CONTENTS

We know how valuable our programs and services are to those living with dementia, their families and friends, and to local companies whose employees rely on our supportive services.

Throughout these pages you will find descriptions of our education programs, and a brief explanation of our services, including support groups, social engagement programs and respite services. The classes and services are organized by county, so you can find opportunities for in-person information and services that are close to you.

We’ve also included information about important events and fundraisers, which enable us to continue to provide these valuable programs and services at no cost to you.

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OUR CORE SERVICES

The Alzheimer’s Association WNY Chapter serves individuals and families affected by Alzheimer’s disease and related dementias. These programs and services are available to help you provide the best care for your loved one.

Care Consultation - This service is provided by trained professionals who can help navigate the difficult decisions and uncertainties faced throughout the course of the disease. Care consultations are tailored to each family’s unique situation and incorporate personalized assessment, service plan development and strategies to address common concerns. Meetings are available at several locations in your community by appointment.

Education - Education programs provide the necessary knowledge and information to empower caregivers of those with dementia to get the tools, resources and support they need to enhance overall well-being and effectively care for their loved ones.

Respite Services/Community Social Programs
Respite provides relief to those who care for individuals with Alzheimer’s disease or other dementias. Time away from caregiving responsibilities is essential to their own well-being and allows them to refresh and recharge their batteries, reduce stress and can help ensure that those with Alzheimer’s remain at home as long as possible.

24/7 Helpline - Our free helpline service provides information and support every hour of every day at 800.272.3900. Trained staff can answer questions about brain health, care services, community resources and more.

Safety Services - Taking measures to improve safety can prevent injuries and help an individual with dementia, and their caregivers, in a number of ways, including helping them feel more relaxed and confident and less overwhelmed. It could also help maintain independence longer.

Support Groups - Support groups provide emotional, educational and social support for caregivers through regularly scheduled meetings. These groups offer a safe and confidential platform to help participants develop methods and skills to solve problems. Support groups encourage caregivers to maintain their own personal, physical and emotional health, as well as provide the best care for individuals with dementia.

24/7 Helpline 800.272.3900

www.alz.org/WNY | 3
COMMUNITY EDUCATION

Alzheimer’s community education and awareness classes are free and open to the public. Except where noted, all programs are one-hour in length. Registration is required by calling 800.272.3900.

CLASS INFORMATION

Understanding Alzheimer’s Disease and Dementia – This program provides a general overview of the disease and related dementias.

10 Warning Signs of Alzheimer’s – The 10 Signs program is a key tool in promoting recognition of common changes that may help with early detection and diagnosis of Alzheimer’s disease or another dementia.

Healthy Living for Your Brain and Body – This program provides recommendations in the areas of diet and nutrition, exercise, cognitive activity and social engagement for promoting healthy aging.

Advancements in Research – This program covers the latest research trials and strides made in working toward treatments and a cure.

FOR FAMILIES & CAREGIVERS

Understanding and Responding to Dementia-Related Behaviors – Learn how to decode behavioral messages, identify common behavior triggers, and strategize to overcome these challenges.

Tips for Tough Conversations about Dementia – We offer suggestions for having honest and caring conversations with family members about visiting the doctor, deciding when to stop driving, and making legal and financial plans.

Effective Communication Strategies – Join us to explore how communication takes place when someone has Alzheimer’s, learn to decode verbal and behavioral messages, and identify strategies to help connect and communicate at each stage of the disease.

Legal and Financial Planning for Alzheimer’s – This workshop is for anyone who would like to know more about what legal and financial issues to consider and how to put plans in place.

Tips for Caring for Someone with Alzheimer’s – This 3-part series presents perspectives from caregivers and professionals to offer helpful strategies to provide safe, effective, and comfortable care. This program is tailored to caregivers in the early, middle or late stages of the disease.

This program guide is supported in part through a grant from the New York State Department of Health.
EARLY STAGE PROGRAMS

The Alzheimer’s Association WNY Chapter offers a number of programs for individuals experiencing early stage Alzheimer’s disease, mild cognitive impairment, and related dementias. Most of these programs are offered free-of-charge, but some of them require fees paid to the sites offering the program.

Social Programs
The Chapter offers a number of ongoing social programs, including art workshops, ballroom dancing, bowling, concerts, music workshops, picnics, plays, and sporting events.

