CONTENTS

We know how valuable our programs and services are to those living with dementia, their families and friends, and to local companies whose employees rely on our supportive services.

Throughout these pages you will find descriptions of our education programs, and a brief explanation of our services, including support groups, social engagement programs and respite services. The classes and services are organized by county, so you can find opportunities for in-person information and services that are close to you.

We’ve also included information about important events and fundraisers, which enable us to continue to provide these valuable programs and services at no cost to you.

24/7 Helpline - Our free helpline service provides information and support every hour of every day at 800.272.3900. Trained staff can answer questions about brain health, care services, community resources and more.

Care Consultation - This service is provided by trained professionals who can help navigate the difficult decisions and uncertainties faced throughout the course of the disease. Care consultations are tailored to each family’s unique situation and incorporate personalized assessment, service plan development and strategies to address common concerns. Meetings are available at several locations in your community by appointment.

Early Stage Services - These programs are ideal for those diagnosed with early stage Alzheimer’s and offer social interaction, education and care planning guidance.

Education - Education programs provide the necessary knowledge and information to empower caregivers of those with dementia to get the tools, resources and support they need to enhance overall well-being and effectively care for their loved ones.

Respite Services - Monthly respite offers a few hours of relief for caregivers and provides social interaction and meaningful activities in a safe environment for individuals living with Alzheimer’s disease or other dementia.

Safety Services - Taking measures to improve safety can prevent injuries and help an individual with dementia, and their caregivers, in a number of ways, including helping them feel more relaxed and confident and less overwhelmed. It could also help maintain independence longer.

Support Groups - Support groups provide emotional, educational and social support for caregivers through regularly scheduled meetings. These groups offer a safe and confidential platform to help participants develop methods and skills to solve problems.
COMMUNITY EDUCATION

Alzheimer’s community education and awareness classes are free and open to the public. Except where noted, all programs are one-hour in length. Registration is required by calling 800.272.3900.

CLASS INFORMATION

**Understanding Alzheimer’s Disease and Dementia** – This program provides a general overview of the disease and related dementias.

**10 Warning Signs of Alzheimer’s** – The 10 Signs program is a key tool in promoting recognition of common changes that may help with early detection and diagnosis of Alzheimer’s disease or another dementia.

**Healthy Living for Your Brain and Body** – This program provides recommendations in the areas of diet and nutrition, exercise, cognitive activity and social engagement for promoting healthy aging.

**Advancements in Research** – This program covers the latest research trials and strides made in working toward treatments and a cure.

FOR FAMILIES & CAREGIVERS

**Understanding and Responding to Dementia-Related Behaviors** – Learn how to decode behavioral messages, identify common behavior triggers, and strategize to overcome these challenges.

**Tips for Tough Conversations about Dementia** – We offer suggestions for having honest and caring conversations with family members about visiting the doctor, deciding when to stop driving, and making legal and financial plans.

**Effective Communication Strategies** – Join us to explore how communication takes place when someone has Alzheimer’s, learn to decode verbal and behavioral messages, and identify strategies to help connect and communicate at each stage of the disease.

**Legal and Financial Planning for Alzheimer’s** – This workshop is for anyone who would like to know more about what legal and financial issues to consider and how to put plans in place.

**Tips for Caring for Someone with Alzheimer’s** – This 3-part series presents perspectives from caregivers and professionals to offer helpful strategies to provide safe, effective, and comfortable care. This program is tailored to caregivers in the early, middle or late stages of the disease.
The Alzheimer’s Association WNY Chapter offers a number of programs for individuals experiencing early stage Alzheimer’s disease, mild cognitive impairment, and related dementias. Most of these programs are offered free-of-charge, but some of them require fees paid to the sites offering the program.

Join Enrichment Programs
The Chapter offers a number of joint enrichment programs, including art workshops, ballroom dancing, bowling, concerts, music workshops, picnics, plays, and sporting events. Ongoing programs include:

- **Art Gallery Tours**
  - **Gather at the Gallery** at the Burchfield Penney Art Center and **Art Today** at the Albright Knox Art Gallery — guides from these well-known art galleries lead private monthly group tours. Both of these programs are free of charge, however, there is a $2 parking fee at the Burchfield Penney Art Center.

