NEW MEDICARE BILLING CODE PROVIDES DEMENTIA-SPECIFIC CARE PLANNING

We are excited to share that a new Medicare billing code, G0505, will help Medicare beneficiaries with Alzheimer’s, dementia or cognitive impairment access detailed, person-centered care planning.

With this new code, physicians, physician assistants, nurse practitioners and clinical nurse specialists can provide a set of care planning services (at right).

Why is this important news? Cognitively impaired individuals and their caregivers need information about the diagnosis, what to expect and how to access support services. Dementia-specific care planning results in fewer hospitalizations, fewer emergency room visits and better medication management.

While this is exciting news, the billing code is still very new! As the word gets out to clinicians, families should call in advance to request a special care planning appointment using this code. It takes more time to provide these services.

For more information, view our Cognitive Impairment Care Planning Toolkit at alz.org/careplanning.

WHAT’S PROVIDED THROUGH THE NEW BILLING CODE?
- Evaluating cognition and function
- Measuring neuropsychiatric symptoms
- Evaluating safety (including driving ability)
- Identifying and assessing a primary caregiver
- Helping develop advance care directives
- Planning for palliative care needs
- Making referrals to community resources

8TH ANNUAL ALZHEIMER’S CME CONFERENCE: EMPOWERING THE COMMUNITY-BASED PROVIDER
SATURDAY, AUGUST 26, 2017 | WILLIAM YATES CONFERENCE CENTER, SC HOSPITAL ASSOCIATION | COLUMBIA
Presented with the University of South Carolina School of Medicine–Palmetto Health Continuing Medical Education Organization.

CALL OUR HELPLINE ANY TIME: 800-272-3900
Dear Friends,

I would like to express my sincere appreciation to all those who have helped to make this a great fiscal year for the Alzheimer’s Association! Here in South Carolina, we far exceeded our 2016 goals for Walk to End Alzheimer’s and A Ride to Remember. We have also received generous individual, foundation and organizational gifts. These dollars enable us to provide more support to our families here in South Carolina as we continue to fund research that will someday lead to an end to this terrible disease.

We have also seen incredible successes in advocacy! With the support of Congress and in partnership with the Alzheimer’s Impact Movement, we secured the largest-ever increase in federal funding for Alzheimer’s research at the National Institutes of Health, bringing total funding to nearly $1.4 billion. On the state level, we have partnered with DHEC to raise awareness of the risk factors contributing to cognitive decline. In March, many of you joined us for State House Day to share our message with SC legislators. Thanks to you, we will once again receive $900,000 of funding through the SC Department of Mental Health to provide much needed respite to dementia caregivers.

Meanwhile, our chapter is reaching more families with our programs and services. These families are struggling as they seek to provide the best care for their loved ones. The Alzheimer’s Association is here so that no one must face this disease alone. Our 24/7 Helpline provides care consultation and guidance at any time of the day or night. Our support groups and web resources connect caregivers with each other and with valuable resources to assist with day-to-day care. Educational programs within the community offer caregivers opportunities to learn about care strategies and helpful resources.

The journey through Alzheimer’s or other dementia can seem overwhelming. We want to assure our families that the Alzheimer’s Association is here to walk with you and to provide support along the way. We will not stop until a prevention or cure is found. Thank you for joining and supporting us in this vital movement to #ENDALZ.

Sincerely,

Cindy Alewine
SC Chapter President

TAKE-HOME TIPS:
UNDERSTANDING AND RESPONDING TO DEMENTIA-RELATED BEHAVIOR

1. Detect and connect
When challenged by behavior, try to join the person in their reality.
Consider the context before intervening.
Approach the person calmly and respectfully.

2. Address physical issues
Address medical needs, medications or pain.
Assess for hunger, thirst or need for the bathroom.
Consider environmental triggers such as glare, temperature, noise or restrictive clothing.

3. Address emotions
Consider how the situation must feel.
Focus on feelings, not facts.
Reinforce that you are there to help.
Redirect to a more soothing activity.

4. Plan for next time
Go back to step 1.
What did or didn’t work?
How can you adjust?
Create a plan for what to try first next time and what to avoid. Keep for yourself and share with others.

To learn more, please check out alz.org/elearning.
At the Alzheimer’s Association®, our work is about people and science.
We are proud to be the world’s largest voluntary health organization in Alzheimer’s care, support and research.

