

SPECIAL EVENTS

OUR RESOURCES

alzheimer's  association®



alz.org/WALK



alz.org/TLD

OUR MISSION

To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

24/7 Helpline - Our professionally staffed helpline offers information and advice to more than 300,000 callers each year and provides translation services in more than 200 languages.

ALZConnected - A social networking community for people with Alzheimer's and related dementias, caregivers and others affected by the disease

Alzheimer's Navigator - An online assessment tool to help evaluate needs, execute and coordinate action steps, and link to Alzheimer's Association chapter programs, local services and referrals.

Community Resource Finder - A comprehensive database of local programs and services, housing and care options, and legal experts all in one location, allowing users to quickly search, find and access support.

Visit alz.org/WestTexas for more resources!

CONTACT US

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1.800.272.3900 | alz.org/westtexas



IN THE PERMIAN BASIN COMMUNITY





800.272.3900 | alz.org®


VOLUNTEER OPPORTUNITIES


Volunteers are the fuel behind the care, support and research efforts of the Alzheimer's Association, the global leader in the fight against Alzheimer's. Today, more than 5 million Americans are living with this fatal disease, and over 15 million are acting as their caregivers.

There are many ways to volunteer with the Alzheimer's Association. We'll work with you to find an opportunity that fits your interests, skills and availability!

 **Special Events:** Be a part of Alzheimer's Association Special Events to raise funds for Alzheimer's care, support and research. We have a variety of roles available for multiple events, including a year-round planning committee, team recruitment opportunities, and event-day support.

 **Community Outreach:** Help us reach the communities you care about by leading activities at faith organizations, community centers, neighborhood events and more. By bringing information and education to places like these, you are helping to grow the cause and reach those in need.

 **Advocacy:** Engage public officials and policymakers in a variety of ways, urging their support for critical Alzheimer's legislation and policy changes.

 **Office Support:** Move our mission forward by supporting a variety of office activities, such as mailings, data entry, and communication efforts.

EDUCATION & SUPPORT

The Alzheimer's Association is committed to help improve knowledge and skills to deliver better care to people with Alzheimer's disease and their families.

Our educational programs are offered in a variety of formats including monthly education sessions, speaking engagements and much more.

Education Programs:

- Know the 10 Signs: Early Detection Matters
- The Basics: Memory Loss, Dementia and Alzheimer's Disease
- Dementia Conversations
- Effective Communication Strategies
- Healthy Living for Your Brain and Body
- Legal and Financial Planning
- Living with Alzheimer's for: Caregivers, And People with Alzheimer's
- Understanding and Responding to Dementia-Related Behavior
- Diversity Outreach Programs

Monthly Caregiver Support Groups:

Build a support group system with people who understand. Alzheimer's Association caregiver support groups, conducted by trained facilitators, provide a safe place for caregivers, family and friends of persons with dementia.

Early Stage Support Group:

Learning Together—
an early stage memory loss program
Looking for individuals who are in the early stages or not yet diagnosed that are interested in information and support.

SUPPORT GROUPS

ANDREWS

3rd Tuesday
1:00 p.m.
Andrews Senior Center
310 W. Broadway

BIG SPRING

2nd Tuesday
10:30 a.m.
Big Spring Senior Center
1901 Simlar

FT. STOCKTON

2nd Wednesday
10:30 a.m.
Ft. Stockton Senior Center
100 S. Jackson

LAMESA

3rd Tuesday
10:00 a.m.
Dawson County Senior Center
609 N. Austin

MIDLAND

Last Thursday
10:00 a.m.
& 2:00 p.m.
Manor Park
2208 N. Loop 250W

MIDLAND

2nd Thursday
2:00 p.m. (Respite Care Available)
Midland Lutheran
2705 W. Michigan

MONAHANS

3rd Thursday
10:00 a.m.
Ward County Senior Center
205 E. 4Th St.

ODESSA

4th Wednesday
2:00 p.m.
Odessa Regional Medical Ctr. East
515 Adams St.

4th Tuesday

2:00 p.m.
Courtyard at Parks
111 Parks Village Dr.

3rd Tuesday
5:30 p.m.

Orchard Park
8050 Dr. Emmitt
Headlee Dr.

PECOS

2nd Wednesday
1:00 p.m.
Pecos Senior Citizens Ctr.
119 S. Cedar
205 E. 4Th St.

RANKIN

3rd Wednesday
10:30 a.m.
Rankin Senior Ctr.
723 N. Main

STANTON

2nd Tuesday
1:00 p.m.
Martin County Snr. Citizen Center
210 Convent

SAN ANGELO

1st Wednesday
11:30 a.m.
Sagecrest Alz Care Center
438 E. Houston
Harte

SEMINOLE

1st Wednesday
10:30 a.m.
Memorial Health Care Center
212 NW 10Th.

**For more information call the
Alzheimer's Association at 1.800.272.3900**