

Pre-registration is encouraged. Upon registration, participants will receive a link and phone number to join a virtual meeting or their in-person location will be confirmed.

2023 SUPPORT GROUPS for caregivers

Boulder & Mountain Area

Boulder Men's Group (in person) | 1st & 3rd Wednesday | 1:00 - 2:00 pm
West Age Well Center | 909 Arapahoe Ave., Boulder 80302

Salida (in person) | 1st Thursday | 10:45 am - 12:00 pm
First Presbyterian Church 7 | Poncha Blvd., Salida 81201

Boulder (in person) | 1st Thursday | 12:00 - 1:30 pm
West Age Well Center | 909 Arapahoe Ave., Boulder 80302

Erie (in person) | 1st Thursday & 3rd Thursday | 4:00 - 5:30 pm
Erie Community Center | 450 Powers St., Erie 80516

Carbondale (in person) | 2nd Tuesday | 3:00 - 4:00 pm
Sopris Lodge | 295 Rio Grande Ave., Carbondale 81623

Niwot (in person) | 2nd Tuesday | 10:00 - 11:00 am
Una Vida | 7960 Niwot Rd. B12, Niwot 80503

Longmont (in person) | 2nd Tuesday | 12:00 - 1:30 pm
Longmont Senior Center | 910 Longs Peak Ave., Longmont 80501

Avon (in person) | 2nd Tuesday | 4:30 - 6:00 pm
Eagle River Presbyterian Church | 455 Nottingham Ranch Rd., Avon 81620

Broomfield (in person) | 3rd Tuesday | 10:00 - 11:30 am
Broomfield Community Center | 280 Spader Way, Broomfield 80020

Salida (in person) | 3rd Thursday | 2:00 - 3:30 pm
A Church | 419 D St, Salida, CO 81201

Eagle (in person) | 4th Tuesday | 3:30 - 5:00 pm
Castle Peak Senior Life & Rehabilitation | 195 Freestone Rd X5980, Eagle 81531



Colorado Chapter

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2023 SUPPORT GROUPS for caregivers

Central & Southern Colorado

Woodland Park (virtual) | 1st Tuesday | 4:30 - 6:00 pm
Woodland Park

Trinidad (in person) | 1st Tuesday | 5:30 - 7:00 pm
Zion Lutheran Church | 510 Pine St., Trinidad 81081

Woodland Park (virtual) | 1st Wednesday | 2:00 - 4:30 pm
800 Valley View Dr., Woodland Park, CO 80863

Colorado Springs (in person) | 1st Saturday | 10:00 - 11:30 am
Broadmoor Community Church | 315 Lake Ave., Colorado Springs 80906

Colorado Springs (in person) | 2nd Tuesday | 1:15 - 2:45 pm
Luther Hall | 1524 N. Tejon, Colorado Springs 80907

Colorado Springs (in person) | 2nd Tuesday | 2:30 - 4:00 pm
Sacred Heart | 2021 W. Pikes Peak Ave., Colorado Springs 80904

Lamar (in person) | 2nd Tuesday | 3:00 - 4:00 pm
Lamar area hospice | 108 West Olive St., Lamar 81052

Pueblo (in person) | 2nd & 4th Wednesday | 11:00 am - 12:00 pm
SRDA | 230 N. Union Ave., Pueblo 81003

Colorado Springs (virtual) | 2nd Friday | 10:00 - 11:30 am
Sunrise Church

Monument (in person) | 2nd Saturday | 9:45 - 11:15 am
First National Bank of Monument | 581 Highway 105, Monument 80132

Fountain (in person) | 3rd Wednesday | 2:00 - 3:00 pm
Fountain Valley Senior Center | 5745 Southmoor Dr., Fountain 80817

Colorado Springs (in person) | 3rd Thursday | 1:30 - 3:00 pm
First Presbyterian Church | 219 E. Bijou, Colorado Springs 80903

Colorado Springs (in person) | 4th Tuesday | 6:30 - 8:00 pm
Calvary United Methodist Church | 4210 Austin Bluffs Pkwy., Colorado Springs 80918



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2023 SUPPORT GROUPS for caregivers

Denver Area

Aurora (in person) | 1st Monday | 1:00 - 2:30 pm
Christ the Savior Lutheran Church | 1092 S. Nome St., Aurora 80012

Parker (in person) | 1st Wednesday | 1:00 - 2:30 pm
Joy Lutheran | 7051 Parker Hills Ct., Parker CO 80318

