COMMUNITY PROGRAMS & SERVICES

Western New York Chapter
800.272.3900 | alz.org/WNY
CONTENTS

We know how valuable our programs and services are to those living with dementia, their families and friends, and to local companies whose employees rely on our supportive services.

Throughout these pages you will find descriptions of our education programs, and a brief explanation of our services, including support groups, social engagement programs and respite services. The classes and services are organized by county, so you can find opportunities for in-person information and services that are close to you.

We’ve also included information about important events and fundraisers, which enable us to continue to provide these valuable programs and services at no cost to you.

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OUR CORE SERVICES

The Alzheimer’s Association WNY Chapter serves individuals and families affected by Alzheimer’s disease and related dementias. These programs and services are available to help you provide the best care for your loved one.

Care Consultation - This service is provided by trained professionals who can help navigate the difficult decisions and uncertainties faced throughout the course of the disease. Care consultations are tailored to each family’s unique situation and incorporate personalized assessment, service plan development and strategies to address common concerns. Meetings are available at several locations in your community by appointment.

Education - Education programs provide the necessary knowledge and information to empower caregivers of those with dementia to get the tools, resources and support they need to enhance overall well-being and effectively care for their loved ones.

Respite Services/Community Social Programs
Respite provides relief to those who care for individuals with Alzheimer’s disease or other dementias. Time away from caregiving responsibilities is essential to their own well-being and allows them to refresh and recharge their batteries, reduce stress and can help ensure that those with Alzheimer’s remain at home as long as possible.

24/7 Helpline - Our free helpline service provides information and support every hour of every day at 1.800.272.3900. Trained staff can answer questions about brain health, care services, community resources and more.

Safety Services - Taking measures to improve safety can prevent injuries and help an individual with dementia, and their caregivers, in a number of ways, including helping them feel more relaxed and confident and less overwhelmed. It could also help maintain independence longer.

Support Groups - Support groups provide emotional, educational and social support for caregivers through regularly scheduled meetings. These groups offer a safe and confidential platform to help participants develop methods and skills to solve problems. Support groups encourage caregivers to maintain their own personal, physical and emotional health, as well as provide the best care for individuals with dementia.
COMMUNITY EDUCATION

Alzheimer’s community education and awareness classes are free and open to the public. Except where noted, all programs are one-hour in length. Registration is required by calling **1.800.272.3900.**

CLASS INFORMATION

**Understanding Alzheimer’s Disease and Dementia** – This program provides a general overview of the disease and related dementias.

**10 Warning Signs of Alzheimer’s** – The 10 Signs program is a key tool in promoting recognition of common changes that may help with early detection and diagnosis of Alzheimer’s disease or another dementia.

**Healthy Living for Your Brain and Body** – This program provides recommendations in the areas of diet and nutrition, exercise, cognitive activity and social engagement for promoting healthy aging.

**Advancements in Research** – This program covers the latest research trials and strides made in working toward treatments and a cure.

FOR FAMILIES & CAREGIVERS

**Understanding and Responding to Dementia-Related Behaviors** – Learn how to decode behavioral messages, identify common behavior triggers, and strategize to overcome these challenges.

**Tips for Tough Conversations about Dementia** – We offer suggestions for having honest and caring conversations with family members about visiting the doctor, deciding when to stop driving, and making legal and financial plans.

**Effective Communication Strategies** – Join us to explore how communication takes place when someone has Alzheimer’s, learn to decode verbal and behavioral messages, and identify strategies to help connect and communicate at each stage of the disease.

**Legal and Financial Planning for Alzheimer’s** – This workshop is for anyone who would like to know more about what legal and financial issues to consider and how to put plans in place.

**Tips for Caring for Someone with Alzheimer’s** – This 3-part series presents perspectives from caregivers and professionals to offer helpful strategies to provide safe, effective, and comfortable care. This program is tailored to caregivers in the early, middle or late stages of the disease.

This program guide is supported in part through a grant from the New York State Department of Health.
EARLY STAGE PROGRAMS

The Alzheimer’s Association WNY Chapter offers a number of programs for individuals experiencing early stage Alzheimer’s disease, mild cognitive impairment, and related dementias. Below are brief descriptions of our early stage programs, some of which are time-limited and offered to individuals living with dementia and their care partners. Most of these programs are offered free-of-charge, but some of them require fees paid to the sites offering the program.

