In Texas, more than 40 percent of all adults providing unpaid care to loved ones with Alzheimer’s or another dementia have been doing so for at least two years.

Among Alzheimer’s and dementia caregivers, nearly three-quarters are women, and more than 40 percent provide care to their parent or their parent-in-law.

Two-thirds of Alzheimer’s and dementia caregivers provide burdensome personal care, such as feeding or bathing.