Art Gallery Tours
Gather at the Gallery at the Burchfield Penney Art Center and Art Today at the Albright Knox Art Gallery – guides from these well-known art galleries lead private monthly group tours. Both of these programs are free of charge, however, there is a $2 parking fee at the Burchfield Penney Art Center.

Ballroom Dance
Christ United Methodist Church, Amherst – Instructors from Ballroom & Beyond teach ballroom technique, Latin dance, and more!

Support Groups
A limited series of regularly scheduled programs designed to provide emotional, educational and social support for care partners and persons in the early stage of Alzheimer’s disease or another dementia.

Education Programs
“Living with Alzheimer’s” is a series of classes ideally suited for persons living with dementia, care partners and persons with early stage dementia.

Creative Wellness, East Aurora
This is a monthly workshop to show you how to de-stress and re-energize in a calm, peaceful and relaxing environment.

LIVE WELL WITH DEMENTIA CONFERENCE
Saturday August 24
BUFFALO

This half-day conference is designed for individuals living with early stage dementia or Mild Cognitive Impairment and their care partners. Rev. Dr. Cynthia Huling Hummel is a former early stage advisor for the Alzheimer’s Association who speaks around the country about her life with dementia.

Please call Shelby Edgerly at 716.626.0600 extension 313 for additional information

we welcome your ideas!

Let us know if you would like to participate in specific types of programming, or if you are able to share your time with us as a social program volunteer. We’d love to discuss the possibilities! 800.272.3900

Help us sustain our mission to provide care and support for all impacted by Alzheimer’s disease by making a donation to support future issues of this Program Guide.

Donate online at www.alz.org/WNY
or send a check to us at: Alzheimer’s Association WNY
6215 Sheridan Drive, Suite 100, Amherst, NY 14221
SAFETY SERVICES

WANDERING
DID YOU KNOW? 6 in 10 people with dementia will wander at some point! It is important to be prepared when it happens and one of the best ways to do that is through the MedicAlert + Safe Return program. MedicAlert + Safe Return is a 24-hour nationwide emergency response system for those living with dementia and their families. When an enrolled participant wanders from home, his or her caregiver can call the 24-hour emergency line and make a report. That information is then faxed to local police and support staff from the Alzheimer’s Association is notified. The program includes jewelry engraved with an emergency phone number that will relay vital health information to the first responder or anyone else who locates your missing loved one. This vitally important service is now available free of charge through the Alzheimer’s Association WNY! To begin the enrollment process, call 800.272.3900.

DRIVER EVALUATION PROGRAM
Decisions about driving are never easy. This program can help with those decisions. This assessment will take into consideration the underlying causes of changes in driving and make suggestions based on the evaluation. The Alzheimer’s Association has partnered with ECMC’s driver evaluation program to help families access this service at no cost! If you have questions about this program, please call 800.272.3900.

RESOURCES CLOSE TO HOME
Your local Office for the Aging/Senior Services may be able to provide safety devices to families who are caring for someone with dementia. If you have questions about these devices or would like to access them please call New York Connects at 800.342.9871 or the OFA/Senior Department in your county:

- Allegany – 585.268.9390
- Cattaraugus – 716.373.8032
- Chautauqua – 716.753.4582
- Erie – 716.858.8526
- Genesee – 585.343.1611
- Niagara – 716.438.3030
- Orleans – 585.589.3191
- Wyoming – 585.786.8833

LEAVE A LEGACY FOR FUTURE GENERATIONS

What if you could make a gift that would improve the lives of millions of people facing one of the most devastating diseases in the world?

What if you could make a gift that’s as generous as your spirit while protecting you financial security and that of those you love?

What if you could make a gift that ensures your family will know what you believed was truly important in this life?

You can do all this through a planned gift to the Alzheimer’s Association.

With a variety of options like charitable bequests, gift annuities, remainder and lead trusts you can support the work of the Alzheimer’s Association as you plan for the future.

Contact Lynn Westcott at (716) 241-0357 or LWWestcott@alz.org for more information about ways to create your legacy.
EDUCATION PROGRAMS

Effective Communication Strategies
Wednesday, July 10, 1:30pm*
David A Howe Library
155 North Main Street, Wellsville
*Care consultant available before and after the program for a free, private meeting. Please RSVP to 716.626.0600 extension 313.