Social Programs
The Chapter offers a number of ongoing social programs, including art workshops, ballroom dancing, bowling, concerts, music workshops, picnics, plays, and sporting events.

Art Gallery Tours
Gather at the Gallery at the Burchfield Penney Art Center and Art Today at the Albright Knox Art Gallery — guides from these well-known art galleries lead private monthly group tours. Both of these programs are free of charge, however, there is a $2 parking fee at the Burchfield Penney Art Center.

Ballroom Dance
Christ United Methodist Church, Amherst – Instructors from Ballroom & Beyond teach ballroom technique, Latin dance, and more!

Support Groups
A limited series of regularly scheduled programs designed to provide emotional, educational and social support for care partners and persons in the early stage of Alzheimer’s disease or another dementia.

Education Programs
“Living with Alzheimer’s” is a series of classes ideally suited for persons living with dementia, care partners and persons with early stage dementia.

We welcome your ideas! Let us know if you would like to participate in specific types of programming, or if you are able to share your time with us as a social program volunteer. We’d love to discuss the possibilities! 1.800.272.3900
SAFETY SERVICES

WANDERING
DID YOU KNOW? 6 in 10 people with dementia will wander at some point! It is important to be prepared when it happens and one of the best ways to do that is through the MedicAlert + Safe Return program. MedicAlert + Safe Return is a 24-hour nationwide emergency response system for those living with dementia and their families. When an enrolled participant wanders from home, his or her caregiver can call the 24-hour emergency line and make a report. That information is then faxed to local police and support staff from the Alzheimer’s Association is notified. The program includes jewelry engraved with an emergency phone number that will relay vital health information to the first responder or anyone else who locates your missing loved one. This vitally important service is now available free of charge through the Alzheimer’s Association WNY! To begin the enrollment process, call 800.272.3900.

DRIVER EVALUATION PROGRAM
Decisions about driving are never easy. This program can help with those decisions. This assessment will take into consideration the underlying causes of changes in driving and make suggestions based on the evaluation. The Alzheimer’s Association has partnered with ECMC’s driver evaluation program to help families access this service at no cost! If you have questions about this program, please call 800.272.3900.

RESOURCES CLOSE TO HOME
Your local Office for the Aging/Senior Services may be able to provide safety devices to families who are caring for someone with dementia. If you have questions about these devices or would like to access them please call New York Connects at 800.342.9871 or the OFA/Senior Department in your county:

- Allegany – 585.268.9390
- Cattaraugus – 716.373.8032
- Chautauqua – 716.753.4582
- Erie – 716.858.8526
- Genesee – 585.343.1611
- Niagara – 716.438.3030
- Orleans – 585.589.3191
- Wyoming – 585.786.8833

Register now at: alz.org/WNY or 800.272.3900
Limited sponsor and exhibitor opportunities available
Call Lynn Westcott at 716.626.0600 ext. 8993 for details.
EDUCATION PROGRAMS

Effective Communication Strategies
Friday, May 3, 4:00pm
Venture Forthe Inc
32 W Main St, Cuba
Care consultant available for no-cost, private meeting, after program.
Registration required: 716.626.0600 ext. 313

Understanding Alzheimer’s Disease and Dementia
Tuesday, May 21, 1:00pm
Office for the Aging
6085 NY-19, Belmont
First 10 registrants will receive a caregiver resource guide

10 Warning Signs of Alzheimer’s
Tuesday, June 11, 5:30pm
Library Wide Awake Club
22 North Genesee Street, Fillmore
Care consultant available for no-cost, private meeting, after program.
Registration required: 716.626.0600 ext. 313

DEMENTIA CAREGIVER SUPPORT GROUPS

BELMONT
3rd Tuesday, 1:00pm
Allegany Co. Office for the Aging, 6085 State Route 19

WELLSVILLE
1st Wednesday, 1:00pm
Total Senior Care/Daybreak, 194 N. Main Street

JOINT ENRICHMENT SOCIAL PROGRAM

Drumming Circle
April 2, 11:00am
Board Certified Music Therapist Alicia Hubbard leads a fun and therapeutic activity
Grace United Church
289 N. Main Street, Wellsville
Lunch will be provided. Registration required by calling 1.800.272.3900

