

Wisconsin Webinar/Phone Family Caregiver Education Programs – June



10 Warning Signs of Alzheimer's

Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.

Wednesday, June 2, 12:00-12:30 pm | [REGISTER](#)

Monday, June 14, 1:00-2:00 pm | [REGISTER](#)

Thursday, June 24, 12:00-1:00 pm | [REGISTER](#)

Dementia Conversations

When someone is showing signs of dementia, it's time to talk. Often, conversations with family about changing behaviors can be challenging and uncomfortable. This program provides tips for breaking the ice with your family so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future care.

Monday, June 9, 12:00-12:30 pm | [REGISTER](#)

Monday, June 21, 11:30 am -12:30 pm | [REGISTER](#)

Discover Palliative Care

Learn about Palliative Medicines role in dementia care. Presented by Mayo Clinic Health System. This event is part of a week-long initiative of the Dementia Friendly Community in La Crosse County, designed to raise awareness within communities.

Monday, June 14, 11:30 am -12:30 pm | [REGISTER](#)

Effective Communication Strategies

Communication is more than just talking and listening – it's also about sending and receiving messages through attitude, tone of voice, facial expressions and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.

Monday, June 14, 12:00-1:00 pm | [REGISTER](#)

Wednesday, June 23, 12:00-12:30 pm | [REGISTER](#)

Friday, June 25, 12:00-12:45 pm | [REGISTER](#)

Friday, June 25, 4:00-4:45 pm | [REGISTER](#)

Health Equity in Dementia Risk, Prevalence & Research

Alzheimer's is a global health problem with more than 6 million people living with the disease in the US alone. Tremendous gains have been made in the understanding of the science and basic biology underlying Alzheimer's and other dementias. These advances are leading to great strides in strategies for prevention, detection, diagnostics, and therapeutic interventions. Despite all the progress we've made so far, disparities still exist in dementia. The Alzheimer's Association is a global leader in research, mobilizing the field to advance the vision of a world without Alzheimer's and all other dementia. Dr. Percy Griffin, Director, Scientific Engagement, Medical & Scientific Relations of the Alzheimer's Association will provide a broad overview of the landscape of the disease, highlight early detection and diagnosis, and discuss healthcare disparities.

Friday, June 18, 9:30-11:00 am | [REGISTER](#)

Healthy Living for Your Brain & Body

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Wednesday, June 23, 1:00-2:30 pm | [REGISTER](#)

**Register for any of our education programs by calling 800.272.3900 or online at alz.org/crf.
You will receive connection information after you register.**

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Legal & Financial Planning for Dementia

The diagnosis of Alzheimer's disease makes planning for the future more important than ever. Legal and Financial Planning for Alzheimer's Disease is an interactive two-part program where you will have a chance to learn about important legal and financial issues to consider, how to put plans in place, and how to access legal and financial resources near you. This program will cover information for families and individuals dealing with Alzheimer's disease or a related dementia. This program will occur on June 15 (Financial Planning) and June 17 (Legal Planning).

Tuesday, June 15 & Thursday, June 17, 4:00-5:00 pm | [REGISTER](#)

Living with Alzheimer's for Caregivers – Late Stage

In the late stage of Alzheimer's disease, caregiving typically involves new ways of connecting and interacting with the person with the disease. In this 2-part series, you will have the opportunity to learn about the late stage of Alzheimer's disease and dementia, information about providing care, communicating, developing resources, working with your care team to provide an optimal end of life experience. Join us with guest speaker Marian Plummer, Care Transition Coordinator, St. Croix Hospice.

Two Consecutive Days, June 16 & 17, 3:00-4:00 pm | [REGISTER](#)

Understanding Alzheimer's & Dementia

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.

Monday, June 7, 12:00-1:00 pm | [REGISTER](#)

Wednesday, June 16, 12:00-12:30 pm | [REGISTER](#)

Monday, June 28, 12:00-12:45 pm | [REGISTER](#)

Monday, June 28, 4:00-4:45 pm | [REGISTER](#)

Understanding Alzheimer's & Dementia and Discussion with Authors Martin Schreiber & Susan Marshall

Join us for this informative two-part session where caregivers can learn about Understanding Alzheimer's & Dementia (first 30 minutes). Following the 30-minute presentation, there will be a discussion and Q&A session with former Governor Martin J. Schreiber, author of *My Two Elaines*; and Susan A. Marshall, author of *Mom's Gone Missing*. These two caregivers, turned authors, will share about their journeys caring for a loved one with Alzheimer's or dementia (12:00-1:00).

Thursday, June 17, 11:30 am -1:00 pm | [REGISTER](#)

Understanding & Responding to Dementia Related Behavior

Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

Wednesday, June 16, 10:00-11:00 am | [REGISTER](#)

Monday, June 21, 12:00-1:00 pm | [REGISTER](#)

Wednesday, June 30, 12:00-12:30 pm | [REGISTER](#)

Wisconsin State Conference

We welcome you to join us for the 35th Annual Alzheimer's Association Wisconsin State Conference! This year's conference will be from 8 am - 12 pm on both June 9 and June 10. Registration is \$20 and will allow you to gain access to all breakout sessions listed below. CEUs will be provided through UW-Stevens Point. Sessions include: *Achieving Your Personal Best* - Bonnie Blair, Olympic Gold Medalist; *Understanding & Responding to Dementia Related Behavior* - Valerie Joy Hein Hamstra, Community Educator, Alzheimer's Association; *Driving and Dementia* - Sarah N Danforth, MS, OTR/L, Advocate Aurora Health; *Frontotemporal Dementia: 5 Top Strategies to Optimize Treatment, Quality of Life, and the Caregiving Journey* – Dr. Michelle Braun, Ph.D., ABPP-CN, Neuro Rehab Coordinator; *Are We Really Listening? Viewing Alzheimer's from a Cultural Lens* – Panel discussion with panelist from various cultures.

Wednesday, June 9 & Thursday, June 10, 8:00 am -12:00 pm | [REGISTER](#)

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You will receive connection information after you register.**