 801.999.0121 or rsalbertson@alz.org

**Grupo de Apoyo en Español**
Time: TBA
Contact: Varinia Nelson at 385.298.1989 or vnelson@alz.org