JOIN US AT:
WINDSONG CAPROCK ROOM AT CARILLON
1717 NORFOLK AVENUE, LUBBOCK, TX 79416
3:00 P.M.

DEMENTIA CONVERSATIONS
Learn to have honest and caring conversations about common concerns when someone begins to show signs of dementia.
Date: Tuesday, April 27, 2018

EFFECTIVE COMMUNICATION STRATEGIES
Learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.
Date: Tuesday, May 15, 2018

HEALTHY LIVING FOR YOUR BRAIN AND BODY:
TIPS FROM THE LATEST RESEARCH
Join us to learn about the latest research providing insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.
Date: Tuesday, June 19, 2018

UNDERSTANDING AND RESPONDING TO
DEMENTIA RELATED BEHAVIOR
Learn to about some of the common triggers for behaviors associated with dementia, how to assess the person’s needs, and how to intervene effectively
Date: Tuesday, July 17 2018

To register call us at 1.800.272.3900