Understanding Alzheimer’s Disease and Dementia
Wednesday, July 25, 5:00pm
Highland Healthcare Center
160 Seneca Street, Wellsville

Understanding and Responding to Dementia Related Behaviors
Tuesday, August 27, 5:30pm
Library Wide Awake Club
22 N Genesee Street, Fillmore

Tips for Tough Conversations
Tuesday, September 17, 1:00pm
Office For the Aging
6085 NY-19, Belmont

COMMUNITY SOCIAL PROGRAMS

Currently seeking faith-based communities to start a once a month, 4 hour, volunteer-run, social respite program for those living in the early-mid stages of dementia. Consultant start-up, free training, and grant funding is available. Call Lauren Ashburn at 716.626.0600 ext. 8980 for details.

DEMENTIA CAREGIVER SUPPORT GROUPS

BELMONT
3rd Tuesday, 1:00pm
Allegany Co. Office for the Aging
6085 NY-19

WELLSVILLE
1st Wednesday, 1:00pm
Total Senior Care/Daybreak
194 N. Main Street

Private Care Consultations are available free of charge in your community. Call the Alzheimer’s Association at 800.272.3900 or the Allegany County Office for the Aging at 585.268.9390.
EDUCATION PROGRAMS

Understanding Alzheimer’s Disease and Dementia
Friday, August 9, 12:30pm
Cattaraugus County Department of Aging
1 Leo Moss Drive, Olean

Understanding and Responding to Dementia-Related Behaviors
Monday, July 15, 1:00pm
Cattaraugus County Department of Aging
1 Leo Moss Drive, Olean
Thursday, August 15, 11:00am
St. Paul’s Lutheran Church
6360 NY-242, Ellicottville

Effective Communication Strategies
Tuesday, August 20, 6:00pm
Memorial Library of Little Valley
110 Rock City Street, Little Valley

DEMENTIA CAREGIVER SUPPORT GROUPS

ELLICOTTVILLE
3rd Thursday, 1:00pm
St. Paul’s Lutheran Church
6360 NY-242

MACHIAS
2nd Friday, 1:00pm
The Pines-Schobert Conference Room
9822 Route 16

Private Care Consultations are available free of charge in your community. Call the Alzheimer’s Association at 800.272.3900 or the Cattaraugus County Department of Aging at 716.373.8032.

JOIN THE FIGHT
September 28, Allegany
REGISTER TODAY!
alz.org/Walk | 800.272.3900
EDUCATION PROGRAMS

Effective Communication Strategies
Monday, July 1, 6:00pm
Cassadaga Branch Library
18 Maple Avenue, Cassadaga

Thursday, August 29, 5:00pm
Patterson Library
40 South Portage Street, Westfield

Understanding Alzheimer’s Disease and Dementia
Wednesday, July 31, 2:00pm
James Prendergast Library Association
509 Cherry Street, Jamestown

Healthy Living for Your Brain and Body
Tuesday, July 23, 5:00pm
Patterson Library
40 South Portage Street, Westfield

Wednesday, August 7, 6:00pm
Farman Free Library
760 Thornton Road, Ellington

DEMENTIA CAREGIVER SUPPORT GROUPS

DUNKIRK
2nd Friday, 10:00am
St. John’s United Church of Christ
733 Central Avenue

FREDONIA
4th Thursday, 4:30pm
Fredonia Place
50 Howard Street

JAMESTOWN
2nd Tuesday, 1:00pm
Jamestown Area Medical Assoc.
15 South Main Street
*For respite call 800.272.3900
3rd Thursday, 5:30pm
Fluvanna Community Church
3363 Fluvanna Avenue
*NEW*
3rd Wednesday, 10:00am
Mayville Library
92 S. Erie Street

NORTH COUNTY DINE-N-DISH
2nd Tuesday, 9:30am
*Restaurant location changes monthly.
Please call Jennifer Ellman at the OFA at 716.753.4781 for information.

