In Connecticut, more than half of all adults providing unpaid care to loved ones with Alzheimer’s or another dementia have been doing so for at least two years.

One-quarter of Alzheimer’s and dementia caregivers provide 20 or more hours of care per week.

One in 4 dementia caregivers are in the “sandwich generation” – caring for both someone with dementia and a child or grandchild.

### Characteristics of Alzheimer’s and Other Dementias Caregivers

<table>
<thead>
<tr>
<th>Gender</th>
<th>Age</th>
<th>Hours of Care per Week</th>
<th>Caring for Parent or Parent-in-law</th>
<th>Also Caring for Minor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women</td>
<td>55-64</td>
<td>25.1%</td>
<td>54.0%</td>
<td>25.4%</td>
</tr>
<tr>
<td></td>
<td>65+</td>
<td>17.7%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Men</td>
<td>55-64</td>
<td>33.0%</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>65+</td>
<td>19.6%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Percent of dementia caregivers providing help with specific tasks

- Manage household care, such as cleaning or cooking: 44.5%
- Manage personal care, such as feeding or bathing: 74.9%

Percent of dementia caregivers with a history of depression: 17.6%