Castle Rock (in person) | 1st Friday | 2:00 - 4:00 pm
Castle Pines Library | 360 Village Square Ln, Castle Rock 80108

Lakewood (hybrid) | 1st Saturday | 1:00 - 3:00 pm
Phillips United Methodist Church | 1450 S Pierce St, Lakewood 80232

Denver (in person) | 2nd Monday | 1:00 - 3:00 pm
Christ Episcopal Church | 2950 S. University Blvd., Denver 80210

Arvada (in person) | 2nd Monday | 6:00 - 7:30 pm
Standley Lake Library | 8485 Kipling St., Arvada 80012

Centennial (in person) | 2nd Tuesday | 1:00 - 2:30 pm
Good Shepherd Episcopal Church | 8548 E. Dry Creek Rd., Centennial 80112

Littleton (hybrid) | 2nd Wednesday | 7:00 - 9:00 pm
South Suburban Christian Church | 7275 S. Broadway, Littleton 80122

Men's Support Group (hybrid) | 3rd Tuesday | 12:00 - 1:30 pm
Bethany Lutheran Church | 4500 E. Hampden Ave., Cherry Hills Village, CO 80113

Lakewood (in person) | 3rd Wednesday | 3:00 - 4:00 pm
Carmel Oaks Senior Living | 1811 S. Harlan Circle, Lakewood 80232

Westminster (in person) | 3rd Thursday | 10:00 - 11:30 am
Covenant Village | 9153 Yarrow St., Westminster 80021

Castle Rock (virtual) | 3rd Friday | 2:00 - 4:00 pm
Castle Pines Library | 360 Village Square Ln., Castle Rock 80108



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2023 SUPPORT GROUPS for caregivers

Denver Area, continued

Centennial (hybrid) | 4th Tuesday | 1:30 - 3:00 pm
Good Shepherd Episcopal Church | 8548 E. Dry Creek Rd., Centennial 80112

Denver (hybrid) | 4th Wednesday | 6:30 - 8:00 pm
Augustana Lutheran Church | 5000 E. Alameda Ave., Denver 80246

Arvada (in person) | 4th Friday | 9:00 - 10:30 am
Arvada United Methodist | 6750 Carr St., Arvada 80004

Golden (in person) | 4th Saturday | 9:00 - 10:00 am
Golden Library | 1019 10th St., Golden 80401

Northglenn (hybrid) | 4th Saturday | 10:00 - 11:30 am
Northglenn Recreation Center | 1 E. Mem Pkwy, Northglenn 80233



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2023 SUPPORT GROUPS for caregivers

Northeast Colorado

Windsor (in person) | 1st Tuesday | 9:30 - 11:00 am
Windsor-Severance Library | 720 3rd St, Windsor, CO 80550

Greeley (in person) | 1st Tuesday | 1:30 - 3:00 pm
Journey Christian Church | 4754 W 31st St, Greeley, CO 80634

Erie (in person) | 1st & 3rd Thursday | 4:00 - 5:30 pm
Erie Community Center | 450 Powers St., Erie 80516

Greeley (in person) | 2nd & 4th Monday | 9:30 - 10:30 am
Westview Church of Christ | 4151 20th St., Greeley 80634

Brush (in person) | 2nd Monday | 11:30 am - 1:00 pm
Eben Ezer Lutheran Care Center | 122 Hospital Rd., Brush 80723

Longmont (in person) | 2nd Tuesday | 12:00 - 1:30 pm
Longmont Senior Center | 910 Longs Peak Ave., Longmont 80501

Sterling (in person) | 3rd Wednesday | 2:00 - 3:00 pm
Christ United Methodist Church | 104 S. 4th St., Sterling, 80751



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2023 SUPPORT GROUPS for caregivers

Northern Colorado

Fort Collins SPECAL Approach (virtual) | 1st, 3rd, 4th Wednesday | 10:00 - 11:30 am
Timberline Church

Fort Collins (virtual) | Every Monday | 1:00 - 2:00 pm
Elderhaus | 6813 S. College Ave., Ft. Collins 80525

Fort Collins (virtual) | Every Wednesday | 9:00 - 10:00 am
Elderhaus | 6813 S. College Ave., Ft. Collins 80525

Fort Collins (in person) | 2nd Tuesday | 1:00 - 2:00 pm
The Worthington | 900 Worthington Cr., Ft. Collins 80526

