WELL, THAT DIDN’T WORK! WHAT NEXT?

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OBJECTIVE

- Improving your understand of how to care for a person living with Dementia.
- Learn hands on techniques to use to create a positive interaction
- Look at the right way to care vs. the wrong way

NORMAL VS ALZHEIMER’S BRAIN
TOUR OF THE BRAIN

- Left side is language
- Right side is Rhythm and music
- Top is movement
- Frontal is safety awareness
- Back is vision

LEFT SIDE OF THE BRAIN
LANGUAGE AND SPEECH CENTER

RIGHT SIDE OF THE BRAIN
AUTOMATIC SOCIAL CHIT CHAT
RHYTHM/MUSIC
FORBIDDEN WORDS
EXECUTIVE CONTROL CENTER
- Emotions
- Behavior
- Judgment
- Reasoning

TOP OF THE BRAIN = MOTOR STRIP

FRONTAL LOBE
SO WHAT SHOULD WE DO?

- Remember, we have the healthy brain

SO.....WHAT DO WE DO?

- Do you do what we know we should do?
- How do we react in an uncomfortable situation?
- What happens when we feel threatened?
- What happens when a person living with Dementia feels threatened?
- What can we do to help?
BECOME A CARE PARTNER NOT CAREGIVER

- Build your skills

HAND UNDER HAND

- It uses established nerve pathways
- Allows them to feel that they have control
- Palm to palm connection
- Allows you to do WITH not TO
- Use dominant side Practice with your partner using Hand Under Hand
- Practice with your partner using Hand Under Hand
- HuH™
POSITIVE PHYSICAL APPROACH

PUBLIC SPACE: 6 FEET or more away
Visual interactions and awareness

PERSONAL SPACE: 6 FEET to Arms length
Conversations and friendship

INTIMATE SPACE: Within Arm’s reach
Intense Physical Closeness

PPA™

- Pause at the edge of personal space (6 feet out)
- Great and invite
- Hand up by face
- Move slowly offering a handshake position
- Move from the front to the side
- Move into HAND UNDER HAND position
- Get at or below the person’s eye level

Let’s practice with your partner

POSITIVE PHYSICAL APPROACH
WAYS TO AVOID CONFLICT

- Use your knowledge
- Give up the need to be right
- Learn to say I'm sorry; there are 5 ways
- Give them space
- An aggressive person needs greater personal space (5 x's more)
- If something is not working, BACK OFF
- Try again later or try something else
- Move slowly
WHAT DOES YOUR BODY LANGUAGE SAY?
WHAT DO YOUR FACIAL EXPRESSIONS SAY?
WHAT DOES YOUR TONE OF VOICE SAY?
How do we deal with this situation?
Let’s discuss Frank.

I have learned that people with forget what you said.
People will forget what you did, but people will not forget how you made them feel.

WHAT IMPRESSION ARE YOU LEAVING

LET’S GO OUT AND PRACTICE WHAT WE LEARNED! WHAT IS ONE TAKE AWAY YOU WILL USE IN YOUR DAY TO DAY WORK? THANK YOU FOR YOUR ATTENTION.