COMMUNITY SOCIAL PROGRAM

WESTFIELD
2nd Wednesday, 10:00am-2:00pm
Westfield United Methodist Church
101 East Main Street
Contact Gail Boardway: 716.867.2319
EDUCATION PROGRAMS

Effective Communication Strategies
Monday, July 8, 7:15pm
Orchard Heights Senior Living
5200 Chestnut Ridge Road, Orchard Park

Friday, July 26, 7:00pm
Grace Evangelical Lutheran Church
174 Cazenovia Street, Buffalo

Understanding and Responding to Dementia Related Behaviors
Tuesday, July 9, 5:00pm
United Way of Buffalo & Erie County
742 Delaware Avenue, Buffalo

Tuesday, August 27, 6:00pm
Elderwood at Grand Island
2850 Grand Island Boulevard, Grand Island

Tuesday, September 24, 6:00pm
Community Concern of WNY
6722 Erie Road, Derby

Tips for Caregivers:
Middle Stage Dementia Series (3 parts)
Tuesday, July 16, July 23, July 30, 10:30am*
Kenmore Branch Library
160 Delaware Road, Kenmore
*Care consultations available before and after program and gift baskets distributed on completion of series.

Know the 10 Warning Signs
Tuesday, July 30, 6:00pm
Community Concern of WNY
6722 Erie Road, Derby

Monday, August 12, 1:30pm
Clarence Senior Center
4600 Thompson Road, Clarence

Wednesday, September 18, 10:00am
West Seneca Senior Center
4620 Seneca Street, West Seneca

Healthy Living for Your Brain and Body
Wednesday, August 7, 6:00pm
Kenmore Branch Library
160 Delaware Road, Kenmore

Thursday, August 22, 6:00pm
Community Concern
97 South Buffalo Street, Hamburg

Understanding Alzheimer’s Disease and Dementia
Monday, September 16, 1:00pm
United Way of Buffalo & Erie County
742 Delaware Avenue, Buffalo

JOIN THE FIGHT
Sept. 14, Outer Harbor Buffalo
REGISTER TODAY!
alz.org/Walk | 800.272.3900
COMMUNITY SOCIAL PROGRAMS

AMHERST
1st Wednesday, 10:30am–2:30pm
Trinity Old Lutheran Church
3445 Sheridan Drive
Contact Jan Sherman or Paulette: 716.836.4868

*NEW* BUFFALO
3rd Thursday, 11:00am–3:00pm
Lincoln Memorial United Methodist Church
641 Masten Avenue
Contact Hazel Willis: 716.833.3847

CLARENCE
3rd Monday, 4:30–7:30pm
Clarence Senior Center
4600 Thompson Road
Contact Deb Sabbatis: 716.633.5138

EAST AURORA
2nd Thursday & 4th Wednesday, 10:30am–2:30pm
Baker Memorial United Methodist Church
345 Main Street
Contact Michele Engasser: 716.652.0500

EDEN
3rd Wednesday, 10:30am–2:30pm
Eden United Methodist Church
2820 E. Church Street
Contact Kevin Karstedt: 716.992.2248

GETZVILLE
2nd Tuesday, 10:00am–2:00pm
Asbury United Methodist Church
850 Dodge Road
Contact Pat Hair: 716.679.4049

GRAND ISLAND
2nd Wednesday, 1:30–4:30pm
Temporary Location: Grand Island Memorial Library
1715 Bedell Road
Contact Jennifer Menter: 716.773.9682

HAMBURG
2nd Wednesday, 10:30am–2:30pm
Hamburg United Methodist Church
116 Union Street
Contact Lisa Rood: 716.941.5703

HOLLAND
1st Thursday, 10:30am–2:30pm
Holland United Methodist Church
11699 Partridge Road
Contact Cindy Cassavino: 716.388.3150

*NEW* KENMORE
1st Tuesday, 11:30am–3:00pm
St. John the Baptist RC Church
1085 Englewood Avenue
Contact Mary Elias: 716.874.0672

SOUTH BUFFALO
2nd Saturday, 10:30am–2:30pm
Grace Evangelical Lutheran Church
174 Cazenovia Street
Contact Sue Swanson-Wittek: 716.992.3814

SPRINGVILLE
1st Wednesday, 10:30am–2:30pm
First United Methodist Church
474 East Main Street
Contact Barb Blesy: 716.435.5400