Not sure if a piece of mail you’ve received is from the Alzheimer’s Association? Always look for our logo (pictured below) featuring the brandmark (pictured at left).
GET SUPPORT — IN PERSON OR ONLINE!

24-HOUR HELPLINE: 800.272.3900
Call us any time day or night. Our helpline is staffed 24/7, with assistance available in 140 languages.

INFORMATION & REFERRAL
Contact us to access educational literature and to be connected to helpful community resources. Stay up-to-date by subscribing to our weekly E-News at alz.org/sc.

CARE CONSULTATION
Sometimes you just need to talk things out. Through free and confidential care consultations, we help persons with dementia and their families plan ahead to optimize the care they receive and navigate difficult situations.

CAREGIVER SUPPORT GROUPS
Support groups are offered across the state to help caregivers cope and better understand the disease process. When arranged in advance, our chapter can pay for a sitter to help family caregivers attend meetings up to twice a month. Meeting details are listed at alz.org/sc.

CAREGIVER RESPITE
The Alzheimer’s Caregiver Respite Program provides assistance to dementia caregivers in South Carolina, offering a much-needed break in the form of a voucher that can cover care through in-home providers, adult day care centers or short-term residential care. To learn more or request an application, call 800.272.3900 or visit alz.org/sc.

COMMUNITY EDUCATION
Throughout the year, we offer conferences and workshops for family caregivers and professionals. See page 6 to learn more about education programs and online courses.

EARLY STAGE DEMENTIA PROGRAMS
A diagnosis of dementia is life-altering. Early stage dementia programs can help individuals with early memory loss and their caregivers stay engaged and share experiences with others in a safe and supportive setting. Contact us to find an early stage group near you.

24-HOUR HELPLINE:
800-272-3900

PARTICIPATE IN RESEARCH
TrialMatch™ is a free, confidential, interactive tool that matches your interests to active studies. Get started by calling 800.272.3900 or visit alz.org/trialmatch.

WEB RESOURCES AT ALZ.ORG
- Caregiver Center, your source for everyday tips, including our Safety Center resources for wanderers.
- ALZconnected, an online community for caregivers and persons with dementia.
- Alzheimer’s Navigator, an online assessment tool to help you evaluate your needs, plan action steps and connect with local services.
- Community Resource Finder, a searchable guide of local programs and care providers.
- CARES® online training, a person-centered, interactive training offering CEUs.

Our mission is to eliminate Alzheimer’s disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer’s.
SPECIAL THANKS TO THE SOUTH CAROLINA PHYSICIANS CARE CHARITY!

Once again, our chapter is the grateful and fortunate beneficiary of a $50,000 gift from the South Carolina Physicians Care Charity. This contribution will provide critically needed education, care and support services here in South Carolina. The South Carolina Physicians Care Charity has contributed more than $315,000 to the Alzheimer’s Association over the last 10 years. Special thanks to our board member Paul Oken for securing this donation!

SOUTH CAROLINA ADVOCATE NAMED TO NATIONAL RESEARCH REVIEW GROUP

We are proud to announce that Lucien Richardson, longtime board member and advocate, has been named to the Medical Research Programs’ Peer Reviewed Alzheimer’s Research Program (PRARP) through the US Department of Defense!

As a representative of caregivers and consumers, Lucien will serve as a voice on behalf of families impacted by Alzheimer’s or related dementias.

Lucien is uniquely deserving of the nomination to this role. Prior to his experience as a caregiver, he served in the US Army. His military service came to an early end when he and his sons became caregivers for his wife, Frances, who lost her long battle with younger-onset Alzheimer’s in 2010.

Lucien has remained steadfast in his resolve to support Alzheimer’s disease research and see an end to this disease. He also serves as the Alzheimer’s Association Ambassador in South Carolina’s 4th Congressional District.

Congratulations on this well-deserved appointment, Lucien! We are grateful for the many ways that you have served — and continue to serve.

HAPPENING THIS SUMMER!

THE LONGEST DAY

The Longest Day is a special day to honor those facing Alzheimer’s disease by doing something YOU love! Select any activity and use it to help raise funds and awareness on or around the summer solstice, June 21. Learn more at thelongestday.org.

A RIDE TO REMEMBER

A Ride to Remember is our 3-day, 252-mile cross-state cycling event on July 14-16. A true physical challenge, this event begins in Simpsonville and ends in Charleston. We’re proud that RTR has earned a reputation as the best-supported ride in the region! Learn more at aridetoremember.org.
WHAT IS ALZHEIMER’S DISEASE?
Alzheimer’s is a degenerative brain disease characterized by a decline in memory, language, problem-solving and other skills that affect a person’s ability to perform everyday activities. Alzheimer’s is the 6th leading cause of death in the US, and the only cause of death in the top 10 that can’t be prevented, cured or slowed.

