

The Longest Day Volunteers

“Y’s Guys” Virtual Team Challenge

Patrick Josephson, De Pere, Wisconsin

This year is the first year Patrick is participating in The Longest Day to support the Alzheimer’s Association. “I’m participating to honor my dad’s siblings, who battled Alzheimer’s,” says Patrick. “Seeing someone afflicted is hard, and it’s such a tough way to end a great journey. I want to raise funds for those currently facing the disease.”

Being a fitness guru, Patrick wanted to turn his love of working out into fundraising dollars for the Alzheimer’s Association. He has created a workout challenge called the “Y’s Guys Team.” He has challenged the guys he used to work out with (in person) at the YMCA, to a virtual competition. Whichever participant logs the most minutes working out during the month will win the battle (primarily bragging rights). The “Y’s Guys Team” is seeking donations to support healthy habits and Alzheimer’s awareness. All donations will go to the Alzheimer’s Association.

“This was my first attempt at doing a virtual fundraiser,” says Patrick. “I am hopeful that even during trying times some positive giving will come out to support this terrible disease.”

To support Patrick visit:

<http://act.alz.org/goto/TheYsGuys>

Patrick is a VP of Retail Lending at Fox Communities Credit Union in Green Bay.

The Longest Day is the day with the most light — the summer solstice. On June 20, people from across the world will fight the darkness of Alzheimer’s through a fundraising activity of their choice.