Walden (in person) | 1st Thursday | 2:00 - 3:00 pm
Walden Senior Center | 312 5th St., Walden 80480

Loveland (hybrid) | 1st & 3rd Thursday | 2:00 - 3:30 pm
First Christian Church | 2000 N. Lincoln Ave., Loveland 80538

Fort Collins Men's Caregiver Support Group (in person) | 1st & 3rd Friday | 12:00 - 1:30 pm
Pathways Hospice | 305 Carpenter Rd., Fort Collin 80525

Steamboat Springs (in person) | 2nd Tuesday | 10:30 - 11:30 am
Steamboat Springs Community Center | 1605 Lincoln Ave., Steamboat Springs 80487

Longmont (in person) | 2nd Tuesday | 12:00 - 1:30 pm
Longmont Senior Center | 910 Longs Peak Ave., Longmont 80501

Loveland (in person) | 2nd & 4th Tuesday | 3:00 - 4:00 pm
Loveland Good Samaritan Village | 2101 S. Garfield Ave., Loveland 80537

Estes Park (in person) | 2nd & 4th Tuesday | 9:30 - 10:45 am
Good Samaritan Village | 1901 Ptarmigan Trl., Estes Park 80517

Fort Collins SPECAL Approach (in person) | 2nd Wednesday | 10:00 - 11:30 am
Timberline Church | 2908 S. Timberline Rd., Fort Collins 80525



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2023 SUPPORT GROUPS for caregivers

Northern Colorado, continued

Sandwich Generation Caregiver Group (hybrid) | 4th Saturday | 10:00 - 11:30 am
A support group for those raising children and caring for an elder with dementia
Alzheimer's Harmony Library | 4616 S. Shields St., Fort Collins 80526

Specialized Groups

Grieving After Dementia (virtual) | 1st & 3rd Monday | 11:30 - 1:00 am

Adult Children Caregiver Group (virtual) | 1st Wednesday | 7:00 - 8:30 pm
A support group for children caring for aging parents

Lewy Body Dementia Caregiver Group (virtual) | 2nd Monday | 3:30 - 5:00 pm

Grieving Through Dementia (virtual) | 2nd & 4th Wednesday | 10:00 - 11:30 am

Adult Children Caregiver Support Group, Younger Onset (virtual) | 2nd Wednesday | 6:30 - 7:30 pm

Younger Onset Adult Children Support Group (virtual) | 2nd Wednesday | 6:30 - 7:30 pm

LGBTQ Caregiver Support Group (virtual) | 3rd Tuesday | 11:00 am - 12:00 pm

Lewy Body Dementia Caregiver Group (virtual) | 3rd Thursday | 6:00 - 7:30 pm

Lewy Body Dementia Special Topics Group (virtual) | 4th Monday | 3:30 - 5:00 pm

Sandwich Generation Caregiver Group (hybrid) | 4th Saturday | 10:00 - 11:30 am
A support group for those raising children and caring for an elder with dementia



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2023 SUPPORT GROUPS for caregivers

Western Slope

Grieving After Dementia (virtual) | 1st & 3rd Monday | 11:30 am - 1:00 pm

Western Colorado Veterans Caregiver Group (virtual) | 1st Tuesday | 9:30 - 10:30 am

Delta (in-person) | 1st & 3rd Tuesday | 1:00 - 2:00 pm
Delta County Memorial Hospital | 1501 E 3rd St, Delta 81416

Gunnison County (in-person) | 1st Wednesday | 4:30 - 5:30 pm
Gunnison County Library | 1 Quartz St. Gunnison, 81230

Durango (hybrid) | 1st, 3rd & 5th Wednesday | 10:30 am - 12:00 pm
La Plata Senior Center | 2424 Main Ave., Durango 81301

Montrose (in-person) | 2nd & 4th Tuesday | 1:00 - 2:00 pm
US Bank Building | 1500 E Oak Grove Rd, Montrose 81401

Montrose (in-person) | 2nd & 4th Tuesday | 10:30 - 11:30 am
US Bank Building | 1500 E Oak Grove Rd, Montrose 81401

Montrose (virtual) | 2nd & 4th Friday | 10:30 - 11:30 am

Grand Junction (in-person) | 4th Wednesday | 1:00 - 2:00 pm
Alzheimer's Association Office | 2232 N. 7th St. Ste. B1, Grand Junction 81501



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