WHAT IS DEMENTIA?
Dementia is a general term for the loss of memory and other cognitive abilities serious enough to interfere with daily life. Alzheimer’s is the most common cause of dementia, but other types of dementia include vascular dementia, Lewy Body dementia, Parkinson’s disease dementia and Frontotemporal dementia. It’s important to seek a specific dementia diagnosis, as symptoms and treatments may vary.

HOW DOES ALZHEIMER’S AFFECT THE BRAIN?
The destruction and death of nerve cells causes memory failure, personality changes, problems carrying out daily activities and other symptoms of Alzheimer’s disease. The brains of individuals with Alzheimer’s have an abundance of plaques and tangles, but scientists do not yet understand exactly what role these play in Alzheimer’s disease.

WHO IS AFFECTED?
Older adults have a higher risk of developing Alzheimer’s. It impacts 11% of adults age 65+ and approximately one third of those age 85+. While less common, younger-onset Alzheimer’s disease can develop before the age of 65.

WHAT TREATMENTS ARE AVAILABLE?
Currently, there is no cure for Alzheimer’s and no way to stop the underlying death of brain cells. Some FDA-approved drugs and non-drug treatments may help with cognitive and behavioral symptoms, but effectiveness varies.

SO MUCH TO LEARN, SO MANY WAYS TO DO IT!
Whether you have general questions about memory changes or you find yourself in the thick of caregiving, we have education programs to equip and inform you.

Throughout the state, we offer conferences and workshops for family caregivers and professionals. Our most common workshop offerings include:

- The Basics: Memory Loss, Dementia & Alzheimer’s
- Know the 10 Signs: Early Detection Matters
- Healthy Living for Your Brain and Body
- Effective Communication Strategies
- Legal and Financial Planning
- Dementia Conversations (driving, doctor visits, etc)
- Understanding and Responding to Behaviors
- Living with Alzheimer’s
- First Responder Training

To find an upcoming education program near you, view our education calendar at alz.org/sc. You can also contact us to request a presentation in your community.

Learn online at your own pace at training.alz.org. In addition to several free online workshops, we also offer EssentiALZ certificate programs, which are great for family members or professional care providers.

IT KILLS MORE THAN breast cancer and prostate cancer COMBINED

1 IN 3 seniors dies with Alzheimer’s or another dementia

Since 2000, deaths from heart disease have decreased by 14%
while deaths from Alzheimer’s disease have increased by 89%

HEALTHY BRAIN
ADVANCED ALZHEIMER’S
WHAT IS SUNDOWNING? AND WHAT CAN I DO?

A person with Alzheimer’s may experience increased confusion, anxiety, agitation, pacing and disorientation beginning at dusk and continuing throughout the night. These late-day increases in behavioral problems are often called sundowning. Sundowning can disrupt the body’s sleep-wake cycle, causing more behavioral problems.

Tips to manage sundowning:

• Plan more challenging activities for the person (like doctor appointments, trips and bathing) in the morning or early afternoon hours when the person is more alert.

• Have a larger meal at lunch and keep the evening meal smaller and simpler.

• Take a walk outdoors if the weather permits — this may reduce restlessness.

• Keep the home well lit in the evening. Adequate lighting may reduce the person’s confusion.

• Limit environmental distractions during the evening hours. Commonplace things (such as television, children playing, vacuuming, dishes clattering or loud music) may add to the person’s confusion at this time of day.

• Make notes about what happens before sundowning events and try to identify triggers.

• Don’t physically restrain the person if he or she begins to get agitated, as restraint typically further increases agitation levels. If the person needs to pace back and forth, allow this to continue under your supervision.

• Ask a doctor about best times of day to take medication.

• Be mindful of your own mental and physical exhaustion as a caregiver. If you are feeling stressed by the late afternoon, the person may pick up on it and become agitated or confused. Try to get plenty of rest at night so you have more energy during the day.

When behavioral interventions and environmental changes do not work, some people with Alzheimer’s may need medication to help manage agitation during the late afternoon and evening hours. Discuss this option with the doctor if you feel that medication may be needed.

WE’VE ALWAYS HAD GUNS IN THE HOUSE, BUT WHAT NOW?