Care consultants will be available at these locations near you for free, private, care planning meetings:

Tuesday, April 23, 10:30am
Daybreak Adult Day Center
194 North Main Street, Wellsville
Registration required: 716.626.0600 ext. 313

Private Care Consultations are also available free of charge in your community. Call the Alzheimer’s Association at 1.800.272.3900 or the Allegany County Office for the Aging at 585.268.9390.
EDUCATION PROGRAMS

10 Warning Signs of Alzheimer’s
Tuesday, April 16, 6:00pm
Memorial Library of Little Valley
110 Rock City Street, Little Valley
Care consultant available for no-cost, private meeting, before or after program.
Registration required: 716.372.3495

Friday, May 10, 1:30pm
Cattaraugus County Department of Aging
1 Leo Moss Drive, Olean

Effective Communication Strategies
Tuesday, April 23, 5:30pm
Seneca Allegany Elders Center
3644 Administration Drive, Salamanca

Thursday, May 16, 11:00am
St Paul’s Lutheran Church
6360 NY-242, Ellicottville

Understanding Alzheimer’s Disease and Dementia
Tuesday, June 18, 6:00pm
Memorial Library of Little Valley
110 Rock City St, Little Valley

COMMUNITY SOCIAL PROGRAM

OLEAN
2nd Wednesday, 10:30am–2:30pm
Christ United Methodist Church
633 Linwood Avenue
Contact Leona Fisher: 716.372.3495

DEMENTIA CAREGIVER SUPPORT GROUPS

ELLIANTVILLE
3rd Thursday, 1:00pm
St. Paul’s Lutheran Church
6360 NY-242

MACHIAS
2nd Friday, 1:00pm
The Pines–Schobert Conference Room
9822 Route 16

Private Care Consultations are available free of charge in your community. Call the Alzheimer’s Association at 1.800.272.3900 or the Cattaraugus County Department of Aging at 716.373.8032.

SAFETY NIGHT IN CATTARAUGUS COUNTY

Wednesday, April 17, 5:30pm
Southern Tier Healthcare System
150 North Union Street, Olean
Learn more about caring for your loved one safely at home, with tips and resources.
Refreshments provided.
Call 716.626.0600 ext. 313 for more information and to register.
EDUCATION PROGRAMS

Understanding Alzheimer's Disease and Dementia
Wednesday, April 10, 2:00pm
Chautauqua Opportunities Inc.
Connections North Building
1025 Bennett Road, Route 60, Dunkirk
Thursday, May 2, 6:00pm
Farman Free Library
760 Thornton Road, Ellington
First 10 registrants receive a caregiver resource guide

Understanding and Responding to Dementia-Related Behaviors
Monday, April 15, 6:00pm
Cassadaga Branch Library
18 Maple Avenue, Cassadaga

Healthy Living for Your Brain and Body
Wednesday, April 24, 2:00pm
James Prendergast Library Association
509 Cherry Street, Jamestown
First 10 registrants receive a free caregiver resource guide

10 Warning Signs of Alzheimer’s
Thursday, May 16, 6:00pm
Patterson Library
40 South Portage Street, Westfield

Effective Communication Strategies
Tuesday, June 25, 5:30pm
Wini Kettle Elders Center
28 Thomas Indian School Drive, Irving

COMMUNITY SOCIAL PROGRAM

WESTFIELD
2nd Wednesday, 10:00am–2:00pm
Westfield United Methodist Church
101 East Main St.
Contact Gail Boardway: 716.867.2319

DEMENTIA CAREGIVER SUPPORT GROUPS

DUNKIRK
2nd & 4th Friday, 10:00am
St. John’s United Church of Christ
733 Central Avenue

FREDONIA
4th Thursday, 4:30pm
Fredonia Place
50 Howard Street

JAMESTOWN
2nd Tuesday, 1:00pm
Jamestown Area Medical Assoc.
15 South Main Street
*For respite call 1.800.272.3900
3rd Thursday, 5:30pm
Fluvanna Community Church
3363 Fluvanna Avenue

*MAYVILLE
3rd Wednesday, 10:00am
Mayville Library
92 S. Erie Street

NORTH COUNTY DINE-N-DISH
2nd Tuesday, 9:30am
*Restaurant location changes monthly.
Please call Jennifer Elman at the OFA at 716.753.4781 for information.