- **Ballroom Dance**
  - Christ United Methodist Church, Amherst — Instructors from Ballroom & Beyond teach ballroom technique, Latin dance, and more!

- **Creative Wellness, East Aurora**
  - This is a monthly yoga workshop to show you how to de-stress and re-energize in a calm, peaceful and relaxing environment.

Support Groups
A limited series of regularly scheduled programs designed to provide emotional, educational and social support for care partners and persons in the early stage of Alzheimer’s disease or another dementia.

Education Programs
“Living with Alzheimer’s” is a series of classes ideally suited for persons living with dementia, care partners and persons with early stage dementia.

Caregiving is demanding and it’s normal to need a break. Utilizing respite services can support and strengthen your ability to be a caregiver.

Community Social Programs
Free monthly community social programs offer companionship, meaningful activities and active engagement for individuals living with dementia. These programs also provide 1-to-1 companionship with trained volunteers, a safe place to connect with others facing a similar journey and time to unwind.

For care partners, social programs offer time to tend to their own needs and/or complete daily tasks such as cleaning or shopping. These programs typically are offered once per month for four hours in faith-based communities and/or community centers.

Temporary Respite Funding
Funding support from the New York State Department of Health enables the Alzheimer’s Association WNY Chapter to partner with aging service offices across the region to provide temporary respite relief to families impacted by Alzheimer’s disease or a related dementia. Caregivers may choose the type of temporary respite care that is best for their particular situation. Options may include in-home services, social adult day programs medical adult day programs, consumer-directed personal assistance or overnight stays in a residential facility. To learn more about temporary respite relief options near you, contact your local Office for the Aging at the numbers below:

- Allegany County – 585.268.9390
- Cattaraugus County – 716.373.8032
- Chautauqua County – 716.753.4582
- Erie County – 716.858.8526
- Genesee County – 585.343.1611
- Niagara County – 716.438.3030
- Wyoming County – 585.786.8833
SAFETY SERVICES

WANDERING
DID YOU KNOW? 6 in 10 people with dementia will wander at some point! It is important to be prepared when it happens and one of the best ways to do that is through the MedicAlert + Safe Return program. MedicAlert + Safe Return is a 24-hour nationwide emergency response system for those living with dementia and their families. When an enrolled participant wanders from home, his or her caregiver can call the 24-hour emergency line and make a report. That information is then faxed to local police and support staff from the Alzheimer’s Association is notified. The program includes jewelry engraved with an emergency phone number that will relay vital health information to the first responder or anyone else who locates your missing loved one. This vitally important service is now available free of charge through the Alzheimer’s Association WNY! To begin the enrollment process, call 800.272.3900.

DRIVER EVALUATION PROGRAM
Decisions about driving are never easy. This program can help with those decisions. This assessment will take into consideration the underlying causes of changes in driving and make suggestions based on the evaluation. The Alzheimer’s Association has partnered with ECMC’s driver evaluation program to help families access this service at no cost! If you have questions about this program, please call 800.272.3900.

RESOURCES CLOSE TO HOME
Your local Office for the Aging/Senior Services may be able to provide safety devices to families who are caring for someone with dementia. If you have questions about these devices or would like to access them please call New York Connects at 800.342.9871 or the OFA/Senior Department in your county:

- Allegany – 585.268.9390
- Cattaraugus – 716.373.8032
- Chautauqua – 716.753.4582
- Erie – 716.858.8526
- Genesee – 585.343.1611
- Niagara – 716.438.3030
- Orleans – 585.589.3191
- Wyoming – 585.786.8833

The WNY Chapter thanks these local companies and facilities for their support of our fight for the first survivor!

- Aleron
- Bengerson Development
- Bengart & DeMarco
- Buffalo Sabres
- Chautauqua Nursing and Rehabilitation Center
- Clover Management
- Cognivue
- CSS Construction
- Dent Memory Disorders Center
- EG Tax
- Family Choice of NY
- GBUAHN
- GEICO
- Gross Shuman
- Linde
- Nestle Purina
- Personal Health Care - Houghton & Salamanca
- Rich’s
- Spiel the Wine
- Tompkins Bank of Castile
- United Health Care
- Wheatfield Commons
- The Greenfields
- The Manor House
- ZeptoMetrix

You can still join us in the fight!

