

## The Longest Day Volunteers

### “Hike & Ride” for Alzheimer’s Awareness

Phil Newman, Menomonie, Wisconsin

This is the second year Phil Newman is participating in The Longest Day fundraising initiative. “I participate to honor my father who passed away from Alzheimer’s and my wife’s uncle who is living with Alzheimer’s,” says Phil. “It’s a fun way to give back and very easy to organize.”

Phil is hosting a “Hike & Ride” on June 20<sup>th</sup>, the longest day of the year. Phil is a quadriplegic so he will be riding in his motorized wheelchair, but he hopes to be surrounded by family and friends who are hiking alongside him for the mission.

His team is seeking donations and encouraging others to virtually hike with them on June 20<sup>th</sup>. Support Phil at: [https://act.alz.org/site/TR/LongestDay2020/TheLongestDay?pg=team&fr\\_id=13035&team\\_id=602392](https://act.alz.org/site/TR/LongestDay2020/TheLongestDay?pg=team&fr_id=13035&team_id=602392)

The Longest Day is the day with the most light — the summer solstice. On June 20, people from across the world will fight the darkness of Alzheimer’s through a fundraising activity of their choice.