The use of firearms requires complex mental skills that are affected by dementia. Safety should be a serious consideration for caregiving families, even when the diagnosed individual has been a lifelong responsible gun owner. When dementia is part of the picture, firearms can pose a significant risk for everyone in the home.

Locking or disabling a gun may not be enough. As the disease progresses, people with dementia sometimes misperceive danger and may do whatever seems necessary to protect themselves, even if no true threat exists. These actions can include breaking into gun cabinets, finding ammunition and loading guns.

Preventing a gun from firing may not prevent the person with the disease or others from being harmed. If he or she appears to be holding a loaded weapon, it could cause other people to react in self-defense.

Removing guns from the home is the safest way to fully protect the family from an accident. Family members sometimes hide firearms or ammunition, locking them in an attic, in the trunk of a car or elsewhere around the home. These are good first steps, but they do not ensure that the person with dementia will not find the firearms.

Just as legal, financial, care and driving plans are best made early in the disease process, it’s important to consider current and future gun safety. Put plans in place for what to do with firearms or other weapons both immediately and when the person is no longer capable of safe handling.

FOR THESE AND OTHER TOUGH QUESTIONS, CALL 800-272-3900 24/7!
WE’RE CELEBRATING THE LARGEST ALZHEIMER’S RESEARCH FUNDING INCREASE IN HISTORY!

In May, Congress approved and the President signed the FY 2017 budget that increases federal funding for Alzheimer’s research at the National Institutes of Health (NIH) by $400 million to nearly $1.4 billion.

This is the second straight year that Congress has singled out Alzheimer’s research for historic increases in funding! We’re grateful for Alzheimer’s Association advocates and our sister organization, the Alzheimer’s Impact Movement, all of whom were vital partners in this effort.

Please take a moment to thank your Members of Congress for delivering a nearly threefold increase in federal funding over the past five years! They want to know that this is a priority issue for you!

THE HOPE FOR ALZHEIMER’S ACT SEEKS RESULTS

Did you know that the new Medicare billing code (featured on the front cover) resulted in part from a multi-year effort on the part of advocates?

First introduced in 2009, the bipartisan HOPE for Alzheimer’s Act was designed to provide comprehensive care planning services following a dementia diagnosis, to both the diagnosed individual and the caregiver.

After gaining traction with Congress, the Centers for Medicare and Medicaid Services realized the value of such a benefit! The new G0505 billing code is proof that persistence in public policy pays off.

SOUTH CAROLINA PUBLIC HEALTH SURVEY SHOWS IMPACT OF COGNITIVE LOSS & CAREGIVING

Each year, public health departments across the US conduct a survey called the Behavioral Risk Factors Surveillance System, in coordination with the Centers for Disease Control and Prevention. This data helps states understand the health issues that are most impacting their citizens. In 2015, we were fortunate to be able to include survey questions on cognitive impairment and on caregiving in South Carolina.

We learned that 12% of respondents aged 45 and older in South Carolina self-reported increased confusion or memory loss. Among those, 60% said that these memory changes were serious enough to interfere with their daily life. However, despite the known benefits of early detection, more than half of those with memory problems had not discussed their symptoms with a health care provider. Furthermore, an alarming 88% of those with subjective cognitive decline reported at least one other chronic condition. Changes in cognition can create significant challenges for those managing illnesses such as cardiovascular disease and diabetes — especially for medication management.

Regarding caregivers, we learned that among dementia caregivers, more than half have been providing care for at least two years. More than one-third provide 20 or more hours of care per week. And nearly one-third are in the “sandwich generation” — caring for both someone with dementia and a child or grandchild. This reaffirms our position that support services such as respite can make a big difference for family caregivers.

GET INVOLVED!

Advocacy is simply people like YOU speaking up about issues that are important to them. Some Alzheimer’s Association advocates travel to Washington, DC, but others tweet with Congress, attend local meetings or submit letters to the editor in their hometowns.

We always need volunteers to be involved! Let us know your interests by emailing alzsc@alz.org. Together, we’ll discuss advocacy opportunities based on your interests and your legislative district.

Our sister organization, the Alzheimer’s Impact Movement, also works to advance shared legislative priorities through the support of its members. Learn more about AIM membership at alzimpact.org.
At the Alzheimer’s Association Walk to End Alzheimer’s®, people carry flowers representing their connection to Alzheimer’s — a disease that currently has no cure. But what if one day there was a flower for Alzheimer’s first survivor? What if there were millions of them? Help make that beautiful day happen by joining us for the world’s largest fundraiser to fight the disease. Learn more and register today at alz.org/walk.