WE WALK IN
LEWISTON-ARTPARK
Saturday, October 5

REGISTER
alz.org/Walk
800.272.3900
EDUCATION PROGRAMS

Understanding and Responding to Dementia Related Behaviors
Wednesday, October 2, 1:30pm
David A Howe Library
155 North Main Street, Wellsville

Understanding Alzheimer’s Disease and Dementia
Tuesday, November 5, 5:30pm
Library Wide Awake Club
22 North Genesee Street, Fillmore
* Care Consultations available after the class from 6:30-7pm, registration required by calling 716.626.0600 ext. 313.

Healthy Living for Your Brain and Body
Tuesday, December 17, 1:00pm
Office for the Aging
6085 Route 19, Belmont

DEMENTIA CAREGIVER SUPPORT GROUPS

BELMONT
3rd Tuesday, 1:00pm
Allegany Co. Office for the Aging
6085 NY-19

WELLSVILLE
1st Wednesday, 1:00pm
Total Senior Care/Daybreak
194 N. Main Street

COMMUNITY SOCIAL PROGRAMS

We are seeking faith-based communications to offer a monthly volunteer-run social respite for those living with dementia. Grant funding is available. Call Lauren Ashburn at 716.626.0600 ext. 8980 for details.

EDUCATION PROGRAMS

Legal and Financial Planning
Wednesday, October 16, 11:00am
Southern Tier Health Care System
150 North Union Street, Olean

Understanding and Responding to Dementia Related Behaviors
Monday, November 4, 11:00am
Memorial Library of Little Valley
110 Rock City Street, Little Valley

Effective Communication Strategies
Friday, November 8, 1:30pm
Cattaraugus County Department of Aging
1 Leo Moss Drive, Olean

Healthy Living for your Brain and Body
Wednesday, December 4, 11:00am
Southern Tier Health Care System
150 North Union Street, Olean

Tips for Tough Conversations
Thursday, December 19, 11:00am
St. Paul’s Lutheran Church
6360 Route 242, Ellicottville

DEMENTIA CAREGIVER SUPPORT GROUPS

ELLIOTTVILLE
3rd Thursday, 1:00pm
St. Paul’s Lutheran Church
6360 NY-242

MACHIAS
2nd Friday, 1:00pm
The Pines–Schobert Conference Room
9822 Route 16

PUMPKINVILLE!
This Joint Enrichment Social Program is for those in the early stages of Alzheimer’s or other dementia & their care partners. Includes hayride, lunch and pumpkin picking! Pre-registration required at: 716.626.0600 ext. 313.
EDUCATION PROGRAMS

10 Warning Signs of Alzheimer’s*
Wednesday, October 9, 10:30am
United Methodist Church
101 East Main Street, Westfield
* Lunch, respite and caregiver resource basket included with required pre-registration. Please call Gail Boardway at 716.867.2319.

Tuesday, October 22, 5:00pm
Patterson Library
40 South Portage Street, Westfield

Understanding and Responding to Dementia Related Behaviors
Thursday, October 10, 2:00pm
Ellington Farman Library
760 Thornton Road, Ellington

Understanding Alzheimer’s Disease and Dementia
Thursday, November 14, 3:00pm
Park United Methodist Church
49 Sinclair Drive, Sinclairville

Legal and Financial Planning
Monday, November 18, 2:00pm
Cassadaga Branch Library
18 Maple Avenue, Cassadaga

Tips for Caregivers Series: Middle Stage Dementia*
October 22, October 29, November 5
Consecutive Tuesday’s at 2:00pm
Park United Methodist Church
49 Sinclair Drive, Sinclairville
* Free caregiver resource basket for those who pre-register!