Coffee Time with a Dementia Expert
Wednesday, August 7, 10:30am–11:30am
First United Methodist Church
474 East Main Street, Springville
Participants will be entered for a chance to win a caregiver gift basket.
Call 716.626.0600 x 313 for information and to register.
ERIE COUNTY
For questions / registration call 800.272.3900

TONAWANDA
3rd Tuesday, 10:30am-2:30pm
First Presbyterian Church
149 Broad Street
Contact Kathy Greenawalt: 716.692.1319

WEST SENeca
1st Wednesday, 11am-3pm
Souhtowns YMCA
1620 Southwestern Boulevard
Contact Marla Walker: 716.674.9622 ext. 138
3rd Thursday, 10:30am-2:30pm
St. David’s Episcopal Church
3951 Seneca Street
Contact Annie Frongowiak: 716.674.4670

WILLIAMSVILLE
1st Saturday, 11:00am-2:00pm
St. Gregory the Great Church
200 St. Gregory Court
Contact Lee Zack: 716.688.5678 ext. 339

JOINT ENRICHMENT SOCIAL PROGRAM

Kazoo Factory Tour
July 17
Tour is free and will include the ability make your own kazoo!
Transportation from chapter and lunch will be provided.

Forest Lawn Trolley Tour
July 26
Climb aboard the climate controlled, state-of-the-art Forest Lawn Trolley or walk the grounds for an entertaining and enjoyable trip back in time. Our experienced, knowledgeable docents will be your guides as they share the many stories of Forest Lawn. And along the way, don’t be surprised if you meet some of Forest Lawn’s famous “permanent residents” during your journey. Registration is required by calling 716.626.0600 ext. 313

SPECIALIZED SUPPORT GROUPS

Men’s Support Group
1st Monday, 7:00pm
Elderwood Village at Williamsville
5271 Main Street, Williamsville

Daughters Only
2nd Wednesday, 5:00pm
Harris Hill Nursing Facility
2699 Wehrle Drive, Williamsville

Wives Support Group
2nd Wednesday, 3:00pm
Harris Hill Nursing Facility
2699 Wehrle Drive, Williamsville

FTD Caregiver Support Group
2nd Wednesday, 6:00pm
Chapter Office
6215 Sheridan Drive, Suite 100, Amherst

Lewy Body Dementia Caregiver Support Group
1st Tuesday, 6:00pm
Chapter Office
6215 Sheridan Drive, Suite 100, Amherst

Young-Onset Caregiver Support Group
2nd Monday, 6:30pm
Chapter Office
6215 Sheridan Drive, Suite 100, Amherst

Caring for Someone Living in a Care Community
3rd Saturday, 11:00am
Asbury United Methodist Church
850 Dodge Road, Getzville

Live Well with Dementia
August 24
see page 7
ERIE COUNTY
For questions / registration call 800.272.3900

DEMENTIA CAREGIVER SUPPORT GROUPS

AMHERST
2nd Tuesday, 6:00pm
Dent Neurologic Institute
3980 Sheridan Drive

BUFFALO
4th Monday, 1:30pm
Frank E. Merriweather Jr. Library
1324 Jefferson Avenue

COMING SOON!
2nd Saturday, 11:00am
Grace Evangelical Lutheran Church
174 Cazenovia Street
Call 716.626.0600 ext. 313 details.

CHEEKTOWAGA/DEPEW
3rd Thursday, 7:00pm
Lord of Life ADHC
1025 Borden Road
* For respite call 800.272.3900

CLARENCE
3rd Monday, 4:30pm
Clarence Senior Center
4600 Thompson Road
* For respite call 800.272.3900

EAST AURORA
4th Wednesday, 10:30am
Baker Memorial United Methodist
345 Main Street
* For respite call 800.272.3900

ELMA
3rd Tuesday, 6:00pm
Elma United Methodist Church
2881 Bowen Road

GRAND ISLAND
2nd Wednesday, 1:30pm
Golden Age Center
3278 Whitehaven Road
* For respite call 800.272.3900

HAMBURG
2nd Wednesday, 11:00am
Watermark Wesleyan Church
4999 McKinley Parkway, Room 102
* For respite call 800.272.3900

KENMORE
1st Tuesday, 11:00am
Kenmore United Methodist Church
32 Landers Road

ORCHARD PARK
2nd Thursday, 6:00pm
Dent Neurologic Institute
200 Sterling Drive
Last Monday, 10:30am
St. John Vianney Church-Gathering Room
2950 Southwestern Boulevard

