



**ALZHEIMER'S
& BRAIN**
awareness month
ALZHEIMER'S ASSOCIATION



Go Purple Faith Communities

Show your commitment to ending Alzheimer's during the month of June:

- Encourage congregants to wear purple and share educational materials in your church
- Insert a flyer about the 10 Ways to Love your Brain in Sunday bulletin
- Host a Purple Sunday, an event to promote Alzheimer's awareness, the importance of early detection and programs offered by the Alzheimer's Association
- Organize a Walk to End Alzheimer's team at your church
- Fight the darkness of Alzheimer's on **June 21**- The Longest Day - the day with the most light