**SEPTMBER 16TH**
Anderson, SC - Carolina Wren Park
Charleston, SC - Riverfront Park

**SEPTMBER 30TH**
Rock Hill, SC - St John’s United Methodist Church

**OCTOBER 7TH**
Greenville, SC - Fluor Field at the West End

**OCTOBER 21ST**
Columbia, SC - Spirit Communications Park
Spartanburg, SC - Barnet Park

**OCTOBER 28TH**
Aiken, SC - Odell Weeks Activity Center
Bluffton, SC - Old Town Bluffton

**NOVEMBER 4TH**
Myrtle Beach, SC - Market Common at Grand Park

**THANK YOU TO OUR 2016 WALK TO END ALZHEIMER’S SPONSORS**

**PRESENTING SPONSOR**
SC Federal Credit Union (Charleston Walk)

**PLATINUM SPONSOR**
Big Will’s Day Off
Brightwater Senior Living
WSPA Caring for the Carolinas

**GOLD SPONSORS**
39th Annual Turkey Day Run
Aiken Standard
All About Seniors
Always Best Care
Ashley Gardens
Bishop Gadsden Episcopal Retirement Community
Bloom Senior Living
Cardinal Health
Charleston Riverdog
Colonial Gardens
ComForCare Home Care
Comfort Keepers Spartanburg
Compassus Hospice
Comporium
Davis Audiology
DayBreak Adult Care Services
Fox Audio Visual
Franke at Seaside
Grace Outdoor Advertising
Healthlink Charleston
Home Instead Senior Care
Lakes at Litchfield
Lexington Medical Center
Lowcountry Parrot Head Club Inc
Morningside of Rock Hill & Lancaster
Myrtle Beach Pelicans
Partners in Primary Care
Premier Lowcountry
PURPLEologist
ResCare Home Care
Roper St Francis Hospital
Scout Boats & Hall Marine
Solutions for Living at Home
Somberly of Mt Pleasant
Snyder Event Services, Inc
Spice by Snyder
St Luke Missionary Hospice
Sweetgrass Court
The Haven in the Village at Chanticleer
The Palmettos of Bluffton
The Palmettos of Mauldin
The Palmettos of Parklane
The Palms of Mt. Pleasant
The Parks Assisted Living Communities
The Village at Southlake
The Woodlands at Furman
Tidelands Health
We Care Home Care
Westbury’s Hardware

**SILVER SPONSORS**
Adult Enrichment Centers
Agape Hospice
Aiken Regional Medical Center
AJ Mag Properties
Attaway Inc.
Beaufort Memorial Memory Center
Benton House of Bluffton
BMW Manufacturing Co
BrightStar Care of Charleston
Brookdale
Burns Chevrolet Cadillac
CashBack Corp
Chandler
Charleston Geriatrics and Post Acute Care LLC
Charleston Senior Directory
Clayton Tile
Clemson Downs
Coastal Billboards
Coastal Chevrolet Cadillac Nissan
Comfort Keepers
Compassus Hospice
Contec Inc
Cooper River Bridge Run
CRH Properties LLC
CSS International Inc
Cumberland Village Aquacize Team
Foothills Retirement Community
Gentiva Home Health
Grace Outdoor Advertising
HarborChase Assisted Living and Memory Care
Hospice Care of South Carolina Housecalls-MD LLC
J M Smith Foundation
Johns Island Rehabilitation & Healthcare
Johns Manville
Kevin Whitaker Chevrolet Cadillac
Landmark Builders
Life Care Center of Hilton Head
LifeWise Bon Secours St. Francis Health System
Lutheran Hospice/Be Well Home Services
Marchbanks Assisted Living & Memory Care
Mary Black Health System
Montage Hotels
North American Rescue LLC
O2 Fitness
Oakleaf Village Assisted Living & Memory Care
Palmetto Citizens Federal Credit Union
Piedmont Medical Center
Ralph Hayes Toyota
Right at Home of Columbia
Rolling Green Village
Sam’s Club
ScanSource
Senior Helpers
South Carolina Womens Magazine
T&S Brass and Bronze Works
The Haven in the Summit
The Waterford at Columbia
Trinity Home Health & Hospice of Aiken
UnitedHealth Group
Walgreens
Wells Fargo Foundation
Wildwood Downs Retirement Community
WPDE