WILLIAMSVILLE
1st Tuesday, 6:00pm
Heathwood Assisted Living
815 Hopkins Road

In-person care consultations are available in your community and our Chapter office at no cost. Please call us at 800.272.3900 to arrange a private meeting.
EDUCATION PROGRAMS

Understanding Alzheimer’s Disease and Dementia
Tuesday, August 6, 11:00am
Genesee County Aging Services
2 Bank Street, Batavia

Healthy Living for Your Brain and Body
Monday, August 12, 1:00pm*
NY State Veterans Home
220 Richmond Avenue, Batavia
*Care consultant available before and after the program for a free, private meeting. Please RSVP to 716.626.0600 extension 313.

Thursday, September 12, 5:00pm*
The Manor House
427 East Main Street, Batavia
*Dinner included!

Effective Communication Strategies and Dementia Conversations
Monday, September 9, 1:00pm
NY State Veterans Home
220 Richmond Avenue, Batavia

COMMUNITY SOCIAL PROGRAM

*NEW* BATAVIA
2nd Monday, 10:30am–2:30pm
St. James Episcopal Church
405 East Main Street
Contact: Barbara King: 585-343-6802

BATAVIA
4th Monday, 10:30am–2:30pm
First Presbyterian Church
300 E. Main Street
Contact Mickey Rodak: 585.455.5940

CORFU
3rd Wednesday, 10:00am–2:00pm
Indian Falls United Methodist Church
7908 Allegany Road
Contact Celinda McQuiston:
585.478.8188

DEMENTIA CAREGIVER SUPPORT GROUPS

BATAVIA
3rd Wednesday, 7:00–8:30pm
Richmond Memorial Library
19 Ross Street
*NOTE* New location as of Sept. 18
First Presbyterian Church
300 E. Main Street

LE ROY
2nd Monday, 2:00pm
The Greens of Le Roy
1 West Avenue

Private Care Consultations are available free of charge in your community. Call the Alzheimer’s Association at 800.272.3900 or the Genesee County Office for the Aging at 585.343.1611.
EDUCATION PROGRAMS

Understanding Alzheimer's Disease and Dementia
Tuesday, July 16, 6:00pm
Newfane Public Library
2761 Maple Avenue, Newfane

Thursday, September 19, 1:00pm
John Duke Senior Center
1201 Hyde Park Boulevard, Niagara Falls

Know the Ten Warning Signs
Thursday, July 18, 2:00pm
North Tonawanda Public Library
505 Meadow Drive, North Tonawanda

Monday, August 26, 5:00pm
Lockport Public Library
23 East Avenue, Lockport

Healthy Living for Your Brain and Body
Tuesday, July 23, 11:00am
John Duke Senior Center
1201 Hyde Park Boulevard, Niagara Falls

Tuesday, August 13, 2:00pm
Ransomville Free Library
3733 Ransomville Road, Ransomville

Understanding and Responding to Dementia Related Behaviors
Monday, August 19, 3:00pm
Niagara Falls Library Lasalle
8728 Buffalo Avenue, Niagara Falls

Effective Communication Strategies
Tuesday, September 10, 6:00pm
Newfane Public Library
2761 Maple Avenue, Newfane

COMMUNITY SOCIAL PROGRAMS

GASPORT
2nd Wednesday, 10:30am-2:30pm
Hartland United Methodist Church
8019 Ridge Road
Contact Beth Wheeler: 716.772.2376

LEWISTON
3rd Wednesday, 11am-3pm
St. Paul’s Episcopal Church
400 Ridge Road
Contact Barbara Price: 716.754.4591

LOCKPORT
2nd Tuesday, 10:30am-2:30pm
Trinity Lutheran Church
67 Saxton Street
Contact Laurie Bauch: 716.434.5982

Private Care Consultations are available free of charge in your community. Call the Alzheimer's Association at 800.272.3900 or the Niagara County Office for the Aging at 716.438.3030.
NIAGARA COUNTY
For questions / registration call 800.272.3900

DEMENTIA CAREGIVER SUPPORT GROUPS

BURT
2nd Tuesday, 5:30pm
St. Andrews Episcopal Church Wilson
Burt & West Creek Road

