### Glossary of Dementias
- Alzheimer's disease
- Chronic Traumatic Encephalopathy
- Creutzfeldt-Jakob Disease
- Down Syndrome and Alzheimer's
- Frontotemporal Dementia
- Huntington's Disease
- Korsakoff Syndrome
- Lewy Body Dementia
- Mild Cognitive Impairment
- Mixed Dementia
- Normal Pressure Hydrocephalus
- Parkinson's Disease Dementia
- Posterior Cortical Atrophy
- Traumatic Brain Injury
- Vascular Dementia

### Questions for Your Doctor
- Why was I diagnosed with this form of dementia?
- Where am I at in the course of the disease?
- What can I expect in the future?
- Questions About My Diagnosis
- What can I expect in the future?
- Where am I at in the course of the disease?
- What can I expect in the future?

### Emotional Considerations After Diagnosis
#### Emotional Impact
Receiving a diagnosis of Mild Cognitive Impairment, Alzheimer's disease, or a related dementia is life-changing for both diagnosed individuals and those close to them. It is normal to experience a range of emotions after receiving a diagnosis. Acknowledging them can be an empowering first step in coping with the challenges ahead.

- Just Diagnosed - Emotions

#### Impact on Relationships
A diagnosis of MCI or an irreversible dementia may affect someone's relationships with family and friends. While abilities may change over time, living well with a diagnosis depends on how one chooses to continue to be a partner in the relationships.

- Changes in Relationships

#### Overcoming Stigma
Facing stigma is often a primary concern of people living with dementia and their care partners. Those with the disease report being misunderstood because of the myths and misconceptions others have about the disease.

- Overcoming Stigma
  - You are More than Your Diagnosis
  - Leaving Your Legacy

### Next Steps: Moving Forward
Make connections and take advantage of resources. There are people who understand what it is like to receive these diagnoses. There is much that a person living in the early stages can do to cope with the changes ahead.

#### Read More
- I Have Alzheimer's
- Get Educated: Why it's important to learn
- Take Action Workbook: For People Newly Diagnosed
- Live Healthy
- Stages of Alzheimer's
- Taking Care of Yourself
- Reducing Stress
- Tips for Daily Life
- Maximize Your Independence

#### Plan for the Future
- Legal Planning
- Financial Planning
- Building a Care Team
- End of Life Planning
- Financial & Legal Worksheet

#### Get Educated (On Demand, Live Webinar, In-Person)
- Understanding Alzheimer's & Dementia
- Living Well with Chronic Conditions (Virtual only)
- Living with Dementia: For People Living with Alzheimer's or Other Dementia
- Living with Alzheimer's: For Younger-Onset Alzheimer's (On Demand only)
- Managing Money

#### Get Support and Build Community
- Support Groups
- ALZConnected

#### Social Engagement
- Memories in the Making®
- Memory Café
- SPARK!

### Online Resources for Individuals Newly Diagnosed
- Support
  - 24/7 Helpline 800.272.3900
  - Care Consultation Services
  - Alzheimer's Association Wisconsin Chapter
  - Community Resource Finder
  - Alzheimer's Navigator
  - Disability Rights Wisconsin

- Community Partnerships
- Healthy Living with Mild Cognitive Impairment
- Wisconsin Alzheimer's Disease Research Center
- Wisconsin Aging & Disability Resource Centers
- Amazing Grace Chorus®

- Safety
  - Medication Safety
  - Home Safety
  - Dementia and Driving
  - 24/7 Wandering Support for a Safe Return
  - Technology 101
  - Firearm Safety

- Clinical Trials
  - What are clinical trials?
  - How clinical trials work
  - Why participate in a clinical trial?
  - Talk to Your Doctor
  - TrialMatch

- Research
  - Alzheimer's Association Science Hub
  - New IDEAS Study
  - U.S. POINTEr Study
  - Alzheimer's Disease Research Center Open Studies
  - Alzheimer's Disease Research Center: Volunteer for a Study

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