



4400 N. Big Spring C-32, Midland, TX 79705  
Helpline (800) 272-3900 or visit our website at [www.alz.org/westtexas](http://www.alz.org/westtexas) or [www.alz.org](http://www.alz.org)

### Caregiver Support Groups

*Caregiver Support Groups* can provide an opportunity for family, friends, caregivers and others to meet once a month for mutual emotional support and to exchange coping skills with one another in matters relating to Alzheimer's disease

#### ANDREWS

**THIRD TUESDAY MONTHLY**  
**ANDREWS SENIOR CENTER**  
310 W. BROADWAY  
1:00 P.M.

#### BIG SPRING

**SECOND TUESDAY MONTHLY**  
**BIG SPRING SENIOR CENTER**  
1901 SIMLAR  
10:30 A.M.

#### FT. STOCKTON

**SECOND WEDNESDAY MONTHLY**  
**FT. STOCKTON SENIOR CENTER**  
100 S. JACKSON  
10:30 A.M.

#### LAMESA

**THIRD TUESDAY MONTHLY**  
**DAWSON COUNTY SENIOR CENTER**  
609 N. AUSTIN  
10:00 A.M.

#### MIDLAND

**LAST THURSDAY MONTHLY (2 GROUPS)**  
**MANOR PARK-THE RIGHT ACTIVITY ROOM**  
2208 N. LOOP 250 W.  
10:00 A.M.  
2:00 P.M.

**SECOND THURSDAY MONTHLY**  
**MIDLAND LUTHERAN CHURCH**  
2705 W. MICHIGAN  
2:00 P.M. (RESPIRE CARE AVAILABLE @ THE PATIO)

#### MONAHANS

**THIRD THURSDAY MONTHLY**  
**WARD COUNTY SENIOR CENTER**  
205 E. 4TH ST.  
10:00 A.M.

#### ODESSA

**FOURTH WEDNESDAY MONTHLY**  
**ODESSA REGIONAL MEDICAL CENTER EAST CAMPUS**  
515 ADAMS ST.  
2:00 P.M.

**FOURTH TUESDAY MONTHLY**  
**COURTYARD AT PARKS**  
111 PARKS VILLAGE DR.  
2:00 P.M.

**SECOND SATURDAY MONTHLY**  
**ORCHARD PARK**  
8050 DR EMMITT HEADLEE RD  
2:00 P.M.

#### PECOS

**SECOND WEDNESDAY MONTHLY**  
**PECOS SENIOR CITIZENS CENTER**  
119 S. CEDAR  
1:00 P.M.

#### RANKIN

**THIRD WEDNESDAY MONTHLY**  
**RANKIN SENIOR CENTER**  
723 N. MAIN  
10:30 A.M.

#### SAN ANGELO

**FIRST WEDNESDAY MONTHLY**  
**THE CREST, MEMORY CARE ASSISTED LIVING @ BAPTIST**  
**RETIREMENT COMMUNITY**  
402 EAST 8<sup>TH</sup> STREET  
11:30 A.M.

**THIRD THURSDAY MONTHLY**  
**SAGECREST ALZHEIMER'S CARE CENTER**  
438 E. HOUSTON HARTE  
4:30 P.M.

#### SEMINOLE

**FIRST WEDNESDAY MONTHLY**  
**MEMORIAL HEALTH CARE CENTER**  
212 NW 10TH  
10:30 A.M.

#### STANTON

**SECOND TUESDAY MONTHLY**  
**MARTIN COUNTY SENIOR CITIZENS CENTER**  
210 CONVENT  
1:00 P.M.

To enhance the lives of individuals with  
Alzheimer's disease and other dementias

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# alzheimer's association

## early-stage support group

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The Alzheimer's Association Early Stage Support Group is designed to provide emotional, educational and social support for **caregivers and people in the early stage of Alzheimer's disease or another form of dementia** through regularly scheduled meetings. This group will help participants develop coping methods and encourage caregivers to maintain their personal, physical and emotional health.

### ODESSA

6 session program

### Starting Date TBD

MCH Health & Wellness Bldg.  
Classroom B  
8050 Hwy. 191  
Odessa TX, 79765  
6:00 – 7:00 p.m.

### Pre-screening required

For more information please contact:  
**Lettie England, Group Facilitator**  
**432-703-5103**

### CONNECT WITH OTHERS ONLINE & THROUGH SOCIAL NETWORKS

The Alzheimer's Association message boards have been improved! Join our NEW [alzconnected](#) online community and learn from people across the nation through message boards and chat rooms.

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For more information call 1.800.272.3900

alzheimer's  association®

the compassion to care, the leadership to conquer