JOINT ENRICHMENT SOCIAL PROGRAM

National Humor Month Celebration
Tuesday, April 23
Tour of Lucy–Desi Museum in Jamestown followed by Laughter Yoga session
Registration required by calling Shelby or Lauren A: 716.626.0600
EDUCATION PROGRAMS

Legal and Financial Planning
Monday, April 1, 12:30pm
Evans Senior Center
999 Sturgeon Point Road, Derby

Understanding Alzheimer’s Disease and Dementia
Tuesday, April 2, 10:00am
Ken-Ton Adult and Community Education
155 Delaware Road, Kenmore
Tuesday, April 9, 6:30pm
Independent Health Family Branch YMCA
150 Tech Drive, Amherst
Thursday, April 11, 3:00pm
Chapter Office – Call 1.800.272.3900 for our NEW address

Wednesday, May 15, 3:00pm
Chapter Office – Call 1.800.272.3900 for our NEW address

Monday, June 3, 2:00pm
Amherst Center for Senior Services
370 John James Audubon Parkway, Amherst

Thursday, June 13, 2:00pm
Chapter Office – Call 1.800.272.3900 for our NEW address

Effective Communication Strategies
Friday, April 12, 11:00am
Montabaur Heights,
4530 Ransom Road, Clarence
Tuesday, May 14, 5:00pm
United Way of Buffalo & Erie County
Conference 219, 742 Delaware Avenue, Buffalo

Wednesday, May 29, 6:00pm
Dent Neurologic Institute
3980 Sheridan Drive, Amherst

Living Well with Early Stage Dementia Series
Monday, April 15; April 22; April 29, 5:30pm
For Individuals living with dementia and care partners
Resource Baskets provided at end of series.
Call 716.626.0600 ext. 313 for additional information.

10 Warning Signs of Alzheimer’s
Thursday, April 4, 2:00pm
Sacred Heart Home
4520 Ransom Road, Clarence
Tuesday, April 30, 5:30pm
Ken-Ton Adult and Community Education
155 Delaware Road, Kenmore
Wednesday, June 19, 6:00pm
Kenmore Branch Library
160 Delaware Road, Kenmore

Understanding and Responding to Dementia-Related Behaviors
Wednesday, April 3, 6:00pm
Kenmore Branch Library
160 Delaware Road, Kenmore
Thursday, April 25, 6:00pm
Dent Neurologic Institute
3980 Sheridan Drive, Amherst
Wednesday, May 22, 2:00pm
Sacred Heart Home
4520 Ransom Road, Clarence
SPECIALIZED SUPPORT GROUPS

Men’s Support Group
1st Monday, 7:00pm
Elderwood Village at Williamsville
5271 Main Street, Williamsville

Daughters Only
2nd Wednesday, 5:00pm
Harris Hill Nursing Facility
2699 Wehrle Dr, Williamsville

Wives Support Group
2nd Wednesday, 3:00pm
Harris Hill Nursing Facility
2699 Wehrle Dr, Williamsville

FTD Caregiver Support Group
2nd Wednesday, 6:00pm
Chapter Office – Call 1.800.272.3900 for our NEW address

Lewy Body Dementia Caregiver Support Group
1st Tuesday, 6:00pm
Chapter Office – Call 1.800.272.3900 for our NEW address

Young-Onset Caregiver Support Group
2nd Monday, 6:30pm
Chapter Office – Call 1.800.272.3900 for our NEW address

*NEW* Caring for Someone Living in a Care Community
3rd Saturday, 11:00am
Asbury United Methodist Church
850 Dodge Rd, Getzville

*NEW* Caregivers of Veterans Living with Dementia
2nd Thursday, 11:00am
Kenilworth Library
318 Montrose Ave, Buffalo

In-person care consultations are available in your community and our Chapter office at no cost. Please call us at 1.800.272.3900 to arrange a private meeting.
COMMUNITY SOCIAL PROGRAMS

AMHERST
1st Wednesday, 10:30am–2:30pm
Trinity Old Lutheran Church
3445 Sheridan Drive
Contact Jan Sherman or Paulette: 716.836.4868

CLARENCE
3rd Monday, 4:30–7:30pm
Clarence Senior Center
4600 Thompson Road
Contact Deb Sabbatis: 716.633.5138

