The Alzheimer’s Association’s programs are designed to meet the needs of family caregivers and the general community seeking information about Alzheimer’s disease and other dementias. All programs are free of charge and available across the State of Wisconsin. Programs are also available in Spanish and on-demand via our website.

Ten Warning Signs
The warning signs of Alzheimer’s disease are often dismissed as side effects of normal aging. This training shares the 10 Warning Signs of Alzheimer’s, separates myth from reality and addresses commonly-held fears.

Understanding Alzheimer’s & Dementia
Designed to help participants understand the difference between Alzheimer’s and dementia, recognize risk factors, and learn about potential treatments.

Healthy Living for Your Brain & Body: Tips from the Latest Research
Learn about research in the area of diet, exercise, cognitive activity and social engagement and learn how to incorporate these recommendations into a plan for healthy aging.

Managing Money: A Caregivers Guide to Finances
If you or someone you know is facing Alzheimer’s disease, dementia or another chronic illness, it’s never too early to put financial plans in place. Join us to learn tips for managing someone else’s finances, how to prepare for future care costs and the benefits of early planning.

Effective Communication Strategies
Explore effective communication strategies and learn how to decode messages through attitude, tone of voice, facial expressions and body language.

Ten Warning Signs
The warning signs of Alzheimer’s disease are often dismissed as side effects of normal aging. This training shares the 10 Warning Signs of Alzheimer’s, separates myth from reality and addresses commonly-held fears.

Understanding and Responding to Dementia-Related Behavior
This program helps caregivers understand behaviors and determine how to best respond.

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Living With Dementia - Early Stage
Three-part class the covers what a dementia diagnosis means for families, how to plan for the future and where to find help to navigate the journey.

Living with Dementia - Moderate Stage
Three-part class with topics that include: understanding symptoms and care needs, understanding changing relationships, learning ways to maximize safety, preparing for emergencies and learning how to get respite care.

Living with Dementia - Late Stage
Two-part class where you will hear from caregivers and professionals about resources, monitoring care, and providing meaningful connection for the person with late-stage Alzheimer’s and their families.

Support Groups
A support group is a safe place to learn, offer and receive helpful tips and meet others coping with Alzheimer’s disease or dementia. We offer support groups both in-person and virtually.

Join Us: Call 800.272.3900 or visit www.alz.org/wi