In Oregon, **more than half** of all adults providing unpaid care to loved ones with Alzheimer’s or another dementia have been doing so for at least two years.

**One-third** of Alzheimer’s and dementia caregivers provide 20 or more hours of care per week.

**More than 1 in 6** dementia caregivers are in the “sandwich generation” – caring for both someone with dementia and a child or grandchild.

### Characteristics of Alzheimer’s and Other Dementias Caregivers

<table>
<thead>
<tr>
<th>Gender</th>
<th>Age (45-64)</th>
<th>Age (65+)</th>
<th>Hours of Care per Week</th>
<th>Caring for Parent or Parent-in-law</th>
<th>Also Caring for Minor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women</td>
<td>62.1%</td>
<td>25.0%</td>
<td>20+ 33.6%</td>
<td>52.3%</td>
<td>17.0%</td>
</tr>
<tr>
<td>Men</td>
<td>38.3%</td>
<td></td>
<td>40+ 20.5%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Percent of dementia caregivers** providing care for at least 2 years

- 52.7%

**Percent of dementia caregivers providing** help with specific tasks

- Manage household care, such as cleaning or cooking: 92.5%
- Manage personal care, such as feeding or bathing: 56.1%

**Percent of dementia caregivers with a history of depression**: 27.9%

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