

# Caregiver Support Groups

Contact our **Helpline at 800.272.3900** or the person listed to register before attending a support group.

## In Person Caregiver Support Groups Will Meet Virtually Until Further Notice

### **Bountiful | 1st and 3rd Thurs**

3:00 pm-4:30 pm

Contact: Julia Bentley at **385.831.7126** or [jbentley@alz.org](mailto:jbentley@alz.org)

### **Clearfield | 1st Wed**

3:00 pm-4:00 pm

Contact: Julia Bentley at **385.831.7126** or [jbentley@alz.org](mailto:jbentley@alz.org)

### **Midvale | 2nd & 4th Wed**

1:15 pm-2:15 pm

Contact: Moriah Mason at **385.381.7739** or [memason@alz.org](mailto:memason@alz.org)

### **Ogden | 3rd Mon**

1:00 pm-2:30 pm

Contact: Julia Bentley at **385.831.7126** or [jbentley@alz.org](mailto:jbentley@alz.org)

### **Sandy | 2nd Wed**

10:00 am-11:00 am

Frontotemporal Dementia and Other Dementias  
Contact: Bonnie Shepherd at **801.231.3442**

### **Tooele | 3rd Mon**

6:00 pm-7:00 pm

Contact: Sarah Jane Obray and Pat Beard at **435.277.2420**

## Virtual Caregiver Support Groups

### **1st & 3rd Wed**

11:00 am-12:00 pm Noon

Contact: Lauren Willie at 801.815.3978 or [lewillie@alz.org](mailto:lewillie@alz.org)

### **1st Thur**

2:00 pm-3:00 pm

Contact: Julia Bentley at 385.831.7126 or [jbentley@alz.org](mailto:jbentley@alz.org)

### **2nd Fri & 4th Mon**

5:30 pm-6:30 pm

Contact: Lauren Willie at 801.815.3978 or [lewillie@alz.org](mailto:lewillie@alz.org)

### **Grupo de Apoyo en Español**

Time: Primer y tercer martes a las 5:30 pm

Contacto: Nicholas Bever at **503.457.3537** o [nicholasbever@gmail.com](mailto:nicholasbever@gmail.com)

## Coming Soon

### **Early Stage Alzheimer's Social Group**

Orem, Draper, Ogden, St George, Park City and other locations

Time: TBA

Contact: Raven Albertson at **801.999.0121** or [rsalbertson@alz.org](mailto:rsalbertson@alz.org)