Caregiver Support Groups

Be sure to contact our Helpline at 800.272.3900 or the contact person listed to register before attending one of our support groups.

Please note: All meetings are held virtually or by phone unless otherwise stated.

Wed. Oct. 6, 2021
11 am -Noon
Caregiver SG
Kanab | 1st & 3rd Wed.
Contact: Lauren Willie at 801.815.3978 or lewillie@alz.org

3 pm -4 pm
Caregiver SG
North Davis | 1st Wed.
Contact: Julia Bentley at 385.831.7126 or jbentley@alz.org

Thur. Oct. 7, 2021
2 pm -3 pm
Caregiver SG
North Ogden | 1st Thur.
Contact: Julia Bentley at 385.831.7126 or jbentley@alz.org

Mon. Oct. 4, 2021
11 am – Noon
Caregiver SG
Layton | 1st Mon.
Contact: Julia Bentley at 385.831.7126 or jbentley@alz.org

Fri. Oct. 8, 2021
5:30 pm - 6:30 pm
Caregiver SG
Cedar City | 4th Mon. & 2nd Fri.
Contact: Lauren Willie at 801.815.3978 or lewillie@alz.org

Wed. Oct. 13, 2021
10 am- 11 am
Frontal Temporal Dementia and Other Dementias
Caregiver SG
Where: Sandy Senior Center
In person and other options available, please call.
Contact: Bonnie Shepherd at 801.231.3442

Mon. Oct. 25, 2021
5:30 pm - 6:30 pm
Caregiver SG
Cedar City | 4th Mon. & 2nd Fri.
Contact: Lauren Willie at 801.815.3978 or lewillie@alz.org

Mon. Oct. 25, 2021
5:30 pm - 6:30 pm
Caregiver SG
Cedar City | 4th Mon. & 2nd Fri.
Contact: Lauren Willie at 801.815.3978 or lewillie@alz.org

Wed. Oct. 20, 2021
11 am-Noon
Caregiver SG
Kanab | 1st & 3rd Wed.
Contact: Lauren Willie at 801.815.3978 or lewillie@alz.org

Coming Soon!

Early Stage Alzheimer’s Social Group
Orem, Draper, Ogden, St. George, Park City and other locations
Time: TBA
Contact: Raven Albertson at 801.999.0121 or rsalbertson@alz.org

*NEW Support Group in Spanish
*¡Nuevo grupo de apoyo en español próximamente!
Provo
Para obtener más información, comuníquese con Varinia
(385) 298-1989 o vnelson@alz.org
Caregiver Support Groups, Cont.

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In-Person Meetings

**Thur. Oct. 7, 2021**
3 pm - 4:30 pm  
Caregiver SG  
**Bountiful | 1st and 3rd Thur.**  
**Where:** South Davis Senior Activity Center  
(Golden Years) 726  
South 100 East  
Bountiful, UT 84010  
**Contact:** Julia Bentley at 385.831.7126  
or jbentley@alz.org

**Wed. Oct. 6, 2021**
3 pm – 4 pm  
Caregiver SG  
**Clearfield | 1st Wed.**  
**Where:** N. Davis Senior Activity Center  
42 S. State Street, Clearfield, UT 84015  
**Contact:** Julia Bentley at 385.831.712

**Mon. Oct. 18, 2021**
1 pm – 2:30 pm  
Caregiver SG  
**Ogden | 3rd Mon.**  
**Where:** Golden Hours Senior Center  
**Contact:** Julia Bentley at  
385.831.7126 or jbentley@alz.org

**Wed. Oct. 13, 2021**
1:15 pm – 2:15 pm  
Caregiver SG  
**Midvale | 2nd & 4th Wed.**  
**Where:** Midvale Senior Center  
**Contact:** Moriah Mason at 385.381.7739 or memason@alz.org

**Mon. Oct. 18, 2021**
2 pm – 3 pm  
Caregiver SG  
**Tooele | 3rd Mon.**  
This group has been and will continue to meet the 3rd Monday of each month from 2-3pm at the Tooele Senior Center (59 E.  
Vine Street, Tooele-entrance and parking in back of north of bldg.)  
**Contacts:**  
Sarah Jane Obray and Pat Beard at  
435.277.2420 OR 435.843.4119.

**Wed. Oct. 20, 2021**
1:15 pm – 2:15 pm  
Caregiver SG  
**Midvale | 2nd & 4th Wed.**  
**Where:** Midvale Senior Center  
**Contact:** Moriah Mason at  
385.381.7739 or memason@alz.org