**800.272.3900 alz.org/walk**
Aiken County
1st Fri 10:00 AM
Aiken First Presbyterian Church
224 Barnwell Ave. NW, Aiken
803-648-7365 Carol Lyle
2nd Tues 11:00 AM
Daybreak Adult Care Services
1028 Haynie Ave, SW, Aiken
803-716-9613 Liz Neal
803-522-5893 Linda Lucas
3rd Tues 2:00 PM
St. Bartholomew Episcopal
471 Martintown Rd, N.Augusta
803-439-1016 Margaret Kopp
803-279-8085 Delores Tyler

Anderson County
1st Mon 6:00 PM
AnMed North Campus
2000 E. Greenville St, Anderson
864-224-3045 Sam Wiley
1st Tues 12:00 PM - RSVP
NO JULY MEETING
Lunch & onsite respite provided
Summit Place of Anderson
107 Perpetual Square, Anderson
864-222-9880 Larinda Cooley

Men’s Group
2nd Tues 12:00 PM
Lunch provided
Boulevard Baptist. Family Life Ctr
700 Boulevard, Anderson
864-617-0493 Bud Moon
2nd Thurs 6:00 PM
Royal Baptist Church
407 E Hampton St, Anderson
864-209-4528 Odis Telsey
3rd Tues 5:30 PM
North Pointe Assisted Living
701 Simpson Rd, Anderson
864-226-5505 Jan White
2nd Sat 12:00 PM - RSVP
Lunch will be provided
Garden House of Anderson
201 Edgebrook Drive
864-353-7379 Caroline Bell
864-314-7601 April Raines

Beaufort County
Every Wed 10:15-11:45 AM
Memory Matters (Hilton Head)
843-842-6688 Ashley Gruber
1st & 3rd Mon 10:15-11:45 AM
Men Caregivers Group
Memory Matters, Hilton Head
843-842-6688 Ashley Gruber
2nd & 4th Mon 10:15-11:45 AM
Women Caregivers Group
Memory Matters, Hilton Head
843-842-6688 Ashley Gruber
1st Thurs 1:00 PM
St Helena Branch Library
843-517-2641 Cawana Tisdale

Charleston County
1st & 3rd Tues 10:15 AM
Bishop Gadsden–James Island
Middleton Dining Room
843-364-2607 Margaret Kunes
843-762-3300 Kay Jenkins
1st & 3rd Wed 10:00 AM
All Saints Lutheran
Hwy. 17 Mt. Pleasant
843-810-5576 Ginger Deignan
1st Thurs 7:00 PM
Bon Secours St Francis Hospital West Ashley - Classroom 4
843-893-6283 Jacqueline Jenkins
843-469-7348 Maggie Moody
2nd Tues 6:00 PM
Martin Luther Evangelical Lutheran, James Island
843-647-7405 Jennifer Hartig
3rd Tues 5:45 - 7:15 PM
Franke at Seaside, Mt Pleasant
843-708-9138 Paige Kesler
Last Tues 10:00 AM
Ashley River Baptist Church
West Ashley
843-559-0049 Ken Lesto & Art Rooney
Last Tues 1:00 PM
Sea Island Adult Day Care
843-559-5502 Muriel Kirkland

Clarendon County
3rd Mon 2:00 PM
New Covenant Presbyterian Church
2833 Alex Harvin Hwy, Manning
803-509-7353 Elizabeth Brantley

Dorchester County
2nd Tues 10:00 AM
Magnolias of Summerville
843-571-2641 Cawana Tisdale
4th Mon 7:00 PM
St Padre Pio Old Catholic Church
843-601-9199

Florence County
2nd Wed 4:00 PM
Methodist Manor Twin Church Rd
843-664-0700 Lorre Baird
2nd Tues 6:00 PM
Lake City Senior Center
198 N. Aline Street
843-394-2432 ext 701
Fannie Kennedy
3rd Thurs 6:00 PM
The Leatherman Senior Center
600 Senior Way, Florence
843-669-6761 Fannie Kennedy

Georgetown County
2nd & 4th Thurs 10:00 AM
Pawleys Island Community Church
10304 Ocean Highway
843-235-3971 Bonnie Myers

Greenville County
1st Mon 1:30 PM
Rolling Green Village (Main Bldg)
1 Hoke Smith Blvd., Greenville
864-236-8541 June Green
864-498-8252 Rebecca Farmer
770-630-1518 Elise Willis
3rd Thurs 2:00 PM
The Pearl at Five Forks
15 Five Forks, Simpsonville
864-256-5337 Shelley Wolf
864-381-4651 Jessica Beltran

