

SESSION DESCRIPTIONS:

Monday May 2nd

8:00 a.m.	Welcoming Remarks	
8:15	<p>“The Care of Older Adults with Chronic Mental Illness Who Develop Dementia”</p> <p>Art Walaszek, MD Professor of Psychiatry, University of Wisconsin School of Medicine & Public Health</p> 	<p>People with chronic mental illness can face significant challenges as they age, including increased risk of dementia. Medications for chronic medical illness can cause problems in older adults - including interacting with other medications, worsening memory, and affecting balance. This session we present an approach to addressing the intersection of chronic mental illness and dementia in older adults.</p>
9:25	<p>“Research Advances in Alzheimer’s and Dementia Science: Early Detection, Risk, Health Disparities and the Treatment Pipeline.”</p> <p>Percy Griffin Ph.D. MSc. Director, Scientific Engagement, Alzheimer's Association</p> 	<p>Alzheimer’s is a global health problem. In this session you will learn:</p> <ul style="list-style-type: none"> • Landscape of Alzheimer’s and Dementia Science: The learner will take away basic facts and figures regarding Alzheimer’s and other dementias. • Highlights in Early Detection and Diagnosis: The learner will be able to name risk factors for Alzheimer’s disease that are non-modifiable and risk factors that may be modifiable. • Latest Advances in Clinical Trials, Treatments, Lifestyle Interventions and Our Understanding of Disparities
10:35	<p>“Managing Money: A Caregiver’s Guide to Finances”</p> <p>Nancy Stoerzbach Wierichs Alzheimer’s Association Community Educator</p> 	<p>Caregivers: How much do you know about managing money? In this session you will learn about the costs of caregiving and the benefits of early planning, and how to avoid financial abuse and fraud, start a conversation about finances, assess financial and legal needs and find support.</p>

Tuesday, May 3rd

8:00 a.m.	Welcoming Remarks	
8:15	<p>“Diversity, Equity and Inclusion in Alzheimer’s and Dementia”</p> <p>Yarissa Reyes Director of Diversity, Equity & Inclusion Engagement, Alzheimer's Association</p> 	<p>"Diversity, Equity, and Inclusion in Alzheimer’s and Dementia" will explore gender, racial and ethnic disparities in Alzheimer’s prevalence and the path toward a more equitable future.</p>
9:25	<p>“Caregivers need care too - Understanding compassion fatigue and how to engage in self-care”</p> <p>Tanya Sutton, MS, CSW, CDP Director of Operations, Senior Helpers Madison</p> 	<p>This session discusses the importance of understanding professional caregiver grief and how it can turn into compassion fatigue. It discusses how burnout can become compassion fatigue, being aware of the symptoms and causes, how it affects caring for someone as well as caring for yourself, and strategies for self-care to prevent it.</p>

Special Panel Discussion:

10:25	<p>“Staying safe while helping others in their home”</p> <p>Moderator: Randy Kohl Manager, Long Term Care Division, Walworth County Health and Human Services Department; Clinical Lecturer, University of Wisconsin-Milwaukee</p> 	<p>The #1 rule of home visits is to keep yourself safe. During this session, panelists will share real life experiences of unsafe situations they experienced during home visits. They will then dive into questions to ask before you visit a home so you are more prepared as well as what to do if you enter a home and encounter an unsafe situation. With combined decades of expertise in professional and family caregiver situations, these four panelists and moderator will surely provide knowledge that is valuable for everyone.</p>
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Panelists:

<p>Bonnie Beam-Stratz, MA, MS Dementia Care Specialist, Southwest Wisconsin ADRC (serving Grant, Green, Iowa and Lafayette Counties)</p> 	<p>Stephanie Houston, MBA Senior Outreach Program Coordinator, Wisconsin Alzheimer's Institute, Regional Milwaukee Office</p> 	<p>Doreen Goetsch Elder Abuse Victim Liaison Coordinator, Greater Wisconsin Agency on Aging Resources, Inc. (GWAAR)</p> 	<p>Jennifer Nowak, MSW, C-ASWCM Family Caregiver Support Program, Alzheimer's Association, Wisconsin Chapter</p> 
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