LEWISTON
3rd Wednesday, 6:00pm
Mount St. Mary’s Hospital
5300 Military Road, Room 723A

LOCKPORT
2nd Tuesday, 10:30am
Trinity Lutheran Church
67 Saxton Street
* For respite call 800.272.3900

NORTH TONAWANDA
3rd Wednesday, 1:00pm
Ralph C. Wilson Jr. Adult Day
3780 Commerce Court #100
* For respite call 800.272.3900

JOIN THE FIGHT
October 5, Lewiston
REGISTER TODAY!
alz.org/Walk | 800.272.3900

Live Well with Dementia
August 24
see page 7

Class and Program descriptions can be found on pages 3 and 4.
ORLEANS COUNTY
For questions / registration call 800.272.3900

EDUCATION PROGRAMS
Legal and Financial Planning
Monday, July 29, 6:00pm*
Orleans County YMCA
306 Pearl Street, Medina
*Care consultant available before the program for a free, private meeting. Please RSVP to 716.626.0600 extension 313.

DEMENTIA CAREGIVER SUPPORT GROUPS
ALBION
2nd Tuesday, 6:00pm
Hoag Library
134 So. Main Street
KENDALL
3rd Thursday, 1:00pm
Concordia Lutheran Church
1769 Kendall Road
LYNDONVILLE
1st Tuesday, 11:00am
Yates Community Library
15 N Main Street

In-person care consultations are available at several locations in your community. Please call 800.272.3900 to arrange a no-cost private meeting.

JOIN THE FIGHT
September 28, Medina
REGISTER TODAY!
alz.org/Walk | 800.272.3900

COMMUNITY SOCIAL PROGRAMS
Currently seeking faith-based communities to start a once a month, 4 hour, volunteer-run, social respite program for those living in the early–mid stages of dementia. Consultant start-up, free training, and grant funding is available. Call Lauren Ashburn at 716.626.0600 ext. 8980 for details.
WYOMING COUNTY
For questions / registration call 800.272.3900

EDUCATION PROGRAMS

Effective Communication Strategies
Thursday, July 11, 2:00pm
Wyoming County Office for the Aging
8 Perry Avenue, Warsaw

Understanding Alzheimer’s Disease and Dementia
Wednesday, August 14, 5:00pm*
Warsaw Public Library
130 North Main Street, Warsaw
*Care consultant available before and after program for free, private meeting.
Please RSVP to 716.626.0600 ext. 313.

COMMUNITY SOCIAL PROGRAMS

ARCADE
2nd Wednesday, 10:30am–2:30pm
Hope Lutheran Church of Arcade
1 E Main Street
Contact: Julie Tingue: 585.492.2530

The Art of Self Care
Wednesday, August 14, 10:30am–noon
Hope Lutheran Church of Arcade, 1 E Main Street
Free self-care workshop, caregiver resource basket and private care consultations.
To register and to inquire about respite availability, call 716.626.0600 ext. 313

DEMENTIA CAREGIVER SUPPORT GROUPS

ARCADE
4th Thursday, 2:00pm
Arcade Free Library
365 Main Street

WARSAW
1st Monday, 10:00am
Wyoming County OFA
8 Perry Avenue

Private Care Consultations are available free of charge in your community. Call the Alzheimer’s Association at 800.272.3900 or the Wyoming County Office for the Aging at 585.786.8833.
You bring the smiles.
We’ll handle the rest.

Delicious meals, outdoor barbecues, a card game with friends? We’ve got that. Medication management, housekeeping, personal care and 24/7 nursing staff? Leave it to us.

At Heathwood Assisted Living, our professional team handles the details of daily living so mom can focus on the things that bring her joy – like quality time with family and friends, relaxing on the patio, or enjoying one of our many social activities.

Let Heathwood handle the rest.

Call 716-688-0111 or visit us online at www.HeathwoodAssistedLiving.com

JOIN US AT THE WATERFRONT!

September 14   Outer Harbor Buffalo
September 21   Batavia
September 28   Dunkirk
October 5      Allegany
                Medina
                Lewiston

To these local companies and facilities for their support of the 2019 Dementia Care Symposium

You bring the smiles.
We’ll handle the rest.