DEMENTIA CAREGIVER SUPPORT GROUPS

DUNKIRK
2nd Friday, 10:00am
St. John’s United Church of Christ
733 Central Avenue

FREDONIA
4th Thursday, 4:30pm
Fredonia Place
50 Howard Street

JAMESTOWN
2nd Tuesday, 1:30pm
Jamestown Area Medical Assoc.
15 South Main Street
*For respite call 800.272.3900
3rd Thursday, 5:30pm
Fluvanna Community Church
3363 Fluvanna Avenue

MAYVILLE
3rd Wednesday, 10:00am
Mayville Library
92 S. Erie Street

NORTH COUNTY DINE-N-DISH
2nd Tuesday, 9:30am
*Restaurant location changes monthly. Please call Jennifer Ellman at the OFA at 716.753.4781 for information.

SINCLAIRVILLE
3rd Monday, 11:00am
Park United Methodist Church
49 Sinclair Drive

COMMUNITY SOCIAL PROGRAM

WESTFIELD
2nd Wednesday, 10:00am-2:00pm
Westfield United Methodist Church
101 East Main Street
Contact Gail Boardway: 716.867.2319

Private Care Consultations are available free of charge in your community. Call the Alzheimer’s Association at 800.272.3900 or the Chautauqua County Office for the Aging at 716.753.4582.
EDUCATION PROGRAMS

Understanding Alzheimer’s Disease and Dementia
Monday, October 7, 1:30pm
Clarence Senior Center
4600 Thompson Road, Clarence

Thursday, October 10, 10:30am
Clemmon H Hodges Senior Center
86 Pine Street, Buffalo

Monday, October 14, 2:30pm
Eden Library
2901 East Church Street, Eden

Tuesday, October 15, 10:30am
Kenmore Middle School, Room 220
155 Delaware Road, Kenmore

Wednesday, October 23, 5:00pm
Alden Community School
13190 Park Street, Alden

Wednesday, November 6, 12:00pm*
Elderwood Village at Bassett Road
245 Bassett Road, Buffalo
* Lunch provided

Effective Communication Strategies
Tuesday, October 8, 11:00am
Kenmore Branch Library
160 Delaware Road, Kenmore

Friday, October 11, 2:00pm
Amherst Center for Senior Services
370 John James Audubon Parkway, Amherst

Monday, October 21, 6:00pm
Isaia Gonzalez-Soto Branch Library
280 Porter Avenue, Buffalo

Healthy Living for Your Brain and Body
Thursday, October 24, 6:00pm
Riverside Branch Library
820 Tonawanda Street, Buffalo

Wednesday, November 13, 10:00am
Independent Health Family Branch YMCA
150 Tech Drive, Amherst

Tuesday, December 10, 5:00pm
Alden Community School
13190 Park Street Alden

Tips for Tough Conversations
Tuesday, October 29, 6:00pm
Elderwood at Grand Island
2850 Grand Island Boulevard, Grand Island

10 Warning Signs of Alzheimer’s
Friday, November 1, 1:00pm
City of Tonawanda Public Library
333 Main Street, Tonawanda

Legal and Financial Planning
Wednesday, November 6, 6:00pm
Amherst Center for Senior Services
370 John James Audubon Pkwy, Amherst
* Dinner available for $3.00, call 716.636.3055 ext. 3108
to reserve your seat by 11/4

Tuesday, December 3, 6:00pm
Elderwood at Grand Island
2850 Grand Island Boulevard, Grand Island

Advancements in Alzheimer’s Research
Thursday, November 21, 5:30pm
Chapter Office
6215 Sheridan Drive, Suite 100, Amherst
COMMUNITY SOCIAL PROGRAMS

AMHERST
1st Wednesday, 10:30am-2:30pm
Trinity Old Lutheran Church
3445 Sheridan Drive
Contact Jan Sherman or Paulette: 716.836.4868

*NEW* BUFFALO
3rd Thursday, 11:00am-3:00pm
Lincoln Memorial United Methodist Church
641 Masten Avenue
Contact Hazel Willis: 716.833.3847

CLARENCE
3rd Monday, 4:30-7:30pm
Clarence Senior Center
4600 Thompson Road
Contact Deb Sabbatis: 716.633.5138

EAST AURORA
2nd Thursday & 4th Wednesday, 10:30am-2:30pm
Baker Memorial United Methodist Church
345 Main Street
Contact Michele Engasser: 716.652.0500