EAST AURORA
2nd Thursday & 4th Wednesday, 10:30am–2:30pm
Baker Memorial United Methodist Church
345 Main Street
Contact Michele Engasser: 716.652.0500

EDEN
3rd Wednesday, 10:30am–2:30pm
Eden United Methodist Church
2820 E. Church Street
Contact Kevin Karstedt: 716.992.2248

GETZVILLE
2nd Tuesday, 10:00am–2:00pm
Asbury United Methodist Church
850 Dodge Road
Contact Pat Hair: 716.679.4049

HAMBURG
2nd Wednesday, 10:30am–2:30pm
Hamburg United Methodist Church
116 Union Street
Contact Lisa Rood: 716.941.5703

HOLLAND
1st Thursday, 10:30am–2:30pm
Holland United Methodist Church
11699 Partridge Road
Contact Cindy Cassavino: 716.388.3150

*NEW* SOUTH BUFFALO
2nd Saturday, 10:30am–2:30pm
Grace Evangelical Lutheran Church
174 Cazenovia Street
Contact Sue Swanson-Witte: 716.992.3814

SPRINGVILLE
1st Wednesday, 10:30am–2:30pm
First United Methodist Church
474 East Main Street
Contact Barb Blesy: 716.435.5400

TONAWANDA
3rd Tuesday, 10:30am–2:30pm
First Presbyterian Church
149 Broad Street
Contact Kathy Greenawalt: 716.692.1319

WEST SENeca
1st Wednesday, 11am–3pm
Southtowns YMCA
1620 Southwestern Boulevard
Contact Marla Walker: 716.674.9622 ext. 138

3rd Thursday, 10:30am–2:30pm
St. David’s Episcopal Church
3951 Seneca Street
Contact Annie Froncowiak: 716.674.4670

WILLIAMSVILLE
1st Saturday, 11:00am–2:00pm
St. Gregory the Great Church
200 St. Gregory Court
Contact Lee Zack: 716.688.5678 ext. 339

In-person care consultations are available in your community and our Chapter office at no cost. Please call us at 1.800.272.3900 to arrange a private meeting.
Dementia Caregiver Support Groups

Amherst
2nd Tuesday, 6:00pm
Dent Neurologic Institute
3980 Sheridan Drive

Buffalo
4th Monday, 1:30pm
Frank E. Merriweather Jr. Library
1324 Jefferson Avenue

Clarence
3rd Monday, 4:30pm
Clarence Senior Center
4600 Thompson Road
* For respite call 1.800.272.3900

Cheektowaga/Depew
3rd Thursday, 7:00pm
Lord of Life ADHC
1025 Borden Road
* For respite call 1.800.272.3900

East Aurora
4th Wednesday, 10:30am
Baker Memorial United Methodist
345 Main Street
* For respite call 1.800.272.3900

Elma
3rd Tuesday, 6:00pm
Elma United Methodist Church
2881 Bowen Road

Grand Island
2nd Wednesday, 1:30pm
Golden Age Center
3278 Whitehaven Road
* For respite call 1.800.272.3900

Hamburg
2nd Wednesday, 11:00am
Watermark Wesleyan Church
4999 McKinley Pkwy, Room 102
* For respite call 1.800.272.3900

Kenmore
1st Tuesday, 11:00am
Kenmore United Methodist Church
32 Landers Road

Orchard Park
2nd Thursday, 6:00pm
Dent Neurologic Institute
200 Sterling Drive

Last Monday, 10:30am
St. John Vianney Church-Gathering Rm.
2950 Southwestern Boulevard

Williamsville
1st Tuesday, 6:00pm
Heathwood Assisted Living
815 Hopkins Road

In-person care consultations are available in your community and our Chapter office at no cost. Please call us at 1.800.272.3900 to arrange a private meeting.
EDUCATION PROGRAMS

Understanding and Responding to Dementia-Related Behaviors
Thursday, April 25, 2:00pm
Gillam Grant Community Center
6966 West Bergen Road, Bergen
First 10 registrants receive a free caregiver resource guide!
A Care Consultant will be available for no-cost, private meeting, before or after program. Registration required: 716.626.0600 ext. 313

