

Webinar/Phone Family Caregiver Education Programs – November



10 Warning Signs of Alzheimer's

This program covers typical age related changes, common warning signs of Alzheimer's, how to approach someone about memory concerns, early detection, the benefits of a diagnosis, the diagnostic process, and Alzheimer's Association resources.

Tuesday, Nov. 10, 2:00-3:00 pm | [REGISTER](#)

Wednesday, Nov. 11, 1:00-2:30 pm | [REGISTER](#)

Thursday, Nov. 12, 6:00-7:00 pm | [REGISTER](#)

Friday, Nov. 13, 10:00-11:00 am | [REGISTER](#)

Wednesday, Nov. 18, 11:30 am-12:30 pm | [REGISTER](#)

Monday, Nov. 23, 3:00-4:00 pm | [REGISTER](#)

10 señales de advertencia de la enfermedad de Alzheimer

La enfermedad de Alzheimer y otras demencias causan problemas de memoria, pensamiento y comportamiento que interfieren con la vida diaria. Unase a nosotros para aprender a reconocer las señales comunes de la enfermedad; Cómo abordar a una persona acerca de problemas de memoria; la importancia de la detección temprana y los beneficios de un diagnóstico; posibles pruebas y evaluaciones para el proceso de diagnóstico y recursos de la Alzheimer's Association.

Martes, Nov. 10, 2:00-3:00 pm | [REGISTRESE](#)

Dementia Conversations

This program will offer tips on how to have honest and caring conversations with family members about going to the doctor, deciding when to stop driving and making legal and financial plans.

Saturday, Nov. 7, 12:00-1:30 pm | [REGISTER](#)

Tuesday, Nov. 10, 5:00-6:00 pm | [REGISTER](#)

Wednesday, Nov. 11, 2:00-3:00 pm | [REGISTER](#)

Tuesday, Nov. 17, 2:00-3:00 pm | [REGISTER](#)

Tuesday, Nov. 17, 5:00-6:00 pm | [REGISTER](#)

Effective Communication Strategies

Teaches caregivers to decode verbal and behavioral communication by someone with Alzheimer's and other dementias. Participants leave with strategies for meaningful connection with people in early, middle and late stage dementia.

Monday, Nov. 2, 1:00-2:30 pm | [REGISTER](#)

Tuesday, Nov. 10, 9:00-10:30 am | [REGISTER](#)

Wednesday, Nov. 18, 12:30-1:30 pm | [REGISTER](#)

Monday, Nov. 23, 2:00-3:00 pm | [REGISTER](#)

Monday, Nov. 30, 2:00-3:30 pm | [REGISTER](#)

El Básico

La enfermedad de Alzheimer no es una parte normal del envejecimiento. Si usted o alguien que usted conoce está afectado por la enfermedad de Alzheimer o la demencia, es el momento de conocer los hechos. Este programa proporciona información sobre detección, causas y factores de riesgo, las etapas de la enfermedad, el tratamiento y mucho más.

Martes, Nov. 17, 2:00-3:00 pm | [REGISTRESE](#)

Healthy Living for Your Brain & Body

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Wednesday, Nov. 4, 11:00 am-12:30 pm | [REGISTER](#)

Wednesday, Nov. 11, 7:00-8:00 pm | [REGISTER](#)

Thursday, Nov. 12, 4:30-5:30 pm | [REGISTER](#)

Monday, Nov 16, 10:00-11:00 am | [REGISTER](#)

Friday, Nov. 20, 10:00-11:00 am | [REGISTER](#)

Tuesday, Nov. 24, 10:00-11:00 am | [REGISTER](#)

**Register for any of our education programs by calling 800.272.3900 or online at alz.org/crf.
You will receive connection information after you register.**

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Living in the Moment for Caregivers

In the early stage of Alzheimer's disease, families face new questions as they adjust. What does the diagnosis mean? What kinds of plans need to be made? What resources are available to help? This program provides practical answers to the questions that arise in the early stage. Hear from a family care partner and learn what you can do to cope with the changes that come with an early-stage diagnosis.

Wednesday, Nov. 18, 1:00-2:30 pm | [REGISTER](#)

Living with Alzheimer's for Caregivers – Middle Stage

In the middle stage of Alzheimer's disease, those who were care partners now become hands-on caregivers. Join us for this 3-part series and hear caregivers and professionals discuss helpful strategies to provide safe, effective and comfortable care in the middle stage of Alzheimer's.

Friday, Nov. 6, 13, 20, 1:00-2:30 pm | [REGISTER](#)

Wednesday, Nov. 18, 6:00-8:00 pm | [REGISTER](#)

Understanding Alzheimer's & Dementia

Learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, Alzheimer's disease stages and risk factors, current research and treatments available to address some symptoms, and Alzheimer's Association resources.

Thursday, Nov. 5, 2:00-3:00 pm | [REGISTER](#)

Monday, Nov. 9, 3:00-4:00 pm | [REGISTER](#)

Tuesday, Nov. 10, 2:00-3:00 pm | [REGISTER](#)

Monday, Nov. 16, 3:00-4:00 pm | [REGISTER](#)

Thursday, Nov. 19, 1:00-2:30 pm | [REGISTER](#)

Monday, Nov. 30, 12:00-1:00 pm | [REGISTER](#)

Understanding & Responding to Dementia Related Behavior

Provides participants with a four-step model to address behavioral aspects of dementia. The program details the model and then applies it to some of the most common behaviors associated with the disease.

Wednesday, Nov. 4, 7:00-8:00 pm | [REGISTER](#)

Thursday, Nov. 12, 11:30 am-1:00 pm | [REGISTER](#)

Friday, Nov. 13, 12:30-1:30 pm | [REGISTER](#)

Thursday, Nov. 19, 9:00-10:30 am | [REGISTER](#)