EDEN
3rd Wednesday, 10:30am-2:30pm
Eden United Methodist Church
2820 E. Church Street
Contact Kevin Karstedt: 716.992.2248

GETZVILLE
2nd Tuesday, 10:00am-2:00pm
Asbury United Methodist Church
850 Dodge Road
Contact Pat Hair: 716.697.4049

GRAND ISLAND
2nd Wednesday, 1:30-4:30pm
Temporary Location: Grand Island Memorial Library
1715 Bedell Road
Contact Jennifer Menter: 716.773.9682

HAMBURG
2nd Wednesday, 10:30am-2:30pm
Hamburg United Methodist Church
116 Union Street
Contact Lisa Rood: 716.941.5703

HOLLAND
1st Thursday, 10:30am-2:30pm
Holland United Methodist Church
11699 Partridge Road
Contact Cindy Cassavino: 716.388.3150

*NEW* KENMORE
1st Tuesday, 11:30am-3:30pm
St. John the Baptist RC Church
1085 Englewood Avenue
Contact Mary Elias: 716.874.0672

SOUTH BUFFALO
2nd Saturday, 10:30am-2:30pm
Grace Evangelical Lutheran Church
174 Cazenovia Street
Contact Sue Swanson-Wittek: 716.992.3814

SPRINGVILLE
1st Wednesday, 10:30am-2:30pm
First United Methodist Church
474 East Main Street
Contact Barb Blesy: 716.435.5400

For questions / registration call 800.272.3900

Please call the contact person listed for location.
TONAWANDA
3rd Tuesday, 10:30am-2:30pm
First Presbyterian Church
149 Broad Street
Contact Mike Donovan: 716.692.1319

WEST SENECA
1st Wednesday, 11am-3pm
Southtowns YMCA
1620 Southwestern Boulevard
Contact Sue Kincaid: 716.674.9622 ext. 143

3rd Thursday, 10:30am-2:30pm
St. David’s Episcopal Church
3951 Seneca Street
Contact Annie Froncowiak: 716.674.4670

WILLIAMSVILLE
1st Saturday, 11:00am-2:00pm
St. Gregory the Great Church
200 St. Gregory Court
Contact Lee Zack: 716.688.5678 ext. 339

SPECIALIZED SUPPORT GROUPS

Men’s Support Group
1st Monday, 7:00pm
Elderwood Village at Williamsville
5271 Main Street, Williamsville

Daughters Only
2nd Wednesday, 5:00pm
Harris Hill Nursing Facility
2699 Wehrle Drive, Williamsville

Wives Support Group
2nd Wednesday, 3:00pm
Harris Hill Nursing Facility
2699 Wehrle Drive, Williamsville

FTD Caregiver Support Group
2nd Wednesday, 6:00pm
Chapter Office
6215 Sheridan Drive, Suite 100, Amherst

Lewy Body Dementia Caregiver Support Group
1st Tuesday, 6:00pm
Chapter Office
6215 Sheridan Drive, Suite 100, Amherst

Young-Onset Caregiver Support Group
2nd Monday, 6:30pm
Chapter Office
6215 Sheridan Drive, Suite 100, Amherst

Caring for Someone Living in a Care Community
3rd Saturday, 11:00am
Asbury United Methodist Church
850 Dodge Road, Getzville

Caregiving Through the Holidays
Thursday, November 14, 10:30am
Baker Memorial United Methodist Church
345 Main Street, East Aurora

* Private meetings with a dementia care expert are available with pre-registration.
* Free caregiver resource basket for those who pre-register.
* Respite also available.
* Call (716) 262-0600 ext. 313 for additional information and to pre-register.