10 Warning Signs of Alzheimer’s
Tuesday, May 7, 2:00pm
Genesee County Aging Services
2 Bank Street, Batavia

Understanding Alzheimer’s Disease and Dementia
Tuesday, June 11, 7:00pm
Le Roy Village Green Nursing, 10 Munson Street, LeRoy
Care consultant available for no-cost, private meeting, before the program. Registration required: 716.626.0600 ext. 313

COMMUNITY SOCIAL PROGRAM

BATAVIA
4th Monday, 10:30am-2:30pm
First Presbyterian Church
300 E. Main Street
Contact Mickey Rodak: 585.455.5940

CORFU
3rd Wednesday, 10:00am-2:00pm
Indian Falls United Methodist Church
7908 Allegany Road
Contact Celinda McQuiston: 585.478.8188

DEMENTIA CAREGIVER SUPPORT GROUPS

BATAVIA
3rd Wednesday, 7:00-8:30pm
Richmond Memorial Library
19 Ross Street

3rd Thursday, 1:00pm
Genesee County Office for the Aging
2 Bank Street

LE ROY
2nd Monday, 2:00pm
The Greens of Le Roy
1 West Avenue

JOINT ENRICHMENT SOCIAL PROGRAM

Jell-O Gallery Museum Tour
Thursday, May 30
Lunch will be provided following program
Registration required by calling Shelby or Lauren A: 716.626.0600

Private Care Consultations are available free of charge in your community. Call the Alzheimer’s Association at 1.800.272.3900 or the Genesee County Office for the Aging at 585.343.1611.
EDUCATION PROGRAMS

Legal and Financial Planning for Dementia
Monday, April 8, 4:00pm
Youngstown Free Library
240 Lockport Street, Youngstown

Healthy Living for Your Brain and Body
Wednesday, April 17, 2:00pm
North Tonawanda Public Library
505 Meadow Drive, North Tonawanda

Understanding Alzheimer’s Disease and Dementia
Wednesday, May 8, 5:00pm
Lockport Public Library
23 East Avenue, Lockport

Monday, June 17, 3:00pm
Niagara Falls Library LaSalle Branch
8728 Buffalo Avenue, Niagara Falls

10 Warning Signs of Alzheimer’s
Tuesday, May 28, 1:00pm
John Duke Senior Center
1201 Hyde Park Boulevard, Niagara Falls

Monday, June 10, 6:00pm
Youngstown Free Library
240 Lockport Street, Youngstown

Effective Communication Strategies
Thursday, June 6, 5:30pm
Ransomville Free Library
3733 Ransomville Road, Ransomville

COMMUNITY SOCIAL PROGRAMS

*NEW* GASPORT
2nd Wednesday, 10:30am-2:30pm
Hartland United Methodist Church
8019 Ridge Road
Contact Beth Wheeler: 716.772.2376

*NEW* LEWISTON
3rd Wednesday, 11am-3pm
St. Paul’s Episcopal Church
400 Ridge Road
Contact Barbara Price: 716.754.4591

LOCKPORT
2nd Tuesday, 10:30am-2:30pm
Trinity Lutheran Church
67 Saxton Street
Contact Laurie Bauch: 716.434.5982

JOINT ENRICHMENT SOCIAL PROGRAM

Herschell Carrousel Factory Museum Tour
Saturday, June 8
Tour, ride on the carrousel and lunch
Registration required by calling Shelby or Lauren A: 716.626.0600

Private Care Consultations
are available free of charge in your community. Call the Alzheimer’s Association at 1.800.272.3900 or the Niagara County Office for the Aging at 716.438.3030.
DEMENTIA CAREGIVER SUPPORT GROUPS

BURT
2nd Tuesday, 5:30pm
St. Andrews Episcopal Church Wilson
Burt & West Creek Road

LEWISTON
3rd Wednesday, 6:00pm
Mount St. Mary’s Hospital
5300 Military Road, Room 723A

LOCKPORT
2nd Tuesday, 10:30am
Trinity Lutheran Church
67 Saxon Street
* For respite call 1.800.272.3900

NIAGARA FALLS
3rd Tuesday, 11:00am
John Duke Senior Center
1201 Hyde Park Boulevard

NORTH TONAWANDA
3rd Wednesday, 1:00pm
Ralph C. Wilson Jr. Adult Day
3780 Commerce Court #100
* For respite call 1.800.272.3900