2nd Thurs 7:00 PM
Greer Memorial Hospital
830 S. Buncombe Rd, Greer
864-901-7235 Dorene Myers
3rd Tues 5:30 PM
Senior Action
Slater Hall (Annex Bldg)
5 Whitney St., Marietta
864-498-8252 Rebecca Farmer
770-630-1518 Elise Willis

4th Mon 6:30 PM
(3rd Mon May/Dec )
Lutheran Church of the Good Shepherd, Greenville
1601 N. Pleasantburg Dr
864-979-1884 Mary Lee
770-630-1518 Elise Willis

4th Tues 1:30 PM
Cascades Verdae, At the Pub
10 Fountainview Terr, Greenville
864-981-1349 Jenny Mitchell

Please call to confirm meeting details. All support group meetings are free, confidential and open to caregivers of individuals with any type of dementia.

Need a sitter? Call 800-272-3900 2 weeks in advance if a no-cost in-home sitter is needed to allow you to attend. An application is required.
4th Tues 6:30 PM
NO MEETINGS MAY-JULY
No December meeting
Earle St Baptist Church
Main Building
225 W. Earle St, Greenville
864-350-2979 Beverly Allen

Last Wed 10:30 AM
NO NOV/DEC MEETINGS
Fountain Inn Activity Center
610 Fairview Street, Fountain Inn
978-314-5554 Michelle Campiglia
864-981-1349 Jenny Mitchell

GREENWOOD COUNTY
1st Tues 12:00 PM - RSVP
Lunch & onsite respite provided
Ashley Place Assisted Living
526 Haltiwanger Rd, Greenwood
864-344-1227 Cindy Poore
864-323-3350 Cindy Criden
864-396-0920 Ashley Hallback

2nd Mon 6:00 PM
Emerald Gardens
201 Overland Drive, Greenwood
864-934-5469 Chris Pepper
864-992-0939 Jan Ramsay

HORRY COUNTY
1st Mon 10:30 AM
St. Michael’s Catholic Church
542 Cypress Ave., Murrells Inlet Parish Activity Ctr.
843-333-6376 Ruth Keilen

1st Mon 6:00 PM
Brightwater Senior Living
Grissom/International Pkwy.
843-213-1516 Natalie Bankowski

2nd Tues 11:00 AM
Loris Library, 4316 Main St
843-333-6376 Ruth Keilen

2nd & 4th Wed 10:00 AM
Belin Methodist Church
Murrells Inlet
843-650-1123 Carolyn Sandt

2nd & 4th Thurs 11:30 AM
First Presbyterian Church
Meeting Room C downstairs
3810 Robert Grissom Parkway
Myrtle Beach
843-448-4496 Denise Ellis

1st Thurs 10:30 AM
First United Methodist Church
901 Kings Hwy, Myrtle Beach
843-251-1163 Sherrill Allen

3rd Thurs 2:00 PM
Presbyterian Church
410 6th Ave S., Ocean Dr.
North Myrtle Beach
843-450-3410 Kathy Bazzarre

KERSHAW COUNTY
1st Mon 6:00 PM
Karesh Long Term Care Center
1315 Roberts St,
Camden Medical Center
803-432-4311 Loretta Wrigley

LANCASTER COUNTY
1st Tues 12:00 PM
Lancaster Council on Aging
309 S Plantation Rd. Lancaster
803-577-4912 Cory Turner

2nd Fri 10:00 AM
Carolina Lakes Golf Course Clubhouse, Indian Land
23012 Kingsfisher Dr.
803-548-6766 Seth Zamek
Ann Belizaire, RN

Last Mon 2:00 PM
Mackey Family Practice, Lancaster
1025 W. Meeting St. Ste. 200
803-285-7414 Amy Bailey

LAURENS COUNTY
3rd Tues 3:00 PM
Assisting Angels Homecare
644 North Harper St
Hwy 221 Laurens
864-681-1123
Lisa Yarber or Alisa Barbare

LEXINGTON COUNTY
1st Wed 12:00 PM
Lunch provided
Wittenberg Lutheran Church
Leesville
803-532-4636 Joan Caughman

1st Thurs 6:00 PM
Oak Leaf Village
(by Lexington Middle School)
803-808-3477 Keren Pickard

