

Wisconsin Webinar/Phone Family Caregiver Education Programs – Nov.



10 Warning Signs of Alzheimer's

Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.

Wednesday, November 3, 1:00-2:00 pm | [REGISTER](#)

Thursday, November 18, 7:00-7:00 pm | [REGISTER](#)

Advancing the Science: The Latest in Alzheimer's and Dementia Research **Offered in partnership with Successful Aging in Greendale for Everyone (SAGE)**

Alzheimer's is a global health problem with more than 6 million people living with the disease in the US alone. Tremendous gains have been made in the understanding of the science and basic biology underlying Alzheimer's and other dementias. These advances are leading to great strides in strategies for prevention, detection, diagnostics, and therapeutic interventions. The Alzheimer's Association is a global leader in research, mobilizing the field to advance the vision of a world without Alzheimer's and all other dementia. Learning objectives include: Landscape of Alzheimer's and dementia science, basic facts and figures regarding Alzheimer's and other dementias, risk factors; highlights in early detection and diagnosis and why early detection and diagnosis are important; define biomarkers, why they are needed, and some of the ways biomarkers are used in dementia research; latest advances in clinical trials, treatments and lifestyle interventions; discover the diversity in therapeutic approaches currently under investigation; and advances in clinical trials, treatments and/or lifestyle interventions.

Wednesday, November 10, 6:30-7:30 pm | [REGISTER](#)

Dementia Conversations: Driving, Doctor Visits, Legal & Financial Planning

When someone is showing signs of dementia, it's time to talk. Often, conversations with family about changing behaviors can be challenging and uncomfortable. This program provides tips for breaking the ice with your family so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making legal and financial plans for future care.

Thursday, November 11, 12:00-1:00 pm | [REGISTER](#)

Effective Communication Strategies

Communication is more than just talking and listening – it's also about sending and receiving messages through attitude, tone of voice, facial expressions and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.

Saturday, November 6, 12:00-1:00 pm | [REGISTER](#)

Monday, November 15, 11:00 am - 12:00 pm | [REGISTER](#)

**Register for any of our virtual education programs by calling 800.272.3900 or online at alz.org/crf.
You will receive connection information after you register.**

**Additional education programs are being held in person.
To learn about in person opportunities in your area call our 24/7 Helpline at 800.272.3900.**

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Healthy Living for Your Brain & Body

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Friday, November 5, 5:00-6:00 pm | [REGISTER](#)

Living with Alzheimer's for Caregivers – Late Stage

In the late stage of Alzheimer's disease, caregiving typically involves new ways of connecting and interacting with the person with the disease. In this program, you will have the opportunity to learn about the late stage of Alzheimer's disease and dementia, information about providing care, communicating, developing resources, working with your care team to provide an optimal end of life experience.

Wednesday, November 10, 9:00 am - 12:00 pm | [REGISTER](#)

Making Financial Plans with Alzheimer's

The diagnosis of Alzheimer's disease makes planning for the future more important than ever. Learn about important financial issues to consider, how to put plans in place, and how to access financial resources near you. This program will cover information for families and individuals dealing with Alzheimer's disease or a related dementia. Topics covered will include: How to find financial assistance; Practical strategies for making a long-term plan of care; Tax deductions and credits; and Government programs that can help pay for care.

Wednesday, November 17, 1:00-2:00 pm | [REGISTER](#)

Understanding Alzheimer's & Dementia

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms; and Alzheimer's Association resources.

Monday, November 8, 3:30-4:30 pm | [REGISTER](#)

Wednesday, November 17, 1:00-2:00 pm | [REGISTER](#)

Understanding & Responding to Dementia-Related Behavior

Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

Tuesday, November 2, 10:00-11:00 am | [REGISTER](#)

Friday, November 12, 11:30 am- 12:00 pm | [REGISTER](#)

Tuesday, November 30, 2:00-3:00 pm | [REGISTER](#)

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