Private Care Consultations are available free of charge in your community. Call the Alzheimer’s Association at 1.800.272.3900 or the Niagara County Office for the Aging at 716.438.3030.
EDUCATION PROGRAMS

Healthy Living for Your Brain and Body
Tuesday, April 9, 3:00pm
Orleans County YMCA
306 Pearl Street, Medina
Care consultant available for no-cost, private meeting, before or after program.
Registration required: 716.626.0600 ext. 313

Dementia Conversations
Wednesday, April 10, 6:00pm
Lee-Whedon Memorial Library
620 West Avenue, Medina

Wednesday, May 22, 6:00pm
Hoag Library
134 South Main Street, Albion

Understanding and Responding to Dementia-Related Behaviors
Wednesday, April 24, 6:00pm
Hoag Library
134 South Main Street, Albion

Understanding Alzheimer’s and Dementia
Wednesday, May 8, 6:00pm
Lee-Whedon Memorial Library
620 West Avenue, Medina

Wednesday, June 26, 6:00pm
Hoag Library
134 South Main Street, Albion

Effective Communication Strategies
Wednesday, June 12, 6:00pm
Lee-Whedon Memorial Library
620 West Avenue, Medina

DEMENTIA CAREGIVER SUPPORT GROUPS

ALBION
2nd Tuesday, 6:00pm
Hoag Library
134 So. Main Street

*KNEW* KENDALL
3rd Thursday, 1:00pm
Concordia Lutheran Church
1769 Kendall Road

*KNEW* YATES
1st Tuesday, 11:00am
Yates Community Library
15 N Main Street

In-person care consultations are available at several locations in your community. Please call 1.800.272.3900 to arrange a no-cost private meeting.

VOLUNTEERS NEEDED!

If you have time to share your talents to help us in our vision of a world without Alzheimer’s disease, please consider volunteering with us!

We provide free training and all the materials you need to fulfill various roles.
EDUCATION PROGRAMS

Understanding Alzheimer’s Disease and Dementia
Thursday, April 4, 2:00pm
Wyoming County Office for the Aging
8 Perry Avenue, Warsaw

Monday, April 29, 4:00pm
Attica Community Education
3338 East Main Street, Attica
Care consultant available for no-cost, private meeting, before or after program.
Registration required: 716.626.0600 ext. 313

Healthy Living for Your Brain and Body
Wednesday, May 15, 5:00pm
Warsaw Public Library
130 N Main Street, Warsaw
First 10 registrants receive free caregiver resource guide.
A Care Consultant available for no-cost, private meeting, before or after program.
Registration required: 716.626.0600 ext. 313

COMMUNITY SOCIAL PROGRAMS

*NEW* ARCADE
2nd Wednesday, 10:30am-2:30pm
Hope Lutheran Church of Arcade
1 E Main Street
Contact: Julie Tingue: 585.492.2530

DEMENTIA CAREGIVER SUPPORT GROUPS

*NEW* ARCADE
4th Thursday, 11:00am
Arcade Free Library
365 Main Street

WARSAW
1st Monday, 10:00am
Wyoming County OFA
8 Perry Avenue

Dementia Care Symposium, June 4
See page 9.

Care consultants will be available near you for a free, private, care planning meeting:

Wednesday, May 8
10:30am-2:30pm
Hope Lutheran Church
2 East Main Street, Arcade.
Respite available. Registration required by calling 716.626.0600 ext. 313

Private Care Consultations are available free of charge in your community. Call the Alzheimer’s Association at 1.800.272.3900 or the Wyoming County Office for the Aging at 585.786.8833.
SUNDAY, MAY 19
10am - Sahlen Field, Buffalo
5K timed run / 1K fun walk
Tee shirt, chipped bib, lunch,
free parking, Bisons ticket
RunJimmyRunCharity5K.com
to benefit the Alzheimer’s
Association WNY Chapter

GAME DAY!
RivAlz Blondes vs. Brunettes
Flag Football takes the field
on Saturday, June 1st.
Call Jenny McMorrow
for more information
716.626.0600 ext. 8977

JOIN US AT THE WATERFRONT!
September 14  Outer Harbor Buffalo
September 21  Batavia
September 28  Dunkirk
October 5  Allegany
               Medina
               Lewiston

REGISTER TODAY!
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