3rd Thurs 4:00 PM
The Heritage at Lowman Home
2101 Dutch Fork Road
Wellness Center Gallery, Chapin
803-760-4259 Renee Driggers

MCCORMICK COUNTY
4th Wed 2:00 PM
3rd Wed in Nov & Dec.
Lutheran Church by the Lake
100 12 Oaks Drive, McCormick
864-391-2494 Jeanne Thayer
864-396-0920 Ashley Hallback
864-391-2781 Ann Marie Nash-Smith

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864-391-2781 Ann Marie Nash-Smith

3rd Fri 11:30 AM
Parallel meetings for caregivers and early- mid stage individuals for brain stimulating activities
GHS Oconee Memorial Hospital
Patient Tower conf Room #1
864-882-8940 Eunice Lehmacher
864-647-6255 Delores Krueger

ORANGEBURG COUNTY
3rd Tues 12:00 PM
Lunch provided
Williams Chapel AME Church
1198 Glover St, Orangeburg
803-539-2911 Tina Fogle

PICKENS COUNTY
1st Wed 2:00 PM
Clemson Downs
150 Downs Blvd
Corley Activity Ctr
864-356-1174 Gail Marion

2nd Mon at 12:00 PM - RSVP
Parallel meetings for caregivers and early- mid stage individuals, light lunch provided.
Brookdale at Countryside
706 Pelzer Hwy, Easley
RSVP by Fri before: 864-343-7405
864-250-0029 Tanya Carter

RICHLAND COUNTY
1st Tues 12:00 PM
Senior Primary Care
3010 Farrow Rd. #300
803-434-1238 Mary Winstead, LISW
Caregiver Coalition of Midlands
Group for and lead by spouses of persons with dementia
2nd Tues 12:00 PM
First Presbyterian, 1420 Lady St
Palmer Bldg, 4th Floor
SW Corner of Lady & Bull St
Parking in corner lot
Enter building on Lady St
803-779-1995 Ext. 4 Debbie Clark
803-351-7827 Janet Haladay

2nd Tues 6:00 PM
The Haven in the Summit
3 Summit Terrace, Columbia
803-788-4633 Monica Butler

3rd Tues 12:00 PM
Lunch provided
Atria at Forest Lake, Columbia
803-790-9800 Debbie Bailey

4th Fri 12:00 PM
Every other month, odd months
Palmetto Senior Care
1308 Laurel St, Columbia
803-931-8166 Karen Carr
803-931-8166 Cindy Hawkins

4th Mon 6:00 PM
The Palmettos of Parklane
7811 Parklane Rd.
803-754-0538 Betty Rabon
803-422-2787 Anne Abel

4th Thurs 1:00 PM
The Crossings
2300 Clemson Rd, Columbia
803-754-0538 Betty Rabon

SPARTANBURG COUNTY
2nd Wed 6:30 PM
Campus Edge Apartments, Clubhouse
1000 Pinegate Dr, Spartanburg
Bi-Lingual Facilitator
864-764-9535 Frances Carasquillo

2nd Thurs 11:30 AM
Lunch provided
RoseCrest Retirement Community
864-599-8576 Kay Gwinn

3rd Tues 6:15 PM
Alzheimer’s Office
901 S. Pine St. Spartanburg
864-542-9998 Dori Burgess

3rd Wed 10:30 AM
Joy Lutheran Church
3980 Moore Duncan Hwy, Moore
864-699-9525 Sandi Martin

SUMTER COUNTY
1st Thurs 6:00 PM
National Healthcare Center
1018 N. Guignard Dr.
803-905-7720 Cheryl Fluhraty

UNION COUNTY
1st Tues 6:00 PM
Grace United Methodist Church
201 S Church St, Union
864-427-8322 Penny Adamo

YORK COUNTY
1st Tues 10:30 AM
Adult Enrichment Ctr, Rock Hill
803-327-7448 Dee Curran

4th Thurs 7:00 PM
Pleasant Hill United Methodist Church, in Library
238 Fort Mill Hwy, Fort Mill
704-641-8266 Terri Fletcher

ONLINE SUPPORT COMMUNITY
AVAILABLE AT ALZCONNECTED.ORG

www.alz.org/sc
JOIN THE FIGHT FOR ALZHEIMER’S FIRST SURVIVOR.

Join us this fall at one of our nine walk locations in South Carolina! View dates and locations on page 9.

REGISTER OR DONATE TODAY:
alz.org/walk | 800-272-3900