Class and Program descriptions can be found on pages 3 and 4.
Dementia Caregiver Support Groups

Amherst
2nd Tuesday, 6:00pm
Dent Neurologic Institute
3980 Sheridan Drive

Buffalo
4th Monday, 1:30pm
Frank E. Merriweather Jr. Library
1324 Jefferson Avenue

New! 2nd Saturday, 10:45am
Grace Evangelical Lutheran Church
174 Cazenovia Street
* For respite call 800.272.3900

Cheektowaga/Depew
3rd Thursday, 7:00pm
Lord of Life ADHC
1025 Borden Road
* For respite call 800.272.3900

Clarence
3rd Monday, 4:30pm
Clarence Senior Center
4600 Thompson Road
* For respite call 800.272.3900

East Aurora
4th Wednesday, 10:30am
Baker Memorial United Methodist
345 Main Street
* For respite call 800.272.3900

Elma
3rd Tuesday, 6:00pm
Elma United Methodist Church
2881 Bowen Road

Grand Island
2nd Wednesday, 1:30pm
Golden Age Center
3278 Whitehaven Road
* For respite call 800.272.3900

Hamburg
2nd Wednesday, 11:00am
Watermark Wesleyan Church
4999 McKinley Parkway, Room 102
* For respite call 800.272.3900

Kenmore
1st Tuesday, 11:00am
Kenmore United Methodist Church
32 Landers Road

Orchard Park
2nd Thursday, 6:00pm
Dent Neurologic Institute
200 Sterling Drive
Last Monday, 10:30am
St. John Vianney Church-Gathering Room
2950 Southwestern Boulevard

Williamsville
1st Tuesday, 6:00pm
Heathwood Assisted Living
815 Hopkins Road

In-person care consultations are available in your community and our Chapter office at no cost. Please call us at 800.272.3900 to arrange a private meeting.
EDUCATION PROGRAMS

Understanding Alzheimer’s Disease and Dementia
Tuesday, October 8, 5:00pm
The Manor House
427 East Main Street, Batavia
* Dinner included, will begin serving at 4:45pm

Effective Communication Strategies
Tuesday, October 15, 7:00pm
Le Roy Village Green Nursing
10 Munson Street, LeRoy
* Care consultants will be available before the program for free private meetings, pre-registration required by calling 716.626.0600 ext. 313.

Tuesday, December 3, 2:00pm
Genesee County Aging Services
2 Bank Street, Batavia

Understanding and Responding to Dementia Related Behaviors
Tuesday, November 12, 5:00pm
The Manor House
427 East Main Street, Batavia
* Dinner included, will begin serving at 4:45pm

Monday, October 28, 6:30pm
First Presbyterian Church of Batavia
300 East Main Street, Batavia
* Refreshments and free caregiver resource basket for those who pre-register.

Legal and Financial Planning for Dementia
Monday, December 9, 1:00pm
New York State Veterans Home
220 Richmond Avenue, Batavia

COMMUNITY SOCIAL PROGRAM

BATAVIA
2nd Monday, 10:30am-2:30pm
St. James Episcopal Church
405 East Main Street
Contact: Barbara King: 585-343-6802

4th Monday, 10:30am-2:30pm
First Presbyterian Church
300 E. Main Street
Contact Mickey Rodak: 585.455.5940

CORFU
3rd Wednesday, 10:00am-2:00pm
Indian Falls United Methodist Church
7908 Allegany Road
Contact Celinda McQuiston: 585.478.8188

DEMENTIA CAREGIVER SUPPORT GROUPS

BATAVIA
3rd Wednesday, 7:00-8:30pm
*NEW LOCATION*
First Presbyterian Church
300 E. Main Street

3rd Thursday, 1:00pm
Genesee County Office for the Aging
2 Bank Street

LE ROY
2nd Monday, 2:00pm
The Greens of Le Roy
1 West Avenue

Private Care Consultations are available free of charge in your community. Call the Alzheimer’s Association at 800.272.3900 or the Genesee County Office for the Aging at 585.343.1611.
EDUCATION PROGRAMS

Healthy Living for Your Brain and Body
Tuesday, October 1, 6:00pm
Youngstown Free Library
240 Lockport Street, Youngstown

Thursday, December 12, 3:00pm
Lockport Public Library
23 East Avenue, Lockport

Understanding Alzheimer’s Disease and Dementia
Thursday, October 17, 2:00pm
North Tonawanda Public Library
505 Meadow Drive, North Tonawanda

Monday, December 2, 3:00pm
Youngstown Free Library
240 Lockport Street, Youngstown

Legal and Financial Planning
Thursday, November 7, 11:30am
John Duke Senior Center
1201 Hyde Park Boulevard, Niagara Falls

