

To enhance the lives of individuals with
Alzheimer's disease and other dementias

alzheimer's association

early-stage support group

The Alzheimer's Association Early Stage Support Group is designed to provide emotional, educational and social support for **caregivers and people in the early stage of Alzheimer's disease or another form of dementia** through regularly scheduled meetings. This group will help participants develop coping methods and encourage caregivers to maintain their personal, physical and emotional health.

ODESSA

6 session program

Starting Date TBD

MCH Health & Wellness Bldg.
Classroom B
8050 Hwy. 191
Odessa TX, 79765
6:00 – 7:00 p.m.

Pre-screening required

For more information please contact:
Lettie England, Group Facilitator
432-703-5103

CONNECT WITH OTHERS ONLINE & THROUGH SOCIAL NETWORKS

The Alzheimer's Association message boards have been improved! Join our NEW [alzconnected](#) online community and learn from people across the nation through message boards and chat rooms.



For more information call 1.800.272.3900

alzheimer's  association®

the compassion to care, the leadership to conquer