Worldwide FINGERS: Methodological Challenges Discussion

Meeting Summary

The goal of this discussion is to continue the conversation on methodological challenges experienced by the WW FINGERS network studies and how best to address these issues. Drs. Markku Peltonen, Mark Espeland and Rema Raman organized and led the discussion to assist in sharing experiences from all studies in order to address present challenges and determine strategies for future trials.

The meeting included presentations from three WW FINGERS Network Studies: AgeWell.de (Germany), J-MINT (Japan) and US POINTER (USA). Each study described the influence of the global pandemic in their country as well as the impact on their study. The group discussion addressed participant response to transitioning to a virtual platform and the regional differences within a country that may be observed.

Results from a survey circulated within the network indicate a great interest in monthly meetings that address study design and analysis. Plans to write a paper covering the methodological challenges experienced by WW FINGERS Network studies was also discussed.