Understanding and Responding to Dementia Related Behaviors
Tuesday, November 12, 2:00pm
Newfane Public Library
2761 Maple Avenue, Newfane

Effective Communication Strategies
Monday, November 18, 3:00pm
Niagara Falls Library Lasalle
8728 Buffalo Avenue, Niagara Falls

COMMUNITY SOCIAL PROGRAMS

GASPORT
2nd Wednesday, 10:30am-2:30pm
Hartland United Methodist Church
8019 Ridge Road
Contact Beth Wheeler: 716.772.2376

LEWISTON
3rd Wednesday, 11am-3pm
St. Paul’s Episcopal Church
400 Ridge Road
Contact Barbara Price: 716.754.4591

LOCKPORT
2nd Tuesday, 10:30am-2:30pm
Trinity Lutheran Church
67 Saxon Street
Contact Laurie Bauch: 716.434.5982

Caregiving Through the Holidays
Wednesday, November 13, 10:30am
Hartland United Methodist Church
8019 Ridge Road, Gasport

* Private meetings with a dementia care expert are available with pre-registration.
* Free caregiver resource basket for those who pre-register.
* Respite also available.
* Call (716) 262-0600 ext. 313 for additional information and to pre-register.
DEMENTIA CAREGIVER SUPPORT GROUPS

BURT
2nd Tuesday, 5:30pm
St. Andrews Episcopal Church Wilson
Burt & West Creek Road

LEWISTON*
3rd Wednesday, 6:00pm
Mount St. Mary’s Hospital
5300 Military Road, Room 723A
* Day and location may change – please call 800.272.3900 before attending

LOCKPORT
2nd Tuesday, 10:30am
Trinity Lutheran Church
67 Saxton Street
* For respite call 800.272.3900

NORTH TONAWANDA
3rd Wednesday, 1:00pm
Ralph C. Wilson Jr. Adult Day
3780 Commerce Court #100
* For respite call 800.272.3900
ORLEANS COUNTY
For questions / registration call 800.272.3900

EDUCATION PROGRAMS
Understanding Alzheimer’s Disease and Dementia
Tuesday, October 1, 10:00am
Yates Community Library
15 North Main Street, Lyndonville

DEMENTIA CAREGIVER SUPPORT GROUPS
ALBION
2nd Tuesday, 6:00pm
Hoag Library
134 So. Main Street
KENDALL
3rd Thursday, 1:00pm
Concordia Lutheran Church
1769 Kendall Road
LYNDONVILLE
1st Tuesday, 11:00am
Yates Community Library
15 N Main Street

In-person care consultations are available at several locations in your community. Please call 800.272.3900 to arrange a no-cost private meeting.

COMMUNITY SOCIAL PROGRAMS
Currently seeking faith-based communities to start a once a month, 4 hour, volunteer-run, social respite program for those living in the early-mid stages of dementia. Consultant start-up, free training, and grant funding is available. Call Lauren Ashburn at 716.626.0600 ext. 8980 for details.
EDUCATION PROGRAMS

10 Warning Signs of Alzheimer’s
Thursday, October 17, 2:00pm
Office for the Aging
8 Perry Avenue, Warsaw

Effective Communication Strategies
Wednesday, November 13, 3:00pm
Warsaw Public Library
130 N Main Street, Warsaw

Legal and Financial Planning for Alzheimer's*
Wednesday, December 11, 5:00pm
Perry Public Library
70 North Main Street, Perry
* Private care consultations available before and after with pre-registration.

COMMUNITY SOCIAL PROGRAMS

ARCADE
2nd Thursday, 10:30am-2:30pm
Hope Lutheran Church of Arcade
1 E Main Street
Contact: Julie Tingue: 585.492.2530

DEMENTIA CAREGIVER SUPPORT GROUPS

NEW! ARCADE*
2nd Thursday, 10:45am
Arcade United Methodist Church
212 Main Street
* Respite may be available--call 800.242.3900 for details.

WARSAW
1st Monday, 10:00am
Wyoming County OFA
8 Perry Avenue

Private Care Consultations are available free of charge in your community. Call the Alzheimer’s Association at 800.272.3900 or the Wyoming County Office for the Aging at 585.786.8833.